

goods are made with only natural and fresh ingredients, and no hydrogenated oils. House roasted, ground and triple-filtered chai. Free wi-fi, covered deck overlooks the Suslaw. Some OG. 7 am-6 pm Th-M, 7 am-noon Tu. MC/V/D.

TRAILHEAD COFFEEHOUSE

47406 Hwy. 58, Oakridge. 541-782-2223. Serving breakfast, lunch, dinner: scrambles, crepes, sandwiches, wraps, burgers, pasta and more. Outdoor seating and free wi-fi.

Continental

CAFÉ SHEILAGH

1043 Hwy. 99 N, Cottage Grove. 541-942-5510 Offering gourmet breakfast and lunch with cocktail, wine and beer service. Pastries and organic coffee. Brunch menu on Sundays includes special omelettes, various eggs benedicts, smoked salmon casseroles and much more! Dinner Friday and Saturday from 5 pm-9:30 pm and by reservation other evenings. Catering and private party bookings available. 8 am-2:30 pm Tu-Su, 5 pm-9:30 pm F & Sa. MC/V/DC. \$-\$\$\$\$.

Delis

FIRST ALTERNATIVE CO-OP

1007 SE 3rd St., Corvallis. 753-3115. (South store) NW 29th & Grant Ave., Corvallis. 452-3115. (North store) First Alternative's commercial kitchen, Feast Alternative, offers a mostly organic hot bar and salad bar, deli entrées and made-to-order sandwiches at the South Store. Pre-packaged Grab & Go meals, two soups daily and baked goods offered at both stores. Meat, vegetarian and vegan options. Seating areas at both stores. Wheelchair accessible. OG/LG. South: 9 am-9 pm daily. North: 7 am-9 pm daily. All cards except AmEx. Mostly sold by weight. \$\$.

OLD WORLD DELI

341 SW 2nd St., Corvallis. 752-8549. Serving breakfast and lunch. 8 am-10 pm M-Sa, 11 am-5 pm Su. MC/V. \$.

WINE DEPOT & DELI

300 2nd Ave. SW, Albany. 967-9499. Fax 987-9454. Sandwiches, soups, salads, desserts at the Two Rivers Market. Wine by the glass. 9 am-8 pm M-F, 9 am-5:30 pm Sa, noon-5 pm Su. All major cards. \$-\$\$\$.

Food Carts

PREM ROSE EDIBLES

Corvallis Winter Market, Benton County Fairgrounds. Organic, fair trade chocolates and organic rose petal jam. Specials, events and sales posted at twitter.com/premroseedibles 9 am-1 pm Sa.

Indian

EVERGREEN INDIAN RESTAURANT

136 SW 3rd St., Corvallis. 754-7944. Serving lunch and dinner, traditional Indian dishes. Lunch: 11:30 am-2:30 pm, dinner 5 pm-9:30 pm. V/MC. \$-\$\$\$.

NIRVANA

1945 NW 9th, Corvallis. 541-738-0487. Wheelchair accessible. Some OG/LG.

International

CRYSTAL'S KING OF FALAFEL CUISINE & CAFE

1425 NW Monroe Ave. #E, Corvallis. 752-6403. Mediterranean specialties: falafel, gyros, chicken & meat. Wheelchair accessible. Some OG. 9 am-8:30 pm daily. V/MC. \$.

LE BISTRO COUNTRY FRENCH CUISINE

150 SW Madison Ave., Corvallis. 754-6680. Classic French cuisine in a comfortably refined atmosphere. Specializing in the sauces that make French cuisine famous. Hand selected wines at reasonable prices. Impeccable service and attention to detail. Your dining experience awaits. LG. 5:30 pm 'til close Tu-Sa. V/MC/AE/D. \$\$\$\$.

NOVAK'S HUNGARIAN RESTAURANT & CATERING

2306 Heritage Way SE, Albany. 967-9488. Traditional Hungarian specialties: Chicken paprikas, kolbász, cabbage rolls. Vegetarian entrées. In-house bakery. Novak's also offers catering for events and special occasions. Wheelchair accessible. LG. 6:30 am-9 pm daily. MC/V/AE/D. \$.

