

the curbside tour

SEPTEMBER 22nd JOIN TEVA AND WILLAMETTE RIVERKEEPER FOR A CLEAN-UP AT SOUTH AUTZEN FOOTBRIDGE

Where: Footbridge (Riverfront & Millrace)

When: 9/22/07

Time: 10 AM-2 PM

VOLUNTEERS

Pick up your free gifts from **Teva** and **Lonely Planet** at the river clean-up meeting location while supplies last. Plus enjoy a free* post clean-up show:

**Jay Nash Performs Live @
Cozmic Pizza
7PM**

199 W. 8th Street

www.myspace.com/jaynash

***for free admission bring your
volunteer voucher to Footwise**



The Curbside Collection is the first footwear from **Teva** that incorporates post consumer recycled materials. Canvas made from recycled PET plastic bottles. Outsoles made from recycled car tires. **Give Trash a Chance**

Receive a free copy of **Lonely Planet's** sustainable travel guide **Code Green: Experiences of a Lifetime** with your Curbside Collection purchase at **Footwise 181 East Broadway** in Eugene while supplies last.



FOOTWISE



LETTERS TO THE EDITOR

PRESSURE'S RISING

On this sixth anniversary of the terrorist attacks on the U.S., a much larger threat to our nation is rearing its ugly head. Researchers at Atlanta's Morehouse School of Medicine have just reported a rising rate of high blood pressure among America's children. Based on surveys of nearly 30,000 children aged 8-17 by the National Center for Health Statistics, the report will be published in the Sept. 25 issue of the American Heart Association journal *Circulation*.

More than 400,000 American children are developing high blood pressure, a chronic precursor to heart attack and stroke that has traditionally afflicted only adults. The leading cause is the childhood obesity epidemic brought on by a diet grounded in sugary foods and drinks and fat-laden meat and dairy products.

According to the U.S. Department of Agriculture, 90 percent of children consume excessive amounts of fat and only 15 percent eat the minimum daily recommended servings of fruits and vegetables. It's no wonder that most children are overweight and one in six are obese. Childhood dietary habits become lifelong addictions.

Parents should insist that children consume more whole grains, legumes, vegetables and fresh fruits. They should work with their PTAs to demand healthy meals, snack-



sand vending machine items in schools. Helpful resources are provided at www.choiceusa.net

*Edward Newland
Eugene*

BAD SOLUTION

General Petraeus' and Ambassador Crocker's testimony this past week includes plans for the withdrawal of a few troops from Iraq. But the general and the ambassador also laid out plans for a long-term U.S. military occupation of Iraq, creating a compliant, protected regime in the oil-rich heart of the Middle East. A long-term military occupation of Iraq is a bad solution to a failed war policy. Our members of Congress should be working towards an end to the war that people in this country of all political parties can unite around.

One such proposal has already been put forward and would enact into the law the recommendations of the bipartisan Iraq Study Group, including a firm commitment for the withdrawal of all U.S. military troops from Iraq, full support for regional diplomatic negotiations with all of Iraq's neighbors and a commitment to assist in rebuilding a country that U.S. military troops have helped to destroy. I hope that we can count on our members of Congress to support this bill and a real end to the Iraq war.

*Marietta Thompson
Oakridge*

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