

am-6 pm M-F, 9 am-5 pm Sa, 10 am-5 pm Su. All major cards. \$.

PERK AND PLAY COFFEEHOUSE

2866 Crescent Ave. 579-1300.
Hand-crafted quality espresso served with a playful attitude in a relaxed, comfy environment. Well-trained baristas who create latte art. Locally roasted organic coffee. Located one block north of Costco. 6 am-5 pm M-F, 7 am-noon Sa. \$.

PERUGINO

767 Willamette St. 687-9102.
An Italian-style coffeehouse serving espresso drinks, a variety of fine pastries, wine by the glass and to go European and domestic microbrew beers. Now carrying Euphoria Chocolates. Some OG/LG. Wheelchair accessible. 8 am-8 pm M-W, 8 am-10 pm Th, 8 am-11 pm F & Sa, 10 am-4 pm Su. All major cards. \$.

THEO'S COFFEEHOUSE AT THE STRAND

199 W. 8th Ave. 344-6491.
Serving breakfast, lunch: Full City coffee and espresso, pastries, chocolates, oatmeal, croissant breakfast sandwiches, rice bowls and more. 6 am-9 pm M-F, 9 am-9 pm Sa, 9 am-1 pm Su. V/ MC/D. \$.

VERO ESPRESSO HOUSE

205 E. 14th Ave. 654-0504.
Serving Stumptown coffee and espresso, fruit smoothies and premium loose leaf teas. Pastry items, breakfast and lunch available. Wi-Fi. LG. Wheelchair accessible. 7 am-7 pm daily. MC/V. \$.

WANDERING GOAT COFFEE CO.

268 Madison. 344-5161.
www.wanderinggoat.com
Dedicated to bringing fresh perspectives to traditional craft roasting and committed to sourcing, roasting and serving the highest quality sustainable coffees. Café is a music and art venue serving fresh organic pastries and food with organic beer and wine selections. 7 am-11 pm M-W, 7 am-midnight Th & F, 8 am-midnight Sa, 8 am-10 pm Su. MC/V. \$.

★ Best Coffee

- ★ Best Service
- ★ Best Place to Eat When You're Not Paying, Third Place

BOULEVARD GRILL, THE

2123 Franklin Blvd. 686-2020.
www.theboulevardeugene.com
Steaks, chops and chicken with fresh seafood. Specials daily. Outdoor dining. Private dining space for 10-40 people. Rush hour menu 4 pm-6:30 pm and 9 pm-close daily. Reservations recommended. Some LG. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, 4 pm-11 pm Sa, 4 pm-9 pm Su. AE/V/MC/D. \$\$\$.

NIB MODERN EATERY

769 Monroe St. 485-1269.
A small restaurant currently featuring a rotating European menu and serving plated desserts made with intense creative spirit. Some OG/LG. 6 pm-11 pm W & Th, 6 pm-midnight F & Sa, Sunday brunch 10 am-3 pm. All major cards. \$\$.

PACIFIC GRILL

205 Coburg Rd. (Red Lion Hotel). 342-5201.
Full service restaurant serving continental and American cuisine. LG. Wheelchair accessible. 6 am-2 pm & 5 pm-9 pm M-Th, 6 am-10 pm F-Su. Misty's Lounge open daily. All cards. \$-\$\$.

RABBIT BISTRO & BAR, THE

2864 Willamette St., Suite 300. 343-8226.
Bistro menu served from lunch through dinner featuring local, sustainable produce. French

onion soup, niçoise salad, mussels, braised lamb, trout and more. No substitutions or separate checks. Some OG/LG. 11:30 am-10 pm daily. All major cards. \$\$.

RATATOUILLE

2729 Shadow View Dr. (Crescent Village). 344-0203.
www.ratatouillebistro.com
Ratatouille's recent move comes with a menu expansion - the formerly vegetarian restaurant is now serving meat, fish and poultry. Chef Eric Bertrand focuses on traditional French recipes using Oregon ingredients. Ratatouille is committed to "organic, local, fresh ingredients, striving for both environmental harmony and delicious flavor." OG/LG. Serving breakfast, lunch and dinner daily. MC/V/D. \$\$\$\$.

