

\$700-\$800,000 FREE CASH GRANTS/PRO-GRAMS-2008! Personal bills, School, Business/Housing. Approx. \$49 billion unclaimed 2007! Almost everyone qualifies! Live operators. Listings, 1-800-592-0362, ext. 235 (AAN CAN)

For Sale

Furnishings

NEW 2 YOU, Quality Resale can be viewed on line at www.new2you.com or call 998-1844. Opening MAY 1st at 10 am. Buying, Selling, offering a 90 consignment. Laura & Jason 311 W 6th Ave, Junction City, Or 97448. 998-2724

QUALITY FURNITURE Clean, modern, and antique, bedsets, electronics, tools, and collectibles. 939 River Road 2nd Hand, 689-4554. We are also buying!!

Lawn & Garden

PERENNIALS HUGE selection from my garden. \$1-\$3. 3000 Calla Street. Open daily. 689-4686.

USED LAWMOWERS cheap Snapper Toro Craftsman others Self-propelled push rear bags side dischargers 8HP chipper 13HP 18HP 20HP riders edgers 6HP highwheelers Drtrimmer. Buying, unwanted lawn equipment traders 995-8460 Bid selection.

Misc.

DIRECTV SATELLITE TELEVISION, FREE Equipment, FREE 4 Room Installation, FREE HD or DVR Receiver Upgrade. Packages from \$29.99/mo. Call Direct Sat TV for details 1-888-455-9567. (AAN CAN)

LOCAL, FARM Fresh! Lambs, goats & mut-ton available for processing 541-995-8167

Pet/Supplies

DOGGIE DOOS & DONT'S Pooper Scoopers and More. We pick up the doo so you don't have to! Call today for pocket change rates 541-505-4298

Sports Equip.

ATV/TRAILER Package Honda 400EX 4 Trax Jetmoto (Raptor) 90cc Jetmoto (Raptor) 110cc Single Axle ATV "Load and Trail" Trailer. Tabathia @ 513-3752 or 285-9111

Music

Events

SONGWRITERS WORKSHOP: Creativity & Business w/recording artist/author Dick Weissman. Melodies, marketing & money. Song critiques. May 10. Pre-register. Rocky 345-1956.

Band Members

FEMALE VOCALIST/KEYBOARD Bark Shanty Boogie Band seeking a female vocalist/keyboard player. 1-2 gigs/month. Zydeco, Hot Blues, Reggae and Rock, some original. Established, drug-free, alcohol-free band with professional-level vocals, acoustic/electric guitar, bass guitar, drums and fiddle/mandolin. Rehearsals Thursday evening in Cottage Grove. Call Rob 541-915-0548.

Lessons

ROOTS GUITAR lessons-Walker T. Ryan. 543-1835. Blues, jug band, trad. folk, slide, finger style, Delta. Beginners welcome.

Home Services

Building/Remodel

CARMi REPAIRS and remodels, LLC. CCB #174846. Remodels, decking, saunas, greenhouses, and handyman services. 541-767-3759.

TIMMERMANN CONSTRUCTION. Kitchen, bath remodels, painting, tile work. Quality since 1981. CCB#121380. Mike 729-8201.

PLASTERING STUCCO Drywall repairs. 30 yrs. experience. 541-997-3039. CCB# 180306

LIFE WORKS
WHERE SHIFT HAPPENS

Life Coaching Hypnotherapy
Balance For Life & Career

Scott Hall CHT, CI, EFT 744-6655
www.lifeworks-or.com

Custom eco-friendly invitations, featuring wildflower seeded papers and recycled paper ribbons.

My Sunflower Expressions
607-9009

THERAPEUTIC MASSAGE
Specializing in acute and chronic pain relief
Shoshanah Thielle, L.M.T. #3461
insurance accepted
968-1572 or 684-3965

MIND-BODY COUNSELING/COACHING

Kay Porter, Ph.D.
• Life Skills/Direction
• Rapid Eye Therapy
• Weight Loss
• Past Life Regression
342-6875

Shoulder & Neck Pain?
SANCTUARY MASSAGE & BODYWORK
• Deep Tissue • Hot Stone Therapy • Myofascial Release
Available Evenings • Auto Accident Insurance Accepted
TAMMY WISE LMT# 11561 - 343-0109

Massage by Margaret Pratt
LMT #2144, B.S. (Educ)
* Gentle, DEEP-TISSUE massage
* 1st session - \$40/first hour
* 22 years experience / gift certs.
* "Your Health Is Your Greatest Wealth" Maintenance is the key
* Multi-Pure Water Filters/ Superior quality, 8¢ gallon
"Thorough, strong, intuitive, graceful, magical hands discover and dissolve knots with lasting effects."
485-4221 / 513-2692

Ballroom, Latin, Swing
Professionally trained patient and experienced dance instructors!
342-3058
Learning to dance is fun!

