

Y SWIM LESSONS™

We build strong kids, strong families, strong communities.



Parent/Child Swim Lessons November 6 – November 29

Tuesday & Thursday
9:00 - 9:30

NO Class on Thanksgiving

Members \$10 • Community member \$12.50 • Potential member \$15

EUGENE FAMILY YMCA

2055 Patterson • Eugene, Or 97405 • 686-9622 • www.eugeneymca.org



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KRVM

91.9 FM Celebrates

60th Birthday Party

November 17, 2007

Free admission

7:00 pm

All ages welcome

McDonald Theatre

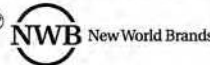
Birthday Cakes provided by Sweet Life Patisserie

Music provided by The Strange Tones, The Sugar Beets, The Conjugal Visitors, Salilick

KRVM Time Capsule Presentation

Giant Birthday Card for you to sign

KRVM Scrapbook to browse



Sundance NATURAL FOODS presents Holiday Brewfest!

- Anderson Valley, CA's Anderson Valley six-packs.....\$7.19+dep
 - Middleburg, Vermont's Wolaver's Organic six-packs.....\$7.29+dep
 - Humboldt County's Mad River Brewing six-packs..\$7.79+dep
 - Newport, Oregon's Rogue Dead Guy six-packs.....\$8.19+dep
 - California's Lagunitas Brewing 22oz single.....\$2.99+dep
 - Brussels, Belgium's Lindeman's Lambic Ales 12oz single..\$5.25+dep
- and MANY more on sale! Come check out our selection!



Questions? Ask me!

Find Doktor Hops, aka Andrew at the store or contact him via email at

andrew@sundancenaturalfoods.com

prices good through 11/31/07



Local Merchants, the heart of our community

www.sundancenaturalfoods.com • 343-9142 • 24th & Hilyard