

• burritos • bowls • quesadillas • home-made soups and salads • kids' menu • organic juices • real fruit smoothies • micro-brewed sodas and beers • home-baked cookies and pies • sustainable and locally grown produce • flash-steaming • a full dollop of humor and irreverence to aid digestion

Mindful of Every Mouthful



Laughing Planet Café

Out-of-this-world food that's wholesome, fast, affordable and portable.

760 Blair Blvd Eugene 541.868.0668	4110 SE Woodstock Portland 503.788.2921	3320 SE Belmont Portland 503.235.6472	3765 N Mississippi Portland 503.467.4146	922 NW 21st Portland 503.445.1319
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We offer solutions to your resolutions.



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AT YOUR YMCA YOUR MEMBERSHIP INCLUDES...

- Free Wellness Appointment
- Free Personal Program (18 years and older)
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- Family Training, get the whole family going
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- No Contract! Belong because you want to.

Some restrictions apply.
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EUGENE FAMILY YMCA
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We build strong kids, strong families, strong communities.



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