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Loving Your Body

EW'S SPECIAL ISSUE FOR HEALTH & WELLNESS
FEBRUARY 10, 2011

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Deadline to reserve space
February 4th

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EVENTS CALENDAR

HEALTH PROFESSIONALS & CAREGIVERS
QIGONG SELF-HEALING

Class - Mon 1/24 to 2/28, 7-8 pm
Workshops - 1/29 or 2/19, 9-3 pm
Call for Private Healing Appointments
541-852-3370 susan@qigong-clinic.com
www.qigong-clinic.com

SUSAN SHAFFER - CERTIFIED
INSTRUCTOR/PRACTITIONER

道
Embrace Three Arts:
Flow with Life
Sample aikido, tai chi & zen
Jan. 23, 1 - 3 pm
2489 Portland St.
541-514-6583 氣 禪

Understanding the 9 Points of View in Relationships, Work, & Spiritual Development
presented by Dale Rhodes of
Enneagram Portland
Feb 26th Tamarack Wellness Center
7 CEUs NASW
www.AlidaBirch.com 541-686-1610

ENLIGHTENED WORLD

Video class on Shambhala/Tibetan Buddhism
BY SAKYONG MIPHAM, RINPOCHE
Starts Feb 1st, 5 Tuesdays, 6:15-8:30 pm
Register at www.eugene.shambhala.org

OPEN HOUSE Jan 25th, 6:30 pm
100 West Q St., Springfield, OR 97477
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www.eugeneyoga.us for info/registration

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NO EXIT © Andy Singer

DO YOU HAVE AN ENVIRONMENTAL EYE-SORE THAT NEEDS COVERING OVER? JUST PUT AN AMERICAN FLAG ON IT OR GIVE IT A PATRIOTIC SOUNDING NAME!

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LEGAL NOTICES

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY In the Matter of the Estate of HELEN BALLEW WAGNER, Deceased. Case No. 50-10-2518 **NOTICE TO INTERESTED PERSONS** NOTICE IS HEREBY GIVEN that the undersigned has been appointed the Personal Representative of the said estate. All persons having claims against said estate are hereby required to present the same, with proper vouchers, within FOUR (4) months after the date of first publication of this Notice, as stated below, to the Personal Representative c/o Jane B. Stewart, Attorney at Law, 66 Club Road, Suite 200, Eugene, Oregon 97401, attorney for Personal Representative, or such claims may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the Court, the Personal Representative, or the attorney for the Personal Representative. DATED, and first published: January 13, 2011. Jane B. Stewart (OSB #753561) Attorney at Law, 66 Club Road, Suite 200, Eugene, OR 97401. Phone: (541) 342-6679. Fax: (541) 342-6683. Email: jabs@callatg.com. Virginia Ballew Lauritsen, Personal Representative, 925 C Street, Springfield, OR 97477. Phone: (541) 744-9324.

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR LANE COUNTY Juvenile Department in the Matter of EMILY ROSE

ESTHER, A Child. Case No. 09-293J-02
PUBLISHED SUMMONS TO: Michael Ellis
ESTHER IN THE NAME OF THE STATE OF OREGON: A petition has been filed asking the court to terminate your parental rights to the above-named child for the purpose of placing the child for adoption. YOU ARE DIRECTED TO FILE A WRITTEN ANSWER TO the petition **NO LATER THAN 30 DAYS AFTER THE DATE OF LAST PUBLICATION OF THIS SUMMONS**, specified herein, admitting or denying the allegations in the petition and informing the court of your current residence address, mailing address and telephone number. YOUR ANSWER SHOULD BE MAILED TO the Lane County Juvenile Department, 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401. You are further directed to appear at any subsequent court-ordered hearing. AN ATTORNEY MAY NOT ATTEND ANY COURT-ORDERED HEARING IN YOUR PLACE. THEREFORE, YOU MUST APPEAR EVEN IF YOUR ATTORNEY ALSO APPEARS. This summons is published pursuant to the order of the circuit court judge of the above-entitled court, dated January 6, 2011. The order directs that this summons be published once each week for three consecutive weeks, making three publications in all, in a published newspaper of general circulation in Lane County. Date of first publication: January 13, 2011. Date of last publication: January 27, 2011. **NOTICE READ THESE PAPERS CAREFULLY** IF YOU DO NOT FILE A WRITTEN ANSWER AS DIRECTED ABOVE, OR DO NOT APPEAR AT ANY SUBSEQUENT COURT-ORDERED HEARING, the court may proceed in your absence without further notice and TERMINATE YOUR PARENTAL RIGHTS to the

above-named child either ON THE DATE AN ANSWER IS REQUIRED BY THIS SUMMONS OR ON A FUTURE DATE, and may make such orders and take such action as authorized by law. **RIGHTS AND OBLIGATIONS** (1) YOU HAVE A RIGHT TO BE REPRESENTED BY AN ATTORNEY IN THIS MATTER. If you are currently represented by an attorney, CONTACT YOUR ATTORNEY IMMEDIATELY UPON RECEIVING THIS NOTICE. Your previous attorney may not be representing you in this matter. IF YOU CANNOT AFFORD TO HIRE AN ATTORNEY, and you meet the state's financial guidelines, you are entitled to have an attorney appointed for you at state expense. TO REQUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane County Juvenile Department, 2727 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, phone number 541/682-4726, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one as soon as possible. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and order you to appear personally and may schedule other hearings related to the petition and order you to appear personally. IF YOU ARE ORDERED TO APPEAR, YOU MUST APPEAR PERSONALLY IN THE COURTROOM, UNLESS

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