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THURSDAY

Sunrise 7:03am; Sunset 5:50pm
Av High 52; Av Low 35
SnarkCast: TEPID

BENEFIT "Music of the Heart," feat. Oregon Children's Choir, dinner & auction, 5:30pm-8:30pm, Twin Rivers Baptist Church, 1660 Mohawk Blvd., Spfd. RSVP, 461-0954. \$30.

FILM *Flags of Our Fathers*, 2:30pm, Campbell Center. FREE.

FOOD/DRINK Wine tasting: "Put your best fruit forward," 5pm-9pm, WineStyles. \$5.

GATHERINGS League of Women Voters of Lane County presents Mary Oberst speaking on "Oregon's Sesquicentennial: Your Important Role in Preparing for 2009," 12:15pm, Mallard Banquet Hall, 725 W. 1st St. 343-7917. FREE.

Learn about different types of independent & assisted living facilities in the area w/Rod Holst, 1:30pm, Willamalane Center, 215 W. C St., Spfd. Register, 736-4444. FREE.

Project Management Institute meets on the topic of "Supercharging Project Management with Technology," 5:45pm, Symantec, 555 International Way, Spfd. \$5.

West Cascade Peace Corps Association meets, 7pm, info@westcascadepca.org or 607-4140 for location. FREE.

Snow Camping 101 clinic, 7pm, REI. 465-1800. FREE.

Adoption seminar presented by PLAN, 7pm, Emerald Bible Fellowship, 1855 Cal Young Rd. 503-472-8452. FREE.

LECTURES Sports: "The Bill Bowerman Papers and Sports History at Oregon," Heather Briston, 5:30pm, Knight Library, UO. FREE.

Dr. Wade Guthrie discusses the connections between detoxification, inflammation control, nutrition and weight loss strategies for vibrant health, 6:30pm, 235 W. 10th Ave. 683-9069. FREE.

MUSIC Metropolitan Rhythm & Blues Revue, 7pm today, tomorrow and Feb. 23; 2:30pm Feb. 23 & 24, Cottage Theatre, Cottage Grove. www.cottagetheatre.org or 942-8001. \$13, \$10 stu., sr.

Sierra Leone's Refugee All Stars, 7:30pm, The Shedd. www.theshedd.org or 682-5000. \$24-\$34.

Faculty Voice Concert, feat. Siri Vik, David Gustafson & Laura Wayte, 7:30pm, Performance Hall, LCC. \$10, \$8 stu., sr.

Lydia Van Dreef, horn, w/Kathryn Lucktenberg, violin, and David Riley & Sandy Holder, piano, 8pm, Beall Hall, UO. \$10, \$8 stu., sr.

Glen Phillips, Jonathan Kingham, 8pm, WOW Hall. \$20 adv., \$23 door.

The Mood, 9:30pm, Cozmic Pizza. \$4.

Americanistan, 8pm, Sam Bond's. 21+. \$6-\$8.

ON THE AIR "The Jefferson Exchange" discusses the successes and struggles of the wood products industry w/Allyn Ford, 9am & 9pm, KRVM 1280 AM.

"New Dimensions" presents "The Culture of the Integralist" w/Steve McIntosh, 6:30pm, KLCC 89.7 FM.

SPIRITUAL Angelic reiki healing circle, 7pm, call 607-9408 for location. FREE.

THEATER "Body Talk: Stories from our Lives," 7pm today & tomorrow, Gerlinger Alumni Lounge, UO. \$5 sug. don.

Proof, 7:30pm today; 8pm Feb. 22-23; 2pm Feb. 24, Hult Center. www.willrep.org or 682-5000. \$12-\$35.

Zombie Prom, 7:30pm today, tomorrow and Feb. 23, Springfield High School. 517-9028. \$8, \$5 stu., sr.

