

PONY EXPRESS

Hot, fast food delivery
for over 20 Eugene restaurants

We bring the
restaurants to you!



Chili's • Oregano's
Saigon • Chapala
Pegasus Pizza
Taste of India
Sweet Life Patisserie
China Blue • Napoli
Golden Orient
Flying Dogs
The Mission
Chao Pra Ya
Cozmic Pizza
Sweet Basil
Mekela's
Black Forest
Sam's Place
Las Brasas • Nacho's
Schlotzky's Deli
Ron's Island Grill



M-F 11am-10pm
Sat 4pm-10pm Sun 4:30pm-9pm

www.ponyexpressdelivery.com

485.2090

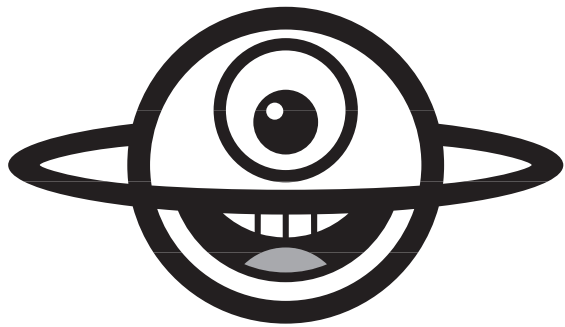


- ~ Desserts & Pastries
- ~ Organic Espresso & Tea
- ~ Wedding & Birthday Cake
- ~ Egg & Dairy-Free Desserts
- ~ Chocolates ~ GELATO

Open: 7days a week
till 11p.m.
7a.m. weekdays
8a.m. weekends

755 Monroe
683-5676

www.sweetlifedesserts.com



Laughing Planet
You are here.

Stuff your pie-hole with tasty wholesome foods like our big
bulging Burritos, hot heaping Bowls, kickin' Quesadillas, fresh Soups,
Salads, Salsas, and Smoothies. While you are here, enjoy the organic juice bar,
vegan-based goodies, local micro-brews, art, music and general mischief.

760 Blair Blvd. • Eugene • 541.868.0668
Mon.-Sat. 11am-10pm • Sun. 11am-9pm

Vegetarian, Vegan, Omnivore-friendly menu. Quick non-surly Service & Take Out

CHOW! SUMMER 2006

gift idea or for casual entertaining. Call or e-mail Ivy for a menu. Gift certificates available. Some OG/LG. Wheelchair accessible. Order by Mon. night for pickup Wed., or Thurs. delivery. Cash, check or COD. \$-\$\$.

KEYSTONE CAFÉ

See Cafés

LAUGHING PLANET

760 Blair Blvd. 868-0660.

Burritos, bowls and beyond, including international wraps (aka "portable nutrition devices"), rice bowls, soups, salads, vegan and vegetarian options, as well as raw juices and smoothies. 11 am-9 pm Su-T, 11 am-10 pm F-Sa. \$.

★ Best Meal Under \$7

★ Best New Restaurant, Second Place

★ Best Veggie-Friendly

LOTUS GARDEN VEGETARIAN RESTAURANT

810 Charnelton St. 344-1928.

Serving Chinese vegetarian entrees for lunch and dinner. Take-out. Some LG. Wheelchair accessible. 11:30 am-2:30 pm and 4:30 pm-8:30 pm M, W-F. Noon-8:30 pm Sa. MC/V/DC. \$-\$\$.

MORNING GLORY CAFÉ

See Cafés

NEW ODYSSEY JUICE & JAVA

See Coffeehouses

CORVALLIS

American

AJ'S RESTAURANT & PUB

137 SW 2nd St. 752-7570.

Northwest restaurant and pub, featuring live music. Wheelchair accessible. 11:30 am-2 am M-Sa, 4 pm-9 pm Su. All major cards. \$\$.

BURTON'S SUNNYBROOK RESTAURANT

119 SW 3rd. 753-1248.

Regular menu, buffet service: Fri and Sat eves, Sunday breakfast and dinner. Catering, conference and banquet rooms. 6 am-10 pm daily. V/MC/AE/D/DC. \$-\$\$\$.

DARRELL'S RESTAURANT & LOUNGE

2200 NW 9th St. 752-6364.

Serving breakfast, lunch and dinner, full bar. 6 am-2 am M-Sa, 6 am-11 pm Su. V/MC. \$\$.

MURPHY'S RESTAURANT & LOUNGE

2740 SW 3rd St. 758-9000.

Serving lunch and dinner, full bar. 11 am-11 pm M-Th, 11 am-1 am F & Sa, 10 am-11 pm Su. V/MC. \$\$.

