

office has sent out a memo to staff, elected officials, committee members and others urging caution. "Our recommendation is to be cautious about meeting with other members ... to discuss information that will be considered in public meetings. One final lesson from the recent court decision is that knowledge of the public meetings law and failure to comply with its requirements might subject individual members of a public body to personal liability."

— Ted Taylor

FREE CLINIC OCT. 1-2

A free medical clinic for low-income, uninsured local residents is being provided again by the all-volunteer Cascade Medical Team (CMT) from 8 am to 5 pm Saturday and Sunday, Oct. 1-2 at the PeaceHealth Medical Group Building, 1162 Willamette in Eugene. No proof of residency will be required.

The two-day clinic will provide full service primary health care with nine volunteer providers, including specialists in family practice and gynecology. Medications will be available to treat common conditions, but no controlled drugs or pain medications will be at the clinic.

Lane County has more than 60,000 residents who are uninsured and not eligible for the Oregon Health Plan or Medicare. CMT has provided medical care in Guatemala for the past 10 years and occasionally holds clinics in Lane County.

FOREST PROTEST IN SALEM

Cascadia Forest Defenders protested the logging of the native coastal trees of the Elliott State Forest with so many treesits and blockades that the Oregon Department of Forestry began closing roads to keep them out. Now CFD and other forest groups are heading to Salem Oct. 11 to let Gov. Kitzhaber and the State Land Board know that they think ramping up clearcutting in Oregon's state forests is a bad idea.

"The immediate message is 'reject the new harvest plan for the Elliott State Forest,'" says Jason Gonzales of CFD, and "the less immediate message is a demand for better conservation on state lands in general."

The rally is targeting logging not only on the Elliott, which faces a 40 percent increase in clearcutting, but also on the Clatsop and Tillamook state forests. The protest is

spearheaded by Friends of Oregon's Forests, a coalition of forest groups working on all ends of the conservation spectrum from salmon fishermen to Earth First!. Gonzales says some UO classes will be attending as a field trip.

The Elliott is home to federally listed marbled murrelet, northern spotted owl and Oregon Coast coho salmon, according to Cascadia Wildlands, one of the groups participating in the protest, and the Oregon north coast's Clatsop and Tillamook forests also provide salmon habitat.

The activists will let their opinions be known about logging on the state forests at the State Land Board meeting where Kitzhaber, Secretary of State Kate Brown and Treasurer Ted Wheeler will decide the fate of the trees. "Kitzhaber has a lot more sway in the management of state owned lands than people realize," Gonzales says.

The "Rally to Tell Governor Kitzhaber to Protect Oregon's Forests" starts at 9:30 am Oct. 11 at 775 Summer St. in Salem. A carpool from Cottage Grove will leave the Walmart parking lot at 7:30 am, and the Eugene carpool and buses will leave from behind the FedEx office at 13th and Willamette at 8 am sharp. Organizers encourage getting to the carpool meeting points early. For more info go to <http://wkly.ws/146> or email wearefoof@gmail.com — Camilla Mortensen

biz beat

Lots going on the local business community this fall with dozens of enterprises, for-profit and nonprofit, coming and going and changing. Here are a few we've heard about.

The popular **Tamarack Wellness Center** with its heated salt water therapy pool has been on the edge financially for some time and even shut down its pool this summer. But the nonprofit is back and is inviting the public to open house tours at 3:30 and 4:30 pm Sunday, Oct. 2, followed by a free "Pool of Lights" community celebration from 5 to 7 pm. Tamarack is at 3575 Donald St.

Jennifer Gerrity has opened a new antique store called **Overcast** at 1245 Willamette St. in Eugene. She says she specializes in "dark, rare and unusual items from the past." Moving into the space next door this summer was **Nest**, a mother-daughter art and antique shop. The shops are on the Friday Art Walk circuit.

