

becue chicken, ribs and tri-tips all cooked over mesquite charcoal, Kalua pork, pineapple fried rice, potato-macaroni salad, also catering for events large & small. 11 am-8 pm daily. All major cards. \$.

MOMMA'S KITCHEN

115 5th St., Springfield. 744-4482.
Serving lunch and dinner: Southern soul food, including fried catfish, fried chicken, collard greens, fried okra, hush puppies, red beans and rice, chicken and waffles and more. Breakfast only served 9 am Sa, 11:30 am-8:30 pm Tu-Fr, 12:30-8:30 pm Su. All major cards accepted. \$.

OFF THE HOOK BBO

750 A. Chambers St. 543-0117
Slow-smoked pulled pork, ribs, tri-tip made fresh daily, coleslaw, potato salad, smoked mac, barbecue beans, special items daily. Also offers meats by the pound and gluten-free items. 11 am-7 pm M-Sa. MCV/V. \$\$.
★ Best BBQ
★ Best Place to Take Carnivores, Second Place

PAPA'S SOUL FOOD KITCHEN & BLUES JOINT

400 Blair Blvd. 342-7500.
Sandwiches, soup, daily specials. Soul food. BBQ ribs, BBQ chicken, Jerk chicken, pulled pork, mac-n-cheese, fried catfish, collard greens, red beans & rice. Some OGLG. Noon-2 pm and 5 pm-10 pm Tu-Th, 5 pm-midnight F & Sa. Cards accepted. \$-\$\$.

★ Best BBQ

★ Best Place to Take Carnivores, Second Place

THE SMOKEHOUSE SOUTHERN BBO

1239 Alder St. 343-2568. oksbbq.com
A true Southern barbecue joint where the meats are smoked on site using only local hardwood and every menu item is made from scratch. Serving barbecue sandwiches and plates, smoked meats and sides. Organic ingredients include field greens. Catering also provided for large groups and events. 11 am-8 pm M-F, noon-8 pm Sa. D/V/A/E/MC. \$-\$\$.

Burgers

BILLY MAC'S

See American

BURGERS ON THE RUN

195 Madison Ave. 520-4826
Mobile diner serving beef and vegetarian gourmet burgers, free-range chicken, steak and turkey sandwiches, fries and more. Some of their ingredients are certified organic, they say, and they use local produce. 10:30 am-3 pm M-F. No cards. \$.

COUNTRYSIDE BAR & GRILL

See Steak

DICKIE JO'S

201 E. 13th Ave. 636-4488.
1079-C Valley River Way.
www.djburgers.com

Serving lunch, dinner: burgers, fries, Chicago-style hot dogs, shakes. 11 am-9 pm daily. \$-\$\$.

★ Best Burger, Second Place

FIVE GUYS BURGERS & FRIES

495 W. 7th Ave., Ste. 100 357-4749
3266 Gateway St., Spfld. 654-0780
fiveguys.com

Fresh, all-american fast food feat. burgers & cheeseburgers made to order w/all the fixings, hot dogs, regular or Cajun-style fries, vegetarian sandwiches, grilled cheese and cheese veggie sandwiches available, free bulk peanuts to nosh while you wait. 11 am-10 pm daily. \$.

GIANT BURGER

3760 Main St., Springfield. 747-3399.
Serving breakfast, lunch and dinner: Hand-pressed patties, local extra-lean beef. New burger varieties, real ice cream and milkshakes served in old-fashioned tin mugs. New five-pound burger and Bitty Burgers. Beer. Fresh-cut fries and onion rings. Some OG. Wheelchair accessible. 10 am-10 pm M-Sa, 11 am-8 pm Su. MCV/AE. \$-\$\$.

KOREAN CHINGU-BURGER LOVERS

1466 W. 7th Ave. 687-6424
Traditional Korean food, large portions, fresh ingredients, teriyaki, noodles, burgers, fries. 11 am-9 pm Su-F. \$.

LITTLE BIG BURGER

1404 Orchard St. 357-4771
littleburger.com
Burgers made with 1/4 lb. Cascade Natural Beef, local brioche buns, local cheeses, organic veggies and Comden's catsup, everything is compostable and/or recyclable. 11 am-10 pm daily. All major cards. \$.

