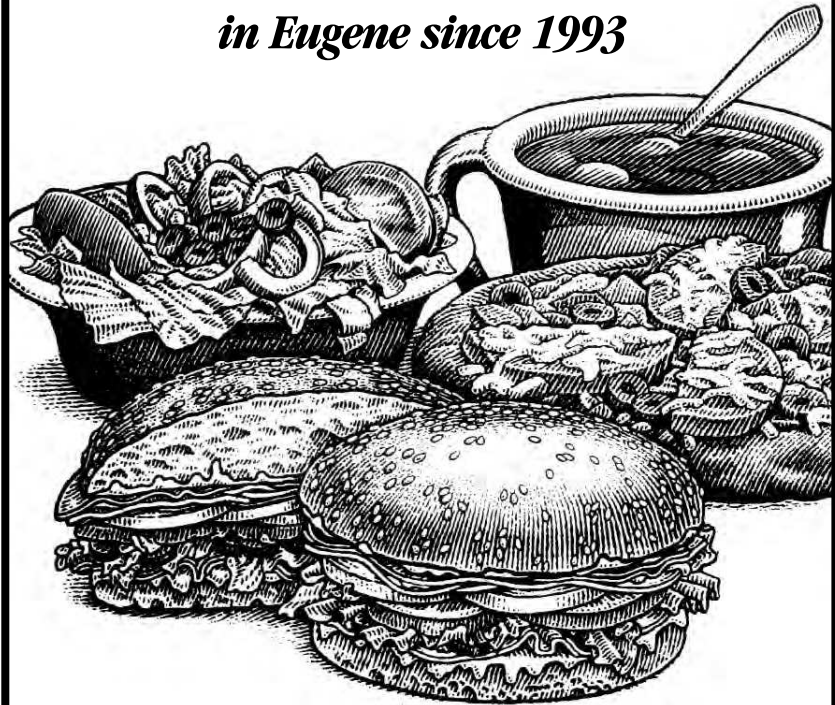




Best Buns in Town!™ in Eugene since 1993



- Hot sandwiches made on our unique buns, baked every day
Fresh-from-Scratch™ in our own bakery.
- Gourmet pizzas - Small, Large and Take & Bake.
 - All you can eat soup.
 - Freshly tossed BIG salads.
 - \$5 and under deals everyday - all day.

For the Best Buns in Town™ - Get yours to



3215 W. 11th
at Seneca, next to CD World

Phone: 342-5555 • Fax: 342-4920

CHOW! SUMMER 2006

ads, soups, gourmet coffee. Low-carb options. Some LG. Wheelchair accessible. 6 am-3:30 pm M-F, 7 am-4 pm Sa, 8 am-4 pm Su. V/MC. \$.

FLYING DOGS CAFÉ & DELI
See Cafés

GARDEN DELI & CATERING
450 Country Club Rd, Ste. 140. 485-7500, fax 485-7504.
Serving full breakfast and lunch entrees. Pastries, soups, sandwiches, salads and espresso drinks. Comfortable seating inside and out. Specializing in corporate breakfast, lunch, box lunches and more. Call for catering menu. Some OG/LG. Wheelchair accessible. 6 am-4 pm M-F. Catering available as needed. All major cards. \$-\$\$.

JAZZIE'S DELI
1869 Pioneer Pkwy, East, Springfield. 747-8090.
Serving lunch and dinner: Deli sandwiches, Umpqua ice cream, espresso, Godzilla sandwiches, lunch boxes and vegetarian entrees. Beer. Take-out. 7 am-11 pm M-F, 8 am-11 pm Sa, 9 am-9 pm Su. MC/V/D. \$.

JIFFY MARKET WINE & DELI
3443 Hilyard St. 342-4552.
Serving breakfast, lunch and dinner: Sandwiches, soups, salads, hamburgers, fish and chips, burritos. Friday night spaghetti special; Saturday night chicken or rib barbecue special. Wine, beer. Self-serve. Take-out. Smoking on the deck. Some OG/LG. Wheelchair accessible. 8 am-9 pm M-F, 9 am-4 pm Sa & Su. MC/V/AE. \$.

OAKWAY WINE & DELI
105 Oakway Center. 343-3088.
Serving lunch and dinner: sandwiches, fresh baked goods, soups, deli salads, daily lunch and dinner specials. Full service espresso. Wide selection of wine, beer and cocktails. Indoor and outdoor seating. Take-out. Wheelchair accessible. 10 am-9 pm M-Sa, 11:30 am-4 pm Su. AE. \$-\$\$.