SQUIRREL'S TAVERN

100 SW 2nd. 753-8057.

Serving lunch and dinner, full bar. 11:30 am-1 am M-Th, 11 am-1:30 am Sa, 5 pm-midnight Su. No cards. \$-\$\$.

TAILGATERS SPORTS BAR & GRILL

1425 NW Monroe Ave Suite M. 752-6316.

Bar fare, great Philly cheese steaks, beer on tap and full bar. All ages welcome. 11 am-2 am Tu-Sa. MC/V. \$.

TOMMY'S 4TH STREET BAR & GRILL

350 SW 4th St. 754-7622.

Serving great breakfasts, lunch and dinner. Full bar and lounge open late on weekends. Some OG/LG. Smoking. 6 am-1 am daily. All major cards. \$-\$\$\$.

Bakeries

GRAMMA DAMA'S DONUTS

2215 NW 9th St.

Fresh donuts and pastries. 5:30 am-2 pm M-F, 6 am-2 pm Sa. \$.

NEW MORNING BAKERY

See Cafés

TAYLOR STREET OVENS

1025 NW 9th St. 757-0166.

Serving bagels, coffee drinks and more. 7 am-7 pm M-F, 7 am-2 pm Sa. All major cards. \$.

Burgers

CLODFELTER'S PUB

1501 NW Monroe Ave. 758-4452.

Serving breakfast, lunch and dinner, home-made soups daily. TVs, full bar, sports pub. Late night menu served from 9 pm-midnight. 10 am-1 am M-W, 10 am-2 am Th-Sa, 10 am-midnight Su. V/MC/AE/D. \$.

JAMIE'S GREAT HAMBURGERS

1999 NW Circle Blvd. 758-7402.

Burgers, fries, sandwiches, soft drinks and shakes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC/D/AE. \$.

Cafés

CHIPPERY, THE

130 SW 1st St. 752-4477.

Featuring fresh made potato chips, sandwiches, burgers, soups and drinks. 11 am-7 pm daily. V/MC. \$.

FOX & FIRKIN

202 SW 1st St. 753-8533.

A British-style pub with everything from traditional pot pies and bangers/mash to pastas. Hand-cut fries, 44 microbrews on tap, full service bar, live music on weekends. Brunch Sa & Su 9 am-1 pm, 11 am-11 pm M-F, 9 am-2 am Sa, 9 am-2 am Su. V/MC/DC/AE. \$\$.

LOCAL BOYZ HAWAIIAN CAFÉ

1425 NW Monroe Ave. 754-5338.

Aloha-style plate lunches, served in three different sizes, with steamed rice and macaroni salad or steamed veggies. Wheelchair accessible. LG. 11 am-8 pm M-F. 12 pm-7 pm Sa. V/MC/Debit. \$-\$\$.

NEW MORNING BAKERY

219 SW 2nd St. 754-0181.

Corvallis landmark for 25 years. Now serving fine wine and microbrews. Italian espresso bar. International specialties from scratch with all-natural fresh ingredients. Soups, salads, sandwiches, Italian breads, pastries, cookies and desserts. Catering and wedding cakes available. Wheelchair accessible. Some OG/LG. 7 am-9 pm M-Th, 7 am-10:30 pm F & Sa, 8 am-8 pm Su. V/MC. \$.

PITA PIT

1425 NW Monroe. 738-PITA.

Serving lunch and dinner: pitas stuffed with falafel, baba ghanooj, gyros, roast beef chicken and a variety of other selections. Choose your own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. No cards. \$.

QUIZNO'S CLASSIC SUBS

1573 SW 53rd St. 752-1600, fax 752-2316. 700 NE Circle Blvd., Suite 103. 753-7827, fax 753-6769.

Serving lunch and dinner: Sub sandwiches, fresh soups and salads made daily. Vegetarian entrees, catering available. Dine in or take-out. LG. 10 am-9 pm M-Sa, 10 am-8 pm Su. All major cards. \$.

SUNNYSIDE UP, INC.

116 NW 3rd St. 758-3353.

Organic coffee, loose leaf teas, soup, salads, sandwiches, wraps, baked goodies, all-day breakfast with organic eggs. Eclectic menu. Wheelchair accessible. Some OG/LG. 6 am-7 pm daily. MC/V. \$.

TOGO'S GREAT SANDWICHES

2317 N.W. 9th St. 753-1444.

Hot and cold sandwiches, soups and salads. Wheelchair accessible. 10 am-10 pm daily. MC/V/AE/D. \$.

