

KONA CAFÉ

4605 Main St., Springfield, 741-7136.
Serving lunch, dinner: Hawaiian-style bar-becued ribs and chicken, fried pineapple rice, Kona coffee. 11 am-8 pm daily. Major credit cards. \$-\$\$.

RING OF FIRE & LAVA LOUNGE

1099 Chambers St. 344-6475.
Serving lunch, dinner: A variety of foods found along the Pacific Rim, especially spicy Thai cuisine. Vegetarian entrees. Wine, beer, microbrews, specialty cocktails. Reservations recommended. Catering. Take-out. Some OG/LG. Wheelchair accessible. 11 am-12 pm M-Th, 11 am-1 am F-Sa, noon-midnight Su. MC/V. \$\$.
★ Best Chef
★ Best Pacific Rim
★ Best Southeast Asian, Second Place

RON'S ISLAND GRILL

401 W. 3rd St. 344-3324.
1677 Coburg Rd., Ste. 7. 342-3006.
Serving lunch and dinner: Teriyaki, curry, sweet & sour, spicy plates fresh off the grill. Huli Huli Chicken and Kalua Pork. Wheelchair accessible. W. 3rd: 11 am-8 pm M-F, 11 am-5 pm Sa. Coburg: 11 am-9 pm daily. V/MC. \$.

Pizza

BENE GOURMET PIZZA

225 West Broadway. 284-2700.
4 Oakway Center. 284-2701.
2566 Willamette. 284-2702.
Serving lunch and dinner: Slices available. Gourmet pizzas, gourmet salads. Vegetarian and vegan entrees. Wine, beer and dessert. Dine-in, take-out, and catering. Some OG/LG. Wheelchair accessible. Downtown: 11 am-9 pm M-F, 4-9 pm Sa. Oakway: 11 am-9 pm M-F, noon-9 pm Sa & Su. Willamette: 11 am-9 pm M-F, noon-9 pm Sa & Su. MC/V/D/AE. \$-\$\$.
★ Best Pizza, Third Place

COUNTRYSIDE PIZZA EXPRESS

2310 W. 11th St. 334-5000.
Pizza specialties: Pesto chicken, Greek with feta, garlic, sundried tomato, kalamata olives and artichoke hearts; the Islander with Canadian bacon and pineapple. Homemade dough and sauce. Low-fat cheese. Drive-up window. Slices available. Free delivery. 11:30 am-9:30 pm daily. V/MC/DC/AE. \$.

COZMIC PIZZA

199 W. 8th Ave. 338-9333.
Omni-organic menu featuring fabulous soup, salads, wrap sandwiches, organic microbrews and fine wine, indulgent desserts. Music, entertainment, meeting and party facilities, community events. Free delivery, dine-in/take-out. OG/LG. 11 am-11 pm M-F, 4 pm-11 pm Sa-Su. MC/V. \$-\$\$.

IZZY'S PIZZA & BUFFET

1930 Mohawk Blvd., Spfd. 741-2035.
950 Seneca Rd. 349-1212.
www.izzyspizza.com
Serving buffet all day daily. Seneca Rd. location near W. 11th Fred Meyer now open. Wheelchair accessible. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. Some cards. \$\$.
★ Best Pizza

MEZZA LUNA PIZZERIA

933 Pearl St. 684-8900.
New York style, hand-thrown pizzas. Specialty salads. Beer and wine. Wheelchair accessible. 11 am - 10 pm Su-Th, 11 am - 12 am F - Sa. Credit cards accepted. \$-\$\$.

PEGASUS SMOKEHOUSE PIZZA

790 E. 14th Ave. 344-4471.
Serving lunch, dinner: Specialty pizzas, salads, sandwiches and calzones. Voted #1 in 2002-03 and 2003-04. 15 microbrews on tap. Counter service. Pool table and big screen DMX. Patio dining. Full-service bar and many TVs for sports viewing downstairs. Take-out. Now offering delivery via Pony Express. Wheelchair accessible. 4-10 pm M, 11:30 am-10 pm Tu-F, 11:30 am-11 pm F-Sa, 12-10 pm Su. MC/V. \$-\$\$.
★ Best Pizza

PIZZA RESEARCH INSTITUTE

1328 Lawrence St. 343-1307.
Northwest artisan pizza. Unique toppings, specialty sauces, herbed dough made daily. Sumptuous vegetarian and vegan food. Mostly organic. Daily soups, green salads, hot spinach salads. Homebrewed root beer and hemp cola, organic microbrew and wine. Take-out. Some OG/LG. 5:30-9:30 pm daily. No cards. \$.