MC MENAMIN'S EAST 19TH STREET CAFE

See Microbrew

MC MENAMIN'S HIGH STREET BREWERY & CAFE

See Microbrew

Cafes

BAGEL SPHERE

810 Willamette St. 341-1335
4089 W. 11th Ave.
Serving breakfast, lunch. Twenty-one varieties of boiled and baked bagels. Breakfast bagels, bagel sandwiches, vegetarian spreads, vegetarian entrées, soup, espresso. All natural ingredients in bagels. Take-out. Some OG. Wheelchair accessible. Springfield: 6 am-6 pm M-F, 7 am-7 pm Sa, 8 am-7 pm Su. Willamette: 7 am-6 pm M-F, 8 am-5 pm Sa, 9 am-4 pm Su. V. \$.

BRAILS RESTAURANT

1689 Willamette St. 343-1542.
Serving breakfast, lunch: Daily specials, vegetarian entrées, salads, generous portions. Reservations for 10-25. Wheelchair accessible. 7 am-3 pm daily and 5 pm-9 pm M-Sa. MCV. \$-\$\$.

★ Best Hangover Breakfast

CAFÉ SIENA

853 E. 13th Ave. 344-0300.
Serving breakfast, lunch: Huevos rancheros, scrambled eggs, potatoes, chilaquiles, egg and cheese omelettes with your choice of mushrooms, spinach, tomato, ham or onions. Espresso. Take-out. 8 am-7 pm M-F, 9 am-4 pm Sa & Su. No cards. \$.

CORNERSTONE CAFE

2729 Shadow View Drive. 515-6452.
Fresh, local, specializing in artisan sandwiches. Serving espresso, pastries, soups, sandwiches and breakfast all day. Call-in and take-out orders available. Some OGLG. 6 am-5 pm M-Sa, 7 am-5 pm Su. \$.

CORNUCOPIA

17th & Lincoln. 485-2300.
Serving full breakfast, lunch and dinner: Homemade soups and salads, much more. Take-out. Indoor and outdoor seating. Extensive menu. Large selection of beer and wine. Local flavor. Some OGLG. Wheelchair accessible. 8 am-10 pm daily. All major cards. \$-\$\$.

★ Best Burger & Brew Special

FRENCH KISS CAFE

See American

FRIENDLY STREET CAFE

2757 Friendly St. 343-3460.
All organic breakfast, lunch and dinner. South American and Italian food. OGLG. Wheelchair accessible. 8 am-8 pm M-Sa, 9 am-3 pm Su. MCV. \$-\$\$.

GLENWOOD RESTAURANTS, INC.

1340 Alder St. 687-0355.

2588 Willamette St. 687-8201.
Serving breakfast, lunch, dinner: Espresso, deserts; soups, pastas, salads, burgers, ethnic foods, some vegetarian. Reservations for private parties. Take-out. Some OG. Alder: 7 am-9 pm daily. Willamette: 6:30 am-9 pm M-F, 7 am-9 pm Sa-Su. Cash, all cards. \$-\$\$.

★ Best Hangover Breakfast, Second Place

HAWTHORNE'S CAFE & DELI

153 E. Broadway. 683-0738.
Serving custom roasted coffee and espresso, lunch, dinner: Deli items, soups, sandwiches, bagels, daily specials, vegetarian items, baked goods, salads. Beer, microbrews, wine. Take-out. Wheelchair accessible. 7 am-6 pm M-F, 9 am-5 pm Sa, closed Su. \$.

HOLY COW CAFE

See Vegetarian

HOLY DONUTS

See Bakeries

KEYSTONE CAFE

395 W. 5th Ave. 342-2075.
keystonecafe.com
Serving vegans, vegetarians and meat lovers. Breakfast all day every day; lunch 11 am-5 pm M-F. Naturally nested eggs and wheat-free sauces. Pancakes, omelettes, homefries, chilis, soups and burgers. Fresh squeezed juices, local beers and wine. Some OGLG. 7 am-5 pm daily. \$.

MCKENZIE CAFE LLC

4265 Main St., Springfield. 747-1517.
Breakfast or lunch all day. Omelettes, chicken-fried steak, biscuits and gravy, teddy bear pancakes, homemade muffins. Salads, hot and cold sandwiches, 11 burgers, fish and chips, homemade soups, fresh steamed veggies. French-fried ice cream (a McKenzie Café invention). Take-out. Some OGLG. Wheelchair accessible. 8 am-2 pm W-Su. All major cards. \$.

