

ew Classifieds

Yard & Garden

WINTER PREP. Cleanup. Gutters, pruning, yard maintenance, fire safety and consultations. Eco friendly services and products. Call for free estimate, Riverwood Landscape, 556-3592.

WINTER CLEANUP!!! Hauling, trimming, pruning, blackberries removed. All aspects of yard care. Alan Bianchi, 684-8631.

GET IT DONE! Mowing, edging and hedging, pruning, weeding, blackberry, ivy removal, hauling. Call Janice at 344-1968.

DANDILYON GARDENING. Consultation, design, weeding, mulching, bed preparation, regular maintenance, mowing, hauling. Always organic. Katy, 683-4464.

Pro. Services

Computer

RIX COMPUTER MAGIC. 541-738-0282. Full service computer support and repair. Rick Shafer, technician. Serving Corvallis, Eugene and beyond.

Film/Video

VIDEO PRODUCTION CLASSES! Community Television now offering comprehensive courses in studio, field, analog, digital editing. Call 341-4671. CTV-CH29.

Financial

\$\$\$CASH\$\$\$ Cash now for structured settlements, annuities and insurance payouts. 800-794-7310. J.G. Wentworth. J.G. Wentworth means cash now for structured settlements. (AAN CAN)

IMPROVE YOUR credit quickly with a simple 5 minute credit score boosting technique found in our free professional workbook. Get yours today. Call 1-800-793-6456. www.FicoMaster.com (ANN CAN)

Language

PRONTO SPANISH. Native experienced instructors. All levels. Emphasis on conversation. 6-week course \$55, 7-8:30 pm. 485-6647.

Weddings

WEDDINGS PERFORMED, tailored to you: casual or formal ceremony - anywhere in Oregon. Officiated by a nondenominational minister who can dress as Elvis ... or not at all. Daniel Berk 541-868-4765.

Wellness

Astrology

ASTROLOGY FOR LIFE! Navigate life transitions, gain insight, explore family dynamics. Companion charts and readings for children. For appointments call Melanie Lea, 556-5275.

Bodywork

DHARMA MASSAGE Center. 343-2745, M-F. Morning discount, 1-1/2 hours, \$50, 34th and University, Ms. Nishan VanAtta, LIC#3430.

SCIATICA? LOWER back pain will dissipate. Guaranteed! Eclectic intuitive massage, \$5219. 2 hrs, \$80-\$120. 686-4644.

Classes

HEAL YOURSELF classes starting soon. Free intro Friday. Call Patricia Robinett, Hypnotherapist, 686-LOVE.

INTRO TO Astrology for Wiccans. Want to understand the piecharts and lines? We share astrology with naked eye astronomy. 684-0800.

WICCA FOR the practitioner. 13 Two-hour classes. Beginners and initiates to Pagan ritual. lecture, discuss, hands on. 2/9-5/11/06. 684-0800.

Energy Work

JALANA LUCIR. Energy healer, Reiki master, psychic and intuitive. Now available for appointments in Eugene. 541-344-4882.

Wellness

EAR CANDLES, beeswax. For storefront locations or to order online visit www.culpeppercandle.com kenculpepper@culpeppercandle.com

Massage

FRIDAY MASSAGE SPECIAL
\$35 for one hour
Normal rate \$45/hr.
Swedish, Deep Tissue, Relaxation
Jesse, 221-3804. LMT# 10398
Center for Integrative Massage
Appointments available M, W, F.

THERAPEUTIC MASSAGE with Talicia, of Harmony Massage. We bill insurance! Now accepting Pacific Source, ODS, OEA, HealthNet, Blue Cross and auto accident insurance. Downtown Eugene. 741-7240 or 337-0563. LMT#8193.

RELIEVE STRESS and relax with strong, intuitive hands. Swedish, deep tissue, hot stones. \$35 intro. Kristy #7598. 345-7724.

HEAVENLY TOUCH Massage. Strong and intuitive. Diane #9736. On call 10-10. 7 days. 1-2 hr. notice. 461-5950.

WHOLE LIFE Massage Center Relaxation and Therapeutic Massage Morning, Afternoon and Early Evening Appointments, Parent-Infant Massage Classes, Sr. and Student and New Parent Discounts, Gift Certificates, 343-0823.

Women's Health

INFRARED BREAST health offers new technology for cancer risk assessment: sees functional changes prior to mass formation. Ingrid Edstrom, FNP, M.Ed, 302-2977.

Yoga

SECRET SPACE Yoga, 825 Monroe St. Daily classes, Ashtanga, Anusara, Hatha. www.secretspaceyoga.com

WEIGHT & PAIN REDUCTION

Past Life Exploration and more ...