★ Best Pizza, Second Place

ROARING RAPIDS PIZZA COMPANY

4006 Franklin Blvd. 988-9819.
www.rapidpizza.net
Spectacular river front setting, serving lunch and dinner: Soups, salads, sandwiches, original recipe pizza made from scratch, vegetarian entrees. Wine, microbrew. Classic carousel rides. Free delivery. Excellent group facilities. Next to Camp Putt. LG. 11 am-10 pm daily. V/MC. \$-\$\$.

SY'S NEW YORK PIZZA

1211 Alder St. 686-9598.
Serving lunch, dinner: Neapolitan and deep-dish Sicilian pizza (whole or by slice), vegetarian entrees, garlic knots. Italian ices: lemon, strawberry, cherry. Delivery, take-out and eat here. 11:30 am-midnight M-Sa, 3:30 pm-midnight Su. No cards. \$-\$\$.

TRACK TOWN PIZZA, FRANKLIN

1809 Franklin Blvd. 284-8484.
Serving lunch and dinner. Free delivery. Traditional to gourmet pizzas. Student specials. Lunch buffet 11 am-2 pm M-F. Salad, wine, beer, microbrew, TV. Over 100 seats. Come try the honey wheat dough and rice cheese. LG. 11 am-midnight Su-Th, 11 am-1 am F-Sa. Some cards. \$.

TRACK TOWN PIZZA, RIVER ROAD

2620 River Road, Suite A. 484-1912.
Serving lunch, dinner: Pizza, Italian dinners and salads. Free delivery. Pizza specials everyday. Some LG. Wheelchair accessible except for restroom. 11 am-9:30 pm M-Th, 11 am-10:30 pm F-Sa, noon-9:30 pm Su. V/MC/AE. \$\$\$-\$.
★ Best Pizza, Third Place

Seafood

FISHERMAN'S MARKET

830 W. 7th St. 484-CRAB.
Specializing in fish and chips, seafood entrees, cioppino, soups, fresh fish and u-bake entrees. Microbrews, wine. Take-out. Some OG. Wheelchair accessible. 11 am-8 pm daily. MC/V/AE. \$-\$\$.

★ Best Seafood, Second Place

MCGRATH'S FISH HOUSE

1036 Valley River Way. 342-6404.
Serving lunch, dinner, Sunday brunch: Daily fresh seafood listing, wood-fired seafood, seafood specials, vegetarian entrees, salads. NW, California wines; beer, microbrews, full bar. Call ahead up to two hours for priority seating list. Some OG. Wheelchair accessible. 11 am-10 pm M-Th, 11 am-11 pm F-Sa, 10 am-10 pm Su. All major cards. \$\$-\$\$\$.

★ Best Seafood, Third Place

NEWMAN'S FISH & CHIPS

1545 Willamette St. 344-2371.
Serving lunch, early dinner: Cod, halibut, salmon, chips, clam chowder, coleslaw. Outdoor counter service and seating. Take-out. 11 am-7 pm M-F, 11 am-6:30 pm Sa. MC/V. \$.

★ Best Seafood

ROSE & THISTLE

398 E. 11th Ave. 343-2244.
Serving lunch, dinner: Fish and chips, shrimp, oysters, clam strips, veggie burgers, chowder, milk shakes, chicken strips, hushpuppies, cold sandwiches. Take-out. 11 am-9 pm M-Sa, 12 pm-7 pm Su. MC/V/AE/D. \$-\$\$.

