

entrees, salads. Reservations for breakfast, lunch and dinner for 10-25. Wheelchair accessible. 7 am-3 pm daily. MC/V. \$-\$\$.

★ **Best Hangover Breakfast**

CAFÉ SIENA

853 E. 13th Ave. 344-0300.
Serving breakfast, lunch: Huevos rancheros, scrambled eggs, potatoes, chilaquiles, egg and cheese omelettes with your choice of mushrooms, spinach, tomato, ham or onions. Espresso. Take-out. 8 am-7 pm M-F, 9 am-4 pm Sa & Su. No cards. \$.

★ **CAFÉ YUMM!**

1801 Willamette (The Meridian). 431-0204.
Fifth St. Market. 484-7302.
130 Oakway Center. 225-0121.
Lunch, dinner. House specialty: Rice and bean bowls with luscious Yumm! sauce, fresh soups, salads, wraps, sandwiches, extensive vegetarian/vegan selections, Tempeh Reuben. Wine, beer, Full City coffee at Meridian and Oakway locations. Fine wines, microbrews, gifts, heirloom beans, exotic rice, original sauces and dressings. Take-out. Some OG/LG. Wheelchair accessible. 5th Street: 11 am-6 pm daily. Meridian: 8 am-7 pm M-F, 10 am-7 pm Sa, 11 am-5 pm Su. Oakway: 8 am-8 pm M-F, 10 am-8 pm Sa, 10 am-5 pm Su. MC/V. \$.

★ **Best Restaurant for a Solo Meal**

★ **Best Vegetarian, Second Place**

CORNUCOPIA

295 West 17th St. 485-2300.
Serving full breakfast, lunch and dinner: Homemade soups and salads, much more. Take-out. Indoor and outdoor seating. Extensive menu. Large selection of beer and wine. Local flavor. Some OG/LG. Wheelchair accessible. 8 am-10 pm daily. MC/V/AE/DC. \$-\$\$.

★ **Best Happy Hour**

★ **Best Deli**

★ **Best Restaurant for a Solo Meal, Third Place**

CRAWINGS CAFÉ & CATERING

1530 Willamette St. 343-7933.
Lavelle Bistro & Wine Bar by Cravings, Fifth St. Market. 338-9875.
www.crawingsfinefoods.com
Serving continental breakfast, lunch, and evening take-out: Entrees, bakery items, bread. Wine, microbrews, espresso. Sidewalk seating available (Willamette location). Full service catering. Take-out. Lavelle Bistro Wednesdays: Singles Night; Thursdays: BBQ & Jazz; Fridays & Saturdays: Live Jazz. Some OG/LG. Wheelchair accessible. 10 am-6 pm M-F, 10 am-4 pm Sa. MC/V/AE. \$-\$\$.

★ **FLYING DOGS CAFÉ & DELI**

1249 Alder St. 344-1960.
www.flyingdogscfe.com
A blend of homemade café food, east and west comfort foods, fresh and exciting burgers, wraps and salads in a warm and friendly atmosphere. Some OG. Wheelchair accessible. 9 am-9 pm daily. All major cards. \$-\$\$.

GLENWOOD RESTAURANTS, INC.

1340 Alder St. 687-0355.
2588 Willamette St. 687-8201.
Serving breakfast, lunch, dinner: Espresso, desserts; soups, pastas, salads, burgers, ethnic foods, some vegetarian. Reservations for private parties. Take-out. Some OG. Alder: 7 am-10 pm daily. Willamette: 6:30 am-9 pm M-F, 7 am-9 pm Sa-Su. Cash, all cards. \$-\$\$.

★ **Best Hangover Breakfast, Third Place**

★ **Best Sunday Brunch, Second Place**

★ **Best Cheap Eats, Second Place**

HAWTHORNE'S CAFÉ & DELI

153 E. Broadway. 683-0738.
Serving custom roasted coffee and espresso, lunch, dinner: Deli items, soups, sandwiches, bagels, daily specials, vegetarian items, baked goods, salads. Beer, microbrews, wine. Take-out. Wheelchair accessible. 7 am-6 pm M-F, 9 am-5 pm Sa, closed Su. \$.

