

SHAMANIC HEALING

Shamanic Healing addresses the spiritual aspects of physical, mental and emotional illness. Possible symptoms calling for Shamanic Intervention are:

- not feeling whole • "part of me left" or "I haven't been the same since"
- chronic illness, depression or fatigue • addictions
- feelings of possession, darkness, or alienation

A one time Healing Empowerment Ceremony can address the issues & restore the integrity of the soul force. There is also a monthly drumming & journey circle to support your ongoing process.

Karuna Gatton
Shamanic Practitioner for over 10 years in Eugene
Certified Rebirther with 20 yrs exp.
• Reiki Master
485-3881



DAVID LANG



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THERAPEUTIC MASSAGE with Talicia, of Harmony Massage. We bill insurance! Now accepting Pacific Source, ODS, OEA, HealthNet and auto accident insurance. Downtown Eugene. 741-7240 or 337-0563. LMT#8193.

Yoga

RADIANT CHILD yoga teacher training program in Eugene. For info contact Harinder Kaur at harinderh@comcast.net or 345-4952. Check www.childrensyoga.com

FREE YOGA and meditation classes. Relax body, mind, spirit. Thursdays, 7-8:30pm. 1st United Methodist, 1376 Olive. 686-0506.



Real Estate

ALTERNATIVEREALTOR.COM Eugene's Alternative Realtors. Free email listings. Toll free, 866-706-3283 or local, 521-DAVE.

FREE EMAIL listings! Kathy Ging, M.A., G.R.I., Socially responsible Realtor, 19 years of ethical practice, networks local self-reliance! Pilot Realty, LLC; local 729-1444; 800-944-0130. kathy@kathyging.com

Apts. for Rent

RURAL COTTAGE Grove 1-bdrm unfurnished apartment. Appliances and DirectTV. \$460/mo. First, last + \$125 dep. NP, NS. References. 942-3165.

"THE TREEHOUSE." A metaphor for an extraordinary 1-bdrm, 1-ba nest with view and light in all 4 directions. Deck, loft with skylight, beamed ceilings, W/D, 1558 Charnelton Alley behind 1563 Lincoln. \$675/mo. + utils. Dennis, 514-0625, 343-6645.

Homes for Rent

3+BDRM, 2-BA, huge garage, bi-level. Gas fireplace. Quiet neighborhood. No lawn work. Large covered deck. \$975/mo. 343-0721.

SWEET 2-BDRM apt, daylight basement of duplex. Near river, bike path, and rose garden. Small fenced backyard, partial garage storage. No pets, no smoking. \$475/mo. 689-1738.

CUTE 2-BDRM, 1-ba house off River Rd. Large backyard, quiet neighborhood, no garage. Cat OK with dep. \$700/mo + utils, 1st, last. Avail 11/1. Refs required. 221-2580.

CHARMING, 3-BDRM near river and bike path. Wood floors, gas stove, gas and wood heat. Garden space in large, shared backyard. Shared laundry hookups. Prefer long term gardeners. No smoking, no dogs. Avail Nov. \$900/mo. 689-1738.

UNIQUE RIVERSIDE guesthouse. One bdrm, own deck, parking, great view. Seek quiet, responsible feline fancier. NS. References, \$600 includes all utils., cable. One year lease. 741-3020, Jane.

3 BDRM, 1 1/2 ba. Large yard, 2440 Adams St., Eugene. Partially remodeled, nice floor plan. Cute place. \$900/mo + dep. 942-5846.

1-BDRM, GREAT neighborhood. Pets? \$600/mo. 343-0721.

SEMI FURNISHED, very quiet and private, fenced yard, organic garden. NS. Water, elec, garbage incl., you pay gas. \$395/mo + 1st, last, cleaning dep. 461-1289.

Rooms for Rent

ONE ROOM for rent in newly remodeled South Hills home. \$380/mo + utils. Woodsy location, laundry, Wi-Fi, fireplace, bus. 484-3804.

Shared Housing

NICE, CLEAN, quiet 2 bdrm duplex to share with 1 person. W. 12th St. neighborhood. No drugs, smoking or pets. \$330/mo + \$250 dep., 1/2 utils. Contact Tim, 687-6988.

