

Would you like to take great care of yourself, ease your aches and pains, dissolve tension and rejuvenate through ancient healing methods? Treat yourself to an experience of wonderful healing and pampering.

Come for the Creative Touch-You can't go Wrong

OM Shanti Massage Therapy
Where Touch Brings Peace
Call (541) 870-2774
email: caringspa@yahoo.com
LMT#7488

Sweet Energy
AT THE
EUGENE WELLNESS CENTER
Attitude Adjustments

Reiki, Reconnective Healing™
Chakra Balancing with Therapeutic Essential Oils & Sound Therapy

APRIL ROBYN 521-7385
1405 MILL STREET • EUGENE

Nancy Mac
counseling

• changing old patterns to allow new choices
• creating healthy relationships

Individuals / Couples
sliding scale 485-4559

Massage by Margaret Pratt
LMT #2144, B.S. (Educ)

Voted 3rd Best

- * Gentle, DEEP-TISSUE massage
- * First session - \$40/hr.
- * 19 yrs. exp.; Strong, Intuitive
- * Gift Certificates Available
- * Multi-Pure Water Filters

"A massage you won't regret, will never forget, and will repeat as often as able."
485-4221

Alder Brooke Healing Arts
NATIONALLY CERTIFIED COLON HYDROTHERAPY

Offering colonics, supportive fasting and education.

FDA-registered equipment. Disposable for your safety and comfort in our clean, relaxed setting.

Call 513-7894
and visit www.alderbrooke.com

Nudist Resort

Secure Recreational Facility covered pool, tennis, camping, volleyball, hot tub, sauna available 24 hours a day.

The Willamettans
A Family Nudist Park

Call (541) 933-2809 www.efn.org/~willies
Affiliated with American Association for Nude Recreation

DIAPER DIVAS
DELIVERY SERVICE

Fact: Americans throw away 18 billion disposable diapers a year - enough to reach to the moon and back 7 times. Choose 100% soft cotton diapers for baby instead, and help make the world a cleaner place for our children.

\$10.00 OFF set up fee (1st time clients only) • Drop off & pick up weekly

Call for monthly prices and info.
Christine 746-5315 • diaperdiva@att.net

ew Classifieds

Mobile Homes
1981 4'X70' mobile home to move. With extras and sunporch, \$5,000, 998-8968.

Real Estate
FREE EMAIL listings! Kathy Ging, M.A., G.R.I., Socially responsible Realtor, 19 years of ethical practice, networks local self-reliance! Milestone Realty; local 729-1444; 800-944-0130. kathy@kathyging.com

PUBLISHER'S NOTICE: All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.

Homes for Rent
NEWLY REFURBISHED vintage, 3-bdrm on quiet street near river, bike path. Wood floors, gas utilities, front porch and deck. No smoking, but will consider small pet with references. Available May. \$925/mo 689-1738.

Apts. for Rent
SMALL COTTAGE, on shared lot. \$475/mo. Quiet, near UO. Long term. NS, no dogs, no Sec. 8. References required. 343-2884.

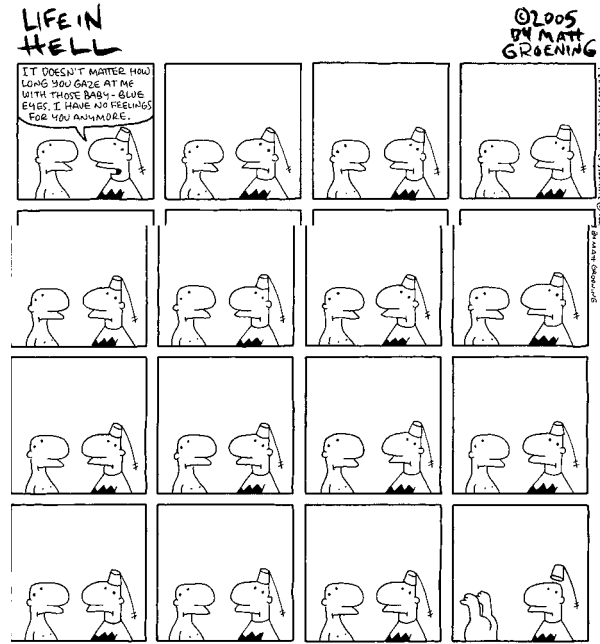
LARGE STUDIO, furnished. Private bath, entrance, kitchenette. NS, NP. \$450/mo includes utils, cable TV. Barb, 345-4491.

1-BDRM MIDTOWN historic 4-plex. Newly refurbished. Beautiful hardwood floors. No pets. \$575/mo + dep. 1230 Oak. 954-3289.

CHARMING, 1-BDRM apt, large windows, skylights, garden, chickens. Quiet, wooded street, S Eugene. \$600/mo incl all. 686-8741.

BE YOUR own landlord! EBHC is looking for community minded individuals, families, interested in cooperative living. Section 8 OK! No application fee! No more cats, dogs. Call for information, 683-0745.