988-0313

Martin Lynch
Certified
Hypnotherapist



David Leung
541-579 3612
www.leungsmartialarts.com

Ker Cleary, M.A.
Contemplative Psychotherapy
Don't believe
everything you think.
349-0595 @ free 1/2 hr consultation
www.contemplativepsychotherapy.com

Sharon Steiner 541-514-0089
BODY WORK
11 years experience
New Client Special
Custom Massage

Energy Healing, Energy Massage,
and Spiritual Counseling
Spirit Awaken!
Energy Healing Center
541-607-9792
www.spiritawaken.info
Kelly Windhaven EH, LMT #12289

THERAPEUTIC MASSAGE
Specializing in acute
and chronic pain relief
Shoshannah Thielle, L.M.T. #3461
insurance accepted
968-1572 or 684-3965

BIKRAM'S YOGA



INTRODUCTORY PACKAGE
\$29 for one month

This is a 90 minute total body workout in a room heated to 104 degrees.

	M	T	W	TH	F	SA	SU
6:45am							
9:00am							
11:00am							
4:00pm							
6:00pm							
8:00pm							

New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat.

820 Charnelton • 349-YOGA

~Higher Hands Massage~

Pain and Stress Reduction Cranial Sacral •
Pregnancy Massage •Sports/Deep Tissue •
Myofascial Release • Swedish

"Feel Light as an Angel"

Women's Special: \$5 discount

Gift Certificates available
Insurance/MVA's welcome
349-0202-Eugene



Lisa Burtraw, LMT
Lic. #5004 since 1994

*Keep your
New Year's
Resolutions*
**Holistic
CONSULTING**
606-3761
www.holisticconsulting.us

**Rita Anne
Hartmann**
Certified
Hypnotherapist

Guy Ridley, LMT
Therapeutic Massage
Swedish and Deep Tissue,
New Client Discount
Aromatherapy
Customized Scents and Oil Blends
1390 Oak St. • 513-7592

Ki-Aikido
Oregon Ki Society
Ages 5 thru 95!
Train your mind, body and spirit.
Relieve stress. Gain confidence & focus.
1071 West 7th 683-5089

Nancy Mac
counseling
• changing old patterns to allow new choices
• creating healthy relationships
Individuals / Couples
sliding scale 485-4559

Haircut Express with this coupon
\$2 OFF HAIRCUT
*Regular priced haircuts only
18TH & WILLAMETTE • 302-6100
DIRECTLY ACROSS FROM TEXACO

Low cost Medical
ACUPUNTURE CLINIC
Open to the Public
Sliding scale \$5 - \$15
PAIN • DEPRESSION • ALLERGIES • ETC
Chrysalis - 323 E. 12th Ave. Eugene
M-Th, 5:15-6:30pm - call Larry, 683-1641 or drop-in

Stubborn Medical Problems?
Chinese Loose Herb Formulas
Could Be The Answer.
• Individually Crafted
• Specific to your needs
JADE SCREEN CLINIC
344-8088
Russ Goodwin, Herbalist, D.O.M.

Astrology
Susan will be
doing readings at
her Eugene office
February 2, 3, 4
541-548-1593
Susan Dearborn Jackson, M.S.

memory recall • past life regression • rebirthing • pain relief • release fears, phobias, anxiety • soul searching •
Woven Dreams
Spiritual Hypnosis & Healing
Susan Snowmountain, CHT
Eugene Wellness Center
541-343-0812

Sandra Norris Wheeler
25 years Extensive Professional Experience
"I'm blessed to have such a high caliber healer available"
Aligning body, mind, emotions, spirit
Advanced Craniosacral Therapy and Myofascial Release
STRUCTURAL REALIGNMENT
ENERGETIC REBALANCING
TRAUMA, INJURY INTEGRATION
CLEANING THE LUMINOUS BODY
DEEPENING & ACCELERATING THE HEALING JOURNEY
♦ Nationally Recognized Practitioner ♦
Welcoming New Clients
343-4415
Integrity • Wisdom • Skill

S.A.R.A.'s
Shelter Animal Resource Alliance
Rescued Cat of the Week
Tangy is a sweet, petite Orange Tabby Manx. Tangy needs a very special home who can give her daily medicine for her asthma.
Stop by S.A.R.A.'s Treasures to meet Tangy and all of her rescued adoptable friends.
ALL OF S.A.R.A.'S RESCUED CATS ARE SPAYED/NEUTERED AND FIV-VELY TESTED, VACCINATED INCLUDING LEUKEMIA, MICROCHIPPED & MUCH MORE.
Sponsored by
S.A.R.A.'s Treasures
Gift and Thrift Shop
volunteer • donate • shop • adopt
871 River Rd. • 607-8892 • www.sarasavesanimals.org
Open Everyday 10-6

BIKRAM'S YOGA
COLLEGE OF INDIA
New students, please arrive 20-30 minutes early. Wear comfortable clothes. Bring a bath-size towel and water bottle. Come with an empty stomach, and open mind and be prepared to sweat.
820 Charnelton • 349-YOGA

ASHLAND INSTITUTE OF MASSAGE
AIM for Awareness, Integrity, Mastery
A small school with a big vision...
educating hands, heart and head for
holistic integration of Self and skills
650-hour Professional Massage Program
Six-month intensive program begins
July and January. Ten month program
begins September. Apply now!
www.aimashland.com 541.482.5134