BEAUTIFUL FRIENDLY neighborhood home to share, veggie kitchen, W/D, garden space. \$350/mo. + 1/3 utils. First, last dep. NS, NP. Avail 8/15. 520-3196.

RIVER ROAD area. 3-bdrm, 1.5-ba duplex, W/D. Bus and bike path. \$223/mo + utils. NS, NP. 688-2828.

SHARE PEACEFUL country living 8 miles from downtown. Bright cozy cabin, great views. Share kitchen, bath with friendly folks. \$335/mo + 1st, last, dep. 344-4766.

SHARE PEACEFUL 3-bdrm., SE Eugene. Off busline, trails. Wood stove, organic garden, W/D. NS, NP. \$275/mo + utils., last, \$100 dep. 431-6658.

IF YOU are fun loving, energetic and family oriented call us. Beautiful home, yard and garden. Close to bus, river bike path. W/D and sauna. NS. No more pets. \$300. 607-6703

COTTAGE GROVE.

2 rooms.
\$200/mo and/or
\$225/mo, larger room.
10 min bike ride to
bus stop to Eugene.
Simplicity, Permaculture
Community-minded
Edible Landscape
Near 40 acres **OLD GROWTH**.
No pets. For more info: 942-8473.

SPACIOUS, SUNLIT room available in S. Hills home. Friendly, eco conscious people. Clean house with fireplace, laundry, storage onsite. NS/NP, \$375 + utils. 1st, last, dep. 206-3391.

free WILL ASTROLOGY BY ROB BREZSNY

ARIES (March 21-April 19): "Honey, This Mirror Isn't Big Enough for the Two of Us," is the title of a song by the band My Chemical Romance. If you'd like to place yourself in alignment with cosmic rhythms, you should say the exact opposite of that to someone you care about - something like this: "Honey, this mirror *is* big enough for the two of us, and I want us to gaze into it together." In other words, enlist a loved one to join you in taking an inventory of your relationship. Study how you fit together, and brainstorm about how you can make your connection work even better.

TAURUS (April 20-May 20): Curses abound. When we're children, our parents and relatives manipulate us into being different from what we naturally are. As we grow up, teachers and coaches regularly remind us of how we're not living up to their expectations. Meanwhile, the news media assaults us with relentless propaganda about how nasty and brutish life is, and storytellers in the entertainment industry barrage us with visions of the worst aspects of human nature. Finally, our enemies slip us their own unique brands of maledictions. That's the bad news, Taurus. The good news is that you now have unprecedented power to defuse the curses that have been cast on you. Follow your intuition to cleanse yourself of their insidious influence.

GEMINI (May 21-June 20): Brazil's Ryoki Inoue may not be the best novelist in the world, but he's definitely the most prolific. He averages about 100 new works of pulp fiction every year. On one particularly creative day, it took him eight hours to churn out an entire 195-page story about crooked cops and drug dealers. He's your role model for the coming week, Gemini. Whatever your field of endeavor is, try to supercharge your productivity. The astrological omens suggest that not only can you do so, but also that it will be good for you to do so. Your other role model is Marcel Proust, who was one of history's *best* novelists. Be as fast as Inoue and as brilliant as Proust.

CANCER (June 21-July 22): Five years ago, artist Dale Chihuly shipped 64 tons of Alaskan ice to Jerusalem. He used it to erect a giant wall in the place where the Arab and Jewish sections of the city joined. The desert heat melted his preposterous construction in three days. Treat this as an apt symbol for a situation that's going on in your vicinity, Cancerian. There is an improbable barrier between two parts of your life that should be connected. That barrier has now begun to collapse at a rapid rate, and will be gone soon as long as you and yours don't make a foolish attempt to try to shore it up.

LEO (July 23-Aug. 22): Medieval language expert Alexandra Gillespie writes that "English is a bastard tongue, an unruly mix of corrupted Latin, Anglo-Saxon, French (in particular Middle Norman), Brythonic and Goideleic Gaelic, Welsh, and other forms of the Celtic tongues." In other words, the most widely used language on the planet was cobbled together from a hodgepodge of disparate influences. I hope that inspires you, Leo, to take full advantage of the mish-mash you're nurturing. As you borrow and patch, appropriate and blend, scavenge and integrate, be mindful of the rich potentials inherent in your hybrid creation.

