

How Can I Talk To The Community?

CTV 29 541-683-1634
info@CTV29.org

YOGA WEST

3635 Hilyard • 686.0432

Kundalini Yoga & Meditation

as taught by Yogi Bhajan
first two classes for the price of one
www.yogawesteugene.com

Got Stress?

The Total Relaxation Center
Is your destination to relaxation!
Ask about our 3/30/30 special
Grand Opening Specials
Pain...Stress...Relaxation
Harmonic Vibration Therapy
is your answer
175 E 15th Av 541-255-6089

Sandra Norris Wheeler LMT

(541)343-4415
Over 28 Years Professional Experience
Welcoming New Clients • LMT #1610

Excellent Pain & Injury Recovery
Highly Effective Stress Reduction
Addressing Symptoms & Enhancing Health Using Advanced Skills
www.sandranwheeler.com

Staying Healthy Through Cancer

An Afternoon of Empowerment Skills
Taught by Cancer Survivors
May 7, 1:30-4:30 \$39 advance/\$45 day of

Yoga for Office Workers Workshop

Chair techniques to ease stress and discomfort.
Monday, May 9, 6-8 pm \$29 advance/\$35 day of

Immerse Yourself in Yoga

with the Maha Challenge, May 2-31, \$30 ~ 30 days
Free Info Session: May 1, 5:30 pm

EUGENE YOGA

A SANCTUARY FOR BODY, MIND, SPIRIT
MORE than 30 weekly classes including Zumba, Nia
541-520-8771 • www.eugeneyoga.us

BIKRAM'S YOGA

COLLEGE OF INDIA

EXPANDED SCHEDULE

INTRODUCTORY PACKAGE
\$20 for 10 Days
This is a 90 minute total body workout in a room heated to 105 degrees.

	M	T	W	TH	F	SA	SU
6:30am	•	•	•	•	•		
7:00am						•	
9:00am	•	•	•	•	•	•	•
12:00pm	•	•	•	•	•		
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•		

FIRST CLASS: Arrive 20 minutes early - Bring a large towel & water bottle
Wear gym shorts & a tank top - Don't eat for 2-3 hours before class
Be prepared to work hard & sweat!

820 Charnelton • 349-9642

Nancy Mac, CHT

counseling
hypnotherapy

- changing old patterns to allow new choices
- creating healthy relationships

Individuals/Couples
485-4559 • www.nancymac.net
sliding scale

Ker Cleary, M.A.

ClearHeart Counseling

- Meditation Classes
- Bach Flower Remedies
- Channeled Guidance
- Mindfulness-based Counseling

541.349.0595
www.ClearHeartCounseling.com

Ray of Light Body Works LLC

Kate Morgan: BS, LMT #13941, RYT, Reiki III.
Specializing in
massage for women.

Lomi Lomi, Pre and Post Natal, MVA's
INSURANCE BILLING **541-729-2138**



www.eugenecycles.com

LIFE WORKS

ROBERT REID
SCOTT HALL
541-744-6655

WHERE SHIFT HAPPENS

Life Works School Of Hypnosis

Hypnotherapy Certifications
NEW CLASSES FOUR TIMES A YEAR
Singles & Couples Counseling
Hypnotherapy Services
Emotional Freedom (EFT)

[Lifeworks-or.com](http://www.lifeworks-or.com)



Shamanism gives you new tools to transform your life

DAVID LANG
Shamanic Guide

683-3756 URBAN SHAMANISM
www.urbanshamanism.com

Evening appointments
Student/Senior Discounts - Auto accident

Sports Massage Plus

Leslie Shawver, LMT
541-870-7245
www.sportsmassageplus.net

Sports, Deep Tissue, Trigger Point for injury, treatment, stress relief, and chronic pain