★ **HOLY COW CAFÉ**

See Vegetarian

PANANG SEAFOOD FROM SWEET BASIL

1 to 2 servings

- 10 g. panang curry paste
- 100 g. coconut milk
- 5 g. sugar
- 0.2 g. salt
- 0.5 g. basil
- 2 g. bell pepper
- 3 tiger prawns
- 3 green mussels
- 20 g. calamari
- 60 g. salmon
- 150 g. crab claw (usually one-half of a crab)

Heat coconut milk with panang curry paste in a wok. Add sugar and salt, stir. Add tiger prawns, green mussels, calamari, salmon and crab claws. Simmer in sauce until cooked through. Add bell pepper and basil leaves. Arrange on plate, topping with additional sauce and basil leaves to garnish.



Chef Itthitot "Zack" Tantisiri, Owner Max Stabin, and Chef Paris Paphammarong.

HUMBLE BAGEL BAKERY

See Bakeries

INDIGO DISTRICT

1290 Oak St. 434-6553.
Serving organic lunch and dinner menu, Café Mam coffee. Wireless internet, live music. 8 am-2:30 am M-F, noon-2:30 am Sa & Su. \$-\$\$.

KEYSTONE CAFÉ

West Fifth at Lawrence St. 342-2075.
Serving breakfast (all day), lunch M-F 11 am-3 pm: Eggs, pancakes, potatoes, sandwiches, chili, soups, salads, fresh-squeezed orange juice. Organic ingredients used in bakery. Some OG/LG. 7 am-3 pm F-Su, 7 am-2 pm M-Th. No cards. \$.

★ **Best Hangover Breakfast, Second Place**

★ **Best Sunday Brunch, Third Place**

LATITUDE TEN CAFÉ

2757 Friendly St. 343-3460.
www.latitude10cafe.com
Serving breakfast, lunch and dinner. Build-your-own veggie and vegan options. Latin flair. OG/LG. Wheelchair accessible. 8 am-8 pm M-Th, 8 am-9 pm F-Sa, 9 am-8 pm Su. MC/V. \$-\$\$.

MCKENZIE CAFÉ

4265 Main St., Springfield. 747-1517.
Breakfast or lunch all day. Breakfast specials, biscuits & gravy, chicken-fried steak, vegetarian & meat omelettes, opt. egg substitute, teddy bear pancakes for kids. Lunch: International specials, 12 burgers, seafood, soups, hot and cold sandwiches, salads, desserts (homemade carrot cake, French-fried ice cream). Take-out. Some OG/LG. Wheelchair accessible. 8 am-2 pm W-Su. MC/V/AE. \$-\$\$.

MILKY WAY TEA & BAGELS

854 E. 13th St. 683-7855.
Breakfast, lunch, dinner: Fresh baked bagels all day. Breakfast bagels with ham, sausage and eggs. Bagel sandwiches with ham, turkey, Gardenburgers, smoked salmon, lox, vegetables, Toby's Tofu, Emerald Valley Hummus. Bubble tea, smoothies, espresso drinks. 7 am-9 pm M-F, 9 am-8 pm Sa, 9 am-6 pm Su. V/MC. \$.

MORNING GLORY CAFÉ

450 Willamette St. 687-0709.
Vegetarian and vegan restaurant: French toast, biscuits and gravy, eggs and Glory potatoes, tempeh sandwiches, stirfries, salads, fresh-squeezed juices, Café Mam organic shade-grown coffee and espresso. Kid friendly, take-out. Weekly organic specials. Some OG/LG. Wheelchair accessible. 7:30 am-3:30 pm daily, breakfast all day, lunch 11 am. Some cards. \$-\$\$.

★ **Best Eco-Friendly Food**

★ **Best Vegetarian, Third Place**

MUDDY PUDDLE CAFÉ

151 W. 7th Ave., Suite 105. 606-2683.

Specialty and gourmet coffee, pastries, smoothies, sandwiches and fresh fruit. LG. 7 am-4 pm M-F. No cards. \$.

