

Taste the Wild & Unusual at the Fisherman's Market

SANDWICHES • SOUPS • FISH AND CHIPS • SAUCES • FISH TACOS

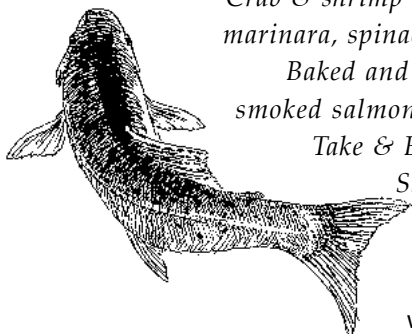
SEAFOOD LASAGNA

Crab & shrimp layered with our own marinara, spinach and lots of cheeses.

Baked and served with our smoked salmon market salad. \$9.⁹⁵

Take & Bake pan \$10.⁰⁰

Slice \$3.⁹⁹



www.plankfish.com

830 West 7th, Eugene • 484-CRAB • OPEN DAILY, 11:00 AM–8:00PM

Best Eco-Friendly

Veggie and Vegan • Breakfast and Lunch

Morning Glory Cafe

We strive to create an environment where everyone feels welcome and is treated with the dignity and respect we all deserve.

—Peace—

7:30am – 3:30pm • 7 days a week
687-0709 • 450 Willamette St. • Eugene



The place for lunch and dinner!
Something for everyone!

SANDWICHES • SALADS • STEAKS
CHICKEN • APPETIZERS

OPEN AT 11AM MON.-SAT. • 44 EAST 7TH AVE • EUGENE • 344-1293 • ROCKNRDEOCLUB.COM

Come try the
10oz PRIME RIB DINNER
on FRIDAY NIGHTS
for \$9.95

Monday thru Friday
LUNCH BUFFET
for \$5.95
includes your drink (soda or coffee).

LOTTERY GAMES

All day, every day
BURGER & BREW
for \$5.95

word is...

Is steak the new Thai?
Steakhouses are popping up
all over the place, including
Bates Steakhouse on East
Broadway and **Rodeo**
Steakhouse in Springfield.

Serving lunch, dinner: Carne tampiquena (rice, beans, guacamole, bacon and plantains), shrimp Costa Azul, enchiladas Puerto Vallarta (crab and shrimp), vegetarian entrées. Wine, beer, full bar. Take-out. 11 am-9 pm, daily. MC/V. \$\$.

TORERO'S MEXICAN FAMILY RESTAURANT

5705 Main St., Springfield. 746-3766.
Serving lunch and dinner, traditional Mexican specialties. 11 am-9 pm M-F, 11 am-10 pm Sa & Su. V/MC/AE. \$\$.

Microbrew

EAST 19TH STREET CAFÉ

1485 E. 19th Ave. 342-4025.
Serving lunch, dinner and pub fare: Hamburgers, Gardenburgers, hot sandwiches, fries and soups. Their own Edgefield wines available bottled or by the glass; beer; 15 microbrews on tap, featuring McMenamins ales. Take-out. Some OG. Wheelchair accessible. 11 am-1 am M-Sa, noon-midnight Su. MC/V/AE/D. \$-\$\$.

HIGH STREET BREWERY & CAFÉ

1243 High St. 345-4905.
Serving lunch, dinner: Hot sandwiches, pastas, salads, hamburgers, fries, vegetarian entrées. Wine, beer, 12 McMenamins microbrews on tap plus five others. Outdoor seating available. Take-out. Some OG. Wheelchair accessible. 11 am-1 am M-Sa, noon-midnight Su. Minors till 9 pm. MC/V/AE/D. \$-\$\$.

NORTH BANK

22 Club Rd. 343-5622.
Serving burgers, pastas, crayfish and sausage gumbo, hot and cold sandwiches, salads, steamed clams, salmon and appetizers for lunch and dinner. Vegetarian entrées. Wine, full bar and microbrews, featuring McMenamins ales. Deck seating along the Willamette River. Take-out. Smoking on patio. LG. 11 am-11 pm M-Th, 11 am-1 am F & Sa, noon-11 pm Su. Closed Thanksgiving and Christmas. MC/V/AE/DC. \$-\$\$.

