



**Maria Muldaur & Her Red Hot Bluesiana Band plays WOW Hall Saturday**

Eugene's Changing Landscape w/ Whitey Lueck, 6pm, downtown library, info at 682-5450. FREE.

**MUSIC** Mac Miller, Travis Porter, YG, hip-hop, 7pm, Cuthbert Amphitheater. \$35 adv., \$40 D.O.S.

Huckle, acoustic, rock, 8:30pm, Cozmic. \$5.

Bluegrass Jam, 9pm, Sam Bond's. FREE.

**OUTDOORS/RECREATION**

Obsidians: hike Erma Bell Lakes, 5 miles, sign up obsidians.org

Tai Chi for beginners w/Suman Barkhas, 11:30-noon, Sacred Heart Medical Center at Riverbend, 3333 River Bend Dr., info at 515-0462. FREE.

Practice sailing, 5:30pm-8:30pm, River House Center, 682-5329. \$40.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm, Greenhill Technology Park, W. 11th & Terry, reg. 521-6529. \$15 per race, \$50 per month.

Disciples of Dirt: Ladies mountain bike rides, 6pm, locations vary, info at disciplesofdirt.org/forum/planned-rides

**SOCIAL DANCE** Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, \$3; 7:45pm dance, \$2, Willamalane Activity Center, 215 W. C St., Spfd., 344-7591.

**SPIRITUAL** Kundalini Yoga Mixed Levels w/Siri Kirin (Kathe Forrest), 4-5pm, Unity of the Valley, 3912 Dillard Rd., info at 934-1725 or kforrest58@gmail.com don.

Music & Meditation, 6:30pm, Temple Beth Israel, 1175 E. 29th Ave.

Erev Yom Kippur Service, 7pm, Temple Beth Israel, 1175 E. 29th Ave.

Kol Nidre Yom Kippur Service, 7-9:30pm, Unity of the Valley, 39th & Hilyard, info at adolam.org

Working through Trauma Using Healing Modalities & Creativity, 6-week workshop, through October 30, 7-9pm, Dharmalaya Center, 356 Horn Ln., reg. 216-210-4415.

**26wed**

Sunrise 7:05am; Sunset 7:02pm  
Av High 74; Av Low 45

**FILM** *Catch Me If You Can*, 1pm, Willamalane Adult Center, 215 West C St., Spfd. FREE.

**FOOD/DRINK** Sweetwater Farm Stand, fresh farm produce, products & recopes, 4-6pm, 1243 Rainbow Dr.

The Corner Market continues. See Thursday, Sept. 20.

**GATHERINGS** Free Admission Day at UO Museum of Natural & Cultural History, 11am-5pm, UO. FREE.

10 week Beravement Support Group, Wednesdays through Nov. 7, 3-4:30pm, South Lane Mental Health, 1245 Birch Ave., Cottage Grove, pre-reg. 767-4185. Don.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Homeowner Assistance Meeting, 5pm-7pm, Growers' Market, 454 Willamette St. FREE.

Trivia Night, 7pm, Sharkeys Pub & Grill, 4221 Main St., Spfd.

Trivia at Supreme Bean, 7pm, 16 Tons Supreme Bean, 29th & Willamette. FREE.

West Eugene Gift Circle: share what you most want to give & receive, 7pm, Maitreya Ecovillage Strawbale, 1641 W. Broadway St., info at 525-8324.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

**KIDS/FAMILIES** Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Yom Kippur Children's Service, ages 7 & under, 10am, Temple Beth Israel, 1175 E. 29th Ave.

Preschool Storytime, ages 3-6 w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Yom Kippur Children's Service, ages 8 & up, 11am, Temple Beth Israel, 1175 E. 29th Ave.

Cozmic Carnival, variety, 5pm, Cozmic. FREE.

"Noise!" continues. See Thursday, Sept. 20.

**MUSIC** Train, Mat Kearney, Andy Grammer, 7pm, Cuthbert Amphitheater, www.thecuthbert.com \$44.50 adv., \$50.

Open mic, 7:30pm, Cozmic. FREE.

He's My Brother She's My Sister, Shaky Graves, 9pm, Sam Bond's. \$5.

**OUTDOORS/RECREATION**

Weight Training & Strength Yoga, 8:30am, Celebration Studio, 1820 Willamette St. \$10.

Bike Riding for Seniors, weekly in-town rides, helmets required, 9:30am, from Campbell Center, 155 High St., reg. 682-5218. FREE.

Accessible Aquatics, swimming classes for individuals with disabilities, 10am, Amazon Pool, 2600 Hilyard St. \$7.

Bicycle Appreciation Day, 11am-4pm, Lillis Hall, UO Campus. FREE.

Kundalini Yoga Happy Hour, 5:30-6:30pm, YogaWest, 3635 Hilyard St. \$8.

GEARS: Bailey Hill to Lorane Hwy., 20 miles, 6pm, Alton Baker Park, info at 726-3997.

Disciples of Dirt Wednesday night ride, 7:30pm, locations vary, info at disciplesofdirt.org

**SOCIAL DANCE** Argentine Tango Practica, 8-10pm, Knights of Pythias Hall, 420 W. 12th Ave. \$5.

**SPIRITUAL** Transformation Arts Yijjing Fundamentals Class, 8-9am, The Reach Center, 2520 Harris St. \$10.

Yom Kippur Morning Service, 9am, Temple Beth Israel, 1175 E. 29th Ave.

A Course in Miracles Drop-In Study Group, 10-11:45am, Unity of the Valley, 39th & Hilyard, 914-0431. FREE.

Yom Kippur Morning Service, 10:30am, Unity of the Valley, 39th & Hilyard, info at adolam.org

Meditation, Singing & Processing sessions, 11:30am, 1pm & 2:30pm, Unity of the Valley, 39th & Hilyard, info at adolam.org

Yizkor Memorial Service, 4pm, Unity of the Valley, 39th & Hilyard, info at adolam.org

Yom Kippur Afternoon Service, 5pm, Temple Beth Israel, 1175 E. 29th Ave.

Ne'ila Service, 6:30pm, Temple Beth Israel, 1175 E. 29th Ave.

*Sample Oregon Brews!*

*Taste award winning Chowder!*

*Boogie to the Blues!*



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The winner will receive **\$100 CASH PRIZE**

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