NEW DAY BAKERY & CAFÉ

345 Van Buren Ave. 345-1695.
Serving breakfast, lunch, dinner: Bakery items, 4-6 soups, salads (roasted eggplant, avocado, chef's), sandwiches, vegetarian entrees, seasonal specials. Take-out. Some OG/LG. Wheelchair accessible. 7 am-6 pm M-F, 7 am-5 pm Sa, 7 am-3 pm Su. No cards. \$.

NOVELLA CAFÉ

100 W. 10th, inside the library. 683-7070.
Serving Bagel Sphere bagels, pastries, espresso and granitas. Some OG. Wheelchair accessible. 7 am-8 pm M-F, 8 am-6 pm Sa, 10 am-6 pm Su. V. \$.

OUR DAILY BREAD

8817 Territorial Rd., Veneta. 935-4921.
Full breakfast daily until 11 am (1 pm on weekends). Specialties include quiche, baked omelettes, calzones, fresh soups, bread and pastries. Everything made from scratch. Many vegan and vegetarian options. Some OG/LG. Wheelchair accessible. 8 am-2 pm daily, 5 pm-8 pm Th spaghetti night. MC/V. \$.

PARK STREET CAFÉ

776 W. Park St. 485-2089.
Serving breakfast, lunch: Daily Mediterranean specials, lasagne, chicken curry, Mediterranean delight, chicken kabobs, dolmas, beef stroganoff, pasta, vegetarian entrees, salads. Take-out. Outside seating available. LG. Wheelchair accessible. 9 am-3 pm M-F. MC/V/AE/DC. \$.

PUMP CAFÉ

710 Main St., Springfield. 726-0622.
Serving breakfast and lunch. Catering available. Standard breakfast and lunch menu featuring fresh baked pastries and homemade desserts. Fresh, homemade soups, salads, hot and cold sandwiches. Specialty breads. Daily specials. Take-out. Outside seating available. LG. Wheelchair accessible. 7 am-4 pm M-F; 8 am-2 pm Sa. MC/V/AE. \$-\$\$.

RENNIE'S LANDING

1214 Kincaid St. 687-0600.
Across from UO. Serving breakfast, lunch, dinner: Chicken, fish, pasta and vegetarian specialties. Gourmet burgers including Gardenburgers and buffalo burgers. Salads and homemade soups. NW micros and full bar. Outdoor deck. Dinner specials daily. Minors welcomed until 3 pm. Wheelchair accessible. Breakfast begins 7:30 am M-F, 9 am Sa-Su. Extended breakfast hours Sa and Su. Food served until last call. MC/V/AE/D. \$.

SIP 'N' SURF CYBERCAFÉ

In Atrium Bldg., 10th and Olive. 343-9607.
Full City coffee, pastries from Palace Bakery, Monster Cookies, and lunch spe-

cial M-F. Computer terminals with Internet access available: First 15 minutes free with any menu purchase of \$1 or more. New Wi-Fi available. Some OG. Wheelchair accessible. 7:30 am-6 pm M-F, 12 pm-5 pm Sa. No cards. \$.

STUDIO ONE CAFÉ

1473 E. 19th St. 342-8596.
Serving breakfast all day and lunch at 11 am: Pastas, seafood, vegetarian and vegan entrees. Four kinds of eggs Benedict, chalah bread French toast and build-your-own omelettes. Specialty salads, two homemade soups, ahi sandwiches and daily specials. Outdoor seating. Some OG/LG. Wheelchair accessible. 7 am-3 pm daily. MC/V/AE/D. \$-\$\$.

★ **Best Sunday Brunch**

TERESE'S PLACE

650 Main St., Springfield. 747-1897.
Serving breakfast, lunch: Omelettes, sandwiches, vegetarian entrees, 4 soups daily, salads, espresso. Table service for breakfast; order lunch at counter, servers bring. Take-out. Catering. 7 am-4 pm M-F. V/MC. \$.

WILD THYME CAFÉ

995 Pearl St. 334-1783.
Serving breakfast, lunch and dinner items. Hot and deli sandwiches on freshly baked baguettes, cheese ravioli with homemade pesto, salads, homemade soups, pan-fried chicken and catfish. Vegetarian specials everyday. Homemade desserts. Some OG/LG. Wheelchair accessible. 9:30 am-4 pm M-Sa. MC/V. \$-\$\$.

