

HOME SERVICES

Building/Remodel

TIMMERMANN CONSTRUCTION Kitchen, bath remodels, painting, tile work. Quality since 1981. CCB#121380. Mike 541-729-8201

Chimney Sweep

PROFESSIONAL CHIMNEY SERVICES 35 yrs+ experience. Jolly Good Chimney Sweep. David Stuart Bull Esq. CCB#51931. Call 541-344-5571

Cleaning

CONNIE'S CLEANING 1 time, monthly, weekly/bi-weekly. 20 yrs experience. Starting at \$15/hr. Great references. 222-0060

ECO-FRIENDLY CLEANING for business & residential. Experienced, excellent references, reliable. Non-smoking. Lisa 285-6125

ECO-FRIENDLY HOUSEKEEPING Reliable housekeeper with excellent references now taking new clients. Call Michelle 541-285-1252

Maintenance/Repair

FREE ROOF INSPECTION. Leak repairs and gutter cleaning. Specializing in flat and composition roof replacement. Call Justin (541) 232-6344 OL&P, LLC CCB #172978

GUTTER BROTHERS LLC Gutter & roof clean, moss removal, yard maintenance, handyman. 541-729-6614. GutterBrothersGo.com Senior Disc.

NEED A HAND? I'm your man. Affordable. Local references. Sean Cannon 541-221-3533

Painting

CUSTOM QUALITY HOUSE PAINTING by ArtTrek. Interior, Exterior. Faux Finish. Lead Safe. www.arttrekinc.com 683-0626. ccb#62677

Recycling

JIM CALHOUN & GUS RAMIREZ Recyclers since 1989. Junk, trash, old hot tubs, yard work, totally free appliance & scrap removal. Spring cleanups. 541-953-6675 or 541-514-4283

Yard & Garden

ANGEL'S GARDEN SERVICE Cleanup, mow, edge, weed, pressure wash & more. Reasonable rates. Commercial/residential 541-517-6162

GET IT DONE Weeding, pruning, edging, hedging, mowing, ivy/blackberry removal. Hauling. Call Janice 344-1968. janicesunseri@yahoo.com

MKB GARDENING SERVICE Master Gardener. 20 years experience. Complete lawn and garden care, specimen pruning, plantings and cleanup. Martina, 541-688-1619.

VAN'S YARDCARE One time cleanups or weekly/bi-monthly. Environmentally conscious, energetic. Leaves, english ivy, berries, digging, weed, prune. 24 years, insured. 541-343-2790

Home Services

\$ Pay SIGNIFICANTLY less on bills! Ask me how. Ron/Gen 541-513-1776 \$

PRO. SERVICES

Tutoring

CONTEMPLATING HOMESCHOOL? Consultations, resources, and curriculum building. Call Michelle at 541-285-1252

Appearance & Beauty

JUST FOR YOU...HAIR DESIGNS Specializing in designer cuts & colors. Oebius Method-A blue print for cutting hair. Master Colorist Madelynn Ortega. 910 Lincoln St. 541-505-4622

Attorney/Legal

ESTATE PLANNING FOR ANIMALS Wills/Trusts; Real Estate; Business. Honest attorney 30+ years of experience; 5th generation Oregonian. Richard Fairclo 541-891-9778

Automotive

BUYING UNWANTED VEHICLES \$300 cash paid for any complete car, truck, equip running or not. Any condition with/without title. 541-914-1137

Dance

LEARN BALLROOM Latin, Swing dance from fun professional instructors Laura and Robert. Private, Group, Saturday Dance. 541-342-3058 dancelaurarobert@riousa.com

Film/Video/Photography

COMMUNITY TELEVISION (Comcast channel 29) offers hands-on classes in Studio, Field & Digital Editing. For info call 541-790-6616 or info@ctv29.org

Language

PRONTO SPANISH Native experienced instructors. All levels. Emphasis on conversation. 6-week course \$65, 7-8:30pm. 541-485-6647. mrizik@aol.com

SPANISH CONVERSATION CLASSES tutoring, discussion groups, speaking practice in Spanish & English. Pattie 343-2058; Spanish. amigos@gmail.com; spanish.meetup.com/939/

Optical Services

SEMLER OPTICAL SERVICES Exams, Glasses, Contact Lenses. John D. Wellwood, O.D. 1350 Chambers St. 541-345-8734

WELLNESS

Astrology

SUSAN DEARBORN JACKSON MS., Depth Astrology 541-771-3088

Bodywork

CHRONIC PAIN? Try Rolfing. Jeffrey Burch LMT #9092, 541-689-1515 jeffreyburch.com

MASSAGE THERAPY Car accidents, whip lash, chronic pain, relaxation. Insurance accepted, avail weekends. Shoshannah Thielle, 541-684-3965.

Classes

COME WITH AN OPEN HEART & MIND leave with your Reiki 1 certification. Mar 12-13, 9a-4p. Call Amie Chaudoir, RMT with Reiki results to register: 541-514-4896

Counseling

STRESS MANAGEMENT/RECOVERY COUNSELING Uncomfortable with groups? Individual sessions with a sliding fee scale. Call Jim Blandford at 541 357 2707

Wellness

FIBROMYALGIA is tameable! Fibromyalgia Care Center of Oregon, located in Eugene. 541-654-0850.

THE WELLNESS ENDEAVOR Quantum bio-feedback, spiritual coaching, nutritional consulting, crystal healing. 541-232-9036

Hypnotherapy

HYPNOSIS is a powerful tool for change. Stress? Health issues? Smoking? Weight loss? Anxiety? Phobias? Pregnancy? Nancy Mac, CHT 541-485-4559 www.NancyMac.net

Massage

ANNIE, EXPERIENCED MASSAGE THERAPY in professional, private setting, South Eug. Gentle, deep, intuitive work. Introductory discounts. WWW.BRIGHTSTARMASSAGE.COM 541-228-4383. License #13683

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Yoga

FREE YOGA & MEDITATION CLASSES. Relax body, mind, spirit. Thurs 7-8pm. 1st United Methodist, 1376 Olive. 541-686-0506

SUNDAY YOGA at EUGENE YOGA, a sanctuary for body, mind, spirit 9:30 AM Awaken Your Spirit/intermediate level 10:00 AM Rest and Rejuvenate/gentle level see our website for over 30 classes:www.eugeneyoga.us

YOGA WEST Kundalini Yoga in Eugene as taught by Yogi Bhajan. First two classes for the price of one. 3635 Hillyard, 541-686-0432 yogawesteugene.com

RENTALS

Apartments

SEEKING QUIET responsible person for small, detached studio. Porch/yard. Near busline, bike path. NS. \$400/mo. 485-1066.

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ROOMS FOR RENT Weekly rates, furnished. Includes utilities, laundry, Internet, cable, kitchen. In Springfield 541-505-7756

Rental Services

ALL AREAS - ROOMMATES.COM. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: <http://www.Roommates.com>. (AAN CAN)

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LOOKING FOR A WOMAN to fill my fantasy. Call Barry 541-222-9584

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