

NO EXIT

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HERE'S A HANDY **REPUBLICAN DOMESTIC POLICY DECODER:**

"ELIMINATE THE CAPITAL GAINS TAX"

MEANS: BANKERS, REAL ESTATE MOGULS AND OTHERS WHO MAKE THEIR MONEY BY TRADING SECURITIES AND PROPERTY (A.K.A. "THE RICH") SHOULDN'T PAY ANY TAXES.

"REPEAL OBAMACARE"

MEANS: WE SHOULD REMAIN A NATION WHERE FIFTY MILLION PEOPLE LACK HEALTH INSURANCE.

"DEREGULATION WILL CREATE JOBS"

MEANS: WE SHOULD RAPE AND PILLAGE WHAT'S LEFT OF THE EARTH TO MAKE A FEW QUICK BUCKS.

"PERSONAL RESPONSIBILITY AND SMALL GOVERNMENT"

MEANS: WHEN IT COMES TO EDUCATION, MARKET CRASHES, FRAUD AND NATURAL DISASTERS, YOU'RE ON YOUR OWN!



EVENTS

BOOK ROUND UP FOR THE SPRINGFIELD PUBLIC LIBRARY SAT, OCT 13 10AM-2PM. Friends of the Library need your gently used books, CDs & DVDs. Drop books off at the corner of 6th & A Street. Volunteers on hand to help unload. All proceeds benefit the library.

ZUMBA PARTY dance at Irving Grange fund-raiser. Oct 6th, 11am to 2 WDW. 3 hrs of fun, dance, prizes, shopping, food, entertainment. Deb 541-556-3850

BULLETIN BOARD

Announcements

DISABLED? Call Larry or Max at 541-736-4909 to get help with your disability claim whether you're just starting, been denied, or need help at your hearing. We will be friendly, keep you informed, and develop a winning claim.

Classes

EUGENE FENCERS CLUB Modern Olympic Fencing. Foil, Epee & Saber. USFA/USFCA Certified Coaches. Roosevelt Middle School, Tuesday & Thursday, 6-8:30pm, 541-688-6574, eugenefencersclub.org

ICE HOCKEY! ANYONE CAN PLAY! Adult, non-checking, coed ice hockey leagues and classes in Eugene! No skating experience necessary. Classes with free loaner gear begin October 6! 541-521-1650 icecenter@gmail.com www.icecenterhockey.org

Lost & Found

LOST TOYOTA KEYLESS ENTRY Lost black toyota keyless entry. Lost by Sam Bonds \$50 Reward. Please call 415-279-1187.

Opportunities

PLAY RUGBY! EUGENE REIGN IS RECRUITING PLAYERS & FANS! Training Mon & Wed 5:30-7:30pm at SEHS soccer fields. No experience necessary! eugenewomensrugby.com

Wanted

FREE RECYCLING, FREE REMOVAL Unwanted appliances, cars, trucks, parts, batteries, wheels, scrap metal, mowers, cans. Tom 541-653-4475.

Pets

GREENHILL HUMANE SOCIETY Everybody Deserves a Good Home. Fri-Tues 11am-6pm, Closed Weds & Thurs. 88530 Greenhill Rd, 541-689-1503 green-hill.org Look for our Pet of the Week!

SHELTER ANIMAL RESOURCE ALLIANCE S.A.R.A.'s Treasures Gift & Thrift Shop. Volunteer, Donate, Shop, ADOPT! 871 River Road, Open Daily 10am-6pm. 541-607-8892 sarastreasures.org Look for this week's Rescued Cat.

Adoption/Family Services

ADOPT: ADORING YOUNG FLORIDA COUPLE, SUCCESSFUL PROFESSIONALS, FUTURE STAY-HOME-MOM AWAIT 1ST BABY. EXPENSES PAID 1-800-933-1975. GABBY & KEVIN

HELP WANTED

Help Wanted

GRAVEL TRUCK OPERATOR WANTED Must have valid Class A CDL with 2 year verifiable experience. Must pass drug test. Please call Greg 678-576-8151 or Dan 515-557-0299

NEW RESEARCH STUDY - ADULT CHEWERS NEEDED We need daily users of chewing tobacco for a new study comparing your usual brand with another smokeless tobacco product. Eligible chewers will be provided with tobacco, and receive compensation for time and travel to Oregon Research Institute in Eugene. This is not a quitting study. The Novel Smokeless Tobacco Study is funded by the National Cancer Institute. Call Coleen at [541] 434-1524.

