



training as well as shelter in a safe place for any woman who is dealing with issues of domestic and/or sexual violence. By providing presentations in local elementary, middle and high schools, staff members work to prevent sexual and domestic violence through education. Womenspace gladly accepts monetary donations and could also use the following items: diapers/wipes, dish and laundry soap, toiletries such as shampoo, toothpaste, razors, lotion, feminine hygiene products, toilet paper and Kleenex, pajamas (adult and youth), kitchen and bath towels, hand towels and washcloths, pots and pans with lids, dishes and silverware, mattress pads, bedding of all sizes, school supplies, nonperishable foods and dedicated volunteers. Call 485-8232 or visit www.enddomesticviolence.org to donate or learn more.

SHELTER ANIMAL RESOURCE ALLIANCE

S.A.R.A., Shelter Animal Resource Alliance, rescues, assists and advocates for lost and homeless animals at animal control shelters, working to increase the number of animals adopted and decrease the number of animals euthanized. S.A.R.A. rescues adoptable pets from animal control shelters, provides any needed medical attention and evaluates and transfers them to adoption programs through other rescue services, humane societies or their own adoption service. Staff and volunteers also run S.A.R.A.'s Treasures, a thrift store on River Road that provides much of their dog and cat rescue funding. Those running the store also educate the public about the advantages of



spaying and neutering. High quality used items are accepted at the store, and other donations for the rescue effort are always appreciated. Call 607-8892 for the thrift store or visit www.sarastreasures.org for more information and S.A.R.A.'s wish list.

SEXUAL ASSAULT SUPPORT SERVICES

SASS, Sexual Assault Support Services, provides community education and outreach, advocacy and support for survivors of sexual assault, abuse or harassment. They offer bilingual support groups for all ages for both male and female survivors of abuse, operate a 24-hour crisis and support line and a drop in center open 9 am to 4 pm weekdays.



SASS's 24 hour advocacy supports abuse survivors with healing, medical and legal information with transportation and accompaniment to medical care, an emergency shelter or the police. SASS works to empower people to find their own choices. It offers a 40 hour volunteer training program three times per year; the next one starts Jan. 11. Call 484-9791 or visit www.sass-lane.org to donate, to volunteer or for more information.

AMIGOS

Formerly known as Amigos de los Sobrevivientes, Amigos was originally created to assist Latin American families who came to the U.S. after having experienced political violence and torture. Through education and advocacy Amigos works to protect the human rights of immigrants — insuring their protection, security, just treatment and inclusion in U.S. society. Their youth program, Juventud FACETA, serves Latino youth ages 14–24, encouraging per-



sonal growth, civic engagement and development as community leaders through advocacy and training on immigrant rights as human rights. Amigos also runs a Human Rights Education Program, offering speakers and panel participants on human rights topics. Call 746-6022 or visit www.amigosmsc.org for more information.

FOOD FOR LANE COUNTY

A hungry belly gets in the way of everything — thinking, working, peace. FOOD for Lane County is a private nonprofit food bank dedicated to eliminating hunger. It runs a variety of programs including emergency food boxes, shelters, meal sites, gardens, gleaning and nutrition education. FFLC advocates for strengthening the local food economy and improving the accessibility of food. The nonprofit serves a diverse population of people living on limited incomes, including children, families, seniors and single adults. There are many different ways to volunteer with FFLC, and donations are always welcome. Visit www.foodforlanecounty.org or call 343-2822.



COMMITTED PARTNERS FOR YOUTH

By matching caring volunteer adults with at-risk youth for mentoring, Committed Partners for Youth connects kids with their community, focusing on positive reinforcement, trust



building and achievement of goals through one-on-one outings and group adventures in the community. Programs include Pathfinders, for at-risk middle school students; Bolder Options, an ongoing program of goal-setting, self-discipline and athletic skills development; True Friends, for youth 7-17 who have at least one parent or primary caregiver currently incarcerated within the criminal justice system; and Project Impact for children in grades 4 -8. Volunteers can mentor or offer support in other ways, and donations are welcome. Visit www.committedpartners.org or call 344-0833.

NEXTSTEP RECYCLING

NextStep Recycling recycles computer hardware and other electronics, keeping them out of the landfill and making them available for re-use for people who might not otherwise afford such access to technology and the Internet. NextStep provides skill training opportunities for under-employed or inexperienced workers as well as education to the general public regarding the impact of electronics and polystyrene foam on our environment. NextStep provides free computers to chil-



dren and adults in foster care, family members leaving domestically violent relationships, migrant worker families and underfunded schools and nonprofits. It operates the ReUse Store which, together with recycling fees, helps support the operation. NextStep has volunteer opportunities and gladly accepts cash donations as well. Visit www.nextsteprecycling.org or call 868-0904.

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