VIRGO (Aug. 23-Sept. 22): It's high time for you to lose control - in the most constructive way possible, please. You can no longer afford to be as tightly wound as you've been lately. To get yourself in the mood for breakthroughs that will prevent breakdowns, consider carrying out some of the following acts. Fingerprint on your TV screen. Dance on your bed, imitating a black bear that has drunk a bottle of vodka. Ask an intimate friend to use lipstick to write "I am inscrutable" on your belly. Have dinner with a person who makes you uncomfortable in an interesting way. Buy a bull penis walking stick at Bumsteer.com and use it on a stroll to the corner store. Write candid confessional letters to people from whom you've been hiding an important truth, but don't mail the letters.

You can call for your Expanded Weekly Horoscope: 1-900-950-7700 • \$1.99 per minute. Touchtone phone 18 & over c/s 612-373-9785

LIBRA (Sept. 23-Oct. 22): In the estimation of many fashionistas, Libran rock singer Gwen Stefani is a style queen. *The New Yorker* recently put her on the cover of its fashion supplement, and she's at the top of many best-dressed lists. She doesn't fully enjoy the fruits of her success, though. "I still think of myself as a fat little dorky kid from Orange County desperately wanting to be cool," she told *OK* magazine. If Stefani called me up for a consultation right now, I'd tell her what I'll say to you: This is a perfect astrological moment to use your willpower, your imagination, and your sense of humor to shed your old self-images - especially those that are acutely at odds with the reality of the person you have become.

SCORPIO (Oct. 23-Nov. 21): I used to have a Scorpio friend who liked to spout the ecstatic mystic poetry of Rumi. (Sometimes he added his own rapturous improvisations, and so I was never sure where Rumi left off and his words began.) Since you're currently in a phase when the potential for euphoric release and delirious catharsis are high, I've selected five of these quotes that are in alignment with your astrological omens. (1) "Close your eyes and see with your other eyes." (2) "If you want to be held, open up your arms." (3) "Quit acting like wolves and let the shepherd's love fill you." (4) "We're not here to seek approval but disgrace and celebration." (5) "Let the beauty you love be what you do."

SAGITTARIUS (Nov. 22-Dec. 21): I suggest you find a way to study the behavior of predators without exposing yourself to danger. You'll really benefit from being in an impregnable safety zone as you take a close look at creatures that are dominated by their lust for power. Why? Knowing more about these types will allow you to protect yourself from them in the future, especially if there ever comes a time when you're not so well-insulated. And right now is the perfect astrological moment to study them risk-free.

CAPRICORN (Dec. 22-Jan. 19): To be completely aligned with cosmic rhythms in the coming weeks, you'd arrange for rose petals to be thrown at you each time you opened a door. A gourmet cook would provide a steady stream of tastes you've never experienced before. A great band or chamber orchestra would come to your home to play for the best party you've ever thrown. A friend would read you stories that deepened your appreciation for how courageous you've been in dealing with your own struggles. And you would enlist the services of your own royal fool, who'd be responsible for telling you jokes, identifying incongruities, and keeping you flexible.

AQUARIUS (Jan. 20-Feb. 18): You cannot possibly accomplish anything good by force right now. Your strengths may temporarily become liabilities, and you'll have to exercise your talents with profound humility in order to keep from going astray. To achieve success, you've got to renounce all your definitions of success and open your mind to previously unimaginable new definitions. You also must become as fluid as a water snake, as sensitive as a psychotherapist advising a beloved patient, and as free as a woman who has just given birth.

PISCES (Feb. 19-March 20): "Who can convince the sea to be reasonable?" asks poet Pablo Neruda in *The Book of Questions*. Here's my answer: If anyone can do it, you can. For the next two weeks, your powers of persuasion will be almost supernaturally strong. Furthermore, you'll be able to achieve a mind meld with elemental forces of nature like wind, fire, and rivers. Further furthermore, you'll have the power to achieve a state of such transcendental lucidity that you will flirt with the ability to see things the way the Goddess does. I hereby dub you the *sea whisperer*.

HOMEWORK: What pose would it be a big relief for you to drop? In what part of your life are you faking, and what could you do to escape that bind? Write: www.freewillastrology.com

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