SUPREME BEAN COFFEE COMPANY

2864 Willamette St., Suite 500. 485-2700.
Serving breakfast, brunch, lunch and dinner. More than just coffee drinks are offered at this bistro in South Eugene's Woodfield Station. Paris-style crepes, Sweet Life desserts and panini sandwiches await in flower-filled surroundings. Beer, wine and free live music. Some OG/LG. 6:30 am-6 pm M-Th, 6:30 am-8 pm F, 7 am-6 pm Sa & Su. MC/V. \$\$.

VINTAGE, THE

837 Lincoln St. 349-9181.
Serving lunch, dinner, weekend breakfast: Sweet and savory crepes, fondue, sandwiches, salads, appetizers and more. Intimate atmosphere in a cozy house built in 1873. Outdoor seating. Live music on weekends. Cocktails and local beers. Vegetarian entrees. Open at 11 am weekdays and 9 am weekends. MC/V. \$\$.

- ★ Best Cocktails
- ★ Best Happy Hour, Third Place

Delis

AQUILA & PRISCILLA'S

1843 Pioneer Pkwy. East, Springfield. 744-1700.
www.aquilaandpriscillas.com
Serving breakfast, lunch, dinner. Upscale atmosphere with quick cuisine: hot pastas, sandwiches, gourmet soups, garden fresh salads. Vegetarian entrees. Full espresso bar and baked goods. Fireplace and comfy seating, meeting room, free wireless internet. 7 am-8 pm M-F, 8 am-8 pm Sa. MC/V. \$.

BARRY'S ESPRESSO BAKERY & DELI

2805 Oak St. 343-6444.
804 E. 12th Ave. 343-1141.
Serving Jewish & N.Y. bakery style food: challah, rye, bialys, knish, cheesecake, black &

whites, matzo ball soup, Hungarian mushroom, creamy tomato and many others. Deli sandwiches, quiche, the breakfast sandwich, breakfast sweets, all day treats, all made in-house. Serving organic coffee and espresso. Wheelchair accessible. Oak St. hours: 6:30 am-6 pm M-Sa, 7:30 am-5 pm Su. Campus hours: 7 am-midnight M-F, 11 am-midnight Sa, 10:30 am-6 pm Su. Some cards. \$.

BIER STEIN, THE

345 E. 11th Ave. 485-2437.
Serving lunch and dinner: Soup, salads, sandwiches, grilled panini and appetizers. Vegetarian entrees. Try one of more than 1,000 bottles of beer or one of ten beers on draft. Selected Oregon wines also available. 11 am-11 pm M-Sa, 4 pm-11 pm Su. MC/V. \$-\$\$.

★ Best Beer Selection

BIG TOWN HERO

1810 Willamette St. 345-3838.
3215-A W. 11th Ave.
Hot and cold sandwiches made on handmade white, wheat and onion bread. Soup, salad and panini sandwiches. Specializing in office party events. 10 am-8 pm M-F, 11 am-7 pm Sa & Su. V/ MC/AE. \$.

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*Steven Yeager
Willamette National Forest, Oregon
mountain rose herbs*

A Passion for Plants

I first gazed upon the pearly bloom of a *Trillium ovatum* 15 years ago. When I began to study botany and wildcrafting in the Cascades that year, I discovered that these enchanting lilies were being harvested and sold on the herb market. The thought of our old growth forests without the beloved western *Trillium* was heartbreaking. Thankfully, I was not alone and through conservation we can still enjoy these harbingers of spring.

Today, I teach my students that ethical wildharvesting requires a relationship not only with the plants we use, but with the complex ecosystems where the plants grow. With that relationship comes the immense responsibility of stewardship.

It's this commitment to stewardship that shapes my work as Quality Control Manager at Mountain Rose Herbs. I strive to raise industry standards and preserve our ethical foundation, and will never compromise the quality of herbal products we carry or the health of the unique ecology we all treasure.

Steven Yeager
Lab & Quality Control Manager

mountain rose herbs
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