RIVERVIEW MONGOLIAN GRILL

230 NW 1st St., Corvallis. 754-8402. Pick your own vegetables, sauces and meats, prepared before your eyes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC. \$.

Italian

IOVINO'S RISTORANTE & CATERING

136 SW Washington Ave., Ste. 102, Corvallis. 738-9015

Italian cuisine using the freshest ingredients of the Northwest. Casual dining in an "uptown" atmosphere on the Corvallis riverfront. Food and drink specials 3 pm-5 pm. Wheelchair accessible. Some OG/LG. Serving dinner starting at 5 pm Tu-Sa. MC/V/AE. \$\$\$.

IZZY'S PIZZA BAR & CLASSIC BUFFET

2475 NW 9th, Corvallis. 757-1156. Serving lunch and dinner, family friendly atmosphere. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. V/MC. \$.

TERZO

151 NW Monroe, Corvallis. 541-752-1120.

www.terzocorvallis.com

West Coast Italian cuisine from the owners of Le Bistro and Aqua. Full bar, lounge, small plates, Italian wines, kids' menu and more. Reservations recommended. 4:30 pm-close Tu-Sa. \$-\$\$\$.

Japanese

AOMATSU JAPANESE RESTAURANT

122 NW 3rd St., Corvallis. 752-1410. Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner and lots of specials. Noodles, tempura, BBQ, teriyaki and more. Lunch: 11:30 am-2:30 pm M-F. Dinner: 5 pm-9 pm M-Sa. V/MC/DC/AE. \$\$\$.

Korean

YOUNG'S KITCHEN

2051 NW Monroe Ave., Corvallis. 757-1626. Korean and Japanese. Sushi, udon, teriyaki ribs, yakisoba. Take-out. 10:30 am-9 pm M-Sa. \$-\$\$.

Mexican

BOMBS AWAY CAFÉ

2527 NW Monroe Ave., Corvallis. 757-7221. Traditional recipes, fresh ingredients, all made right here. A family atmosphere in our front room with full wait service in our lounge. We specialize in natural meats and vegetarian fare, seafood and shellfish entrées, homemade desserts and breads. 11 am-midnight M-F, 5 pm-midnight Sa, 5 pm-9 pm Su. V/MC. \$-\$\$.

EL PARAISO

3015 Row River Road, Cottage Grove. 541-942-5688. Mexican cuisine and full service bar. Some LG. 11 am-9:30 pm Su-Th, 11 am-10 pm F & Sa. V/MC/D/AE. \$.

EL PRESIDENTE MEXICAN RESTAURANT AND CANTINA

1110 NE 2nd St., Corvallis. 752-1360. Serving lunch and dinner, traditional Mexican food, full bar. 11 am-2 am daily. V/MC/AE. \$.

EL SOL DE MEXICO

1597 NW 9th St., Corvallis. 752-9299. Lunch and dinner, beer, wine and cocktails. Parties up to 30 people, food to go. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. V/MC/DC/AE. \$-\$\$.

EL TAPATIO RESTAURANT

1845 NW Circle Blvd., Corvallis. 758-1735. Serving lunch daily and dinner on Fridays and Saturdays. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. V/MC/AE/DC. \$.

QDOBA

2001 NW Monroe Ave. #105, Corvallis. 757-2800. Not just big burritos. Big flavors. Open for breakfast. Wheelchair accessible. LG. 8 am-10 pm M-W, 8 am-1 am Th-Sa, 8 am-9 pm Su. V/MC/AE/D. \$.

SANCHO'S MEXICAN GRILL

1425 NW Monroe, Corvallis. 752-2500. Sancho's specializes in homestyle Mexican cuisine

prepared daily in an atmosphere both festive and intimate. Salsa music plays nightly in this low-lit, cozy nook. Quality food, mellow mood. Outside balcony. Full bar selection featuring imported Mexican tequilas and beers. Aniba! 11 am-1 am M-Sa. MC/V/AE. \$.

TACO DEL MAR

1915 NW 9th St., Corvallis. 738-0540. The fast, fresh and fun alternative to traditional Mexican food, serving mondo burritos and rippin' fish tacos with a friendly, relaxed Baja style. Wheelchair accessible. 10:30 am-10 pm M-Sa. 11 am-9 pm Su. MC/V. \$.