UNIVERSITY HERO

211 SW 5th St. 754-7827.

Serving specialty sandwiches, smoothies and subs. Wheelchair accessible. LG. 10 am-9 pm M-Sa, 11 am-9 pm Su. V/MC. \$.

YOGURT HILL

943 NW Kings Blvd. 758-3337.

Frozen yogurt, ice cream, sandwiches, light lunch and dinner menu. 11 am-9 pm M-F, 11 am-7 pm Sa, closed Su. \$.

Chinese

BLUE SKY CHINESE RESTAURANT

1585 SW 53rd St. 752-7528.

Serving lunch and dinner, lunch specials daily. Wheelchair accessible. 11:30 am-9:30 pm M-Th, 11:30 am-10 pm F-Sa, noon-9:30 pm Su. AE/MC/V/DC. \$-\$\$.

CHINA BLUE RESTAURANT

2307 NW 9th St. 757-8088.

Serving lunch and dinner. 11:30 am-10 pm Su-F. 4 pm-10 pm Sa. V/MC. \$-\$\$.

CHINA DELIGHT

325 NW 2nd St. 753-3753.

Serving lunch and dinner, specializing in Szechwan, Mandarin, traditional Chinese and vegetarian cuisine. Some OG. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. All major cards. \$.

JADE GARDEN

503 SW 3rd St. 752-7455.

Lunch, dinner, orders to go, banquet facilities, lounge. 11 am-9:30 pm Su-Th, 11 am-10:30 pm F & Sa. V/MC. \$.

KIM HOA'S KITCHEN

1875 NW Circle Blvd. 754-9751.

Serving lunch and dinner. 11 am-9 pm M-F. V/MC. \$.

word is...

The cute lil' house across from Sam Bond's is no longer empty: Papa's Soul Food Kitchen and Blues Joint has taken up residence and added music to its repertoire. Check out the CD release party for local bluesman Walker T. Ryan Friday, July 21.

KING TIN

1857 NW 9th St. 752-1722.

Serving lunch and dinner. 11:00 am-9:30 pm daily. V/MC. \$.

PANDA EXPRESS

Oregon State University. 737-6888.

Serving lunch and dinner, Chinese cuisine for students and those on the go. 10 am-8 pm M-F, 11 am-7 pm Sa & Su. No cards. \$.

PING'S GARDEN

1209 9th Ave., Albany. 967-7367.

Serving lunch and dinner. 11 am-10 pm daily. V/MC. \$-\$\$.

Coffeehouses

BEANERY, THE

948 NW Circle Blvd. 754-5916.

2541 NW Monroe Ave. 757-0828.

500 SW 2nd. 753-7442.

Allann Bros. coffee and espresso drinks, iced coolers, pastries, fresh deli, panini sandwiches, whole bean coffee and loose leaf teas. Eat in or take-out. Wheelchair accessible. Circle Blvd.: 6 am-6 pm M-F, 7 am-6 pm Sa, 8 am-5 pm Su. Monroe St.: 6 am-5:30 pm M-F, 7 am-5 pm Sa, 8 am-4 pm Su. 2nd St.: 6 am-11 pm daily. V/MC/D/AE. \$.

INTERZONE

1563 N.W. Monroe. 754-5965.

Fresh pastries every morning, all-vegetarian soups, casseroles, vegan options. All-natural Monin Syrups, organic coffee and dairy. Serving breakfast weekends, huevos rancheros, tofu scrambles, omelettes and breakfast burritos. OG/LG. 7 am-10 pm M-F, 8

am-10 pm Sa & Su summer hours, open until midnight during the school year. MC/V. \$.

Continental

CAFÉ CRISTO & CATERING

831 Elm St. SW, Albany. 926-7583.

www.cafecristo.com

Offering a full menu featuring specialty salads, quiche, gourmet burgers, delicious desserts and espresso. Dinner menu changes weekly and may include herbed prime rib, salmon with mango salsa. Breakfast served daily. Also outdoor dining in enclosed patio. Wheelchair accessible. Some OG/LG. 8 am-2 pm Su-Tu, 8 am-8 pm W & Th, 8 am-9 pm F & Sa. V/MC/D/AE. \$-\$\$\$.

GABLES, THE

1121 NW 9th. 752-3364.

Traditional favorites. Lounge: 4:30 daily, dinner: 5 pm-9 pm M-F. \$-\$\$\$.