Not Your Mom's Sandwich Shop is now open at 150 Shelton McMurphy Blvd., Monday through Saturday, 10:30 am to 6 pm. Find it on Facebook at <http://wkly.ws/147>

The Kiva, Eugene's downtown grocery store near the bus station, has completed its interior remodel and that puzzling construction project on the side of the building along 11th Avenue is soon to become a walk-up window for the deli inside. Check out the new public art. Kiva is also on Facebook or check out kivagrocery.com

Willow Creek Baskets is a new biz in town, specializing in unique corporate, new baby, spa and custom gift baskets. Find them on Facebook at <http://wkly.ws/148> or email twosistersbydesign@comcast.net

What's happening with the old **FSEEE headquarters** building on Charnelton near 12th? The nonprofit Forest Service Employees for Environmental Ethics moved a few blocks away in July and building owner Hugh Prichard had the classic old building remodeled. It's now for rent again.

Send suggestions for Biz Beat items to editor@eugeneweekly.com and please put "Biz Beat" in the subject line.

Happening people

BY PAUL NEEVEL



DEBORAH AIKENS

Born in Iowa, Deborah Aikens spent her K-12 school years in Sacramento, where her father worked in state government. "Early on I was aware that I was sensitive to conflict," she says. "I couldn't watch a whole movie or I'd stay up all night." She began her study of physiological psychology at UC Davis, but transferred in 1971 to Berkeley, then a hotbed of antiwar protests. "Bomb threats were part of daily life," says Aikens, who retreated to Davis after two years to finish her degree in a serene environment, "across from horses and cows." She helped to start the Institute of Transpersonal Psychology in Menlo Park and later became a member of its first graduating class, earning a Ph.D. in 1980. "I worked with Dr. Emmett Miller, teaching stress-reduction classes," she says. "I saw how effective they could be to relieve people's suffering." When she and her husband, Marc Aikens, moved to Eugene in 1987, she opened a practice in transpersonal psychology. In 1994, she founded the Northwest Center for Health Promotion, an educational nonprofit that offers classes in stress-reduction and self-care. NCHP's six-week "Renew Your Life" course begins this fall with a free introductory class on Tuesday, Oct. 4. Call 343-0536 to reserve a space.

ACTIVIST ALERT

• Feminist **anthropologist Serena Cosgrove**, Ph.D. will read from her book *Leadership from the Margins: Women and Civil Society Organizations in Argentina, Chile and El Salvador* from 5 to 7 pm Friday, Sept. 30, at Tsunami Books, 25th and Willamette. Sponsored by Environmental Law Alliance Worldwide.

• A fundraising event for County Commissioner **Pete Sorenson** will be from 5 to 8 pm Saturday, Oct. 1, at Tsunami Books. Music, food and beverages will be provided. Call Scott at 345-8986 for visit [www.petesorenson.com](http://petesorenson.com) for more information.

• Eugene's first four-family, **flow-through worm bin** will be inaugurated at a celebration including demonstrations, comments by civic and garden dignitaries, and cider freshly pressed using a

neighborhood apple press. The new bin is a collaboration among Amazon neighbors, the city of Eugene, and the Eugene Masonic Cemetery. The event is 2 pm Sunday, Oct. 2, on East 25th Avenue between University and Onyx. For information, contact sherry@amazonneighbors.com or mulpop@efn.org or call 344-1053.

• **David Oaks of Mindfreedom** will speak on "Climate Crisis, Chamber of Commerce and Boycotting Normal!" at 5:30 pm Wednesday, Oct. 5, at Growers Market upstairs, 454 Willamette. Free. See <http://wkly.ws/145> or call 345-9106.

• The **Board of Lane County Commissioners will have a public hearing** on Oct. 5, at 1:30 pm in Harris Hall on voter redistricting. Some of the proposals the commissioners will consider have raised concerns

that voter districts will be gerrymandered and altered to benefit a conservative majority. Information on the proposals is available at <http://wkly.ws/149>

• A free forum on **recycling and composting** for event organizers, caterers and volunteers will be from 6 to 8 pm Wednesday, Oct. 5, at the Glenwood Transfer Station. RSVP required to kelly.bell@co.lane.or.us or call 682-2059.

• The local Tea Party, aka **9.12 Project Lane County**, will host a talk by Idaho Rep. Curtis Bowers at a meeting from 6:30 to 9:30 pm Wednesday, Oct. 5, at the Garden Way Church, 231 N. Garden Way in Eugene. Bowers will talk about the Communist Party threat to the U.S. See <http://wkly.ws/142> for information.