MILKY WAY TEA & BAGELS

854 E. 13th Ave. 683-7855.
Breakfast, lunch, dinner: Fresh baked bagels all day. Breakfast bagels with ham, sausage and eggs. Bagel sandwiches with ham, turkey, Gardenburgers, smoked salmon, lox, vegetables, Toby's Tofu, Emerald Valley Hummus. Bubble tea, smoothies, espresso drinks. 7 am-9 pm M-F, 9 am-8 pm Sa, 9 am-6 pm Su. V/MC. \$.

MORNING GLORY CAFE

450 Willamette St. 915-9989
Breakfast and lunch café serving fresh and organic ingredients featuring vegetarian and vegan options, including waffles, biscuits and gravy,

French toast, egg and vegan omelets, sandwiches, salads, soup, fresh-squeezed juice and smoothies. Monthly specials. Full coffee bar, all breads baked daily featuring vegan pastries, wheat-, gluten- and sugar-free options. Breakfast served all day, lunch starts at 11 am. Wheelchair accessible. 7:30 am-3:30 pm daily. D/V/MC. Checks/cash accepted. \$-\$\$.

NEW DAY BAKERY

449 Blair Blvd. 345-1695.
Serving breakfast, lunch, dinner: bakery items, 4-6 soups, salads (roasted eggplant, avocado, chef's), sandwiches, vegetarian entrées, seasonal specials. Take-out. Some OGLG. Wheelchair accessible. 7 am-9 pm M-Th, 7 am-10 pm F & Sa, 8 am-9 pm Su. MCV. \$-\$\$.

NOVELLA CAFE

100 W. 10th, inside the library. 683-7070.
Serving Bagel Sphere bagels, pastries, espresso and granitas. Some OG. Wheelchair accessible. 7 am-8 pm M-F, 8 am-6 pm Sa, 10 am-6 pm Su. V. \$.

PARK STREET CAFE

776 W. Park St. 485-2089.
Organic breakfast and lunch all day. Eggs, tempeh, French toast, specialty sandwiches, salads, daily ethnic entrées, homemade soups. Vegan and wheat-free baked goods. Special food needs and kids welcome. Locally owned and operated. Some OGLG. Wheelchair accessible. 8:59 am-2:59 pm Tu-Sa. MCV/AE/DC. \$-\$\$.

PUMP CAFE

710 Main St., Springfield. 726-0622.
Serving breakfast and lunch. Catering available. Standard breakfast and lunch menu featuring fresh baked pastries and homemade desserts. Fresh, homemade soups, salads, hot and cold sandwiches. Specialty breads. Daily specials. Take-out. Outside seating available. LG. Wheelchair accessible. 7 am-4 pm M-F, 8 am-2 pm Sa. MCV/AE. \$.

RENNIE'S LANDING

1214 Kincaid St. 687-0600.
Across from UO. Serving breakfast, lunch, dinner: Chicken, fish, pasta and vegetarian specialties. Buffalo, free range and Gardenburgers. Salads and homemade soups. NW micros and full bar. Two outdoor decks. Daily specials. Minors welcome until 3 pm. Wheelchair accessible. Breakfast begins 7:30 am M-F, 9 am Sa-Su. Extended breakfast hours Sa and Su. Food served until last call. MCV/AE/D. \$.

SUPREME BEAN COFFEE COMPANY

See Continental

TERESE'S PLACE

650 Main St., Springfield. 747-1897.
Serving breakfast, lunch: Omelettes, sandwiches, vegetarian entrées, 4 soups daily, salads, espresso. Table service for breakfast; order lunch at counter, servers bring. Take-out. Catering. 7 am-4 pm M-F. V/MC. \$.

WASHBURNE CAFE

326 Main St., Spfld. 746-7999
Serving breakfast, lunch and espresso drinks, omelets, bagels, steel-cut oatmeal, panini, wraps, salads, homemade soups, fresh-baked goods, daily specials available, local wines and microbrews, free WiFi, large, private meeting rooms available, live music and free wine tastings every Friday. 7:30 am-5 pm M-Th, 7:30 am-8 pm F, 8 am-4 pm Sa, 8 am-2 pm Su. V/MC. \$.

WICH HOUSE, THE

See Delis

WORLD CAFE

449 Blair Blvd. 345-1695.
Food from around the world: fajitas, pizza, calzones, soups and salads. Live music. 4 pm-9 pm daily, open late F & Sa. MCV. \$-\$\$.

