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AC Newman



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HIRONS

LOCALLY OWNED

PHARMACY



Vitamin E is an anti-oxidant that helps fight against oxidation and free radicals. It protects Vitamins A and C from oxidation thus keeping them potent. It promotes a healthy cardiovascular system by prolonging the life of red blood cells and acts as an anti-blood clotting agent.

100 Soft Gels. Item #400

2.99



Vitamin C plays a major role in the body's immune system increasing resistance to diseases and infections. It also aids in the absorption of iron and helps in collagen formation in connective tissues. Vitamin C also contributes to the healthy formation of hemoglobin, capillaries and red blood cells.

100 Tablets. Item #76

1.89



Joint-Juvenation
Glucosamine and Chondroitin
30 pack
 30 Pack. Item #7163

21.99

Zinc

50mg 100 Tablets. Item #176

3.29



St. John's Wort has been used for centuries as a mild tranquilizer. Its active ingredient Hypericin may help with anxiety, emotional problems, depression and nervous disorders as it enhances overall mood.

REG 8.69

3.88



Saw Palmetto is a popular remedy for an enlarged prostate (BPM - Benign Prostatic Hypertrophy), a common condition in men over 50. It may play an important role in maintaining prostate health with increased urine flow and reduced night time frequency of urination.

REG 8.29

3.70



Ginseng is an adaptogen, a supplement that helps the body function at optimal levels. It may increase energy, alertness, strengthen the immune system and help relieve stress. As a source of phytoestrogen, Ginseng is used by many women to help with the symptoms of menopause (hot flashes).

REG 7.49

3.56



Cranberry appears to acidify the urine preventing bacteria from adhering to the bladder and helps maintain a normal functioning urinary tract.

REG 6.89

3.26



Black Cohosh traditionally has been used by women to help the body's estrogen balance and may help support a normal menstrual cycle.

REG 7.59

3.40



Valerian Root may slow the activity of the central nervous system which can be an effective aid with sleep or insomnia. It is excellent for muscle spasms which are often caused by stress and tension.

REG 7.59

3.66



All PEACEHEALTH Patient Prescriptions Have Been Transferred to HIRONS

We Fill/Bill all National Prescription Plans (few exceptions)



Vision Plus with Lutein
 50 Soft Gels. Item #7011

6.79



Pro-biotic Blend

100 Capsules. Item #7354

5.49



Multi Vitamin and Minerals

100 Tablets. Item #75

4.29



Chromium Picolinate

200 mcg. 60 Capsules. Item #758

5.69



Apple Cider Vinegar

600 mg. 90 Capsules. Item #1203

4.69



Vitamin B12

2500 mcg. 100 Tablets. Item #1551

8.49



Vitamin D3

2000 IU. 100 Tablets. Item #4112

4.89



Metabo-Style Ephedra Free

90 Caplets. Item #3612

9.39



Omega-3 Extra Strength

1760 mg. 60 Softgels. Item #6991

5.49



Glucosamine Chondroitin Complex

60 Capsules. Item #1118

7.99



Cinnamon

1000 mg. 100 Capsules. Item #4038

4.99



Melatonin

3 mg. 60 Tablets. Item #609

4.99



Ultimate Fat Burner

60 Tablets. Item #28

6.99



Red Yeast Rice Extract

600 mg. 60 Capsules. Item #1215

7.99

Mega Multi with Minerals

60 Tablets. Item #760

8.29

Echinacea and Golden Seal

60 Capsules. Item #1417

6.59

Calcium Oyster Shell 500 mg. also with D 400 IU

100 Tablets. Item #1680, 1683

3.79

185 E. 18th Next to Safeway (PHARMACY WALK-UP WINDOW AVAILABLE) • 1950 Franklin Next to Market of Choice