SAM BOND'S GARAGE

407 Blair Blvd. 431-6603.
New menu offerings, plus organic pizza by the slice, mixed green salad from local organic farms. Now serving hard alcohol. Beer garden. Live entertainment nightly. OG/LG. Open 4 pm 'til late daily. MC/V. \$-\$\$.

★ Best Bar

★ Best Bar Food, Third Place

VILLARD STREET PUB

See Northwest

Northwest

ADAM'S PLACE

See Continental

AX BILLY GRILL & SPORTS BAR

See American

BEL AMI LOUNGE

1591 Willamette St. 485-6244.
Friendly eclectic Pacific Northwest influenced cuisine. Wine, draft beer, full bar, fireplace and lounge. Wholeheartedly supporting local farmers and ranchers. 4:30 pm-11 pm M-W, 4:30 pm-1 am Th-Sa. All major cards. \$\$\$.

★ Best Happy Hour, Third Place

BIG RIVER GRILLE AT THE HILTON

66 E. 6th Ave. 342-6658.
Specializing in fresh seafood and Pacific NW cuisine. Serving breakfast, lunch and dinner. Oregon wines, microbrews. Reservations recommended. Wheelchair accessible. 6:30 am-10 pm daily. All cards. \$\$\$.

CHOW! SPRING 2007

CHEF BECKY

345-7779. www.chefbecky.com
Delivering dinner. Customized, gourmet meals, delivered by personal chef Becky. Prepared from scratch, just for you, using top quality ingredients. Sample menus available online. Some OG. MC/V. \$\$\$.

GLENWOOD RESTAURANTS, INC.

See Cafes

JO FEDERIGO'S RESTAURANT & JAZZ CLUB

See Italian

KOHO BISTRO

2101 Bailey Hill Rd. 681-9335.
Serving lunch and dinner: Thai style hotpot, deep fried bass fillet, grilled sea scallops, roast duck with lemon-rosemary pan juices, BBQ pork and sweet potato pie, baked winter squash, portabella mushroom ravioli. Vegetarian entrées and salads. Wine and microbrews. Some OG/LG. 11:30 am-9 pm M-Th, 11:30 am-10 pm F, 5 pm-10 pm Sa. MC/V. \$-\$\$\$.

LAVELLE WINE BAR AND BISTRO

296 E. 5th Ave. (5th St. Market). 338-9875.
Small tasty menu served Tu-Sa evenings. Famous fondue, homemade soups, artisan cheeses and more. Wine tastings daytimes and LaVelle Vineyards' award-winning wines. Live music F & Sa 5:30 pm-8:30 pm. Some OG/LG. Noon-6 pm Su, noon-8 pm M-Th, noon-9 pm F & Sa. MC/V. \$\$\$.

MAC'S AT THE VET'S CLUB

1626 Willamette St. 344-8600.
Whiskey cured prime rib, steaks, chicken, seafood, sandwiches, appetizers, beer, wine and cocktails. Open to the public. All ages until 9 pm. Live music W-Sa, free W & Th. Low cover F & Sa. Reservations accepted. Some OG/LG. Wheelchair accessible. 4 pm-10 pm Tu; 4 pm-11 pm W; 4 pm-1 am Th; 4 pm-2:30 am Sa & Su. MC/V/AE/D. \$.

MARCHÉ

296 E. 5th Ave. (SW corner 5th St. Market). 342-3612.

Serving lunch, dinner, Sunday brunch, casual bar menu and cocktails featuring local, organic, seasonal ingredients with French flair. Menus change weekly, wood-fired oven, exhibition kitchen, catering. Vegetarian entrées. Wine, beer, full bar. Reservations. Some OG/LG. Wheelchair accessible. 11:30 am-11 pm M-Sa, 11:30 am-10 pm Su. All major cards. \$\$\$-\$\$\$\$.