OF GRAPE AND GRAIN, THE DELI
160 Oakway Rd. 344-9463.
Serving breakfast, lunch: Pastries, espresso, sandwiches, soups, salads. Wine & beer. Catering, take-out and delivery also available. Wheelchair accessible. M-Sa 9 am-5 pm, Noon-4:30 pm Su. MC/V/AE. \$.

PHATTY SNAK SHAK
391 W. 11th Ave. 344-6303.
Serving lunch, dinner. Specializing in hot sandwiches: Philly cheese steaks, meatball sandwiches, brats and Italian sausages, chicken strips and more. Vegetarian options. All \$4 and under. 11 am-7 pm M-F, noon-7 pm Sa & Su. Cash only. \$.

PITA PIT
1087 Willamette St. 485-5595.
Serving lunch and dinner: Pitas stuffed with falafel, steak, gyros, turkey, chicken and a variety of other selections. Choose your own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. No checks. \$.

QUIZNOS SUBS
801 E. 13th Ave. 338-7098.
864 Bellline Rd., Springfield. 744-2998.
2155 Olympic St., Springfield. 393-0030.
Oven toasted subs, like mesquite chicken with bacon and a fabulous veggie, delicious soups like broccoli and cheese, fresh craveable salads like honey mustard chicken. Fun kids meals from \$2.99. Catering and take-out available. LG. Wheelchair accessible. Gateway: 11 am-9 pm M-Th, 11 am-10 pm F & Sa. Campus: 10 am-11 pm M-Sa, noon-11 pm Su. Olympic: 11 am-9 pm daily. All major cards. \$.

SCHLOTZSKY'S DELI
3215-A W. 11th Ave. 342-5555.
Toasted sandwiches on unique buns made from scratch daily in on-site bakery. Gourmet pizzas, all-you-can-eat soup, big fresh salads, wraps, breakfast burritos all day. Fresh cookies. Drive-through. Take-out. Wheelchair accessible. 10 am-9 pm daily. MC. \$.

SUNDANCE NATURAL FOODS
748 E. 24th Ave. 343-9142.
Vegetarian (mostly vegan) organic buffet: Salad bar, prepared salads, raw food dishes, hot entrées, soups and chili. Also whole grain organic cookies, cake and pie with wheat- and gluten-free options. Half-baked pizzas. Biodegradable packaging. OG/LG. Wheelchair accessible. 7 am-11 pm daily. All major cards. \$.

VILLAGE IDIOT, THE
980 Oak St. 345-6577.
Serving breakfast and lunch, mostly from-scratch recipes with emphasis on taste. Soups, salads, meatball sub. Vegetarian entrees. Call for take-out. LG. 7 am-4 pm M-F, 9 am-4 pm Sa, 9 am-3 pm Su. \$.

ZOLOTOY PETUSHOK/GOLDEN ROOSTER-EUROPEAN STORE & DELI
See International

Food Carts

AFGHANI CUISINE
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Re-opening May 6. Serving shishkabobs, quabli, pilaf, bolani. 10 am-5 pm Sa. \$.

ALEXANDER'S GREAT FALAFEL
13th and Kincaid.
Serving lunch: Falafel, hummus, tabouli, vegan and kosher entrees. Free lemonade with all food orders. Some OG. 11 am-4 pm M-F. \$.

BANGKOK GRILL
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving pad thai, pork on a stick, vegetarian entrees. 10 am-5 pm Sa. \$.

BBQ KING
See Barbecue

BLAZING CHEF, THE
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org

Roll-up sandwiches and root beer. 10 am-5 pm Sa. \$.

BOBA BUBBLE
15th & Pearl (parking lot of Toshi's Ramen). Relocated from 13th Ave. Bubble tea (fruit and milk flavors), Thai iced tea and coffee, Vietnamese iced coffee and other coffee drinks. All beverages \$3. Wheelchair accessible. Noon-6 pm W-Sa, summer only. Cash only. \$.

BURRITO GIRL
4150 W. 11th Ave. 653-0879.
Burritos, papusas and tacos. 11 am-7 pm M-F. No cards. \$.