MICHAEL'S LANDING

603 NW 2nd St. 754-6141.

Unique daily specials, hand cut steaks, prime rib, fresh seafood, chicken and pasta specials, soups made from scratch daily. Overlooking the Willamette River. 11:30 am-9 pm M-Sa, 10 am-8 pm Su. All major cards. \$-\$\$\$.

Delis

FIRST ALTERNATIVE CO-OP

1007 SE 3rd St. 753-3115. (South store)

NW 29th & Grant Ave. 452-3115. (North store)

First Alternative's commercial kitchen, Feast Alternative, offers organic (when possible) deli entrees, salads, sandwiches, two soups daily, and a salad bar and hot food bar at South Store. Grab & Go meals, baked goods at both stores. Meat, vegetarian and vegan options. Seating areas at both stores. Special orders gladly taken. Wheelchair accessible. OG/LG. South: 9 am-9 pm daily. North: 7 am-9 pm daily. All cards except AmEx. Mostly sold by weight. \$.

OLD WORLD DELI

341 SW 2nd St. 752-8549.

Serving breakfast and lunch. 8 am-10 pm M-Sa, 11 am-5 pm Su. MC/V. \$.

WINE DEPOT & DELI

300 2nd Ave SW., Albany. 967-9499. Fax 987-9454.

Sandwiches, soups, salads, desserts at the Two Rivers Market. Wine by the glass. 9 am-8 pm M-F, 9 am-5:30 pm Sa, noon-5 pm Su. All major cards. \$-\$\$\$.

International

CRYSTAL'S CUISINE & CAFÉ

1425 NW Monroe Ave. #E. 752-6403.

Mediterranean specialties: falafel, gyros, chicken & meat. Wheelchair accessible. Some OG. 9 am-8:30 pm daily. V/MC. \$.

EVERGREEN INDIAN RESTAURANT

136 SW 3rd St. 754-7944.

Serving lunch and dinner, traditional Indian dishes. Lunch: 11:30 am-2:30 pm, dinner 5 pm-9:30 pm daily. V/MC. \$-\$\$\$.

LE BISTRO COUNTRY FRENCH CUISINE

150 SW Madison Ave. 754-6680.

Classic French cuisine in a comfortably refined atmosphere. Specializing in the sauces that make French cuisine famous. Hand selected wines at reasonable prices. Impeccable service and attention to detail. Your dining experience awaits. LG. 5:30 pm 'til close Tu-Sa. V/MC/AE/D. \$\$\$\$.

NOVAK'S HUNGARIAN RESTAURANT & CATERING

2306 Heritage Way SE. 967-9488.

Traditional Hungarian specialties: chicken paprikas, kolbasz, cabbage rolls. Vegetarian entrees. In-house bakery. Novak's also offers catering for events and special occasions. Wheelchair accessible. LG. 6:30 am-9 pm daily. MC/V/AE/D. \$.

OASIS RESTAURANT

2315 NW Kings Blvd. 754-1850.

Lebanese cuisine. 11 am-2 pm (lunch) Tu-F, 5 pm-8:30 pm (dinner) Tu-Sa. \$.

RIVERVIEW MONGOLIAN GRILL

230 NW 1st St. 754-8402.

Pick your own vegetables, sauces, & meats, prepared before your eyes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC. \$.

Italian

IOVINO'S RISTORANTE & CATERING

126 SW 1st St. 738-9015

Italian cuisine using the freshest ingredients of the Northwest. Casual dining in an "uptown" atmosphere on the Corvallis riverfront. Food and drink specials 3 pm-5 pm. Wheelchair accessible. Some OG/LG. Serving dinner nightly at 5 pm, late night bar menu after 10 pm. Lunch 11:30 am-5 pm M-Sa. MC/V/AE. \$-\$\$.

IZZY'S PIZZA BAR & CLASSIC BUFFET

2475 NW 9th. 757-1156

Serving lunch and dinner, family friendly atmosphere. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. V/MC. \$.

MARZINI'S

922 NW Kings Blvd. 754-2411.

Serving breakfast, lunch and dinner, specializing in pasta and Italian favorites. 8 am-9 pm M-F, 9 am-9 pm Sa & Su. MC/V. \$.

Japanese

AOMATSU JAPANESE RESTAURANT

122 NW 3rd St. 752-1410.

Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner and lots of specials. Noodles, tempura, BBQ, teriyaki and more. Lunch: 11:30 am-2:30 pm M-F. Dinner: 5 pm-9 pm M-Sa. V/MC/DC/AE. \$\$\$.