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FRIDAY

Sunrise 7:02am; Sunset 5:52pm
Av High 52; Av Low 35
SnarkCast: LOUD

ARTS/VISUAL An artists' talk & opening for "Telling Stories," photography by Rich Bergeman and Paul Neevel, 3:30pm-8:30pm, Jacobs Gallery. FREE.

An opening for "The F-Word: Photos & Stories of Forgiveness" exhibit, 5pm, Fenario Gallery. FREE.

An opening for "Spirited Journey: Women Artists," work by Kathleen Caprarino, Bets Cole, Annette Gurdjian, Wendy Huhn & Betsy Wolfston, 6pm, Maude Kerns Art Center. \$3 sug. don.

DANCE MEDGE presents "An Evening of Contemporary Belly Dance," feat. Razia, 8:30pm, Cozmic Pizza. www.medge.org \$4.

FILM Margaret Mead Traveling Film Festival: *Flock of Dodos: The Evolution-Intelligent Design Circus*, 5:30pm, 175 Knight Law Center, UO. FREE.

Swedish Film Series: *My Life as a Dog* by Lasse Hallstrom, 7pm, 177 Lawrence, UO. FREE.

Jean Houston's *So You Want To*



Tango your way to The Big Milonga at The Tango Center Saturday

Make Miracles, 7pm, Spiritual Growth Center, 390 Vernal St. RSVP, 995-3799. \$7.50.

FOOD/DRINK Wine tasting: Erin Glenn Cellars, 5pm-7pm, WineStyles. FREE.

Wine tasting w/cheeses, 5pm-7pm, The Broadway. FREE.

Premium wine tasting, w/appetizers, 6pm-8pm, WineStyles. \$30.

Wine tasting, 6:30pm-8:30pm, Midtown MarketPlace. FREE.

GATHERINGS Tax-Aide, free tax assistance on first-come, first-served basis, 10am-2:30pm today & tomorrow, Downtown Library. 682-5450. FREE.

City Club Friday Forum: "Girls At Risk: What the Community Should Know," w/Cynthia Pappas of Planned Parenthood, 11:50am, Downtown Athletic Club. www.cityclubofeugene.org \$3.

Pacifica Forum: "2nd Amendment Gun Rights," 4pm, EMU, UO. 344-0483. FREE.

Eugene for Obama meets, 6:30pm, EMU, UO. 513-9650. FREE.

LECTURES Anthropology: "Between Radical Exclusion and Conditional Integration: A Case Study of Roma Communities from Romania," Gabriel Troc, noon, 313 Condon, UO. FREE.

Forgiveness Project: "Wounds to Warriors: Healing the Trauma of Social Violence," Aqeela Sherrills, 7pm, Fenario Gallery, 881 Willamette. FREE.

Travel: "Trekking Nepal to Everest Base Camp," slideshow presentation by Bob & Anders Bell, 7pm, REI. RSVP, 465-1800. FREE.

Psychology: "Honoring the Deus

Abconditus: The Irrational as an Essential Presence in Healing," Nicholas French, 7:30pm, Sacred Heart Medical Center auditorium. FREE.

LITERARY ARTS Reflective Readers book group: *Titus Groan* by Mervyn Peak, 7pm, Barnes & Noble. FREE.

MUSIC Halie Loren & Matt Tredler, 7pm, Borders Books. FREE.

The Jazz Café, 7:30pm, 178 Music, UO. \$5.

An Acoustic Evening w/Floater, 9pm today & tomorrow, WOW Hall. \$12 adv., \$15 door.

Bad Mitten Orchestre, Zoe Vermillion, 9pm, Sam Bond's. 21+ \$5.

Metropolitan Rhythm & Blues Revue continues. See Thursday, Feb. 21.

ON THE AIR "The Jefferson Exchange" discusses dog behavior & rescue operations w/dogs, 9am & 9pm, KRVM 1280 AM.

OUTDOORS/RECREATION "Mysteries of Trees" walk, 10am, Mount Pisgah Arboretum. Limited to 20 participants. RSVP, 747-1504. FREE.