Southeast Asian

AIYARA THAI CAFÉ

1010 Harlow Rd. Spfd. 736-8306.
Serving authentic Thai dishes, Bubble Tea and ice cream. Dine in or take-out avail-

able. Visit www.bktrading.com/aiyara for menu items. Wheelchair accessible. 11 am-9 pm M-F, noon-9 pm Sa. MC/V. \$-\$\$.

CHAO PRA YA THAI CUISINE

580 Adams St. 344-1706.
Real Thai-style, especially hot and spicy dishes, also BBQ chicken, spare ribs with special homemade sauces. Lunch: 11 am-3 pm M-F, dinner 4:30-9 pm M-F and noon-9 pm Sa & Su. Some cards. \$-\$\$.

★ Best Southeast Asian

★ Best Take-out

HOUSE OF NOODLE

860 Pearl St. 686-1114
Serving lunch, dinner: Specials everyday, Vietnamese, Chinese, Pho, salad rolls with peanut sauce, rice dishes, chao mein, chao fun, no MSG, lowfat. Take-out. 11 am-9 pm M-Sa, 11 am-6 pm Su. MC/V/AE/D. \$.

KURAYA'S THAI CUISINE

1410 Mohawk Blvd., Spfd. 746-2951.
Serving lunch, dinner: Ethnic Thai food. Wine, beer. Reservations for 6+. Take-out. 11 am-2:30 pm M-Sa, 5-9 pm M-Th, 5-10 pm F-Sa, 4:30-9 pm Su. MC/V. \$\$.
★ Best Southeast Asian, Third Place

MANOLA'S THAI CUISINE

652 E. Broadway. 342-6666.
www.manolasthai.com
Serving lunch and dinner. Papaya Salad, Pineapple Curry with Shrimp, Mint Leaf & Basil Stirfry. Chef Phayao Tongprapipak brings 55 years experience and countless authentic, ethnic Thai recipes to Manola's. Some OG/LG. 11 am-9 pm M-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9 pm Sun. MC/V/AE/Novus. \$\$.
★ Best Pacific Rim, Third Place

MEKALA'S

1769 Franklin Blvd. 342-4872.
Serving lunch, dinner: Extensive menu with many vegetarian entrees, exotic salads. Wine, beer, microbrews, exotic drinks in the Mai Tai Lounge. Reservations on F-Sa. Take-out. Some OG. Wheelchair accessible. Restaurant: 11 am-9 pm M-Th, noon-10 pm Sa, 4 pm-9 pm Su. Lounge: 5-11 pm M-Th, 4 pm-midnight F & Sa, 4-9 pm Su. MC/V. \$\$.
★ Best Pacific Rim, Third Place

RING OF FIRE & LAVA LOUNGE

See Pacific Rim

SAIGON RESTAURANT

1461 E. 19th Ave. 302-1277.
Serving lunch and dinner. LG. Wheelchair accessible. Lunch 11:30 am-2 pm, M-F; dinner 5 pm-9 pm M-Sa. V/MC. \$\$.
★ Best Pacific Rim, Third Place

SWEET BASIL THAI CUISINE

941 Pearl St.
Sweet Basil Thai cuisine offers the elegant side of Thai food. Wheelchair accessible. 10 am - 1 am daily MC/V/AE/D/DC. \$\$-\$\$\$.

TARARIN THAI CUISINE

1200 Oak St. 343-1230.
How we cook for you is how we cook at home. Come and try our mother's home-made recipes, the taste that you admire and are familiar with, in a relaxing atmosphere with friendly staff and affordable prices. Serving a fine selection of beer and wine. Make our kitchen your kitchen! Some OG. Wheelchair accessible. Lunch 11 am-3 pm, dinner 5 pm-10 pm M-F; noon-10 pm Sa & Su. All major cards accepted. \$-\$\$.

TASTY THAI KITCHEN

80 E. 29th. 302-6444.
Serving lunch and dinner. Exotic Thai and other Asian food with weekly specials. Vegan and vegetarian entrees. Wine and beer. Take-out. Wheelchair accessible. 11 am-9:30 pm Tu-F, noon-9:30 Sa-Su. V/MC/D. \$\$.
★ Best Take-out, Second Place

VIETNAMESE RESTAURANT

2355 W. 11th Ave. 684-8060.
Beef noodle soup and other traditional Vietnamese dishes. 11 am-9:30 pm M-Th, 11 am-10:30 F-Su. Some cards. \$-\$\$.

