

word is...

Weekend wine shoppers have a new place to pick up a bottle: **Authentica Wines**, at 766 W. Park, is open Thursday-Saturday. Owner Steve Baker was previously at Sundance Wine Cellars.

draft beer, wine by the glass. Self-serve. Take-out. Smoking on the deck. 42" plasma TV. Some OG/LG. Wheelchair accessible. 8 am-9 pm M-F, 8:30 am-9 pm Sa, 8:30 am-5 pm Su. MC/V. \$-\$\$.

OAKWAY WINE & DELI/ BISTRO

105 Oakway Center. 343-3088. Serving lunch, dinner: American style deli. New winter hours with lunch service. Large variety of menu items including 14 cold sandwiches, 10 hot sandwiches, 10 entrée salads and two soups daily. All occasion catering for over 25 years. Some OG/LG. Wheelchair accessible. 10 am-6 pm M-Sa, 11 am-4 pm Su. All major cards. \$-\$\$\$.

OF GRAPE AND GRAIN, THE DELI

160 Oakway Rd. 344-9463. Serving breakfast, lunch: Pastries, espresso, sandwiches, soups, salads. Wine & beer. Catering, take-out and delivery also available. Wheelchair accessible. M-Sa 9 am-5 pm, Noon-4:30 pm Su. MC/V/AE. \$.

PITA PIT

1087 Willamette St. 485-5595. Serving lunch and dinner: Pitas stuffed with falafel, steak, gyros, turkey, chicken and a variety of other selections. Choose your own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. No checks. \$.

QUIZNOS SUBS

207 Coburg Rd. 431-0905. 801 E. 13th Ave. 338-7098. 864 Beltline Rd., Springfield. 744-2998. 2155 Olympic St., Springfield. 393-0030. 5810 Main St., Springfield. 736-0506. Quiznos' chef-inspired recipes are created using artisan breads, signature sauces, freshly sliced meats and fresh vegetables. Delivery now available: \$8 minimum with \$2 delivery fee. Order online at www.quiznos.com or call your neighborhood location. LG. Wheelchair accessible. 10 am-9 pm M-Sa, 11 am-8 pm Su. All major cards. \$.

RED BARN NATURAL DELI

357 Van Buren St. 342-7503. Fresh hot soups and daily hot entrée special. Made to order and grab & go sandwiches featuring Dave's Killer Bread. Baked goods, salads, locally made Julie's Organic Ice Cream and Luna & Larry's Original Coconut Bliss by the scoop, shake or sundae. Raw juices and nut nectars, organic coffee and tea bar. Vegan options available. Some OG/LG. 8 am-7 pm All major cards. \$.

SUNDANCE NATURAL FOODS

748 E. 24th Ave. 343-9142. Vegetarian (mainly vegan) organic buffet: Salad bar, prepared salads, raw food dishes, hot entrées, soups and chili. Also whole grain organic cookies, cakes and other treats, with wheat- and gluten-free options. Organic coffee and tea. OG/LG. Wheelchair accessible. 7 am-11 pm daily. All major cards. \$.

WICH HOUSE, THE

840 Willamette St. 434-9424. Sandwiches, soups and salads. Homemade breads, home-cooked lunch meats and soups made from scratch. Beer on tap and wine. Vegetarian entrées. Some OG/LG. 10:30 am-6 pm M-Sa. MC/V. \$-\$\$.

Food Carts

AFGHANI CUISINE

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving shishkabobs, quabili, pilaf, bolani. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

ALBEE'S N.Y. DOGS

Olive & Broadway. 344-0010. Quarter-pound all-beef franks (\$4) in hoagie rolls. Toppings – as many as you want – include sauerkraut, sweet and dill relish, jalapeños, shredded cheddar, onions and bacon bits. Cans of soda, bags of chips. 9 pm-3 am W-Sa. No cards. \$.

★ Best Food Cart, Third Place

ALEXANDER'S GREAT FALAFEL

13th and Kincaid. Serving lunch: Falafel, hummus, tabouli, vegan and kosher entrées. Free lemonade with all food orders. Some OG. 11 am-4 pm M-F. \$.

