



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY™

HAPPY HEALTHY HOOPING

HEALTH & WELLNESS
Hoop Dance Workshop

Just can't get enough hoop?
Join Tara as we build on the foundation of hooping, adding new techniques and transitions. We'll have lots of fun as we develop our hooping skills and take them to the next level!

Saturday, August 6th from 10:30am-1:00pm

Cost
\$28 for Members
\$35 for Potential members
Space is limited, so make sure to sign-up in advance. Hoops will be provided.
15 years and older, please.

EUGENE FAMILY YMCA
2055 Patterson Street, Eugene OR 97405
P 541 686 9622 W eugeneymca.org

EUGENE WEEKLY'S

NEXT BIG THING

VOTING ENDS
SUNDAY
@ MIDNIGHT

PRESENTED BY:
Northwest
COMMUNITY
CREDIT UNION

LOG ON TO ENTER, LISTEN & VOTE!
NEXTBIGTHINGEUGENE.COM

HOP
valley
BREWING CO.

STRING THEORY STUDIOS
Lucky's
Don Ross Productions
Equus Productions
ROCK 97.9
Pro Sound & Video
Cowfish
EYEBEAM Event Services

calendar



Siobhan dances at Cozmic Pizza Saturday

ON THE AIR Meet the Band Show w/Growwler, 2pm, Comcast channel 29.
“The De’Ampy Soul Hama Show,” camouflage collage attack w/ Kenny Reed Stone Cold Jazz, 10pm, Comcast channel 29.
OUTDOORS/RECREATION Obsidians: hike Ridgeline Trail, 6.2 miles, sign up obsidians.org
GEARs Bike Ride: bRamble full (100 miles) & metric (65 miles) century or 43 miler, 8am, Alton Baker Park, www.eugenegears.org FREE.
Sierra Club Hike: short, steep wildflower hike to Bohemia Mountain & Fairview Peak, 8:45am, South Eugene High School, 400 E. 19th Ave., 683-1190. FREE.
Rock Climbing at the Columns, all skill levels, equipment provided, ages 8 & up, 9-11am, Skinner Butte Park, 2nd & Lincoln. \$10.
SPIRITUAL Meditation for Awakening w/Alan Zundel, 9-10:30 am, 41 W. 19th Ave., www.heartawake.org 510-8804. Don.
Community Kiirtan, all welcome, singing & dancing kiirtan, 6-8pm, 3635 Hilyard St. \$1.
THEATER *Crazy for You* continues. See Thursday, July 28.
Changing Minds continues. See Friday.
Dead Man’s Cell Phone continues. See Friday.
Side By Side continues. See Friday.

VOLUNTEER Civic Stadium Cleanup, bring rake & water bottle, 10am-noon, Civic Stadium.

31sun
Sunrise 5:59am; Sunset 8:38pm
Av High 83; Av Low 52

FOOD/DRINK Fairmount Neighborhood Farmers Market, 10am-2:30pm, 19th & Agate, <http://fairmountmarket.blogspot.com>
Dexter Lake Farmers’ Market, noon-3pm, Dexter State Recreation Site, 39011 Hwy 58, Dexter, see www.dexterlakefarmersmarket.org for info.
Slow Food Eugene: Carts & a Cold One for the School Garden Project & the Farm to School Program, live music, food & beer, 5-8pm, Ninkasi Brewing Patio, 272 Van Buren St., 344-2739. \$15 adv., \$18 door.
GATHERINGS Olde English Flea Markets, 9am-4pm, 2777 MLK Jr. Blvd. FREE.
Crest Drive Green Neighbor (Not Just) Bike Tour, also by foot, examples of gardening, permaculture, green energy, etc., 10am-4pm, meet Ridgeline Montessori School, 3411 Willamette St. FREE.
Drums of Peace, 2-4pm, old federal building, 211 E. 7th Ave. FREE.
Lowell Blackberry Jam Festival continues. See July 29.