Microbrew

BLOCK 15 RESTAURANT & BREWERY

300 SW Jefferson Ave., Corvallis. 541-758-2077. Local brewpub featuring more than 10 house-brewed beers. Dishes made with local and regional ingredients including Painted Hills Natural Beef and Carlton Farms Natural Pork. Some OG. 11 am-11 pm Su-W, 11 am-1 am Th-Sa. MC/V/AE/D. \$.

CALAPOOIA BREWING CO.

See American

MCMENAMINS

420 NW 3rd St., Corvallis. 758-6044. Oregon's favorite brewpub chain. Hearty sandwiches, soups and salads. 11 am-1 am M-Sa, noon-midnight Su. V/MC/AE/D. \$-\$\$.

WYATT'S EATERY & BREWHOUSE

211 1st Ave NW, Albany. 917-3727. 24 beers on tap, full bar. Lunch and dinner menu. Burgers, pasta, seafood, steak and wraps. 11 am-8:30 pm M-Th, 7 am-10:30 pm F & Sa. MC/V/AE/D.

Northwest

101 EAT & DRINK

101 NW Jackson St., Corvallis. 541-757-0694. www.101eatanddrink.com

101 strives to reduce its ecological footprint and support the local economy, making every attempt to feature local organic products on the seasonally inspired menu. 4:30 pm-10 pm M-Th, 4:30 pm-midnight F & Sa. \$.

AXE & FIDDLE

657 E. Main St., Cottage Grove. 541-942-5942. Gourmet sandwiches and pizza by the slice, variety of organic salads, vegan rice and beans, tacos and tostadas, seasonal specials (including smoked salmon chowder, shrimp gumbo and corned beef brisket). Some OG. 4 pm "until you're ready to go home." MC/V. \$.

BIG RIVER RESTAURANT & BAR

101 NW Jackson, Corvallis. 757-0694. Eclectic, fresh Northwest cuisine using local organic produce, prime beef, native fish and Big River breads. The copper-topped bar features regional wines, single malts, martinis and jazz on weekends. Wheelchair accessible. Some OG/LG. Lunch 11 am-2 pm M-F, dinner from 5 pm M-Sa. DC/MC/V/AE. \$\$\$.

CAFÉ YUMM

2001 NW Monroe Ave., Corvallis. 541-757-YUMM. Breakfast, lunch and dinner. "Soul satisfying ... Deeply nourishing" Yumm! Bowls", skewers, soups, salads, Yumm! Wrappits, sandwiches, salmon burgers. Savory sauces and dressings. Extensive vegan, vegetarian ingredients. Wine, beer, juice, coffee and tea. Take-out. Event catering. Some OG/LG. 10 am-9 pm M-Sa, 10 am-8 pm Su. MC/V. \$.

CRAVES FINE DINING

294 Laurel St., Florence. 541-997-3033. www.cravesfinedining.com. Classically trained chefs offer guests creative cuisine served in a warm and comfortable atmosphere by an attentive staff. Eclectic wine list and full bar service. Some OG/LG. 4 pm-10 pm Th-M. MC/V/D. \$\$\$\$.

FIREWORKS RESTAURANT & BAR

1115 South Third, 99W, Corvallis. 754-6958. www.FireWorksCuisine.com. Organic cuisine, intimate dining atmosphere featuring earthen, sculptural wood-fired oven. Now serving organic chicken and grass-fed meats. Grilled seafood, wood-fired pizza, creative vegetarian/vegan entrées, decadent desserts. Fine wines & microbrews. Cocktails. Live music, lectures and special events. Wheelchair accessible. OG/LG. 11:30 am-2:30 pm (lunch) & 5 pm-9:30 pm (dinner) daily, 10 am-2 pm (brunch) Su. V/MC/AE. \$-\$\$\$\$.

HIDDEN VALLEY RESTAURANT

Hidden Valley Golf Course, 775 N. River Road, Cottage Grove. 767-0557. playhiddenvalleystgolf.com. Serving dinner, with lunch menu coming soon. Seafood, small plates, pasta, steak entrées, surf and turf, lamb and more. Full bar. Outdoor seating on the deck.