★ Best Food Cart, Second Place

BANGKOK GRILL

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving pad thai, pork on a stick, vegetarian entrées. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

BBQ KING

See Barbecue

BLAZING CHEF, THE

River Road & Chambers. 221-0129. Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Fish and chips, salads, coffee, sandwiches. Saturday Market: 10 am-5 pm Sa. River Road: 7 am-7 pm M-F, 8 am-7 pm Sa & Su. MC/V. \$-\$\$.

CART DE FRISCO

Oakway Center. *UO Bookstore.* Serving lunch: Charbroiled Frisco chicken sandwich, salad, Thai noodles or skewer with homemade sauces and seasoning. A Eugene original recipe. Oakway Center: 11 am-3 pm M-Sa. Campus: 11 am-3 pm M-F. No cards. \$.

★ Best Food Cart

CARTE BLANCHE SOUP CART & CATERERS

E. 14th Ave. & Kincaid, PLC, UO. 554-9088. www.cbsoup.com Offering more than 80 varieties of soup, serving four varieties every day. From three cheese tomato to Bangkok sweet potato, Carte Blanche specializes in both the unique and the traditional. Also offering baguette sandwiches, Caesar and mixed garden salads, homemade cookies, beverages and more. 11 am-4 pm M-F (during school year). \$.

DANA'S CHEESECAKE BAKERY

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving cheesecake and baked goods, coffee, decaf, tea. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and

Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

EDIBLE IMPROV

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving sweet and savory crepes, cookies, espresso. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

FAMILY HOMESTEADER

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving fresh-squeezed lemonade, drinks. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

GIN GEE'S FALAFEL

8th & Oak St. 938-3020. Falafel sandwiches, combo specials, baklava. All vegetarian, no meat. 11 am-4 pm M-F. No cards. \$.

INDIA HOUSE

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving chicken and vegetable curry, chicken and vegetable thripathi, pan-fried noodles, chai tea. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

LONCHES TO GO

901 River Rd. 461-7920. Tacos, taquitos, tostadas, quesadillas, chilaquiles and much more. Asada burritos, sopes, enchilada plates. Vegetarian options. Call ahead for pick-up orders. 11 am-9 pm M-Sa, 11 am-5 pm Su. \$.

LULU'S SMOOTHIES

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving all-natural, fresh fruit smoothies and coolers. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall,

10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

NICE RICE

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Veggie and chicken stir-fried rice dishes, teriyaki chicken sandwiches, fresh orange juice. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

RENAISSANCE PIZZA

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving handmade pizza by the slice. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

RIITTA'S BURRITOS

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving made-to-order, generously filled burritos. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

RUSTY'S HANDBUILT COOKIES

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org 10 am-5 pm Sa. \$.

SARA'S TAMALES

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving chicken and vegetarian tamales, fruit salad. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

SARITZA MEXICAN FOOD

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving tacos, taco salad, burritos. 10 am-5 pm Sa. \$.

TOFU PALACE

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Tofu Tia, tofu breakfast, Toby's Tofu Paté. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. OG/LG. 10 am-5 pm Sa. \$.

WHOLE ENCHILADA

Through Nov. 15: Saturday Market, 8th & Oak. 686-8885. www.eugenesaturdaymarket.org Serving enchiladas, rice and beans, nachos. Also at the Holiday Market at the Lane County Fairgrounds Exhibit Hall, 10 am-6 pm Nov. 22, 23 and 28-30 and Dec. 6, 7, 13, 14 and 20-24. 10 am-5 pm Sa. \$.

Indian

BOMBAY PALACE

880 E. 13th Ave. 343-1443. Wide range of authentic Indian meat, seafood, vegetarian and vegan dishes. All-you-can-eat buffet Monday through Friday. Student special punch card (buy nine entrées, get the 10th free). Some LG. 11 am-8:45 pm M-F, noon-8:45 pm Sa, 5 pm-8:45 pm Su. MC/V. \$\$. \$.

EVERGREEN INDIAN CUISINE

1525 Franklin Blvd. 343-7944. Serving lunch and dinner, traditional Indian dishes. 11:30 am-2:30 pm and 5 pm-9:30 pm daily. MC/V. \$-\$\$\$.

