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Intro to the Power of Sound *Margaret Joyce*

Tue. Oct. 25 7:00-8:30pm \$15/adv. \$18/door
Singing Crystal Bowls
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Love is the way. We will explore
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Sat. Oct. 29 9:30am-1:30pm \$35/pre-paid only
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Oct 25th, Ayurveda for the Family, 7-9pm
Oct 26th, Ayurvedic Psychology: Healing the Mind, 7-9 pm
Oct 27th, Ayurvedic Massage, 7-9pm
Oct 28th, Rejuvenation & Longevity, 7-9 pm
Oct 29th, Ayurveda for Women, Part I,
(Pre-natal, post-natal, etc.)
10:30am - 12:30 pm
Oct 29th, Ayurveda for Women, Part II,
(PMS, menopause, fibroids, etc.)
1:30 - 3:30 pm

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11:00am							
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6:00pm	•	•	•	•	•		
8:00pm	•						

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Sudoku

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1	9						6	3
		8	6		9	4		
				1				
		4		6		3		
	3	7				1	8	
		9		2		6		
				7				
		3	5		1	9		
5	7						1	6

Place numbers 1-9 so that each row, column and 3x3 square has each number
only once. There is only one solution. Good Luck! Stumped? Visit
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