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- changing old patterns to allow new choices
- creating healthy relationships

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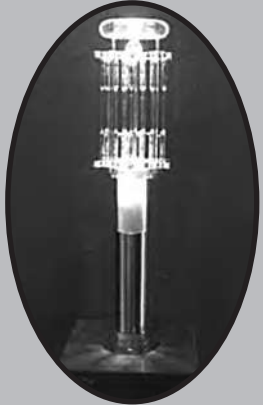
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"a spiritual experience..."



- The V.I.B.E. Machine consists of technologies based on the theories of Lakhovsky, Tesla, Rife and Clark.
- The device increases the cellular frequency amplitude back to its "original" healthy state.
- Imbalance is created by toxic substances we eat, pollutions we breathe, exposures to negative energetic environments, and how we process information.

CALL FOR A FREE TRIAL SESSION!

CONTACT
John Winslow
OmChi Herbs
Eugene, OR
541-744-5651

info@omchiherbs.com

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WORKSHOPS

BEGINNERS QIGONG: IMMUNE FITNESS
Suman Sensei
Sat. Sept. 22; 9:30-11:30a.m.
Learn a practice that enhances the body's immune system. No previous experience needed. \$17adv/\$20door

WATSU FOR COUPLES
Ann Cole
Tue. Sept. 25; 7:30-9:30 p.m.
Enhance your relationship! Use warm water Shiatsu to float your partner with loving intention. \$25/couple adv; \$30/couple door

UPCOMING EVENTS

LAMINITIS FUNDRAISING EVENT
Sunday, September 23; 1-4 p.m.
Silent auction, equine practitioners. All proceeds go to Laminitis Research and Oregon Horse Rescue in memory of Barbaro. Sug. don. \$10/kids under 12 free.

OPEN HOUSE
Sunday, September 30; 2-4 p.m.
Tour of our delightful facility and beautiful grounds. Participate in lesson demonstrations and free classes. On-site practitioners available. Food and music too!

CONCERT
Jami Sieber, electric cello & vocals
Kim Rosen, spoken poetry
Saturday, October 20; 7:30 p.m.
\$15 adv/\$18 after 10/17

683-7506 • 3575 Donald St.
www.tamarackwellness.com

ew CLASSIFIEDS

TO PLACE A CLASSIFIED AD CALL 484.0519

Pet/Supplies

FRIENDLY PET Sitting Need someone to watch your pets while you are away? I am an honest and responsible pet sitter. Great references! Prefer downtown area only. Please email me at MyriahLucia@aol.com or call (828)273-9682 or (541)484-3054

HOUSE CALL Cat Grooming The Grateful Cat- Now offering grooming for your feline friend in your home! Gentle Care, Low Stress, Natural Products, Custom Trims. Ashley 541-554-6901

PET SITTING and Dog Walking. The Grateful Pet- Pet sitting/Dog Walking. 10+ years pet care experience. Affordable Rates. For more info call Ashley 541.554.6901

Music

Band Members

BASS PLAYER Needed Looking for a bassist that can groove with a variety of rock 'n roll styles. Sample songs at www.myspace.com/teaandhoney Contact Dana at 654-2878

Lessons

CELLO LESSONS. Pacific Winds Music Studios. 747-7247.

FINGERPICKING GUITAR, oldtime banjo, mandolin, fiddle, recorder lessons. Patient, experienced teacher. Emily Fox, 345-5119.

GUITAR LESSONS. Experienced pro w/BA in music. All styles and skill levels welcome. Call Tate at Harmony Roadhouse Studios. 925-876-8487 or 541-345 9225

LEARN GUITAR! John Powell teaches at River Road Park. Relaxed, informal 1 on 1 lessons. Beginners welcome. 729-9928.

LOVE MUSIC but don't really understand it? Try my music theory course. Short on technicalities, long on the big picture. Awesome handouts, Magic Decoder Strip. Understand your instrument, songs, emotions. Dozens of satisfied customers. Weekday evenings in my home. Buck, 689-2094.

