



DAVID LANG

Urban
Shamanism

683.3756

Are pieces missing in your life?
Recover passion, health, joy...
www.urbanshamanism.com

Insurance Accepted

Auto Accident, Blue Cross, ODS, Pacific Source

Harmony
Massage

Talicia Brown

232-6298

Swedish • Deep Tissue • Reiki
Hot Stone Massage • Thai

YOGA
WEST
3635 Hilyard

Tarn Taran Singh
International Teacher / Trainer

OUR SOUL'S PURPOSE
A Yoga and Meditation Intensive

SAT., MARCH 31
12:30-6:00PM

\$40 Pre-registered by 3/30; \$50 at the door
Contact Joan: 344-8332

WHITE
TANTRIC
YOGA®
SAT., APRIL 7
8AM-6:30PM

AT THE DOWNTOWN ATHLETIC CLUB
TRANSFORMATIONAL!

- Cleanse the subconscious
- Uplift the spirit
- Connect to others
- Challenging and fun

Sat Mander: 344-6018

\$130 pre-reg / \$75 students & seniors
www.yogawesteugene.com

According to Tantric tradition ...
One day of White Tantric Yoga
equals 60 years of
individual meditation

Our studio will be closed
SATURDAY, APRIL 7th
for White Tantric

Kundalini Yoga as taught by Yogi Bhajan
www.yogawesteugene.com
recorded schedule: 686-0432
Corner of 36th & Hilyard



Northwest
Academy
of Arms

Classical Fencing Programs for
Children, Youth, Teen & Adult:

www.northwestacademyofarms.com 541-221-1695



DAVID LEVIN

Intuitive Bodywork

Combination Lomi Lomi & Swedish Massage
Jin Shin Do Acupressure • Energy Balancing
Hot Stones • Allergy Assessment
Spirit Guide Connection

email: fivephases@rio.com
541-729-6611

LMT #5400

Relationship
Counseling



Rich Pomper, MA
Relationship Coach, Marriage
& Family Counselor

FREE 1/2 HOUR CONSULTATION
Call 520-1535

synergyinlove.com



Growing
Gardens

- Design
 - Manage
 - Renovate
 - Maintenance
 - Garden Prep
- Katy: 541-344-9123



Tamarack
WELLNESS CENTER

683-7506 3575 Donald St. Eugene

WORKSHOPS

Tue. April 3 7:00-9:00pm
Self Care on The Path of Service
Kassy Daggett & Victor Rozek

BreathWork Retreat for all
those working in service
to others. Clear out
fatigue and burnout.

\$17/adv \$20/door

683-7506 www.tamarackwellness.com

AQUATICS

Bather Friendly

Saltwater generated 92°F Pool

Special Spring Break Rates!

through March 31

\$4/person \$7 for 2 people \$10 for 3-5

686-9290 www.stewartaquatic.org

YOGA



Spring Classes
begin April 2!

(Current classes thru Apr. 1)

New 10-wk Series!

Mondays: Apr. 2 - June 11

* Beginning 7:15-8:45pm Noah

Tuesdays: Apr. 3 - June 5

* Yoga Plus 11:30am-1pm Donna

* Beginning 5:45-7:15pm Lynne

Thursdays: Apr. 5 - June 7

* Yoga Plus 11:30am-1pm Donna

* Beginnig 5:30-7pm Michele

(for Active Beginners)

*** Preregister now! \$75/ 10 wk ***

Drop-in Yoga 7 days a week

484-6100 www.fourwindsyoga.org

ew Classifieds

TO PLACE A CLASSIFIED AD CALL 484.0519

Home Services

Building/Remodel

HILTON CONSTRUCTION New Construction,
additions, remodels, custom furniture and
custom cabinetry. CCB# 173061. Please call
for an estimate 541.554.6998 or visit us at
www.hilton-construction.com

TIMMERMANN CONSTRUCTION. Kitchen,
bath remodels, painting, tilework. Quality
since 1981. CCB#121380. Mike, 729-8201.

FINE ARCH painting, tile, wood floor, refin-
ishing and renovation work. CCB# 158081.
686-8782, 515-0877 excellent workmanship.