SOCIAL DANCE Herman & Barb's salsa dance, 10pm, Tango Center. \$5.

THEATER *Ring of Fire: The Music of Johnny Cash*, 8pm today & tomorrow, Actor's Cabaret, 996 Willamette. 683-4368. \$16-\$19 reserved (\$35.95 dinner seating).

Proof continues. See Thursday, Feb. 21.

Zombie Prom continues. See Thursday, Feb. 21.

"Body Talk: Stories from our Lives" continues. See Friday.

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SATURDAY

Sunrise 7am; Sunset 5:53pm
Av High 52; Av Low 35
SnarkCast: LOWBROW

BENEFIT "Sweet Leaf Valentine Ball," benefit for Emerald Empire HempFest, feat. Neighborhood Inc., Sweet Island Thyme, silent auctions, vegan buffet, 8pm, The Lorax Manner, 1648 Alder St. \$3 adv., \$5 door.

COMEDY The Comedy Workout presents "Survivors of Valentine's Day," 8pm, Diablo's Downtown Lounge. 21+. \$5.

DANCE Eugene Ballet Co. presents Ken Kesey's *Little Tricker the Squirrel Meets Big Double the Bear*, 8pm today and 2:30pm tomorrow, Hult Center. \$18-\$42.

FILM *Sicko*, w/discussion, 6:30pm, United Methodist

Church, 750 W. 10th, Junction City. FREE.

GATHERINGS League of Women Voters of Lane County hosts a conference on "Civics 101 - Eugene & Springfield: Aligning Interests," 9:30am-12:30pm, Eugene Garden Club, 1645 High St. 343-7917. FREE.

Oregon Logging Conference, 9am-2pm, Lane County Fairgrounds. 686-9191. FREE.

"Intro to the Internet II" clinic, 10am, Downtown Library. 682-5450. FREE.

EcoGrove presents a conference on local food production & rainwater harvesting, 10am-12:30pm, Cottage Grove Community Center, 700 E. Gibbs. www.victorygardensforall.org FREE.

"The Power of Parenting" conference, 11:30am-3:45pm, Whiteaker Elementary, 21 N. Grand St. Register, 346-2578. FREE.

Willamette Valley NORML meets, 2pm, Toasted Herb's Subs, 1210 Willamette. FREE.

Oregon League of Conservation Voters presents a 2008 Campaign Kick-Off, feat. silent auction, music, tango dancing, hors d'oeuvres, special guests Pete Sorenson, Kitty Piercy, Betty Taylor, 7pm, DIVA. www.olcv.org/lane or 503-224-4011. FREE.

Tax-Aide continues. See Friday.

KIDS/FAMILIES Nearby Nature Quest: "Rah! Rah! Rodents!" 10am, meet at Park Host Residence, Alton Baker Park. RSVP, 687-9699. \$2, \$5 family.

"Create a Puppet and a Play" w/Celeste Rose, for ages 8-13, 12:30pm today, March 1, 8; 3:30pm March 14; performance 2pm March 15, Springfield Library. Register at Youth Services Desk. FREE.

Archaeology Family Day, hands-on activities, 1pm-4pm, Museum of Natural & Cultural History, 1680 E. 15th Ave. \$3, \$2 sr., youth, \$8 family.

LECTURE Commemoration: "WWII Internment and Incarceration: Japanese Ancestry Persons in the United States, Canada and Latin America," Tetsuden Kashima, 10am, 175 Knight Law Center, UO. FREE.

MUSIC Michael: Haydn Divertimento in C for String Trio, 2pm, Atrium Bldg., 10th & Olive. FREE.

The Sugar Beets: "Unplugged," 7:30pm, The Shedd. 434-7000. \$12.50-\$25.

Gospel Music Program concert, 7pm, First Congregational Church. 345-8741. FREE.

Ashleigh Flynn CD release show, Peter Wilde, 9pm, Sam Bond's. 21+. \$5.

Jeff Lewis shakes out his Jitters at the WOW Hall Wednesday