CARTE BLANCHE SOUP CART & CATERERS
E. 14th and Kincaid, UO campus. 554-9088.
Specializing in over 80 varieties of homemade soups. Also, baguette sandwiches and fresh salads. Menu changes daily: receive it by e-mail! cbsoup.com Some OG/LG. Wheelchair accessible. 11 am-3 pm M-F. No cards. \$.

DANA'S CHEESECAKE BAKERY
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving cheesecake and baked goods, coffee, decaf, tea. 10 am-5 pm Sa. \$.

EDIBLE IMPROV
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving sweet and savory crepes, cookies, espresso. 10 am-5 pm Sa. \$.

FAMILY HOMESTEADER
Saturday Market, 8th & Oak. 686-8885.

word is...

The Phatty Snak Shak is now open at 11th and Lawrence. For \$3, the Shak serves up a whole host of sandwiches: Philly cheese steaks, BLTs, Gardenburgers and more. Another buck gets you fries or onion rings. Can't beat that with a stick.

www.eugen Saturdaymarket.org
Serving fresh-squeezed lemonade, drinks. 10 am-5 pm Sa. \$.

INDIA HOUSE
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving chicken and vegetable curry, chicken and vegetable thripithi, pan-fried noodles, chai tea. 10 am-5 pm Sa. \$.

LULU'S SMOOTHIES
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving all-natural, fresh fruit smoothies and coolers. 10 am-5 pm Sa. \$.

NICE RICE
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Veggie and chicken stir fried rice dishes, teriyaki chicken sandwiches, fresh orange juice. 10 am-5 pm Sa. \$.

RENAISSANCE PIZZA
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving handmade pizza by the slice. 10 am-5 pm Sa. \$.

RIITTA'S BURRITOS
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving made-to-order, generously filled burritos. 10 am-5 pm Sa. \$.

RUSTY'S HANDBUILT COOKIES
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
10 am-5 pm Sa. \$.

SARA'S TAMALES
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving chicken and vegetarian tamales, fruit salad. 10 am-5 pm Sa. \$.

SARITZA MEXICAN FOOD
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving tacos, taco salad, burritos. 10 am-5 pm Sa. \$.

SUSHI Q
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving sushi rolled on site, gyoza, miso soup. 10 am-5 pm Sa. \$.

TOFU PALACE
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Tofu Tia, tofu breakfast, Toby's Tofu Paté. OG/LG. 0 am-5 pm Sa. \$.

WHOLE ENCHILADA
Saturday Market, 8th & Oak. 686-8885.
www.eugen Saturdaymarket.org
Serving enchiladas, rice and beans, nachos. 10 am-5 pm Sa. \$.

WORLD FLAVORS
Ken Kesey Plaza (Broadway and Willamette). 517-7366.
Serving ethnic dishes from around the world, including Caribbean jerk chicken wrap, coconut curry wrap, African peanut stew, Caribbean jerk chicken salad and more. Occasional daily specials. Vegetarian options. LG. 11:30 am-3 pm Tu-F. \$.

Indian

POPPY'S ANATOLIA
See Mediterranean

SHANTI
880 E. 13th Ave. 343-1443.
Northern Indian cuisine. Variety of vegetarian and non-vegetarian entrees, lunch and dinner buffet, all served in a "shanti" atmosphere. Some OG/LG. 11 am-8 pm M-F, noon-5 pm Su. MC/V/AE. \$.

TASTE OF INDIA
2495 Hilyard St. 485-9698.
65 Division Ave. 607-3966.
Authentic Indian cuisine for vegetarian and non-vegetarian palates. Freshly baked and stuffed roti. Buffet lunch and dinner specials. Tandoori chicken, lamb, seafood. Salads. Catering available. Take-out. 11 am-3 pm, 5 pm-10 pm daily. All cards. \$.

★ Best Middle Eastern, Third Place

International

BRUNO'S CHEF'S KITCHEN
3443 Hilyard St. 687-CHEF (2433). Fax 687-0122.

Bessie and Bruno proudly present world-class cooking in their Eugene-style eatery. Using only the freshest and finest ingredients, cooked to order, Bruno creates his unique menu and Bessie serves with an equally special flare. Come enjoy for yourself! Some OG/LG. Wheelchair accessible. 5-9 pm Tu-Sa. MC/V/AE. \$-\$\$\$\$.