Chinese

CAFÉ SEOUL

See Korean

CHINA SEAS

45-E. Division Ave. 688-4689.
11 am-2 pm and 3 pm-8:30 pm Tu-F, noon-8 pm Sa & Su. \$.

EAST MEETS WEST

830 E. 13th Ave. 686-8788.

EMPIRE BUFFET

1933 Franklin Blvd. 343-9966.
Serving lunch and dinner buffet, salad and dessert bar, wine, beer, full bar, sushi, Chinese favorites, teriyaki chicken, pot stickers. Senior discounts. 9 am-9 pm Su-Th, 9 am-10:30 pm F & Sa. MCV. \$.

FAR MAN RESTAURANT

3111 Gateway Blvd., Springfield. 726-7311.
Serving lunch, dinner: Buffet and full menu; Cantonese, Mandarin, Szechwan, American; vegetarian entrées. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MCV. \$-\$\$.

FORTUNE INN

1775 W. 6th Ave. 342-2616.
Serving lunch, dinner: Fresh specials every day, traditional Chinese stir-fries, fresh Chinese vegetables, tofu and vegetarian entrées. Wide variety Oregon wines, beer (domestic and imported). Reservations for 10+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9:30 pm Su. MCV/D. \$-\$\$.

GATEWAY CHINESE BUFFET

3198 Gateway St., Springfield. 726-2828.
Lunch, dinner: Chinese buffet with 40 plus hot items: BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Banquet room. Take-out. Children's prices, senior discounts available. LG. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-10:30 pm F & Sa. All major cards. \$-\$\$.

GOLDEN ORIENT

2513 W. 11th Ave. 683-5469.
Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties. Take-out. LG. Wheelchair accessible. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-9:30 pm Sa, closed Su. MCV/AE. \$-\$\$.

GREAT WALL RESTAURANT

862 Main St., Springfield. 726-9133.
Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 11 am-9:30 pm M-F, 3 pm-10 pm Sa & Su. MCV. \$-\$\$.

HONG KONG RESTAURANT

1799 Willamette St. 342-7450.
Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrées. Wine, beer. Reservations for parties. Take-out. Some OGLG. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, 4-10:30 pm Sa. MCV. \$-\$\$.

HOUSE OF CHEN

1861 Franklin Blvd. 343-8888.
Serving lunch, dinner: Elegant dining. Szechwan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrées. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OGLG. 11 am-10 pm daily. All major cards. \$-\$\$.

JADE PALACE

906 W. 7th Ave. 344-9523.
Now delivering. Serving lunch and dinner buffet with Thursday night vegetarian and Friday night seafood specials. Extended menu, no added MSG. Beer, wine, take-out. 11 am-9 pm Tu-Th, 11 am-9:30 pm F, 5 pm-9:30 pm Sa, noon-9 pm Su. MCV/D. \$.

KAM LOON RESTAURANT

2674 Roosevelt Blvd. 689-4770.

Serving lunch, dinner: Cantonese, vegetarian entrées, no MSG on request. Wine, beer. Reservations for larger parties. Delivery. Take-out. LG. 11 am-9 pm M-Th, 11 am-9:30 pm F, 4 pm-9:30 pm Sa, MCV. \$-\$\$.

KOWLOON RESTAURANT

2222 MLK Blvd. 343-4734.
Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrées. Wine, beer, microbrews, full bar. Delivery. Take-out. Some LG. Wheelchair accessible. Dining room 11:30 am-midnight, daily. Delivery 11:30 am-midnight Su-Th, 11:30 am-2 am F-Sa. MCV/AE/D. \$-\$\$\$.

LOK YAUN

2360 W. 11th Ave. 345-7448.
Serving lunch, dinner: Cantonese, chicken, beef, teriyaki steak, shrimp, vegetarian dishes, no MSG. Wine, beer. Take-out. 11 am-10 pm M-F, noon-10 pm Sa & Su. MCV. \$-\$\$.

LOTUS GARDEN VEGETARIAN RESTAURANT

See Vegetarian

LOUIE'S VILLAGE

947 Franklin Blvd. 343-4480.
Serving lunch, dinner: Authentic Chinese cuisine made with all fresh ingredients. Take-out. 11 am-10:30 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, 11:30-10 pm Su. \$-\$\$.

