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- Prevent
- Explore

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- not feeling whole • "part of me left" or "I haven't been the same since"
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- feelings of possession, darkness, or alienation



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Karuna Gatton

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NO ONE LOVES a dangling modifier. Thanks to the vigilance of our staff, Eugene Weekly is winning the war against bad grammar, one screw up at a time.

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Events & Workshops at Tamarack WELLNESS CENTER
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A Poetry Concert
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Sat. May 14
8:00pm
\$15/adv. \$18/door
Jami Sieber & Kim Rosen
Electric Cello, Vocals Spoken Poetry \$50/adv.

A Poetry Dive Sun. May 15 1-5pm \$65/door
Join **Jami & Kim** in an ocean of sound, song, poetry & chant. Let waves of music & poetry work their magic to melt your defenses & open consciousness to its own source.

Sat. May 7 9:30-11:00am
Singing Crystal Bowls
Margaret Joyce \$15/adv. \$18/door
Love is the way. That's the message of the heart. Explore the opening of the heart through sound using the power of voice & crystal bowls.

Sun. May 8 1:30-5:30pm
Breathwork in a Warm Water Pool
\$65/adv. by May 6
Kassy Daggett & Sue Sherman
Through the Breath we awaken to the joyful integration of energy, which enhances our capacity to love & enjoy life more fully. Experience one of the most effective & efficient approaches to self-discovery & inner transformation.

Tue. May 10 7:00-9:00pm
The Mystical Meaning of Fairytales
Isha Lerner \$15/adv. \$18/door
This informative lecture includes a slide show & a comprehensive historical, mythical, & spiritual focus on the incredible symbolism offered through the lens of fables & fairy tales.

Tue. May 17 7:00-8:30pm
From Vision to Action Empowering Your Life
Lysbeth Borie \$10/adv. \$13/door
Learn a holistic process for moving from vision to action in your own life. We will combine visualization with planning tools from the cognitive world of strategic planning.

To preregister call 683-7506

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Sat. May 7
12-3pm \$20
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Preregistration & prepayment required by May 6

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- Gentle & Beginning
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