CAFÉ LUCKY NOODLE
207 E. 5th Ave. 484-4777.
Full-service restaurant and bar open for breakfast, lunch and a complete dinner menu until midnight. Serving unique breakfast items daily, authentic Italian and Asian pastas, organic coffee, homemade gelato and specialty cocktails. Full bar. Some OG/LG. Wheelchair accessible. 8 am-midnight Su-Th, 8 am-1 am F & Sa. MC/V. \$-\$\$.

★ Best Bloody Mary

CAFÉ ZENON
898 Pearl St. 343-3005.
Downtown's landmark bistro, serving breakfast, lunch, dinner and late-night desserts daily. An eclectic, changing, international menu featuring creative preparation of the freshest local ingredients and a huge dessert selection. Wine, beer, microbrews, spirits. Sunday brunch. Outdoor dining. Some OG/LG. Wheelchair accessible. 8 am-11 pm Su-Th, 8 am-midnight F-Sa. MC/V. \$-\$\$\$.

JUNG'S MONGOLIAN GRILL
4355 Commerce St., Suite 110. 344-7578.
All-you-can-eat stir fried veggies, tofu, meats and sauces. Beer and wine available. Wheelchair accessible. Lunch: 11:30 am-4 pm daily, dinner: 5-9 pm Su-Th, 5-10 pm F & Sa. V/MC/D/AE. \$-\$\$.

LATITUDE 21
21 W. 6th Ave. 338-9000.
Featuring international cuisine and pub fare. All meats Oregon raised and bought locally at Long's Meat Market. Several Jamaican dishes. Polynesian, Italian, Southern and American entrées. Vegetarian options. Some OG/LG. 11 am-2:30 am M-F, 8 am-2:30 am Sa & Su. MC/V. \$-\$\$.

LILITH'S LAIR
453 Willamette St. 434-3391.
Savory world cuisine made with local organic meats and produce in a warm and inviting atmosphere. Vegetarian/vegan options available. Serving lunch and dinner, daily specials. Full bar with organic mixers. Private space available for parties (up to 60). OG/LG. 11 am-10 pm M-Th, 11 am-midnight F & Sa. MC/V/AE. \$\$\$.

SAVOY TRUFFLE, THE
460 Willamette. 343-1586.
Serving lunch and dinner. Fresh and inventive food served tapas style, including Tragar smoked meats, smoked prime rib Friday and Saturday. Desserts made on site. Full bar. Vegetarian options. Reservations recommended on weekends. Some OG. 11 am-10 pm M-Sa. MC/V/AE/D. \$\$.

THREE FORKS WOK & GRILL
2560 Willamette. 485-8489.
Serving lunch, dinner. Healthy, fresh, pan-Asian food made to order in minutes. Fresh vegetables and spices wok-seared with Thai noodles or white and whole-grain jasmine rice. Pair with chicken, tofu, tempeh, steak or shrimp from the grill. Vegetarian and vegan friendly. Some OG. 11 am-9 pm M-Th, 11 am-9:30 pm F, noon-9:30 pm Sa, noon-9 pm Su. MC/V. \$-\$\$.

THREE SQUARE
2835 Oak St. 284-2825.
Serving international cuisines with a local flavor. Full bar with specialty cocktails, international and local wines (including organic and co-op wines) and local beers on tap. Sunday brunch. 11:30 am-9 pm M-Th, 11:30 am-10 pm F, 8 am-10 pm Sa, 8 am-9 pm Su. MC/V/D. \$-\$\$\$.

WORLD FLAVORS
See Food Carts

ZOLOTOY PETUSHOK/GOLDEN ROOSTER-EUROPEAN STORE & DELI
3163 W. 11th Ave., Ste. C-1. 393-0091.
Serving authentic Russian cuisine. Great variety of meats, fish, cheeses, teas, juices, spices, sweets and dairy products from Europe. Fresh, homemade food (kosher and vegetarian friendly). Catering, take-out. Some OG/LG. Wheelchair accessible. 10:30 am-7 pm M-Th, 10:30 am-8 pm F, 11 am-6 pm Sa, 11 am-4 pm Su. All major cards. \$.

Italian

AMBROSIA RESTAURANT & BAR
174 E. Broadway. 342-4141.
Serving lunch, dinner: Regional Italian cuisine, fish specials, wood-burning pizza oven, calzones, pastas, vegetarian entrees, salads. Extensive wine list, beer, 7 microbrews, full