KIDS/FAMILIES

Commedia Pinocchio encore performance, 11am, Amazon Park. \$5 for two tickets.
Family Nature Discovery Day, noon-4pm, Cascades Raptor Center, 32275 Fox Hollow Rd.
MUSIC Alder Street Woodwind Quintet, Music to Die For, noon, Hope Abbey Mausoleum, 26th & University. FREE.
Oregon Festival of American Music: George & Ira Gershwin’s *Girl Crazy*, 2pm, Hult Center, www.ofam.org \$11-\$48.
The Whiskey Chasers & dinner, 4-7pm, Shady Oaks Plants & Produce, 77380 Oregon 99, Cottage Grove. \$8.95.
Oregon Tuba Ensemble, 6:30pm, Washburne Park, 20th & Agate.
Matisyahu w/Tea Leaf Green, 7pm, WOW Hall. \$25, \$28 door.
Blackie & the Rodeo Kings, 7:30pm, Unity of the Valley, 3912 Dillard Rd. \$16.50 adv., \$18 door.
Scott Pemberton Trio, rock, jazz, 8:30pm, Sam Bond’s. \$5.
OUTDOORS/RECREATION Obsidians: hike Silver Creek Falls, 7 miles, info & sign up obsidians.org
Native Plant Society Field Trip to Balm Mountain, 4 miles, for the adventurous only, 8am, reg. 937-1401. FREE.
GEARs Bike Ride: Rattlesnake Butte Rd., 58 miles, 9am, Alton Baker Park, www.eugenegears.org FREE.
Tree Climbing Drop-In, ages 10 & up, 6-8pm, N.E. corner Washburn Park, 20th & Agate. \$5.
SOCIAL DANCE Cuban Salsa, 5pm lesson, 6pm social dance, Courtsports, 2728 Pheasant Blvd., Spfd., see www.eugeneecasineros.com for info. \$2 sug. don.
Veselo Folk Dancers, weekly international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 683-3376. \$3.
SPIRITUAL Yoga Attunement (all levels) w/Dave Curtis, 8:45-10am, reg. justbreatheeverybody.com or 515-3614. \$10 adv., \$12 door.
Community Fire Ceremony, 6:30pm, Avalon Lodge, 5210 Canyon Dr.
THEATER *Dead Man’s Cell Phone* continues. See Friday.
Side By Side continues. See Friday.

2tues
Sunrise 6:02am; Sunset 8:35pm
Av High 83; Av Low 52

BENEFITS *Life Cycles*, ride-in bicycle movie night, benefit for bike volunteer organizations, 8pm, 272 Van Buren St. FREE.

FILM DIVA’s Behind the Lens Seminar: Alfred Hitchcock’s *Notorious* (1946), 7pm, Baker Center, 325 E. 10th Ave. \$3.

FOOD/DRINK Creswell Farmers’ Market, indoors, 4-6pm, 182 S. 2nd St., Creswell.
Oregon Pour Tuesdays, 6pm, The Cork & Stein Bistro, 2108 Main St., Spfd., 736-9463. \$5.
The Corner Market continues. See Thursday, July 28.
Lane County Farmers’ Market continues. See Saturday.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 6:45-8:15am, Original Pancake House, 782 E. Broadway, call 343-3743 for info. FREE.
National Night Out in Your Neighborhood: goody bags, door prizes, refreshments, Police Chief Jerry Smith, McGruff the Crime Dog & police K-9 units, 5-7pm: Guy Lee Park, Meadow Park, Page Park, Willamalane Park; 6:30-8:30pm: Tyson Park, Bluebelle Park, Thurston Park. FREE.
Trivia Night, 7pm, Divine Cupcake, 1680 W. 11th Ave. FREE.

KIDS/FAMILIES Terrific Twos Storytime, for 2-year-olds w/ caregivers, 10:15am & 11am, downtown library, info at 682-8316. FREE.
The Commedia Puss in Boots continues. See Thursday, July 28.
Tales Around the World for Kids & Family, 11am today, Bethel Branch Library; 2pm Wednesday, Sheldon Branch Library; 1pm & 3pm Thursday, Aug. 4, downtown library, 682-8316. FREE.

LITERARY ARTS Book Reading & Signing w/Laurie Notaro, 7pm, Barnes & Noble, 1163 Valley River Dr. FREE.

MUSIC Oregon Festival of American Music: George & Ira Gershwin’s *Girl Crazy*, 10am, The Shedd, \$11-\$48; Battleground 1950s, 5pm, The Shedd; Embraceable You, 8pm, The Shedd, \$24-\$36 www.ofam.org
Bluegrass Jam, 9pm, Sam Bond’s. FREE.

OUTDOORS/RECREATION Wise & Wonderful Yoga, 55 & up, 9:30am, Garden Way Retirement, 175 S. Garden Way, reg. 343-3317. First class FREE.
OBRA Criterium, bike ride, 1K flat oval course, 5:30pm every Tuesday through Aug., Greenhill Technology Park, W. 11th & Terry reg. 521-6529. \$15 per race, \$50 per month.
Eugene Emeralds vs. Tri-City, 7:05pm through Aug. 6, PK Park, 342-5367. \$6-\$12 per game.
Zumba continues. See Thursday, July 28.
Strength Training & Body Sculpting continue. See Friday.

SOCIAL DANCE Eugene Folk Dancers summer session, weekly international folk dancing, 7pm Israeli dance, 8pm international dance, Gerlinger Ballroom 220, UO, info at 344-7591. \$4.

SPIRITUAL Practicing Being Peace: silent walking & sitting meditation, 8:20-8:50am, old federal building, 211 E. 7th Ave. FREE.

GATHERINGS Women in Black Standing for Peace, silent vigil, 5-5:30pm, across the street