Chinese

CAFÉ SEOUL

See Korean

CHINA BLUE

879 E. 13th Ave. 343-2832.
Serving lunch, dinner, Sunday Dim Sum Brunch: Northern Chinese, Indonesian; individually prepared dishes. Wine, beer. Reservations for larger parties. Catering for businesses. Take-out. 11 am-9:30 pm M-F, 4 pm-9:30 pm Sa, noon-9:30 pm Su. MC/V. \$-\$\$.

CHINA SUN

2130 W. 11th Ave. 302-9667.
Serving lunch and dinner, seafood specials, buffet. Some OG/LG. Wheelchair accessible. 11 am-9 pm daily. MC/V/AE/D. \$.

★ **Best Buffet**

FAR MAN RESTAURANT

3111 Gateway Blvd., Springfield. 726-7311.
Serving lunch, dinner: Buffet and full menu; Cantonese, Mandarin, Szechwan, American; vegetarian entrees. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MC/V. \$-\$\$.

FORTUNE INN

1775 W. Sixth St. 342-2616.
Serving lunch, dinner: Fresh specials every day, traditional Chinese stir fries, fresh Chinese vegetables and tofu and vegetarian entrees. Wide variety Oregon wines, beer (domestic and imported). Reservations for 10+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

GATEWAY CHINESE BUFFET

3198 Gateway St., Springfield. 726-2828.
Lunch, dinner: Chinese buffet with 40 plus hot items: BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Banquet room. Take-out. Children's prices, senior discounts available. LG. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-10:30 pm F & Sa. All major cards. \$-\$\$.

GOLDEN CHINA BUFFET

1525 Franklin Blvd. 343-2828.
All-you-can-eat lunch and dinner buffet with a good selection of Mandarin and Szechwan dishes. Chicken, pork, seafood, beef, fruit bar. Take-out menu also available. \$3.50/lb. for lunch, \$4.50/lb. for dinner. Drinks and ice cream included in dine-in buffet. Wheelchair accessible. 11:30 am-9 pm daily. MC/V/D. \$-\$\$.

GOLDEN ORIENT

2513 W. 11th Ave. 683-5469.
Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties. Take-out. LG. Wheelchair accessible. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-9:30 pm Sa, closed Su. MC/V/AE. \$-\$\$.

GREAT WALL RESTAURANT

862 Main St., Springfield. 726-9133.
Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 11 am-9:30 pm M-F, 3 pm-10 pm Sa & Su. MC/V. \$-\$\$.

HONG KONG RESTAURANT

1799 Willamette St. 342-7450.
Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrees. Wine, beer. Reservations for parties. Take-out. Some OG/LG. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, 4:10-3:30 pm Sa. MC/V. \$-\$\$.

HOUSE OF CHEN

1861 Franklin Blvd. 343-8888.
Serving lunch, dinner: Elegant dining. Szechwan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrees. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OG/LG. 11 am-10 pm daily. All major cards. \$-\$\$\$.

HOUSE OF NOODLE

See Southeast Asian

JADE PALACE

906 W. 7th Ave. 344-9523.
Serving lunch buffet everyday. Daily dinner buffet specials: Tu & W - country; Th - vegetarian; F - seafood; Sa & Su - Asian. Extended seafood and vegetarian menu, wine, beer. Outdoor garden dining. Take-out. 11 am-9 pm Tu-Th, 11 am-9:30 pm F, 5 pm-9:30 pm Sa, noon-9 pm Su. MC/V/D. \$-\$\$.

KAM LOON RESTAURANT

2674 Roosevelt Blvd. 689-4770.
Serving lunch, dinner: Cantonese, vegetarian entrees, no MSG on request. Wine, beer. Reservations for larger parties. Delivery. Take-out. LG. 11 am-9:30 pm M-Th, 11 am-10 pm F, noon-10 pm Sa. MC/V. \$-\$\$.

KOWLOON RESTAURANT

2222 MLK Blvd. 343-4734.
Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrees. Wine, beer, microbrews, full bar. Delivery. Take-out. Some LG. Wheelchair accessible. Dining room 11:30 am-midnight, daily. Delivery 11:30 am-midnight Su-Th, 11:30 am-2 am F-Sa. MC/V/AE/D. \$-\$\$\$.