★ Best International/Continental

★ Best Special Occasion/Fine Dining, Second Place

MARCHÉ CAFÉ

296 E. 5th Ave. (5th St. Market). 484-6614.
Seasonally changing menu. Breakfast, lunch and light supper: Soup, sandwiches, salads, panini, desserts, wine by the glass. Weekend breakfast: omelettes, poached egg dishes, homemade granola, crepes, fruit, breakfast pastries. Local organic coffee and espresso, take-out, box lunches, catering. Some OG/LG. Wheelchair accessible. 7 am-7 pm M-Sa, 9 am-6 pm Su. All cards. \$.

MARCHÉ MUSEUM CAFÉ

Jordan Schnitzer Museum of Art, UO. 346-6440.
Seasonally changing menu. Breakfast pastries, granola, soup, panini, sandwiches, salads, desserts. Wine by the glass and bottled beer. Full City Coffee and Blue Willow Teas. Take-out, box lunches and catering. 9 am-4:30 pm M, Tu, Th, F; 9 am-7:30 pm W; 11 am-4:30 pm Sa & Su. All cards. \$.

MIDTOWN MARKETPLACE WINES

1591 Willamette St. 485-6268.
Wine bar with extensive bottle shop. Domestic and international wine flights available day and night. Warm, cozy atmosphere and attentive, knowledgeable staff. 30+ wines available by the glass. Full bar and menu available. Incorporated with Bel Ami; buying bottles for dinner encouraged. 10 am-9 pm M-Sa, noon-5 pm Su. All major cards. \$-\$\$\$.

OREGON ELECTRIC STATION

27 E. 5th Ave. 485-4444.
Serving lunch, dinner: Steaks, prime rib, seafood, pasta, vegetarian entrées, salads, desserts. Wine, beer, microbrews, full bar. Reservations. Some OG/LG. Wheelchair accessible. 11:30 am-midnight M-F, 4:30 pm-midnight Sa-Su. All major cards. \$\$\$\$.

OREGON WINE WAREHOUSE

943 Olive St. 345-0651.
www.oregonwine.com

An Oregon wine specialty shop and wine bar featuring flights of Oregon wines, music every weekend, a wine-friendly menu, special tasting events and classes. With wine gift shipping, case discounts and honest advice. Wheelchair accessible. Tasting room: 3 pm-8 pm F, noon-8 pm Sa, noon-5 pm Su. Bottle shop: Noon-8 pm W-Sa, noon-5 pm Su-Tu. MC/V. \$-\$\$.

OUR DAILY BREAD

88170 Territorial Rd., Veneta. 935-4921.
Serving breakfast, lunch, dinner. A full service Northwest dining experience concept featuring regional cuisine and fine local wines and microbrews. Live music Tu-Sa, wine tastings noon-5 pm Sa. Catering and banquet services. Sunday all-you-can-eat family style chicken dinner. Take-out, bakery, wine shop. Some OG/LG. Wheelchair accessible. 8 am-9 pm Tu-Th, 8 am-9 pm F & Sa, 2 pm-9 pm Su. MC/V. \$-\$\$\$\$.

SIXTH STREET GRILL

55 W. 6th Ave. 485-2961.
An exceptional selection of northwest cuisine, cocktails, beer and wine served to you in an inviting atmosphere. 11 am-10 pm M-Th, 11 am-11 pm F, 8 am-11 pm Sa, 8 am-10 pm Su. All major cards. \$-\$\$\$.

SWEETWATERS

Valley River Inn, 1000 Valley River Way. 743-1000.

www.valleyriverinn.com
Serving breakfast, lunch, dinner, Sunday brunch. Seasonal menu selections featuring best of Northwest; entrées, salads, soups, desserts. Excellent beer, wine selection; lounge with full spirits. Reservations recommended for dinner and Sunday brunch. LG. Wheelchair accessible. M-Sa 6:30 am-11:00 am, 11:30-2 pm; 5:30 pm-9:30 pm; Su 7:30 am-2 pm, 5:30 pm-9:30 pm. All cards. \$-\$\$\$.

