

LIFE WORKS Couples & Singles Counseling. School of Hypnosis. New class begins June 25th. Lifeworks-or.com, 541-744-6655. Visa/MC/Discover/AMEX accepted.

LOSE WEIGHT Stop smoking with Hypnotherapy. Covered by most insurance, available weekends. Shoshannah Theille, CHT, 541-684-3965.

Massage

ANNIE, EXPERIENCED MASSAGE THERAPY in professional, private setting, South Eug. Gentle, deep, intuitive work. Introductory discounts. WWW.BRIGHTSTARMASSAGE.COM 541-228-4383. License #13683

MASSAGE FOR STRESS and pain relief, relaxation & overall health. Fragrance-free. Jayne Syverson 689-5303. Lic#4866

Women's Health

AFFORDABLE MASSAGE & SELF CARE Acupressure & Sports Massage. Bounce back from injuries. Carole Bennett 541-485-1007. #4030

Yoga

FREE YOGA & MEDITATION CLASSES. Relax body, mind, spirit. Thurs 7-8pm. 1st United Methodist, 1376 Olive. 541-686-0506

SUNDAYS AT EUGENE YOGA Intermediate Yoga at 9:30 am, Gentle at 10 am, Community Yoga 4:30 pm - an all levels class for only \$5 drop-in, cash/check only. Friday Flow 5:30-7 pm See our website www.eugeneyoga.us for over 35 weekly classes and specialized workshops.

HOME SERVICES

Building/Remodel

CONCRETE CONTRACTOR Residential, Commercial & Industrial concrete contractor with 20+ years of experience. Licensed, Bonded & Insured. CCB #64344. Scott Brown Construction Inc. CALL 541-726-7706.

OREGON STATE LAW requires anyone contracting for construction work to be licensed with the Construction Contractors Board. An active license means the contractor is bonded & insured. Verify CCB licenses at: www.hirelicensedcontractor.com

Carpet Cleaning

CRAIG'S PRO CARPET CLEANING 3 rooms \$69 w/Scotchgard \$99. Sofa & loveseat \$99. Call/text 541-513-6682. czitro22@comcast.net

Chimney Sweep

PROFESSIONAL CHIMNEY SERVICES 35 yrs+ experience. Jolly Good Chimney Sweep. David Stuart Bull Esq. CCB#51931. Call 541-344-5571

Cleaning

CONNIE'S CLEANING 1 time, monthly, weekly/bi-weekly. 20 yrs experience. Starting at \$15/hr. Great references. 222-0060

SPARKLE & SHINE Excellent housecleaning services. No job too big. Call for quote. Michele, 541-607-1137 or 541-357-2716.

General Services

WE DO ANY WORK! Our company does tree topping, lot clearing, roads maintained, logging, grader, operator work, demolition, you name it. 5412901751 jeremy

Maintenance/Repair

NEED A HAND? I'm your man. Affordable. Local references. Sean Cannon 541-221-3533. Senior discounts.

Painting

CUSTOM QUALITY HOUSE PAINTING by ArtTrek. Interior, Exterior. Faux Finish. Lead Safe. www.arttrekinc.com 683-0626. ccb#62677

Plaster Stucco

INDEPENDENT PLASTERING & STUCCO, LLC. New remodel & old. 22 years. CCB# 151757. Greg 541-747-1287

Recycling

TOTALLY FREE APPLIANCE & SCRAP REMOVAL Freezers, microwaves, washers, etc. Junk, trash, old hot tubs, yard work. Spring cleanups. Jim Calhoun & Gus Ramirez 541-953-6675 or 541-514-4283

Yard & Garden

\$35 AVG YARD front & back will include FREE trimming & edging. Property clean-up, moving & hauling, window washing in/out avg. house \$75. GUTTERS \$65 AVG HOUSE. Call 24/7. 541-852-9479 CAN DO MANY OTHER THINGS

ANGEL'S GARDEN SERVICE Cleanup, mow, edge, weed, pressure wash & more. Reasonable rates. Commercial/residential 541-517-6162

ANY YARDWORK Hauling. Extreme yard cleanups. Mowing, hedges, edging, high grass cutting. Brush, blackberry cutting. Free bids. 541-345-5128. Chainsaw work

POSITIVE YARD & GARDEN All types of landscape work, organic and balanced approach. (541) 357-0584

TOM'S TOUCH Mow, edge, weed & trim, shrub & perennial care, light pruning & tilling. Weekly, bi-monthly seasonal maintenance. Cleanups, hauling. Reasonable rates. 541-913-2623

YARD WORK Leaf raking, weed whacking, mowing & light painting. Leave message for Dave 541-349-0598. Weeding a specialty

PRO. SERVICES

Appearance & Beauty

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Dance

LEARN BALLROOM Latin, Swing dance from fun professional instructors Laura and Robert. Private, Group, Saturday Dance. 541-342-3058 dancelaurarobert@riouasa.com

Film/Video/Photography

COMMUNITY TELEVISION (Comcast channel 29) offers hands-on classes in Studio, Field & Digital Editing. For info call 541-790-6616 or info@ctv29.org

Language

SPANISH CONVERSATION CLASSES tutoring, discussion groups, speaking practice in Spanish & English; Spanish.amigos@gmail.com; spanish.meetup.com/939/

REAL ESTATE

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RENTALS

Commercial

CORNER 43RD & MAIN Springfield. Free standing bldg, high traffic, 1800 sq ft. \$1500/mo. Also, adjacent lot, great kiosk location, \$750/mo. Bonnie Baker, Broker, 541-337-9717.

Apartments

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Homes

2326 OAKWAY TERRACE 4-bdrm, 2-ba, 2 car garage, quiet. Close to UO, bikepath, parks. New floors, bathrooms, paint. \$1,600/mo. 541-337-9717

6 BEDROOM HOUSE Close to Park! Beautiful home at 1431 W Broadway, \$1650/mo. Available Early September! Apply now at www.CampusRental.com

7 BEDROOM HOME in Eugene's Downtown Area. Perfect for an artist residence! 543 Lawrence, 4200 sq. ft. Available Early September! Apply now at www.CampusRental.com

TWO ROOM RUSTIC CABIN Share kitchen and bathroom with main house. Yoga, natural foods, tai chi, meditation. \$450 per month includes utilities 541.345.2889

Shared Housing

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ROOMS FOR RENT Weekly rates, furnished. Includes utilities, laundry, Internet, cable, kitchen. In Springfield 541-505-7756

SPORTS

Golf

GOLF LESSONS PGA Professional Sean McGowan will help you with your game at RiverRidge Golf Course. Learn the fundamentals & have fun. Call Sean 541-510-1241. Email: seanemcgowan@gmail.com

AUTOS

Motorcycles

2005 SUZUKI GSX-R 750 in good condition For sale \$2,000. Contact nelsonleenhaut@yahoo.com for more information

DATING SERVICES

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