Ukulele Festival continues. See Aug. 5.

OUTDOORS/RECREATION Obsidians: hike Lowder Mountain, 5.6 miles; get acquainted hike, 2.5 miles, info & sign up obsidians.org

Blackberry bRamble, 7am, Hilyard Community Center, 2580 Hilyard St. $29.

Weekend on the Amazon Staycation continues. See Saturday.

PETS Senior Dog Adoption Special continues. See Friday.

SOCIAL DANCE Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugene-casineros.com for info. $2 sug. don.

Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. $3.

SPIRITUAL Lama Kathy Wesley: Transforming Emotions, video of Tibetan meditation practices to transform disturbing emotions, 11am, Green Phoenix Institute, 352 W. 12th Ave., 345-0102. FREE.

THEATER *Dead Man's Cell Phone* continues. See Thursday, Aug. 4.

A MidPuppet Night's Dream continues. See Friday.

One Flew Over the Cuckoo's Nest continues. See Friday.

Cymbeline continues. See Saturday.

8mon

Sunrise 6:01am; Sunset 8:37pm
Av High 83; Av Low 52

FILM Cool Monday Metaphysical Movies: *Celestine Prophesy*, 6pm, Garden Way Senior Living, 175 S. Garden Way, www.cascade.csl.org Don.

FOOD/DRINK Progressive Picnic, ages 50 & up, 10am-3pm, Willamalane Center, 250 S. 32nd St., Spfd. $17.

GATHERINGS Women in Black Standing for Peace, silent vigil, 5-5:30pm, across the street from old federal building, 7th & Pearl St., info at 343-0063. FREE.

Depression Bipolar Support Alliance: peer support group for people w/mood disorders, 7-8:30pm, First United Methodist Church, 1376 Olive St.

Bingo w/Tom Heinl & Scott K., 9pm, Sam Bond's. FREE.

LECTURES/CLASSES Inquiry Group for the Work of Byron Katie, 6:30pm, info at 686-3223. FREE.

Backpacking the PCT w/Children, 7pm, R.E.I., 306 Lawrence St. FREE.

Anders Halvorsen: *An Entirely Synthetic Fish: How Rainbow Trout Beguiled America & Overran the World*, 7-9pm, Boulevard Grill, 2123 Franklin Blvd.

West African Drum Class w/ Alseny Yansane of Guinea, 1325 Jefferson St. $15.

SPIRITUAL Centering Prayer, 9am, Sacred Heart Hospital Chapel, University District. FREE.

A Jewish Guide to Life, book of Genesis today, 8-9:30pm, contact shmuelshalom@conscious-torah.com for info. $10.

9tues

Sunrise 6:02am; Sunset 8:35pm
Av High 83; Av Low 52

ART/CRAFTS Teens: Learn to Draw w/professional illustrator Marianne Walker, 2pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

BENEFITS Open Mic, benefit for Habitat for Humanity, Axe & Fiddle, 657 E. Main St., Cottage Grove, 942-3878. Don.

Paul & Nancy's Love Truffle plays Cozmic Pizza Thursday, Aug. 4

FILM DIVA's Behind the Lens Seminar: Alfred Hitchcock's *Rope* (1948), 7pm, Baker Center, 325 E. 10th Ave. $3.

Ultramarathon Man, 7:30pm, Cozmic Pizza. FREE.

FOOD/DRINK Creswell Farmers' Market, indoors, 4-6pm, 182 S. 2nd St., Creswell.

Oregon Pour Tuesdays, 6pm, The Cork & Stein Bistro, 2108 Main St., Spfd., 736-9463. $5.

The Corner Market continues. See Thursday, Aug. 4.

Lane County Farmers' Market continues. See Saturday.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.

Parkinson's Support Group of Lane County: "Acceptance as a State of Change" w/Salley Stevens, 10:30am, Campbell Community Center, 155 High St., 741-1688. FREE.

Industrial Workers of the World Meeting, 7pm, Cozmic Pizza. FREE.

Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

KIDS/FAMILIES WREN Wander, binoculars provided, 9-10am, Willow Creek Preserve, turnout at W. 18th near Bertelsen Rd., 338-7047. FREE.

Terrific Twos Storytime, for 2-year-olds w/caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

On the Bayou for Kids & Family, 11am today, Bethel Branch Library; 2pm Wednesday, Sheldon Branch Library; 1pm & 3pm Thursday, Aug. 11, downtown library, 682-8316. FREE.

Chalk Art & Marimba Festival, all ages, noon-1pm, Fountain Plaza, 225 5th St., Spfd. FREE.

LITERARY ARTS Teen Talk book discussion: *When You Reach Me* by Rebecca Stead, ages 12-18, 3:30-5pm, Springfield Library, 225 5th St., Spfd. FREE.

MUSIC Bluegrass Jam, 9pm, Sam Bond's. FREE.

OUTDOORS/RECREATION Wise & Wonderful Yoga, 55 & up, 9:30am, Garden Way Retirement, 175 S. Garden Way, reg. 343-3317. First class FREE.

OBRA Criterium, bike ride, 1K flat oval course, 5:30pm every Tuesday through Aug., Greenhill Technology Park, W. 11th & Terry reg. 521-6529. $15 per race, $50 per month.

Zumba continues. See Thursday, Aug. 4.

Strength Training & Body Sculpting continue. See Friday.

SOCIAL DANCE Eugene Folk Dancers summer session, weekly international folk dancing, 7pm Israeli dance, 8pm international dance, Gerlinger Ballroom 220, UO, info at 344-7591. $4.

SPIRITUAL Practicing Being Peace: silent walking & sitting meditation, 8:20-8:50am, old federal building, 211 E. 7th Ave. FREE.

Open Heart Meditation, drop-in, 5:30-6:30pm, 15 N. Cedar St., 914-0431. Don.

10wed

Sunrise 6:03am; Sunset 8:34pm
Av High 83; Av Low 52

ART/CRAFT Knitting & Craft Night, 6:30pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

FILM Teens: *Scott Piigrim vs. the World*, 2pm, downtown library. FREE.

Made-in-Oregon Movie: *Sometimes a Great Notion*, 8:30pm, Kesey Square, Broadway & Willamette. Don.

FOOD/DRINK Brew Tasting Wednesdays, 6pm, The Cork & Stein Bistro, 2108 Main St., Spfd., 736-9463. FREE.

The Corner Market continues. See Thursday, Aug. 4.

GATHERINGS Petersen Barn Garden Club, 3:30-4:30pm, Petersen Barn Center, 870 Berntzen Rd., reg. 682-5521. FREE.

Peace Vigil, 4:30-5:30pm, old federal building, 211 E. Pearl St., info at 344-9343.

Summer Fun Nights, dinner, crafts, games, 5:30-7:30pm, Petersen Barn, 870 Berntzen Rd. FREE.

Eugene Free School: Spanish Conversation Circle, 6-7pm, Laughing Planet Café, 760 Blair Blvd. FREE.

City of Peace Meeting & potluck dinner, 6:30-8:30pm, Spiritual Growth Center, 390 Vernal Ave.

Bingo Night, 8pm, Rogue Public House, 844 Olive St. FREE.

KIDS/FAMILIES Lapsit Storytime, ages birth-3 w/adult, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6, 10am, Springfield Library, 225 5th St., Spfd. FREE.

Preschool Storytime, ages 3-6 w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.

Family Night: Kids' Open Mic, 6pm, Cozmic Pizza. FREE.

On the Bayou for Kids & Family continues. See Tuesday.

LECTURES/CLASSES "Tapping" workshop: EFT basics for emotional healing, 7-8:30pm, 466 W. 17th Ave., www.yourevolutionsedge.com FREE.

Learn Biblical Hebrew w/ Shmuel Shalom Cohen, every Wednesday, 7:30-9:30pm, email info@eugenehebrewchaburah for info. FREE.