★ **Best Take-out, Third Place**

LOK YAU

2360 W. 11th Ave. 345-7448.

Serving lunch, dinner: Cantonese, chicken, beef, teriyaki steak, shrimp, vegetarian dishes; no MSG on request. Wine, beer. Take-out. 11 am-10 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MC/V. \$-\$\$.

LOTUS GARDEN VEGETARIAN RESTAURANT

See Vegetarian

LOUIE'S VILLAGE

947 Franklin Blvd. 343-4480.
Serving lunch, dinner: Authentic Chinese cuisine. All fresh ingredients. Take-out. 11 am-10:30 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, 11:30-10 pm Su. \$-\$\$.

MAPLE GARDEN

1275 Alder St. 683-8128.
Serving lunch, dinner: Mandarin, Szechwan, Cantonese: Lunch menu changes daily; Mandarin chicken, shrimp chow fun, variety of Chinese meals. Reservations for large groups. Take-out. 11 am-10 pm M-Th, 11 am-11 pm F, 11 am-10 pm Sa-Su. MC/V/AE/D. \$.

★ **Best Chinese, Third Place**

OCEAN SKY

1601 Chambers St. 342-4848.
Serving lunch, dinner: Szechwan, Hunan; extensive menu; vegetarian entrees. Wine, beer. Reservations for 6+. Take-out. 11 am-9:30 pm M-Th (closed Tu), 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

★ **Best Chinese, Second Place**

QUAN'S ORIENTAL RESTAURANT

94 West Broadway. 683-3388.
Serving lunch and dinner: Cantonese, Szechwan, Hunan and Mandarin specialties, including vegetarian entrees. Eugene's healthiest authentic Chinese cuisine. Canola oil only for cooking and no added MSG. Beer and wine. Banquet facilities available. Reservations for parties of more than 8. Take-out. 11 am-9:30 pm M-Th, 11 am-10 pm F, 11:30 am-10 pm Sa-Su. V/MC/DC, no personal checks. \$-\$\$.

SPRING GARDEN

215 Main St., Springfield. 747-0338.
Serving lunch, dinner: Cantonese, Mandarin, American; vegetarian entrees. Service bar. Reservations for 8+. Separate smoking room. Take-out. Some OG. Wheelchair accessible. 11:30 am-10:30 pm M-Th, 11:30 am-11 pm F, 4-11 pm Sa, noon-10:30 pm Su. MC/V/AE. \$-\$\$.

TOM'S TEA HOUSE

788 W. 7th Ave. 343-8805.
Chinese Hunan-Szechwan cooking. Everything made from scratch. Hot and spicy. Vegetarian entrees. Dim Sum. Beer. Take-out. 4:30-8 pm W-Su. \$.

TWIN DRAGONS

919 River Rd. 688-5481.
Serving lunch, dinner: Cantonese, Szechwan, Chinese, American; vegetarian entrees, salads. Reservations for 8+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V. \$-\$\$.

YAN GAR YUEN

1945 River Rd. 688-9229.
Serving lunch, dinner: Mandarin, Cantonese. Delivery. Smoking area. Take-out. 11 am-10:30 pm, daily. MC/V. \$-\$\$.

Coffeehouses

ALLANN BROS. BEANERY COFFEEHOUSE

152 W. Fifth Ave. 342-3378.
2465 Hilyard St. 344-0221.
Allann Bros. coffee and espresso drinks, iced coolers, pastries, fresh deli and panini sandwiches, whole bean coffees, and loose leaf teas. Eat in or take-out. Wheelchair accessible. Fifth St. hours: 6 am-11 pm M-Sa, 7 am-11 pm Su. Hilyard hours: 6 am-9 pm M-Th, 6 am-10 pm F-Sa, 7 am-9 pm Su. MC/V/D/AE. \$.

★ **Best Coffee, Third Place**

BARRY'S ESPRESSO BAKERY & DELI

2805 Oak St. 343-6444.
804 E. 12th Ave. 343-1141.

Chao Pra Ya
The Best Thai Cuisine

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★ **BEST TAKE OUT**

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We strive to create an environment where everyone feels welcome and is treated with the dignity and respect we all deserve.

-Peace-

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