ECO-FRIENDLY Painting and wood finishing.
Specializing in high-end custom finishes.
731-9369.

Cleaning

TAMI'S HOUSEKEEPING, insured and bond-
ed, references, current openings 554-8430,
747-8277.

Maintenance/Repair

HOMEOWNER HELPER. All phases, landscap-
er, and "fix it" guy. Interior also. Seeking
exchange for living space. 684-7750.

Painting

ECO-FRIENDLY PAINTING and wood finish-
ing. Specializing in high-end custom finish-
es. 731-9369. CCB# 171883.

CUSTOM QUALITY HOUSE PAINTING by
ArtTrek. Interior, Exterior. Restoration. Faux
Finish. Sterling and Ruth.
www.arttrekinc.com 683-0626. ccb#62677.
Lead Safe.

RUBIE'S BUNGALOW. Interior painting,
wood siding and deck refinishing. Custom
colors our specialty! CCB #142434. 913-6465.

Yard & Garden

FINE HOMES Lawn and Yard Care. 344-4882.
Clean up and mulch now so your
spring/summer care is a breeze. Organic
practices.

POSITIVE YARD, GARDEN, HAULING. 100%
biodiesel. No gas! Electric tools, honest
labor. Mowing, trim, cleanups. Call 686-3274.

YARD WORK, LEAF RAKING, weeding, black-
berries, mowing, and light painting. Your tools
helpful. Leave message for Dave, 349-0598.

ANY HAULING or yard work. Complete yard
clean up. Brush or blackberry removals,
high weeds, and grass. Free estimates. 345-
5128.

Mediation

Work Together to Save
Time, Money and Stress.

Before you hire a lawyer call for a free consultation.

Dan Stein Family Mediation

Family - Divorce - Workplace

344-7068

www.dansteinmediation.com

Massage Your Mind!



Are You Stuck?
Looking for new solutions?
Is it time for a change?

We can help you to connect
with your VISION, HEAR your
inner voice, FEEL your passion!

Call 484-5599 for Your FREE
30 Minute Consultation

www.WorldTreeTraining.com



Need a new ride?

EW Classifieds has your
next bitchin' ride.

AFFORDABLE INSURANCE. Protect your
family. Buy health insurance, auto insur-
ance, life insurance, mortgage insurance,
etc. Visit www.FreeQuotes444.com

Language

PRONTO SPANISH. Native experienced
instructors. All levels. Emphasis on conversa-
tion. 6-week course \$55, 7-8:30 pm. 485-6647.

SPANISH FOR EVERYONE! Classes, tutoring
and conversation lessons. Pattie 343-2058
learning.Spanish.in.Eugene@gmail.com.

LEARNER VI norsk? Norwegian: Beginner.
Advanced classes avail. 361-5298.

Professional Services

T & C CONSTRUCTION. Custom construc-
tion, renovation and repair. (541) 429-1354.

Pet Care

DOG ADVENTURES! Nature trail hikes. Dog
park outings. Exercise and socialization.
Happy dogs call Ramblin' Rumps 654-0591.

DOG MASSAGE is for puppies, too. Young
dogs do get injured during play and need
help with their recovery. Sarah Crow 513-
2707.

Visual Arts

CUSTOM ART and airbrushing. Beautiful
works of art on guitars, cars, motorcycles.
686-6299. www.bikers-art.com

Weddings

CREATIVE WEDDINGS, Ceremonial Ministers
Registry, ceremonial consultation, civil,
interfaith, ethnic ceremonies performed at
your special location. Planning brochure:
541-337-4001 or 345-2750.

Wellness

Astrology

SUSAN DEARBORN

JACKSON

ASTROLOGER

In Eugene to do readings

April 5, 6, 7th

Call to schedule your reading!

541-548-1593

Gift Certificates Available

Bodywork

DHARMA MASSAGE Center. 343-2745, M-F.
Morning discount, 1-1/2 hours, \$50, 34th and
University, Ms. Nishan VanAtta, #3430.

Kung Fu
Tai Chi
Qi Gong

David Leung
579-3612

www.leungsmartialarts.com

Sharon Steiner 541-514-0089

BODY WORK

11 years experience
New Client Special

Couples or Tandom Massage Available