improved performance, mental focus, and well-being

1907 Garden Ave., Suite 205, Eugene

ew CLASSIFIEDS TO PLACE A CLASSIFIED AD CALL 484.0519

expense. TO REQUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane County Juvenile Department, 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, phone number 541/682-4726, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one as soon as possible. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and order you to appear personally and may schedule other hearings related to the petition and order you to appear personally. IF YOU ARE ORDERED TO APPEAR, YOU MUST APPEAR PERSONALLY IN THE COURTROOM, UNLESS THE COURT HAS GRANTED YOU AN EXCEPTION IN ADVANCE UNDER ORS 49B.918 TO APPEAR BY OTHER MEANS INCLUDING, BUT NOT LIMITED TO, TELEPHONIC OR OTHER ELECTRONIC MEANS. AN ATTORNEY MAY NOT ATTEND THE HEARING(S) IN YOUR PLACE. **PETITIONER'S ATTORNEY** Sarita D. Glassburner, OSB #012611, Assistant Attorney General, Department of Justice, 975 Oak Street, Suite 200, Eugene, OR 97401. Phone: (541) 686-7973. ISSUED this 13th day of April, 2011. Issued by: Katherine M. Blaser, OSB #824204, Senior Assistant Attorney General, for Sarita D. Glassburner, OSB #012611, Assistant Attorney General, Of Attorneys for Petitioner.

IN THE CIRCUIT COURT FOR THE STATE OF OREGON FOR THE COUNTY OF LANE Department of Probate CASE # 50-11-03695 **NOTICE TO INTERESTED PERSONS** In the Matter of the Estate of CHEN-WEN TU, deceased. NOTICE IS HEREBY GIVEN that on April 1, 2011, Wenli L. Mithal was appointed and deemed qualified to act as the personal representative of the above estate. All persons having claims against the estate are hereby required to present these claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative, at 1080 Windsor St, San Jose, CA 95129, or sent to the personal representative, in care of Richard Huhtanen, Attorney, 142 W. 8th Ave, Eugene, OR 97401. (541) 465-9112, or they may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative or the attorney for the personal representative. DATED AND FIRST PUBLISHED: April 21, 2011. Richard Huhtanen OSB #88230, 142 W. 8th Ave, Eugene, OR 97401. (541) 465-9112.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate

Department In the Matter of the Estate of DOROTHY LILLIAN MOORE, Deceased. Case No. 50-11-00036 **NOTICE TO INTERESTED PERSONS** NOTICE IS HEREBY GIVEN that Marcia Sue Lefevre has been appointed personal representative of this estate. All persons having claims against the estate are required to present them, with vouchers attached, to the personal representative c/o Robert Cole Tozer, Attorney at Law, 975 Oak St., Suite 615, Eugene, OR 97401, (541) 345-0795, within four months of the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court, the personal representative, or the personal representative's attorney, Robert Cole Tozer. DATED and first published April 7, 2011. Personal Representative /s/ MARCIA SUE LEFEVRE

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department In the Matter of the Estate of LELA GRACE WARTHEN, Deceased. Case No. 50-11-05223 **NOTICE TO INTERESTED PERSONS** NOTICE IS GIVEN that Robert Cole Tozer has been appointed personal representative of this estate. All persons having claims against the estate are required to present them, with vouchers attached, to the personal representative Robert Cole Tozer, Attorney at Law, 975 Oak St., Suite 615, Eugene, OR 97401. (541) 345-0795, within four months of the date of first publication of this notice, or the claims may be barred. All persons whose rights may be affected by the proceedings may obtain additional information from the records of the court or the personal representative, Robert Cole Tozer. DATED and first published April 14, 2011. Personal Representative /s/ Robert Cole Tozer

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Probate Department In the Matter of the Estate of DONALD MACDONALD, Deceased. Case No. 50-11-05030 **NOTICE TO INTERESTED PERSONS** NOTICE IS HEREBY GIVEN that Galina N. Macdonald has been appointed as Personal Representative of the Estate of Donald Macdonald, Deceased. All persons having claims against the Estate are required to present them with vouchers attached to the Personal Representative in care of her attorney Richard L. Larson at the address listed below, within four months after the date of first publication of this Notice, or the claims may be barred. All persons whose rights may be affected by these proceedings may obtain additional information from the records of the court, the Personal Representative, or her attorney, Richard L. Larson, OSB #77255, Johnson, Clifton, Larson & Schaller, PC, 1050 Citizens Building, 975 Oak Street, Eugene, Oregon 97401-3124. Telephone: 541-484-2434. Fax: 541-349-5098. Email: rlarson@jlslaw.com

NOTICE IS HEREBY GIVEN that Alan L. Smith has been appointed and has qualified

as the personal representative of the Estate of Dorothy Margaret Schultz, deceased, in Lane County Circuit Court Case 50-11-06408. All persons having claims against the estate are hereby required to present their claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative c/o Tami S.P. Beach, 1184 Olive Street, Eugene, OR 97401, or the claims may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative, or the attorney for the personal representative. Date of first publication: April 21, 2011. Alan L. Smith, 4055 Berrywood Drive, Eugene, OR 97404. Tami S.P. Beach, 1184 Olive Street, Eugene, OR 97401.