VILLARD STREET PUB

1417 Villard St. 393-0960.
Serving lunch and dinner. Northwest brew pub style in the tradition of Wild Duck Brewery. Sandwiches including Falconer burger and Cajun chicken Caesar wrap. Vegetarian entrées. Wide selection of microbrews and bottles including the return of Spank Dog Pale Ale. Some OG/LG. 11 am-midnight M-Th, 11 am-2 am F & Sa, 4 pm-11 pm Su. MC/V/AE. \$-\$\$.

WATERFRONT BAR & GRILL

2210 MLK Blvd. 465-4506.
Serving lunch and dinner: Steaks, baby back ribs, seafood broiled over oak. Salads with international flavors as well as local produce. Hot and cold sandwiches, salads, vegetarian entrées. Full bar. Reservations. Take-out. Wheelchair accessible. 11:30 am-midnight M-F, 5 pm-midnight Sa. All cards. \$-\$\$\$\$.

Pacific Rim

HODGEPIDGE

830 E. 13th Ave. 302-3334.
2190 W. 11th Ave. 484-6300
Serving lunch and dinner: Fabulous food fast, teriyaki chicken. Catering. Eat in, take-out, drive through. Wheelchair accessible. 11 am-10 pm daily. MC/V. \$.

JAIL, THE

490 E. Broadway. 343-8700.
Student-approved BBQ and teriyaki joint. Police officers and fire department frequent this place as well. Huge portions! Wheelchair accessible. 11 am-11 pm M-Sa. Some cards. \$.

KONA CAFÉ

4605 Main St., Springfield. 741-7136.
270 E. Oregon Ave., Creswell. 895-4140.
Serving lunch, dinner: Authentic Hawaiian style kīawe (mesquite) barbecued ribs and chicken, teriyaki chicken, volcano chicken, Kalua pig, tri-tip beef, wok fried noodles, pot-mae salad (Big Island favorite, combo of potato and macaroni salad). Live Hawaiian music from Rick Hanapi. 11 am-8 pm daily. All major cards. \$-\$\$.

NOHO'S HAWAIIAN CAFÉ

339 E. 11th Ave. 743-0659.
Serving lunch, dinner: Authentic Hawaiian plate lunch served in traditional style. Casual environment. 11 am-9 pm M-Sa. All major cards. \$-\$\$.

RING OF FIRE & LAVA LOUNGE

1099 Chambers St. 344-6475.
Serving Pacific Rim and Thai cuisine for lunch and dinner. Vegetarian and vegan options. Wine, beer, specialty cocktails. Full menu until close. Catering. Take-out. New banquet room. 2006-2007 EW Best of

CREAMY WASABI DRESSING FROM THREE FORKS

Makes 2 cups or 4 to 6 servings

1 cup sour cream
1 cup mayonnaise
3 oz. buttermilk
3 oz. wasabi paste
2 tbsp. sugar
1 tsp. salt
4 oz. lime juice
Zest of 1 lime
Dash of fresh ground pepper
1 tsp. grated fresh ginger
1 tsp. minced garlic

Whisk together sour cream and mayonnaise. Add the buttermilk, sugar, salt, lime, zest, pepper and ginger, and mix thoroughly. Incorporate wasabi paste into lime juice until smooth, then whisk into the rest of your dressing.

All other sauces and dressings at Three Forks are vegan!



Breakfast • Lunch • Dinner

Nature's Corner Cafe & Market

Specializing in organic foods using the finest ingredients

• daily specials • salads • seafood • soups & sandwiches • deli
• bakery • espresso (Cafe Mam) • groceries • produce
• beer & wine available

OPEN 7-6:30 DAILY 7:30-3 SUNDAY

185 Hwy. 101 Florence (1 block north of bridge) • 997-0900