

NO EXIT

© Andy Singer



Astrology

SUSAN DEARBORN JACKSON
ASTROLOGER
In Eugene to do readings
April 5, 6, 7th
Call to schedule your reading!
541-548-1593
Gift Certificates Available

Bodywork

MORE THAN a spa massage. No rocks, no mud. 30 yrs. experience. Reduce stress, thereby pain. Sharon, LMT #5219. 686-4644.

DHARMA MASSAGE Center. 343-2745, M-F. Morning discount, 1-1/2 hours, \$50, 34th and University, Ms. Nishan VanAtta, #3430.

Alternative Medicine

MEDICAL MARIJUANA Clinic in Eugene. Marijuana is legal for the treatment of chronic pain, and other conditions. Find out if you qualify to attend the clinic and receive a medical marijuana card. Space is limited. Call now 541-890-0100 or 503-224-3051. www.voterpower.org

Classes

RECOVERY YOGA. Whether you are recovering from surgery, cancer, or combating some disability, yoga renews and provides physical and mental strength. Postures, relaxation, breathing exercises and nutrition for a happier, healthier life. Day: Thursdays. Dates: Apr 5 to June 2, Time: 6:30-8pm. Cost: \$69. Instructor: Petrina York, MS, 26 years experience. 343-2099.

Counseling

KER CLEARY, M.A. 349-0595. Befriending yourself is revolutionary. Contemplative Psychotherapy.com

Groups

NEED MOTIVATION and inspiration for addiction? Women's weekly support group. Dynamic and uplifting! Shelly 686-3006. ruthstar04@msn.com.

Wellness

HEALTHY ENERGY DRINKS.\$1. Try the world's first healthy energy drink. 503-490-8441.

PARENTS OF late talker? I am a mother of 2.5 yo and would like to start a group for parents of late talkers. Please email me if interested. vanessamc99@yahoo.com.

PENIS ENLARGEMENT. FDA approved medical vacuum pumps, Viagra, testosterone, Cialis. Gain 1"-3" permanently. Free Brochures. 619-294-7777. www.drjoelkplan.com (AAN CAN)

NEW HEALTH and Wellness Blog. This blog will keep you up to date on the latest developments with the health and nutrition industry and introduce you to some of the most amazing products I've ever used. 706-592-7391.

Massage

HEAVENLY TOUCH Massage. Deep to light touch. On call 10-9, 7 days. 1 to 2 hr. notice. Office or outcalls. Diane, 461-5950. Gift cert. LMT #9736.

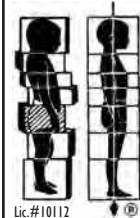
THAI YOGA MASSAGE now offered at Harmony Massage! Auto accident and health insurance accepted. LMT#8193. Call 232-6298.

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- Does every conversation end up unresolved.
- "6week co-parenting solutions workshop" starting March 29, 2007
- Learn to de-escalate angry interactions
- Effects of conflicts on children and many more areas to be addressed
- Space is limited, \$75 per person including book.

Porshea Pendleton, M.A.

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- creating healthy relationships

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sliding scale

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For Self Healing

April 2-May 7, 7-8:30pm/\$10 per class
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ISEE you there! 654-0725

Readings & Healings



I SEE
Lori Lee
654-0275

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Shamanic Healing addresses the spiritual aspects of physical, mental and emotional illness. Possible symptoms calling for Shamanic Intervention are:

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- chronic illness, depression or fatigue
- addictions
- feelings of possession, darkness, or alienation



A one time Healing Empowerment Ceremony can address the issues & restore the integrity of the soul force. There is also a monthly drumming & journey circle to support your ongoing process

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L C A R A

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11:00am							
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•	•	•
8:00pm	•	•	•	•	•	•	•

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat. Yoga Wear and massage available

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