PIANO LESSONS classical and jazz. Near Churchill High. Children and adults. Oregon Music Teacher's Assn. Member. Nancy Harris, MA. 343-2582.

SAXOPHONE INSTRUCTION All ages, beginning-advanced. Tone, technique, theory, improv. Call Matt 541-285-0752

SUZUKI VIOLIN Lessons. Ages 3 and up. Give your child the joy of music! 513-5884. www.joyfulviolins.com

ZIMBABWEAN MARIMBA classes Fall term at Kutsinhira Cultural Arts Center (www.kutsinhira.org) begins the week of Sept. 24. ADULT BEGINNING MARIMBA class on Thursday evenings, 7:30-9PM, for a 10-week session (Sept. 27 - Nov. 29). 342-8189 or 345-9454

Home Services

Building/Remodel

OREGON STATE Law requires anyone who contracts for construction work to be licensed with the Construction Contractors Board. An active licensee means the contractor is bonded and insured. Verify the contractor's CCB license through the CCB Consumer Website www.hiralicensedcontractor.com.

Cleaning

A CLEANER Place I use only earth-friendly products. Great references! Also able to help with home and garden projects. Detail-oriented, efficient, and artistic. Prefer downtown area only. Call Myriah at (828)273-9682 or (541)484-3054 or email me for further information! MyriahLucia@aol.com

HOME/OFFICE cleaning. Excellent references. Efficient, detail oriented. 17 years experience. \$14 to \$16/hr. 953-0736.

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Landscape

GREENTHUMB MAINTENANCE Lawn mowing, weed spraying/cutting/pulling/removal, gardening, gutter cleaning and much more. My name is Frank. Formerly of Chris and Frank Landscaping. I am the new owner of Greenthumb Landscaping. Free onsite estimates. 541-736-3766

Maintenance/Repair

HANDYMAN AT YOUR SERVICE! Hire a licensed, bonded, and insured contractor for all of your home maintenance and repair needs! Free estimates! John Nicholls at 541-743-1741 NichollsHomeRestorations@yahoo.com CCB#177948

Painting

QUALITY ONLY RENOVATION. Interior, exterior. Repairs, free estimates. Quality materials and work. 302-1639. CCB# 150956.

CUSTOM QUALITY HOUSE PAINTING by ArtTrek. Interior, Exterior. Restoration. Faux Finish. Sterling and Ruth. www.arttrekinc.com 683-0626. ccb#62677. Lead Safe.

Yard & Garden

FINE HOMES Lawn & Yard Care. Pre-fall cleanups, bedwork, light hauls. Experienced & Organic. Jalana Lucir 344-4882.

ANY YARDWORK. Hauling. Complete yard cleanups. High grass mowing. Small lots. Brush, blackberry cutting. Free bids. 345-5128.

POSITIVE YARD mowing, weeding, leaf clean-ups, pruning, edging, hedging, roof clean-ups, hauling, electric tools, biodiesel, 686-3274.

YARD WORK, LEAF RAKING, weeding, blackberries, mowing, and light painting. Your tools helpful. Leave message for Dave, 349-0598.

Pro. Services

Attorney

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Computer

COMPUTER PROBLEMS? Can't make it work? We can help solve your computer problems! Macintosh & Windows help available. www.OregonTechSupport.com. 968-2218.

Culinary

HEALTHY NATURAL Baked Goods We specialize in homemade organic baked goods. Order yummy sweets such as cranberry banana bread, oatmeal raisin cookies, key lime bars and so much more! All proceeds going towards a South American volunteer trip to benefit indigenous cultures. MyriahLucia@aol.com

Film/Video

VIDEO PRODUCTION CLASSES! Community Television now offering comprehensive courses in studio, field, analog, digital editing. Call 341-4671 or 683-1634. CTV-CH29. Free program guide by email: info@ctv29.org.

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What you will learn:

- The four basic pains of dying
- Healing tools for yourself and for helping others
- To develop a vision for your own transition
- To draft a living will

Date/Location/Contact:
October 27th-28th
Eugene
Contact: Alida Birch
541.686.2023
info@AlidaBirch.com
12 CEUs LCSW/LMTs
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