Sharon Steiner 541-514-0089

BODY WORK

11 years experience
New Client Special
Massage for Madison Meadow

GREEN WAY MASSAGE CO.

FREE 30 min. massage for first time clients

Senior & Student Discounts
GIFT CERTIFICATES AVAILABLE
912-1400
www.greenwaymassage.com

Richard Bailey
LMT # 10184
• Swedish
• Deep Tissue
• Trigger Point Work
• Myofascial Release

Sister Goddess
Tarot Counseling

REBECCA LIND 541.870.3814

Experience an hour in the light

ROLFING®
Structural Integration

Gina Purl ⊕
Certified Advanced Rolfer
Live comfortably in your body
541-543-6211
Offices Downtown Eugene and Corvallis

Yoga Therapy
Free Assessment
For stress, anxiety, depression, insomnia and weight loss.
Suman Barkhas RYT
541-844-1798
Weekend Workshops
H.HI.SHANTALAYA.COM

Baklava Pi

It's SWEET & FLAKY MELTS IN YOUR MOUTH
Traditional Walnut
White or Dark Chocolate Hazelnut
Made in Oregon
www.baklavapi.com

Anxiety, Depression, Marital Strife

I can help Couples, Families and Individuals. Call Porshea of P & P Therapeutic Counseling Services. I offer a Coparenting workshop for separated couples & anger management for children ages 6-10. Call 541-485-1167 or check out my website www.pdpccounselor.com for more workshop details." Healing the world one person at a time."

Porshea Pendleton, M.A.
767 Willamette St. • Suite 306 • Eugene

I RUN WITH SCISSORS THE SALON

www.irunwithscissorsthesalon.com

PHONE FOR AN APPOINTMENT: 541-870-0388
TOWNHOUSE PLAZA - 570 LAWRENCE SUITE 112 • EUGENE, OR

Healing Massage

Deep Tissue • Swedish • Trigger Point
Myofascial Release • Essential Oils

Lucia McKelvey, LMT • Nationally Certified
Days, Evenings, Weekends
541-683-3286

LIC.#8250

Medical Marijuana is Safe and Effective.

If you or a loved one has cancer, AIDS, hepatitis, glaucoma, chronic pain, multiple sclerosis, epilepsy, a gastrointestinal ailment such as IBS, Crohn's disease, or the inability to eat, our doctors can help you get a legal medical marijuana permit.

The Hemp and Cannabis Foundation

1-800-723-0188
www.thc-foundation.org

BIKRAM'S YOGA
COLLEGE OF INDIA

INTRODUCTORY PACKAGE
\$20 for two weeks
This is a 90 minute total body workout in a room heated to 104 degrees.

	M	T	W	TH	F	SA	SU
6:30am							
8:30am	•	•	•	•	•		
9:00am						•	•
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•		

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat. Yoga Wear and massage available

820 Charnelton • 349-YOGA

YOGA WEST
3635 Hilyard

KID & FAMILY YOGA
Playful - Fun - Relaxing

Wednesdays 3:00-3:45pm
May 14-June 11
Ages 2-8, parents may join
\$35/child, \$70/family
Register by May 9th
call Anita 556-7144
as inspired by the teachings of Yogi Bajan

www.yogawesteugene.com

Synergy Massage

- Chronic Pain Relief
- Therapeutic Deep Tissue
- CranioSacral Therapy

Medical & Auto Accident Insurance Accepted

JENYA LEMESHOW, LMT

541-684-0066
DOWNTOWN EUGENE IN THE CHARNELTON WELLNESS CENTER
MONDAY-SATURDAY
1ST TIME SPECIAL \$10. OFF!
Lic. #8121

Whiplash

RECENT OR LONG AGO

INSURANCE ACCEPTED
ADVANCED METHODS
GENTLE AND EFFECTIVE
30 YEARS EXPERIENCE

jeffreyburch.com
(541) 689-1515
LMT 9092