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- Native & Ornamental Gardens

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Affiliated with American Association for Nude Recreation



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(Emotional Freedom Technique)
Clinical Hypnosis
When nothing else has worked
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Joe Casey JD, CHT • 484-0608
www.WellnessCoaching.net

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• Rapid Eye Therapy

Kay Porter, Ph.D.
342-6875

NEW BEGINNINGS start with
“doing something different”

individual confidential
counseling services for:

- Addiction Counseling
- Transition Coaching
- Adolescent Life Coaching

Lifestyle Changes

Learn to live life laughing!
510-2548
Sliding Fee Available

FOUR WINDS YOGA

FOR * BODY * MIND * SPIRIT

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
Aug. 27	Aug. 28	Aug. 29	Aug. 30	Aug. 31	Sep. 1	Sep. 2
9:00 am Level 1-2 & Meditation Shoshanah	5:30 pm Level 1-2 Joan	9:00 am Level 3 Sam 9:30am Gentle Jeanette 11:00 am Chair Yoga Janet 6:00 pm Level 2-3 Jeanette	7:00 am Level 1-2 Lynne 5:30 pm Prenatal Nancy 7:15 pm Level 1-2 Jeanette	9:00 am Level 2-3 Nancy 5:45 pm Gentle Lynne	7:00 am Level 1-2 Lynne	10:00 am Level 1-2 Lynne

New 8-week Series!

Yoga Plus Sep 5-Oct 26 Tu/Th 11:30am Donna
Level 1-2 Sep 6-Oct 27 Wed/Fri 7:00am Lynne

Visit our websites for a complete schedule
www.fourwindsyoga.org
484-6100 3575 Donald St. Eugene

The Fall/Winter Workshop Catalog is now available
Workshops begin Sep.9
www.tamarackwellness.com
683-7506

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- creating healthy relationships

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Greenhill

✧ Pet of the Week ✧
Everybody deserves a good home

Mandy is a lovely soft seal point Siamese with a pretty triangular Siamese face. Her personality is as lovely as she is! This sweet and friendly seven year-old kitty came to Greenhill with an eye injury that resulted in the removal of her left eye, but she has not let that change her relaxed and loving nature. Mandy is a calm and independent cat who adjusts well to new environments and loves to be petted. Because of her impaired vision Mandy is looking for an indoor-only home. Come visit this amazing cat today!



541-689-1503
www.green-hill.org
88530 Greenhill Rd
Hours: Fri-Tu 11am-6pm
Closed Wednesday & Thursday

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1,000 ENVELOPES = \$5,000. Receive \$5 for every envelope stuffed with our sales material. Guaranteed! Free information: 24 hour recording 1-800-785-7076. (AAN CAN)

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Sudoku

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6	5			3	9			
		3			5			4
				6			7	
1	9							
3		4				6		9
							3	8
	1			8				
4			1			7		
			3	2			9	1

Place numbers 1-9 so that each row, column and 3x3 square has each number only once. There is only one solution. Good Luck! Stumped? Visit www.sudokuplace.com for a puzzle solver.

NEW BURLEY solo bike cart and stroller \$199.99. Original price \$350. Large selection of bikes. Jackpot Buy and Sell. 688-8569.

RELEIGH SPORT comfort, small women's 10 speed bike. Excellent condition. 342-8406.

WANTED: USED TANDEM, multigear, good condition. Eileen: 338-8087.

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YARD SALE! Very cool things. Come early for best selection. Saturday, 10-4. 1440 W 8th Ave.

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7 PERSON SPA, never used. Must sell, \$2,999. Includes cover, will deliver. 1-800-779-6276. (AAN CAN)

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USED LAWNMOWERS cheap. Snapper, Toro, Craftsman, others. Self propelled, push, rear baggers, side dischargers, 6 hp chipper, 12 hp riders. Blower. 5 hp tillers. Edgers. Weed eaters. Buying lawn equipment, trades, 995-8460. Big selection.

Misc.

DWN SIZING near new queen futon \$60, microwave \$20, 17 inch TV \$30, small woman 21 speed mtn. bike \$50. All work great. Eve 349-0161

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