YI SHEN VIETNAMESE RESTAURANT

1075 Chambers St. 683-9386.
Serving lunch, dinner: Vietnamese cuisine including beef noodle soup, spiced salads,

Mint Dipping Sauce

from Taste of India



Ravinder K Sambli
of Taste of India

2 green bell pepper, diced
2 cilantro bundles, chopped
7 jalapeno peppers, sliced
1 tomato, diced

3 bundles of green onions, sliced
salt and lemon juice to taste

Place all ingredients in blender or food processor and blend until smooth. Makes enough dipping sauce for ten people.

chicken, pork, tofu and rice dishes. Vegetarian entrees. Take-out. 11 am-7 pm Su, M, Tu, Th. 11 am-8 pm F-Sa. MC/V. \$.

Steak

CENTENNIAL STEAKHOUSE

1220 Mohawk Blvd., Springfield. 988-1324.
Serving lunch, dinner: Charbroiled steak, chicken, seafood, salads, vegetarian entrees. Daily lunch and dinner specials. Full bar. Beer, microbrews. Take-out. Lunch: 11 am-3 pm M-F. Dinner: 5-10 pm daily. MC/V. \$-\$\$.

JOE'S BAR & GRILL

See Burgers

ORIGINAL ROADHOUSE GRILL

3018 Gateway St., Springfield. 746-6000.
Lunch, dinner. USDA choice steak, ribs, chops and chicken. Grilled salmon and shrimp. Specialty: Texas egg rolls served with jalapeno jelly. Full bar. Patio dining. Take-out. LG. 11 am-10 pm Su-Th, 11 am-11 pm F-Sa. All cards. \$\$\$.

OUTBACK STEAKHOUSE, INC.

3463 Hutton St., Springfield. 746-7700.
Serving dinner: High quality, uniquely seasoned steaks, prime rib, chops, ribs, chicken, seafood and pasta. Full bar. Kids' menu. Smoking section available. 4-10 pm M-Th, 4-11 pm F, 3-11 pm Sa, 1-9 pm Su. All major cards. \$\$-\$\$\$.

PEABODY'S PUB

444 E. Third Ave. 484-2927.
Piano bar, affordable, tasty pub grub: 9-oz. sirloin steak dinner only \$6.50. LG. Wheelchair accessible. 11:30 am-to closing M-Sa. Closed for lunch Sa. MC/V/AE. \$-\$\$.

WEST BROTHERS' RIVER RANCH STEAKHOUSE

2123 Franklin Blvd. 686-2020.
Serving dinner: Prime rib, seafood, chicken, steaks, salad. Wine, beer, microbrews, full bar. Reservations. Banquet room available for 20-350. Take-out. LG. 11 am-9 pm M-Th, 11 am-10 pm F, 4-10 pm Sa, 3-9 pm Su. MC/V/AE. \$\$\$.

Sweets

BASKIN-ROBBINS ICE CREAM

2540 Willamette St. 484-1861.
495 Coburg Rd. 342-3462.
45 Division St. 607-6889.
1131 Mohawk Blvd., Springfield. 747-3997.
Serving more than 40 flavors of ice cream, as well as cakes, sundaes, smoothies and shakes. Wheelchair accessible. Willamette hours: 11 am-10 pm daily. Coburg Rd.: 10 am-10 pm Su-Th, 10 am-11 pm F-Sa. Division St. and Mohawk Blvd.: 11 am-10 pm daily. Checks or cash only. \$.

BEN & JERRY'S

1239 Alder St. 685-9800.
Serving Ben & Jerry's Ice Cream, frozen yogurt, brownies and cookies. 11 am-10 pm daily. MC/V/AE. \$.

COLD STONE CREAMERY

112 Oakway Center. 338-4244.
Enjoy fresh-made premium ice cream customized with your choice of fruits, nuts, candies and toppings served in an entertaining and fun atmosphere. Cakes and pies also available. Gift certificates. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-11 pm F & Sa. V/MC. \$-\$\$.