STUDIO QUIET, clean. \$409/mo. E. 25th hills. Walk U of O. Fireplace, W/D, 8'x10' storage, patio, free parking, bus. 344-2448.



5-7 BDRM 3+ba. Suitable for group care home or communal living. Large fenced yard. \$1600/mo, \$1600 dep, \$50 fee. 461-9328.

CLOSE IN country, small 1-bdrm cabin with loft, garden and sauna. Feminist with organic, healthy lifestyle preferred. Sorry, no dogs. \$375/mo + utilities. 344-9073.

SE EUGENE 3-bdrm, 2-ba, 2 car garage, woodstove, on bus line and bike path. Avail. May 10th. \$1000/mo + dep. 520-9688.

FOR PEOPLE who care, 3-bdrm, 1-ba large duplex. Fenced yard. 175 N. Van Buren. \$800/mo. Section 8 OK. 686-1771, 913-6460.

CALL TO Artists: Private, 2-bdrm house with studio in secluded artists community. Live, work, sell. Gallery, greenhouse, garden. \$650/mo + utilities + deposit. Partial work trade. Whiteaker. 683-0626.

2-BDRM NEAR river, bike path, park. Large, light living room, wood floors, garage, W/D hookups. No dogs, no smoking. \$675/mo. 689-1738.

STUDIOUS, QUIET, clean 2-bdrm home. Big yards, close to campus and Amazon Park. No pets. \$300/mo + utils. Call Luke, 687-8733.

PEOPLE WHO Care. Private room in furnished Ferry St. Bridge house. \$450/mo incl cable, utils, laundry, parking. NP, NS. 541-686-1771, 541-913-6460.

SEEKING HOUSEMATE to share 3-bdrm sunny duplex. NS, no pets. Large backyard, organic garden. \$300/mo + utilities. 349-1846.

free will astrology

BY ROB BREZSNY

ARIES (March 21-April 19): Green Day singer Billie Joe Armstrong tells this story: "A guy walks up to me and says, 'What's punk?' I kick over a garbage can and say, 'That's punk.' So the guy kicks over a garbage can and says, 'That's punk?' And I say 'No, that's trendy.'" Keep this tale in mind in the coming week, Aries. There's no need and no excuse for you to be like the trendy guy. You should be like Billie Joe, the one who kicks over the garbage can the first time.

TAURUS (April 20-May 20): Traditional astrologers say Taurus are rampant materialists. While it's true that members of your sign often have a robust relationship with money, I find that many of you also have a refined and vigorous appreciation of beauty. In fact, I think an aesthetically pleasing environment is crucial for your mental and spiritual health. In the coming week, you should devote extra time and care to this need. Purge ugliness from your surroundings. Introduce elements that excite your eye and stimulate your imagination. Your symbol of power: the thousand-year-old rose bush that grows next to the wall of Germany's Hildesheim Cathedral.

GEMINI (May 21-June 20): For one week, try this exercise: Each night before you fall asleep, review the day's activities in your mind's eye. As if watching a movie about yourself, strive to be calmly objective as you observe your memories from the previous 16 hours. Be especially alert for moments when you strayed from your purpose and didn't live up to your highest standards. If you're feeling adventurous, I also recommend that you spend a day doing a review of all of your life's highlights since your last birthday. Pick a time when you have a few hours to spare, lie back and close your eyes, and watch with compassionate gratitude as the amazing plot lines unfold.

CANCER (June 21-July 22): "Creativity is like driving a car at night," said E. L. Doctorow. "You never see further than your headlights, but you can make the whole trip that way." I would add that life itself is also like driving a car at night. You're pretty much in the dark all the time except for what's right in front of you. Or at least that's usually the case. But for a few shining hours in the coming week, Cancerian, I believe you'll be able to see the big picture of where you're headed. It will be as if the whole world is suddenly illuminated by a prolonged burst of light; as if you're both driving your car and also watching your journey from high above.

LEO (July 23-Aug. 22): Actress Lara Flynn Boyle was recently accused of acting oddly on a British Airways flight from Los Angeles to London. Witnesses have said nudity and extreme lack of inhibition were involved. When Boyle was confronted by

reporters with the rumors, she refused to elaborate, noting simply, "My job is to entertain, and not to explain." I hereby declare that to be both your motto and mantra in the coming week, Leo.

VIRGO (Aug. 23-Sept. 22): My friend Kathleen traveled to Maui with her 9-year-old daughter Ariel. They checked into an ocean-side condo. At 5 am on their first morning there, Ariel crept over to Kathleen's bed and repeatedly whispered, "Let's go see the sea turtles." Rising out of the depths of sleep, Kathleen was torn. Part of her was peeved at the intrusion because she wanted to luxuriate in bed till late morning. Another part of her longed to glimpse the turtles, which only appeared in the cove once a day at dawn. Kathleen decided to join Ariel, conquering her annoyance and putting aside her desire for comfort. The payoff was worth it. Seeing the turtles while in a dreamy state was an unforgettable joy. I predict you will be faced with a comparable situation in the coming week, Virgo. I suggest you choose as Kathleen did.