TRUSTEE'S NOTICE OF SALE
The trust deed to be foreclosed pursuant to Oregon law is referred to as follows (the "Trust Deed"): Grantor: Daniel Barrong. Trustee: Fidelity National Title Co. Beneficiary: Selco Community Credit Union. Date: May 16, 2007. Recording Date: May 18, 2007. Amount: \$151,500.00. Recording Reference: Instrument No. 2007-033840. County of Recording: Lane County. The Successor Trustee is Patrick L. Stevens and the mailing address of the Successor Trustee is: Patrick L. Stevens, Successor Trustee, Hutchinson, Cox, Coons, DuPriest, Orr & Sherlock, P.C., 777 High Street, Suite 200, P.O. Box 10886, Eugene, OR 97440. The Trust Deed covers the following described real property in the County of Lane and State of Oregon, ("the Property"): PARCEL 1, LAND PARTITION PLAT NO. 2002-P1580, RECORDED JUNE 12, 2002, RECEPTION NO. 2002-045374, LANE COUNTY OFFICIAL RECORDS. Commonly known as 88103 - 6th Street, Veneta, OR 97487. APN: 0522472. Both the Beneficiary and the Trustee have elected to sell the said real property to satisfy the obligations secured by said trust deed and an Notice of Default has been recorded pursuant to Oregon Revised Statutes 86.735(3); the default for which the foreclosure is made is Grantor's failure to pay when due the following sums: The monthly installment payments of \$824.90 beginning January 1, 2010 and continuing through the installment due November 1, 2010, plus interest and late charges; real property taxes, plus interest and penalties; and other liens and penalties. Total default as of November 23, 2010 is \$11,367.68. By reason of said default, the beneficiary has declared all sums owing on the obligation secured by the trust deed immediately due and payable, those sums being the following to wit: \$149,357.64, together with the sum of \$4,752.32, which represents unpaid contractual interest, late charges and penalty fees through November 23, 2010, together with interest on the principal sum of \$149,357.64 at the rate of 5125% per annum from November 24, 2010 until paid, together with insurance paid by the Beneficiary on the property, late charges

Massage Therapy

Using highly effective, proven massage techniques to help you achieve relaxation or pain relief.
By appointment Tuesday-Saturday

Robert Phaigh, LMT (Lic. #1670)
Reasonable rates 541-688-2423

THIS COUPON IS GOOD FOR

1 Hour of Massage @ \$40
1 1/2 Hours of Massage @ \$55

Let it Shine Massage

Jayne Syverson, LMT
License 4866
Call for Appointment
(541) 689-5303
Gift Certificates Available



Kathryn Overby,
LMT LIC #5303
Massage Therapy
541-556-0507
333 N. Polkst Eugene
Prenatal Massage
Hot Stone Massage
Deep Tissue
Therapeutic Treatment

www.kathrynoverbylmt.com

ROLFING®

Insightful bodywork that makes a difference

IMPROVE POSTURE
DEVELOP EASE OF MOVEMENT
RELIEVE CHRONIC PAIN

MARK DONAHUE
Certified Advanced Rolfer™
Rolf Movement Practitioner

20 Years of Experience. License #14017 (541) 232-7630
CREDIT CARDS ACCEPTED

Relieve Stress Massage

Take Time Out

Give Your Body The Attention it Deserves

Lucia McKelvey, LMT
541.683.3286 Days, Evenings, Weekends
Nationally Certified LIC. # 8250

Medical Marijuana is Safe and Effective.

If you or a loved one has cancer, AIDS, hepatitis, glaucoma, chronic pain, multiple sclerosis, epilepsy, a gastrointestinal ailment such as IBS, Crohn's disease, or the inability to eat, our doctors can help you get a legal medical marijuana permit.

The Hemp and Cannabis Foundation

1-800-723-0188
www.thc-foundation.org