★ Best All-You-Can-Eat Buffet

POPPI'S ANATOLIA

992 Willamette St. 343-9661. Serving lunch, dinner: Half the menu is Greek, half is Indian. Kotta Psiti (Greek roasted chicken), thali platter (selection of Indian vegetable dishes), vegetarian soups and entrées, Greek salad. Wine, beer. Reservations for 5+. Lunch M-Sa, dinner nightly. MC/V. \$\$. \$.

★ Best Italian/Greek/Mediterranean

TASTE OF INDIA

2495 Hilyard St. 485-9698. Authentic Indian cuisine for vegetarian and non-vegetarian palates. Freshly baked and stuffed roti. Buffet lunch and dinner specials. Tandoori chicken, lamb, seafood. Salads. Take-out.

International

BRUNO'S CHEF'S KITCHEN

3443 Hilyard St. 687-CHEF (2433). www.brunoschefs-kitchen.com Bruno shops at local markets daily, seeking the freshest quality ingredients to create a progressive, exquisite cuisine. Bessie serves with an equally special flair. Menu changes weekly and can be found on restaurant website. Some OG/LG. Wheelchair accessible. 5-9 pm Tu-Sa. MC/V/AE. \$-\$\$\$\$.

CAFÉ LUCKY NOODLE

207 E. 5th Ave. 484-4777. www.luckynoodle.com

A locally owned, upbeat and contemporary global noodle house that features Italian and Thai cuisine on one dynamic menu. Award-winning specialty cocktails, homemade pasta and gelato, espresso and late night full dinner menu. Serving lunch, dinner and weekend continental brunch. Some OG/LG. Wheelchair accessible. 11 am-midnight daily. Brunch 9 am-2 pm Sa & Su. MC/V/AE. \$-\$\$\$\$.

★ Best Late-Night Dining

★ Best Restaurant, Third Place

CHANGE OF HEART BISTRO & BAR

2835 Oak St. 485-2222. Serving lunch, dinner, weekend brunch: Salads, sandwiches, veal, lamb, beef, pork, chicken, pasta, with fresh stocks. CIA accredited chef. Tapas happy hour 4 pm-6 pm Tu-Sa. OG/LG. Lunch 11:30-2 pm Tu-F, dinner 4 pm-9 pm Tu-Th & Su, 4 pm-10 pm F & Sa, brunch 9 am-2 pm Sa & Su. All major cards. \$\$\$.

HOLY COW CAFÉ

See Vegetarian

JUNG'S MONGOLIAN GRILL

4355 Commerce St., Suite 110. 344-7578. All-you-can-eat stir-fried veggies, tofu, meats and sauces. Beer and wine available. Wheelchair accessible. Lunch 11:30 am-4 pm daily. Dinner 5-9 pm Su-Th, 5-10 pm F & Sa. V/MC/D/AE. \$-\$\$.

MOMMY'S PASTRAMI & FALAFEL

4419 Commerce St. (inside Space Age Fuel). 242-6888. Pastrami and falafel sandwiches, lamb and chicken gyros, hamburgers and sides.

GREEN BEANS WITH BLEU CHEESE FROM BELLY

"Here is a good recipe for July when green beans are in season," says Brendan Mahaney, chef and owner of Belly. These creamy beans are a delicious side to the adventurous pork menu Belly is known for. "Pecans, walnuts and cashews are good choices" for the finishing nutty flavor, says Mahaney, though he opts for cashews.

Snip the ends of your green beans. Blanch in boiling salted water for a few minutes until al dente. Cook the beans only until still slightly firm, as they will cook a second time, and plunge into an ice bath. When cool, remove and let them rest on a kitchen towel.

Heat a bit of olive oil in a large sauté pan and gently sauté some minced garlic and shallots for one to two minutes. The garlic shouldn't turn brown. Add your blanched beans and toss them for a minute in the oil, shallots and garlic.

Add some crumbled blue cheese and a splash or two of heavy cream. Heat through, allowing the blue cheese to melt a good bit into the cream. Make sure beans are hot, and top with toasted nuts of your choice.



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