

operation of Parvin Butte a quarter mile from my house. Come see for yourself.

My house is a passive solar home, built to be part of the land with large front windows; it is like having your own bug show in your living room. The design of this house is to allow the outdoor environment into the home, capturing maximum light and heat. It is built partially in the ground to benefit from the earth's constant temperature for cooling in the summer and warming in the winter.

It is difficult for me to fathom the violent assault that is about to be directed at my home. I will be driven from my sanctuary. The dust will have the potential to actually kill me because of my life-long history with asthma. I am utterly screwed. No telling how my PTSD from military and civilian life will affect me from the extreme noises that will penetrate into my home. I might as well just send them the keys and title to the house with a list of items that need work.

Thomas W. Baxter
Dexter

GIVE THE MONEY TO DOUG

On Jan. 18 last year I paid \$383 to see an orthopedic physician for less than 30 minutes. This was in response to increasing pain in my knees. After looking at X-rays and examining me, the doctor essentially instructed me to take ibuprofen daily into the foreseeable future. While the ibuprofen helped a little, the problem persisted and caused considerable hardship for the following year.

Then late last year, I was talking with my friend Doug who earns a meager living canvassing door to door for an environmental group. I mention my knee pain and Doug suggested that I change my diet to prioritize foods that increase alkalinity and avoid foods that increase acidity. Becoming desperate, I made a New Year's resolution to adopt this diet.

Within two weeks, this minor change in my diet *absolutely nailed the problem*. It's been wonderful! I'm ecstatic! I had been lamenting a trajectory that would have made me an invalid by my 60th birthday.

And now I'm ready for some serious hiking when the weather improves.

But I'm mystified! How I could pay a medical school graduate \$383 to be told to take ibuprofen and then have it fall on my friend Doug to tell me how to fix the problem. Do they simply not teach nutrition in medical school? Had no one ever told the physician about this? The Slocum Orthopedic Center is welcome to refund my money. I'll give it to Doug. He can use it.

Robert Bolman
Eugene

DEADLY MISTAKES

At a recent presentation about Pvt. Bradley Manning — the soldier who released files to WikiLeaks — we viewed one of the released documents, a chilling video of the shooting of a group of civilian Iraqis and Reuters photographers from a helicopter and then the killing of the people, including children, who tried to rescue the injured.

Another whistle blower, a mid-level Army officer, Daniel Davis, after a recent tour in Afghanistan, documents that the war in Afghanistan is going disastrously wrong, and that top military brass have routinely lied and mislead the public about how the war is going. Davis chose a few receptive senators to receive his report, one of whom is Sen. Jeff Merkley. The military establishment — no surprise — is discounting the report.

So how many more men and women will have to die for the mistakes that the Iraq and Afghanistan wars have been? How many more men and women will suffer long-term trauma from what they experienced and observed in combat? How many more whistle-blowers will be discounted and will risk their personal well-being before we stop the war? It is time to get out now. We need to stop the damage to our troops and our country. We need to learn the lesson that we cannot make people from another culture into American-like folks by war. War is not the answer.

Carol Van Houten
CALC Truth In Recruiting
Eugene

LUNCH?



FALLINGSKY BREWING

FALLINGSKYBREWING.COM

Get in here!
we now open 11am everyday
1334 Oak Alley

"AFTER 5 with THE MAYOR"

WHAT: A social event for Eugene business people
WHEN: 5:30pm Tuesday, Feb. 28
WHERE: The new Broadway Commerce Center at 44. E. Broadway

JOIN US AFTER WORK!

Questions? RSVP? - Jake Foster
jake@kittypiercy.com

Kitty Piercy for Mayor

EUGENE FAMILIES:

School's open! 

See what our schools offer!

It's school choice time in Eugene School District 4J. You can enroll in your neighborhood school at any time. To request enrollment in a different school for 2012-13, turn in a school choice request form by March 23 at 5 p.m. Requests will be accepted in an order determined by lottery.

Schools Open for Visits
Monday, Feb. 27–Friday, Mar. 2
Each school offers different activities and times when parents can visit. Please phone ahead or see www.4j.lane.edu/choice for details.

School Choice Information Meeting
Thursday, Feb. 23, 7–8 p.m.
4J Education Center, 200 N. Monroe St.
Learn about the school choice process.

Eugene School District 4J
www.4j.lane.edu/choice
541-790-7570



February Cyclist Lovefest

15% off Helmets! 20% off Lights!
25% off Ibex Wool Clothing!

Sale on now thru Feb. 29th
facebook: arrivingbybike
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M,W,Th,F 11-7, Sat 10-6, Sun 12-5

arriving by bike
Urban Cycling Outfitters

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FREE LARGE SODA W/ PURCHASE OF 2 SLICES

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BIRKENSTOCK

REPAIR SALE

Sale ends February 29th

Bring in your Birkenstock footwear during the month of February and **SAVE 10% on repairs***





*Sale limited to classic Birkenstock, Birki's, Papillio and selected Tatami. Lifts and modifications excluded.

Note: Footwise-Corvallis Repair Sale starts April 1st

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