

# TAKE A DUMPLING

And eat it BY SARAH DECKER AND SHANNON FINNELL

Sometimes, late at night — and hell, even at brunch time — a hot, steamy, fresh dumpling really hits the spot.

That was Reid Frumkin's theory in 2010 when he and his friends evolved some poop jokes into Dump City Dumplings, a successful Bend eatery. They opened a Eugene cart earlier this year. Whether people think it's funny "depends on the person," Frumkin says, but even those who don't share the lighthearted philosophy can appreciate a delectable dumpling.

"Essentially, it's kind of a Chinese version of a sandwich with dough on the outside and ingredients on the inside," Frumkin says, and Dump City keeps the flavors spinning like a globe: Pad Thai, four-cheese pizza and Chinese-style pork are always on the menu, but a fourth flavor rotates among options like chicken alfredo, beef broccoli and sweet curried ostrich.

With their Eugene addition, Frumkin says they've still prioritized keeping ingredients fresh. "We source almost everything locally and organically," Frumkin says. "About 90 percent of our produce comes from Junction City."

Of all the flavors we have sampled at Dump City, not a one has steered us wrong. Each dumpling, plumped to perfection, delivers the most amazing flavors that fresh, local ingredients can bring.

The standard Chinese-style pork dumpling, however, is epic. This is traditional Chinese food at its best. All of the flavors from the pork to the veggies on down to their housemade teriyaki sauce — to be artfully injected into your bun — blend to deliver the most perfect meal, be it a lunch on the go or a little something to stumble home with after hitting the bar. ■

Dump City Dumplings is located at 55 W. Broadway, 847-738-0805, <http://wkly.ws/1aw>



PHOTO BY TRASK BEDORTHA

★ Springfield Creamery since 1960

## PREPARE YOUR SPOONS!

At long last...  
Organic Probiotic  
Greek Yogurt  
has arrived!

**NEW**

Nancy's  
cultured  
dairy and soy

www.nancysyogurt.com

rye  
food & drink

444 E 3<sup>rd</sup> Eugene, OR • (541)653-8509 • [ryeon3rd.com](http://ryeon3rd.com)

**new season, new menu**

poppi's

# Anatolia

"The Land East"

Traditional  
Greek & Indian  
Food

992 Willamette  
Eugene, OR 97401  
343-9661

"Café Yumm! is a *perfect choice* -  
I love your food!  
Delicious and nutritious is  
the *perfect combination*."  
- Guest, 2012

CAFEYUMM.COM

**CAFÉ YUMM!**

Eugene:  
730 East Broadway  
1801 Willamette St.  
130 Oakway Center  
1005 Green Acres Rd.

Springfield:  
3340 Gateway St.  
Sacred Heart at RiverBend,  
3333 RiverBend Dr.

Corvallis:  
2001 NW Monroe