MAGENTA RESTAURANT & CATERING

137 SW 2nd Ave., Corvallis. 758-3494. www.magentarestaurant.com

Exotic organic Asian fusion recipes created by Chef Kimber Hoang seasonally incorporating local produce and meats. Carefully selected wines and superb specialty martinis. \$4 small plate (dim sum) menu available all hours, lunch and dinner. Wheelchair accessible. OG/LG. Lunch 11:30 am-2:30 pm M-F, 4:30 pm-midnight Th-Sa. V/D/AE. \$-\$\$\$\$.

STACY'S COVERED BRIDGE RESTAURANT

401 E. Main St., Cottage Grove. 541-767-0320.

VILLAGE GREEN RESORT & GARDENS RESTAURANT

725 Row River Rd., Cottage Grove. 541-942-2491. Lunch: all-you-can-eat salad bar and selection of sandwiches and daily specials. Dinner: New York steak, chicken piccata, Northwest salmon. Vegetarian entrées. Some OG/LG. 11:30 am-2 pm & 5 pm-9 pm daily. All major cards. \$-\$\$\$\$.

Pizza

AMERICAN DREAM PIZZA

2525 NW Monroe Ave., Corvallis. 757-1713. 214 SW 2nd St., Corvallis. 753-7373. Music, art, beer and pizza. Tastiest pizza in

Corvallis, by the slice or whole pie. Outrageous combos, fabulous salads and stellar calzones. Nice selection of local brews. Outdoor rooftop seating on 2nd St. Free delivery. 11 am-10 pm daily, open 'til 11 pm F & Sa. V/MC. \$-\$\$.

CIRELLO'S PIZZA

919-F NW Circle Blvd., Corvallis. 754-9199. Serving dinner. Open till 10 pm Su-Th, 'til 11 pm F & Sa. V/MC. \$.

CROWBAR

214 SW 2nd St., Corvallis. 753-7373. "Where the back alley meets the high road." Crowbar bills their drinks as "honest cocktails for workaday people." Fresh infusions, kamikazes, classic cocktails, Dream pizza. Behind American Dream pizza, alley entrance. 4:30 pm-close daily. MC/V. \$-\$\$.

PIZZA PIPELINE

See Pizza

WOODSTOCK'S PIZZA PARLOR

1045 NW Kings Blvd., Corvallis. 752-5151. Pizza & salads, beer & wine. Free delivery (most of Corvallis). Wheelchair accessible. 11 am-midnight Su-Th, 11 am-1 am F & Sa. V/MC/D/AE. \$.

Seafood

AQUA SEAFOOD RESTAURANT & BAR

151 NW Monroe, Corvallis. 541-752-262. www.aquacorvallis.com. Pacific Rim Hawaiian regional cuisine. Family friendly. Full bar, lounge and dining room. 4:30 pm-close Tu-Sa.

MCGRATH'S FISH HOUSE

350 Circle Blvd., Corvallis. 752-FISH. Fresh fish & seafood, serving lunch, dinner, and Sunday brunch. 11 am-10 pm M-Th, 11 am-11 pm F & Sa, 10 am-10 pm Su. V/MC/AE/D. \$-\$\$\$\$.

Southeast Asian

TARN TIP THAI CUISINE

2535 NW Monroe Ave., Corvallis. 757-8906. Serving lunch and dinner. LG. Lunch 11 am-3 pm. Dinner 5 pm-9 pm M-Sa, 4 pm-9 pm Su. No cards. \$.

THAI CHILI

1425 NW Monroe Ave., Suite A, Corvallis. 738-0848. MC/V. \$.

Vegetarian

CAFÉ YUMM

See Northwest

LAUGHING PLANET

See Vegetarian

NEARLY NORMAL'S GONZO CUISINE

109 NW 15th, Corvallis. 753-0791. Mexican, Italian, Mediterranean, tofu and tempeh, fresh juice and smoothies, margaritas, beer and wine. Catering, outdoor garden dining. Wheelchair accessible. Some OG/LG. 8 am-8 pm M-W, 8 am-9 pm Th & F, 9 am-9 pm Sa. MC/V. \$-\$\$.

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