LIBRA (Sept. 23-Oct. 22): One of my ex-girlfriends had heart surgery when she was an infant. They opened her tiny chest, fixed the problem, and sewed her back up, leaving a two-inch scar on her skin. By the time she became an adult, the scar had grown along with the rest of her, stretching to eight inches. I regard this as a good metaphor for the way our early psychic wounds expand as we mature. Having said that, though, I'm happy to report that you now have an excellent chance to dramatically dissipate the lingering pain of an old trauma, as well as to shrink the scar it made. Please take maximum advantage of the healing energy available.

SCORPIO (Oct. 23-Nov. 21): While mountain biking, I spied a white horse engaged in odd behavior in a meadow. Over and over again, it took two steps forward and two steps back. Was it neurotic or distraught? I decided to sit and watch. Five minutes went by. Ten. Still it continued its routine. Finally I got inspired to pray for it. "Dear Goddess," I said, "please at least let that poor horse go three steps forward and two steps back." Moments later, the creature started doing exactly what I'd prayed for. Slowly, it made progress across the field. Now I'm saying a similar prayer for you: "Dear Goddess, please help Scorpios escape their treadmill-like pace, and go at least three steps forward for every two backward."

SAGITTARIUS (Nov. 22-Dec. 21): Actor Vin Diesel was describing the work required of him in the film, *The Pacifier*. "The hardest stunt I ever had to do was allow my ear to be gnawed on by a duck," he said. I fully expect that among the many stunts you will be asked to perform in the coming weeks, Sagittarius, none will be more dangerous or

uncomfortable than Diesel's. I won't mind if you bitch about them the whole time, but please bear in mind how innocuous they will all turn out to be.

CAPRICORN (Dec. 22-Jan. 19): Drugs don't give Indian holy man Mangal Das a buzz. Maybe he has meditated too much to be affected by mere chemicals. In his quest for experience that takes him outside of his usual awareness, he has also arranged to be bitten by snakes and scorpions. Unfortunately, that doesn't give him a kick, either. He even tried drinking elixirs made from toxic herbs, but there was no bang to be had. Finally he found an intoxicant that worked: touching live wires. Now he enjoys getting an electrical shock every day. I wouldn't be surprised if you soon embarked on a comparable quest to expand your thrills, Capricorn. But please limit your search to things that are really good for you. Avoid the shock and poison options.

AQUARIUS (Jan. 20-Feb. 18): A Bengal tiger at a zoo in Burma killed one of her two-week-old cubs. Zoo officials decided to separate her from her other two cubs. They did so reluctantly because the Bengal tiger is an endangered species and these were the first cubs born in the zoo in 16 years. Putting out a call for a surrogate mother, the officials were relieved when a 40-year-old woman, a mother of three children, pledged to breast-feed the cubs until their teeth grew in. Although your pressing need has arisen from very different factors, Aquarius, you, like the cubs, should be open to receiving nourishment from exotic sources in the coming weeks.

PISCES (Feb. 19-March 20): Centuries ago, the sight of a Viking ship on the horizon cast dread into the hearts of villagers who lived on the east coast of what's now Britain. Rightfully so: The Norse raiders were infamous for plundering and killing. Today, though, the Vikings frighten no one. The loss of their status as a symbol of fear is epitomized by the silly replica of a Viking ship that a Dutchman named Robert McDonald is building out of 15 million lollipop sticks. This transformation is a good analogy for the process that should unfold in your life during the coming weeks, Pisces. Something that has always scared you is ready to be reduced to a harmless cartoon.

HOMework: Buy or make yourself a present that encourages you to be more generous. Report results at www.freewillastrology.com

You can call for your Expanded Weekly Horoscope:
1-900-950-7700 • \$1.99 per minute
Touchtone phone 18 & over • c/s 612-373-9785

Luminous Healing Arts
Holistic Massage & Bodywork
Gentle • Deep • Effective
Now at Crest Massage Center
Insurance Accepted
Hot tub • Gift Certificates
Brandy Pfeiffer, LMT #1165
221-1272

www.eugeneweekly.com

Hydroponics Specialists

SUNNYSIDE GARDENING COMPANY

Complete Horizontal Systems

- 1000W HPS-\$280
- 1000W MH-\$210
- FoxFarm Ocean Forest-\$11/bag
- Sunshine Mix #4-\$30/bale

WE'VE MOVED!
665 Conger Street, Eugene
(3 blocks off W 11th • www.technogarden.com)
686.9966 • TOLL FREE (866) 686.9966

Fall/Winter Hours
M-F 10-7:30, Sat 10-6, Sun 11-5

Kind Prices!