

Pet Care

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ADRIENNE'S PET Sitting, specializing in overnight, at your location pet sitting. Please call me, 541-541-2024. Refs avail. adrienne@2iuiestudios.com

Weddings

CREATIVE WEDDINGS, Ceremonial Ministers Registry, ceremonial consultation, civil, interfaith, ethnic ceremonies performed at your special location. Planning brochure: 541-337-4001 or 345-2750.



Astrology

SUSAN DEARBORN JACKSON ASTROLOGER
In Eugene to do readings February 8, 9, 10
Call to schedule your reading! 541-548-1593
Gift Certificates Available

Bodywork

INDIVIDUALLY designed bodywork for you! 30 yrs. healing work, 11 yrs. LMT#5219. 2 hrs. for \$80-\$120. Sharon, 686-4644.

DHARMA MASSAGE Center. 343-2745, M-F. morning discount, 1-1/2 hours, \$50, 34th and University, Ms. Nishan VanAtta, #3430.

Alternative Medicine

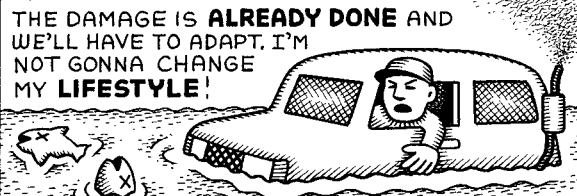
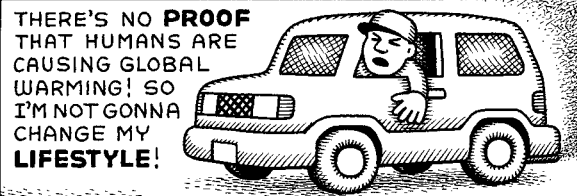
MEDICAL MARIJUANA Clinic in Eugene. Marijuana is legal for the treatment of chronic pain, and other conditions. Find out if you qualify to attend the clinic and receive a medical marijuana card. Space is limited. Call now 541-890-0100 or 503-224-3051. www.voterpower.org

Classes

CREATIVITY WORKSHOP for all women, of all ages and walks of life. To come together with the intent to nurture and support each other, as we explore the creativity that is inherent in us all. Come and experience yourself and stretch your creativity muscles in your own unique timing. Experiences start Wed. Feb. 14-Mar. 28, 5-7pm In Eugene.(7 classes) Bring your creativity into your personal world while building a community. Call Sylvia, 726-7455. Other times may be avail. in this ongoing series.

NO EXIT

© Andy Singer



HERBAL INTENSIVE Apprenticeship program for Women Coon Valley. This is a unique 3 week residential offering. You will discover ways to incorporate herbs and wild edibles into daily life. Skills for identifying, harvesting and using local wild herbs. Techniques for growing herbs for food and medicine. How to create nutrition with traditional food preparation and how to make herbal remedies. For more info see www.moonwiseherbs.com

Counseling

I SPECIALIZE in grief and age-related issues. All ages. 10 years experience. Maureen Fitzgerald, M.S. 686-6500.

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Massage

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Real Estate

BANK FORECLOSURES! Homes from \$10,000! 1-3 bedroom available! HUD, Repos, REO's, etc. These homes must sell! For listing call 1-800-425-1620, ext #107. (AAN CAN)

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11:00am							
4:00pm	•	•	•	•	•	•	•
6:00pm	•	•	•	•	•		
8:00pm	•						

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat. Yoga Wear and massage available

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Sun	Mon	Tues	Wed	Thur	Fri	Sat
8:00-9:45 am Led	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-10:15 am Mysore	7:00-8:45 am Led	
	4:15-5:15 pm Chanting/Philosophy	4:00-5:00 pm Ayurveda			9:00-10:45 am Led	
4:30-6:15 PM Led	5:30-7:00 pm Led	5:00-7:15 pm Mysore	5:30-7:00 pm Led	5:00-7:15 pm Mysore	4:15-5:15 pm Chanting/Philosophy	
All classes are Ashtanga Vinyasa		Enrollment required 2 WEEK INTRODUCTORY ENROLLMENT \$35			5:30-7:15 pm Led	

Mysore: No experience necessary. Individual instruction is given as students learn and practice the full or partial Primary Series at their own pace. Questions may be asked and physical assistance is provided. **New students* receive direct, individual instruction.** IT IS NOT NECESSARY TO HAVE COMMITTED THE SEQUENCE TO MEMORY to attend Mysore class. Students arrive and depart within the allotted time, as fits personal schedule. IT IS NOT NECESSARY TO STAY THE FULL CLASS TIME. Beginner practice is approximately 1 hour. Continuing students practice for approximately 1-1/2 hours.

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circa 1975

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