

CREATIVE WEDDINGS, Ceremonial Ministers Registry, ceremonial consultation, civil, interfaith, ethnic ceremonies performed at your special location. Planning brochure: 541-337-4001 or 345-2750.



Astrology

SHAMANIC ASTROLOGY. Not Sun-Sign Astrology! Know your Archetypes. Know your initiations. \$75 for first reading. Call Laurence Taoman. 541-738-0378.

Bodywork

DHARMA MASSAGE Center. 343-2745, M-F, morning discount, 1-1/2 hours, \$50, 34th and University, Ms. Nishan VanAtta, #3430.

TRANSFORM TERRORISM within. Attune your body, mind, spirit. Be your own healer. Eclectic Intuitive Massage. #5219, 686-4644.

THAI MASSAGE beneficial for balancing energy, relaxation of deep muscles, and passive yoga stretches. Insurance accepted. Harmony Massage (541)232-6298. LMT#8193.

Alternative Medicine

MEDICAL MARIJUANA Clinic in Eugene. Marijuana is legal for the treatment of chronic pain, and other conditions. Find out if you qualify to attend the clinic and receive a medical marijuana card. Space is limited. Call now 541-890-0100 or 503-224-3051. www.voterpower.org

Energy Work

JALANA LUCIR. Reiki Master, intuitive healer, channel. Relax and enjoy the energy. Sliding scale. In Eugene. 541-344-4882.

Fitness

LEARN TO sustain the flight of a small disk. Fun, relaxing, improves coordination, reduces reaction time. Call to schedule a free, 3 minute demo of something you should be able to do, but are currently incapable of. The Disc Revealed, 341-3715.

Wellness

RELEASE FEAR, limiting decisions, get rid of anxiety. Design your future. Free intros. Get ready for the new year. Call 484-5599 or www.WorldTreeTraining.com

Massage

FORTY DOLLARS per hour first session. Effective relief of aches and pains. Insurance accepted. Indigo Rhythm Therapy. 541-343-1625. LMT# 11074.

TREAT LOVED ONES "Hearty Hands" massage. Great gift. 20% off thru Feb. 343-2022. Cindy Chamber, LMT since 1981, #1276.



Real Estate

A SOCIALLY responsible Realtor. Kathy Ging, M.A., G.R.I., 21 years of ethical practice, networks local self-reliance! Pilot Realty, LLC. 1293 Lincoln St., 729-1444, 1-800-944-0130; kathy@kathyging.com.

Commercial Rentals

WAREHOUSE SPACE. Zoned light industrial. New building, West Eugene, natural gas, cable, bath with shower. 1000 sq ft. \$585/mo. Water paid. First, last, dep. 579-5544.

CLASSROOM SPACE Available. The Spirit Moves currently has space on weekends for workshops, classes, or concerts. The Spirit Moves is dedicated to creating affordable community space related to the healing arts. For rental information, please contact christine@thespiritmoves.net.

MESSAGE OFFICE for rent in South Eugene. Private, clean, quiet and serene. \$12/hr per session or monthly, depending on your needs. Avail. 10am to 4pm M-F. 607-9249.

ART STUDIO. For work, very quiet, secluded, safe, new, spacious, heat, insulated & electric. 344-1964.

Homes for Rent

\$960/MO. 3BDRM, huge back yard. Free satellite and firewood. Small bungalow (1051 sq ft). Huge laundry room off tiny 3rd bdrm. Lots of attic storage space. 1-ba, cast iron tub. One car garage with auto door opener. Partially furnished, W/D, fridge, stove, bench in laundry room, some curtains and mirrors. Approx. 1.5 cords of wood for heating. Tenant would be responsible for yard maintenance including: mowing lawns, pruning, raking leaves, etc. Terms are month-to-month, first month and \$800 security deposit required up front with a \$150 cleaning fee and \$25 application fee. Owners new phone number is 503-290-4807. Sat. & Sun. are best. Applications available on site. Fax: 971-226-0332.

Rooms for Rent

HOUSE TO SHARE. Dog heaven secluded SE large private yard, responsible, mature. Own bathroom, share electric. \$350/neg. 541-343-2715.

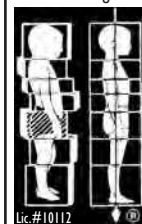
Shared Housing

LG BDRM available in sunny, quiet house, Friendly St. neighborhood. Two cats, garden. \$400/mo + utils. Avail Mar 1. 685-2563

- Tired of fighting over the care of the kids.
- Does every conversation end up unresolved.
- "6week co-parenting solutions workshop" starting March 29, 2007
- Learn to de-escalate angry interactions
- Effects of conflicts on children and many more areas to be addressed
- Space is limited, \$75 per person including book.

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www.pdpccounselor.com • 485-1167

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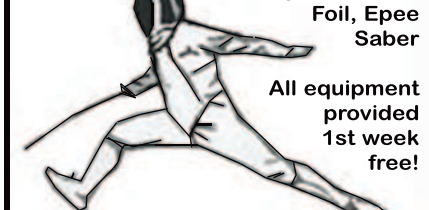
Gina Purl Certified Rolfer

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Saber

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- creating healthy relationships

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Tammy - 343-0109 • Marc - 343-4812

BIKRAM'S YOGA COLLEGE OF INDIA



INTRODUCTORY PACKAGE
\$29 for one month

This is a 90 minute total body workout in a room heated to 104 degrees.

	M	T	W	TH	F	SA	SU
6:45am							
9:00am	•	•	•	•	•	•	•
11:00am							
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•	•	•
8:00pm	•	•	•	•	•	•	•

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat. Yoga Wear and massage available

820 Charnelton • 349-YOGA

EUGENE SCHOOL OF YOGA

Sun	Mon	Tues	Wed	Thur	Fri	Sat
8:00-9:45 am Led	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-8:45 am Led	
	4:15-5:15 pm Chanting/Philosophy	4:00-5:00 pm Ayurveda			9:00-10:45 am Led	
4:30-6:15 PM Led	5:30-7:00 pm Led	5:00-7:15 pm Mysore	5:30-7:00 pm Led	5:00-7:15 pm Mysore	4:15-5:15 pm Chanting/Philosophy	
All classes are Ashtanga Vinyasa		Enrollment required		2 WEEK INTRODUCTORY ENROLLMENT \$35		
				5:30-7:15 pm Led		

Mysore: No experience necessary. Individual instruction is given as students learn and practice the full or partial Primary Series at their own pace. Questions may be asked and physical assistance is provided. **New students* receive direct, individual instruction.** IT IS NOT NECESSARY TO HAVE COMMITTED THE SEQUENCE TO MEMORY to attend Mysore class. Students arrive and depart within the allotted time, as fits personal schedule. IT IS NOT NECESSARY TO STAY THE FULL CLASS TIME. Beginner practice is approximately 1 hour. Continuing students practice for approximately 1-1/2 hours.



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