SDANCERS Tired of your current club! **SWEET ILLUSIONS** has day & night shifts available. No experience, can train. Excellent tips! 541-852-8625 or 541-512-7196 **THE HOTTEST CLUB IN LANE COUNTY!**

FEMALE MODELS WANTED Women in nature. "Environmental nudes" - "Escape to Nature" www.peakfoto.com/model.html

SEEKING EMPLOYMENT

Career Training

TATTOO ARTIST TRAINING Licensed tattoo school. 1 spot avail. Starting Oct 23rd. Facebook.com/gardenofink 541-942-4708

WELLNESS

Bodywork

MASSAGE THERAPY Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, LMT #3461. 541-684-3965.

MYOFASCIAL RELEASE with Roxanne O'Hara LMT (lic# 18908) Gently restore posture, balance, ease, release pain. 12 years bodywork experience. \$25 off first session until Sept 15. www.ajoytomove.weebly.com 541-653-1341

ROLFING relieves chronic pain, improves posture, helps you find ease in your body. Mark Donahue, Certified Advanced Rolfer, 25 yrs exp. LMT #14017 markdonahuerolfing.com 541-232-7630

Classes

QIGONG THERAPY - ERIC SHAFFER, DMO IIMQ Practitioner Training, Qigong Self-Healing Classes, Energetic Healing Appointments & Class Registration Online, 541-852-1628, www.qigong-clinic.com

Counseling

CLEAR HEART COUNSELING Mindfulness-based Counseling, Bach Flower Remedies, Channeled Guidance. Ker Cleary, MA 541-349-0595 ClearHeartCounseling.com

OVERCOME "INCURABLE" ILLNESSES—alcoholism, depression, glaucoma, diabetes. Uncover the spiritual cause that blocks your healing with spiritual readings/counseling, energy treatments and monthly training workshops. Nancy L. Harris, M.A. Energy Medicine Practitioner/Shaman. 541-343-2582 www.GodSpiritsUnited.com

Hypnotherapy

A BETTER CHOICE FOR YOU! Life Works School of Hypnosis. New class begins soon. Register now. Lifeworks-or.com, 541-744-6655. Visa/MC/Discover/AMEX accepted.

HYPNOSIS is a powerful tool for change. Stress? Health issues? Smoking? Weight loss? Anxiety? Phobias? Pregnancy? Nancy Mac, CHT 541-485-4559 www.NancyMac.net

LOSE WEIGHT Stop smoking with Hypnotherapy. Covered by most insurance, available weekends. Shoshannah Thielle, CHT, 541-684-3965.

Massage

MARGARET'S DEEP-TISSUE MASSAGE Strong Hands, Strong Heart. Helpful, Pleasant. 27 yrs exp \$40/1st hr 541-513-2692. #2144

MASSAGE FOR STRESS and pain relief, relaxation & overall health. Fragrance-free. Jayne Syverson 689-5303. Lic#4866

SANCTUARY MASSAGE Auto & Medical Insurance Accepted. Parent Packages & 1st Time Client Discounts. Tammy Wise (lmt #11561) Justus Grose Wise (lmt #16860) 541-343-0109

Yoga

BIKRAM'S YOGA College of India Intro Package \$20 for 10 days. 90 min workout in heated room. Classes all week! Including Community Class by donation Sundays at noon. 820 Charnelton 541-349-9642

FREE YOGA & MEDITATION CLASSES. Relax body, mind, spirit. Thurs 7-8pm. 1st United Methodist, 1376 Olive. 541-686-0506

SPIRITUALITY: Everyday People Yoga Now Open. Donation-based yoga studio for all levels. 352 W. 12th Avenue. www.epyogaeugene.com

YOGA BY DONATION Wednesdays 4:15 & Sundays 4:30 pm. Over 50 weekly drop in classes for sustainable yoga including Yoga Basics. 3575 Donald St, www.eugeneyoga.us

YOGA WEST Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hilyard, 541-686-0432 yogawesteugene.com

LEGAL NOTICES

PLEASANT HILL SCHOOL DISTRICT #1 is accepting proposals from a qualified firm to develop a Facility Master Plan. Pleasant Hill School District # 1 currently has two schools—a K-6 elementary school and a grade 7-12 high school—serving approximately 875 students. RFP packages, which include submittal requirements, may be secured in person from the Pleasant Hill School District Office, 36386 Highway 58, Pleasant Hill, OR 97455. Or go to: www.pleasanthill.k12.or.us or contact Tony Scuto, Superintendent at tscuto@pleasanthill.k12.or.us or call (541) 746-9646 for more information. All Proposers are required to comply with Oregon Revised Statutes and District

