

EAT LIKE THE LOCALS

YEAH, WE LIKE TO RUN. WE ALSO LIKE TO EAT.

A walking guide to Eugene eats in and around Hayward Field

13TH & ALDER

5 BLOCKS WEST 15 MIN ON FOOT

ALEXANDER'S GREAT FALAFEL

1298 Kincaid St.

You don't have to be a hippy to love falafel, and this cart proves it. The falafel is a Eugene institution at a great value, with fantastic hot sauce and lemonade.

BARRY'S ESPRESSO & BAKERY

804 E. 12th Ave. 541-343-1141.

Barry's breakfast sandwich is the *EW* art department's long-term obsession. It's egg, bacon, cheese, tomato and pesto on a challah roll — and the challah is to die for. They also have a tasty selection of soups, plus coffee and other sandwiches.

SWEET BASIL EXPRESS

1219 Alder St. 541-393-5797. sweetbasilexpress.com

Don't be fooled by the "express" in the name — this food is worth your while. And while it's fast and inexpensive, the quality of the food — curries especially — do not skimp on quality.

ESPRESSO ROMA

825 E. 13th Ave. 541-484-0878. espressoroma.com

The coffee and pastries make for a good café, but what puts Roma on the map is the mostly shaded outdoor seating area, which makes it perfect for an afternoon chai or pastry break.

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BATE

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GOING THE DISTANCE? Your efforts will be well rewarded at these lo

BELLY

30 E. Broadway. 541-683-5896. eatbelly.com

James Beard Award semi-finalist Brendan Mahaney's fare is the thing to try if you're looking for upscale eats. The picking's slim for vegetarians, but combining a couple of appetizers would still make a great meal.

PIZZA RESEARCH INSTITUTE

530 Blair Blvd. 541-343-1307. pizzaresearchinstitute.com

Some people cry that it's not traditional pizza or the fresh-made meals cook too slowly, but PRI expresses no interest in being the same-old same-old. Known for its wise inclusion of toppings like pear and potato, some omnivorous customers order the vegan version because it's so delicious.

CHAO PRA YA

580 Adams St. 541-344-1706.

This fresh and delicious Thai food has the classics that most Americans know, like pad Thai, awesome fried rice flavors, like pineapple, and the fantastic golden pumpkin. The space is small, but more restaurants occupy the area, plus two nearby parks for outdoors lovers.

CORNBREAD CAFÉ

1290 W. 7th Ave. 541-505-9175. cornbreadcafe.com

Order the Eugenewich and you might accidentally go vegan. In fact, everything at the café is a vegan twist on comfort food, so you must expect the unexpected. But trust us on the Eugenewich.

SWEET LIFE

755 Monroe St. 541-683-5676. sweetlifedesserts.com

More so than any other restaurant, Sweet Life is THE place Eugeneans think of when they think dessert. The decadent assortment of cakes, pastries and gelatos has something for everyone, and we're pretty excited about the malted milk cheesecake, a June dessert of the month.

DELACATA

725 Olive St. 541-543-0393. delacata.blogspot.com

If you're from the Northwest, you might not realize that fried catfish can be scrumptious, but it is, and so are all of Delacata's dishes that we've tried (all of them).

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