

Language

SPANISH FOR EVERYONE! Classes, tutoring and conversation lessons. Pattie 343-2058. info@saludos-spanishforeveryone.com

SATURDAY SPANISH Conversation lesson. Call Ginny 221-3557. Leave a mess. Incl. your email address.

Professional Services

POSITIVELY ORGANIZED. An organizational service helps your company, business and/or home office, simplify and maintain order. 461-2695.

QUALITY INSURANCE. Security and affordability are finally in one place! Call 513-1587 for a quote. Specify which coverage you'd like.

WEDDING PHOTOGRAPHY services. CJS Photography provides you with high quality modern photojournalistic, and contemporary styles of wedding photography. Please visit <http://www.cjsphoto.net> to view packages and portfolio. Or contact at cjs@djsphoto.net, 541-954-7655 to arrange a meeting to discuss your wedding photography needs.

Pet Care

ADRIENNE'S PET Sitting, specializing in overnight, at your location pet sitting. Please call me, 541-514-2024. Refs avail. adrienne@2iuiestudios.com

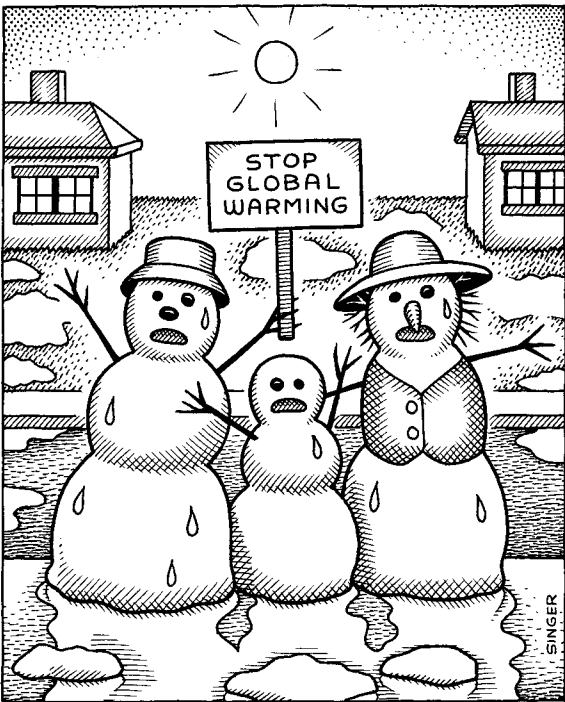
DOG MASSAGE Therapy for active dogs, pups, senior dogs. Reduces pain, restores movement. Sarah Crow, 541-513-2707.

Weddings

CREATIVE WEDDINGS. Ceremonial Ministers Registry, ceremonial consultation, civil, interfaith, ethnic ceremonies performed at your special location. Planning brochure: 541-337-4001 or 345-2750.

VALENTINE'S DAY wedding special! Romantic, personalized ceremonies. Only \$150. Star Snake Minister Services. 513-5029.

NO EXIT © Andy Singer



Wellness

Astrology

SHAMANIC ASTROLOGY. Not Sun-Sign Astrology! Know your Archetypes. Know your initiations. \$75 for first reading. Call Laurence Taoman. 541-738-0378.

SUSAN DEARBORN JACKSON
ASTROLOGER
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February 8, 9, 10
Call to schedule your reading!
541-548-1593
Gift Certificates Available

Bodywork

PAIN BE GONE with an eclectic intuitive massage. 30 years healing, 11 years LMT #5219. 2 hours: \$80 to \$100. Sharon 686-4644.

- Tired of fighting over the care of the kids.
- Does every conversation end up unresolved.
- "6week co-parenting solutions workshop" starting March 29, 2007
- Learn to de-escalate angry interactions
- Effects of conflicts on children and many more areas to be addressed
- Space is limited, \$75 per person including book.

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EWEB Board Room
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Addictions/Anxiety/Depression
Grief/Trauma

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342-1802

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\$29 for one month
This is a 90 minute total body workout in a room heated to 104 degrees.

	M	T	W	TH	F	SA	SU
6:45am							
9:00am	•	•	•	•	•	•	•
11:00am							
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•	•	•
8:00pm	•	•	•	•	•	•	•

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat. Yoga Wear and massage available.

820 Charnelton • 349-YOGA

MIND-BODY COUNSELING/COACHING

Kay Porter, Ph.D.

- Life Skills/Direction
- Rapid Eye Therapy
- Weight Loss
- Past Life Regression

342-6875

Nancy Mac counseling

- changing old patterns to allow new choices
- creating healthy relationships

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sliding scale **485-4559**

EUGENE SCHOOL OF YOGA 8th & Monroe • 485-8716
1 block South of Sweet Life

Sun	Mon	Tues	Wed	Thur	Fri	Sat
8:00-9:45 am Led	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-8:45 am Led	
	4:15-5:15 pm Chanting/Philosophy	4:00-5:00 pm Ayurveda			9:00-10:45 am Led	
4:30-6:15 PM Led	5:30-7:00 pm Led	5:00-7:15 pm Mysore	5:30-7:00 pm Led	5:00-7:15 pm Mysore	4:15-5:15 pm Chanting/Philosophy	
All classes are Ashtanga Vinyasa		Enrollment required			5:30-7:15 pm Led	
		2 WEEK INTRODUCTORY ENROLLMENT \$35				

Led: A full-flowing, verbally-led Ashtanga Yoga Primary Series class (full or partial). Led class emphasizes breath and steady continuous movement called Vinyasa. Stamina, strength, flexibility, balance and coordination will be challenged. Quick questions may be addressed.
***New students** with some yoga experience may begin with either Mysore or Led class. New students with no youga experience should begin with Mysore class where individual instruction is available to bring the new student "up to speed" with Led class.



"Don't trash your worn out leather shoes. Recycle them into fertilizer."
circa 1975

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Kind Prices!