Board Policy. Attention is directed to ORS 244, Government Ethics; ORS 279A and 279B. Pleasant Hill School District reserves the right to reject any or all proposals if there is good cause and the right to cancel the solicitation, in whole, or in part, if doing so would be in the district's best interest. Sealed Proposals must be received in the Pleasant Hill School District # 1 District Office, 36386 Highway 58, Pleasant Hill, OR, 97455, by November 15, 2012 by 2:00 p.m. Late submittals will not be considered. Proposals may only be delivered via U.S Mail, courier service, or hand delivery. Electronic or facsimile proposals will not be accepted.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Juvenile Department In the Matter of AWESOME LEE SUNSHINE ANDERSON, A Chile. Case No. 11065J-03 **PUBLISHED SUMMONS TO: CRYSTAL DAWN ANDERSON, FKA CRYSTAL DAWN NEWSOME** IN THE NAME OF THE STATE OF OREGON: A petition has been filed asking the court to terminate your parental rights to the above-named child for the purpose of placing the child for adoption. YOU ARE REQUIRED TO PERSONALLY APPEAR BEFORE the Lane County Court at 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, on the 1st day of November, 2012 at 1:30 p.m. to admit or deny the allegations of the petition and to personally appear at any subsequent court-ordered hearing. YOU MUST APPEAR PERSONALLY IN THE COURTROOM ON THE DATE AND AT THE TIME LISTED ABOVE. AN ATTORNEY MAY NOT ATTEND THE HEARING IN YOUR PLACE. THEREFORE, YOU MUST APPEAR EVEN IF YOUR ATTORNEY ALSO APPEARS. This summons is published pursuant to the order of the circuit court judge of the above-entitled court, dated September 11, 2012. The order directs that this summons be published once each week for three consecutive weeks, making three publications in all, in a published newspaper of general circulation in Lane County. Date of first publication: September 20, 2012. Date of last publication: October 4, 2012. **NOTICE READ THESE PAPERS CAREFULLY** IF YOU DO NOT APPEAR PERSONALLY BEFORE THE COURT OR DO NOT APPEAR AT ANY SUBSEQUENT COURT-ORDERED HEARING, the court may proceed in your absence without further notice and TERMINATE YOUR PARENTAL RIGHTS to the above-named child either ON THE DATE SPECIFIED IN THIS SUMMONS OR ON A FUTURE DATE, and may make such orders and take such action as authorized by law. **RIGHTS AND OBLIGATIONS** (1) YOU HAVE A RIGHT TO BE REPRESENTED BY AN ATTORNEY IN THIS MATTER. If you are currently represented by an attorney, CONTACT YOUR ATTORNEY IMMEDIATELY UPON RECEIVING THIS NOTICE. Your previous attorney may not be representing you in this matter. IF YOU CANNOT AFFORD TO HIRE AN ATTORNEY and you meet the state's financial guidelines, you are entitled to have an attorney appointed for you at state expense. TO REQUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane Juvenile Department at 2727 Martin Luther King Jr. Blvd., Eugene, OR 97401, phone number (541) 682-4726, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one as soon as possible and have the attorney present at the above hearing. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and

EVENTS CALENDAR



"Taste of the Valley"

benefit for WVSA & FOOD for Lane County
 Sunday, October 14th, Noon-3pm
 At the WOW Hall and the
 FOOD for Lane County Dining Room
 Celebrate our local food culture!
 Locally made food & drink, Workshops,
 Raffle, Chef Demos, Live music, Kids Zone
 Willamette Valley Sustainable Foods Alliance



3635 Hilyard • 686.0432

Rhythms in Nature
Rhythms of the Self
 Kundalini Yoga with Guru Hari
 Sunday evenings 5-6:30
 Sept 23 – Dec 16
 All levels, drop-in, passes
 www.yogawesteugene.com

THE SPIRAL SCHOOL Upcoming Events

10/12 Channeling Gathering
 w/Ker Cleary & Julia Trippe
 10/27 Mindfulness Meditation
 w/Deanna English
 10/29-11/12 Cycles of Change
 w/Catherine Harris

541-349-0595 www.TheSpiralSchool.com

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Lucia McKelvey, LMT
 541.683.3286 Days, Evenings, Weekends

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