MAPLE GARDEN

1275 Alder St. 683-8128.
Serving lunch, dinner: Mandarin, Szechwan, Cantonese. Lunch menu changes daily. Mandarin chicken, shrimp chow fun, variety of Chinese meals. Reservations for large groups. Take-out. 11 am-9 pm M-F, noon-9 pm Sa & Su. MCV/AE/D. \$.

OCEAN SKY

1601 Chambers St. 342-4848.
Serving lunch, dinner: Szechwan, Hunan; extensive menu; vegetarian entrées. Wine, beer. Reservations for 6+. Take-out. 11 am-9:30 pm M-Th (closed Tu), 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MCV/D. \$-\$\$.

P. F. CHANG'S CHINA BISTRO

124 Coburg Rd. (Oakway Center). 225-2015.
Experience a unique combination of Chinese cuisine, attentive service, wine and tempting desserts, all served in a stylish, high-energy bistro.

SPRING GARDEN

215 Main St., Springfield. 747-0338.
Serving lunch, dinner: Cantonese, Mandarin, American; vegetarian entrées. Service bar.

Reservations for 8+. Separate smoking room. Take-out. Some OG. Wheelchair accessible. 11:30 am-10:30 pm M-Th, 11:30 am-11 pm F, 4-11 pm Sa, noon-10:30 pm Su. MCV/AE. \$-\$\$.

TOM'S TEA HOUSE

788 W. 7th Ave. 343-8805.
Chinese Hunan-Szechwan cooking. Everything made from scratch. Hot and spicy. Vegetarian entrées. Dim Sum. Beer. Take-out. 4:30-8 pm W-Su. \$.

TWIN DRAGONS

919 River Rd. 688-5481.
Serving lunch, dinner: Cantonese, Szechwan, Chinese, American; vegetarian entrées, salads. Reservations for 8+. Take-out. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MCV. \$-\$\$.

Coffeehouses

ALLAN BROS. BEANERY COFFEEHOUSE

152 W. 5th Ave. 342-3378.
2465 Hilyard St. 344-0221.

Serving Allam Bros coffee and espresso, deli and grilled panini sandwiches, fresh entrées, pastries and desserts. Whole bean coffee, loose leaf premium tea, catering accessories. "Joe Box" coffee/tea to go and coffee/tea available. Wheelchair accessible. 5th St.: 6am-11 pm M-Sa, 7am-11 pm Su. Hilyard: 6am-8:30 pm M-Sa, 7 am-8:30 pm Su. All major cards. \$.

CRUMB TOGETHER

See Bakeries

ESPRESSO ROMA

825 E. 13th Ave. 484-0878.
Muffins, croissants, espresso. Take-out. 6 am-9:30 pm M-F, 7 am-8:30 pm Sa-Su. No cards. \$.

EUGENE COFFEE COMPANY

1840 Chambers St. 344-0002.
Always organic, fair trade coffee. Café Mam coffee, locally made pastries, doughnuts, quiche. Twelve-ounce house coffee 50 cents from 3 pm-5 pm. 7 am-6 pm daily. \$.

FULL CITY COFFEE ROASTERS

295 E. 13th Ave. 465-9270
842 Pearl St. 344-0475.

Coffeehouse for adults. Premium coffees by the cup and pound. Some OGLG. Wheelchair accessible. Pearl St.: 5:30 am-6 pm M-F, 6:30 am-6 pm Sa, 7 am-5 pm Su. High St.: 6 am-6 pm M-F, 7 am-6 pm Sa & Su. Some cards. \$.

★ Best Coffee, Third Place

GARY'S COFFEE

525 High St.
Serving Stumptown coffee, tea, juices, pastries and bagels. 6:30 am-6 pm M-F, 7:30 am-5 pm Sa, 8 am-4 pm Su. \$.

J-TEA

2778 Friendly St. 285-8997
jteainternational.com

Specializing in Taiwanese oolong, with more than 100 loose-leaf teas available by the cup including oolong, puer and Iron Goddess of Mercy. 9 am-6 pm Tu-F, noon-6 pm Sa-Su. AE/D/V/MC. \$.

MY COFFEE

3802 W. 11th Ave. 683-3164.
Organic coffees and local pastries. Organic loose leaf teas, ice cream espresso shakes, real fruit smoothies. 6 am-6 pm M-F, 1 am-5 pm Sa, 8 am-5 pm Su. MCV/D. \$.

NEW ODYSSEY JUICE & JAV