EUPHORIA CHOCOLATE COMPANY

17th and Willamette. 343-9223.
Valley River Center. 343-3995.
Stewart and Bertelson. 344-4605.
www.euphoriahocolate.com
Serving European-style specialty chocolates. Willamette: 10 am-6 pm M-F, 11 am-5 pm Sa-Su. Fifth: 9 am-6 pm M-F, 10 am-6 pm Sa, 11 am-5 pm Su. VRC: 10 am-9 pm M-Sa, 11 am-6 pm Su. Stewart: 10 am-6 pm M-F, 11 am-5 pm Sa. \$.

★ Best Sweets, Second Place

FENTON & LEE CHOCOLATIERS

35 East 8th Ave. 343-7629.
www.fentonandlee.com
Serving handmade specialty chocolates and ice cream for over 20 years. 9 am-5:30 pm M-Sa. V/MC/AE. \$.

PEARL STREET ICE CREAM PARLOUR

1313 Pearl St. 342-3213.
Serving lunch and dinner, ice cream, candy. 11 am-9:30 pm M-Th, 11 am-11:30 F & Sa, noon-9 pm Su. V/MC. \$.

PRINCE PÜCKLER'S

1605 E. 19th Ave. 344-4418.
Serving locally-made ice cream since 1975. Shakes, sundaes, ice cream pies, coffee drinks, espresso shakes and more. LG. Noon-11 pm daily. All cards. \$.

SWEET LIFE PÂTISSERIE

See Bakeries

Teahouses

FOOLS PARADISE TEA HOUSE & GALLERY

460 Willamette St. 653-2840.
Serving light fare lunch, dinner. Teas from around the world. Soups, sandwiches, Mediterranean food. 9 am-9 pm M-Sa, 10 am-6 pm Su. No cards. \$.

SAVOURÉ

201 W. Broadway. 242-1010.
Serving "Salon Tea": Scones, tea sandwiches, sweets and pots of tea, including international varieties. Full retail tea shop with more than 50 varieties of loose leaf teas. Some OG. Wheelchair accessible. 10 am-6 pm M-Sa, 12-5 pm Su. V/MC/AE/D. \$\$\$.

Vegetarian

C. MILL NUTRITIONAL SMOOTHIES

576 Olive Street, Heron Building. 342-8259.
Serving all natural fruit smoothies, high-protein, low-fat smoothies for pre- and post-workout, energy drinks and a full line of nutrition products and sports supplements. 9:30 am-6 pm M-F, 10 am-2 pm Sa. MC/V/AE/DC. \$.

CAFÉ YUMM!

See Cafés

HOLY COW CAFÉ

1222 E. 13th Ave. (EMU, UO). 346-2562.
Serving lunch and dinner: Organic vegetarian food from around the world. Hot bar with curries, dhal, black beans, potatoes, pasta, seasonal veggies (steamed and roasted), falafel, pizza, chow mein. Thai, chipotle and Mandarin tofu and two soups daily. Salad bar. Grab and go items, chai and Café Mam. Daily specials. Take-out. Catering. OG/LG. Wheelchair accessible. 10 am-7 pm M-Th, 10 am-3 pm F. No cards, campus cash. \$.

IVY'S COOKIN'

Phone: 485-4200.
Delectable home cooked international vegetarian entrees without the hassle. Delivered every Thursday since 1992! Also great as a gift idea or for casual entertaining. Call or e-mail Ivy for a menu. Gift certificates available. Some OG/LG. Wheelchair accessible. Order by Mon. night for pickup Wed., or Thurs. delivery. Cash, check or COD. \$-\$\$.

KEYSTONE CAFÉ

See Cafés

Small or Large Groups ■ Organic Foods

Pizza ■ Soup ■ Salad Wraps ■ Organic Microbrews ■ Fine Wines

Where To Go For No GMO's

ORGANIC FOODS

Exceptionally Delicious

ORGANIC PIZZA

GOURMET PIZZA

Parties & Catering for Groups Large & Small

Restaurant 338-9333
Catering 302-6013

8th & Charnelton

Dine In ■ Take Out ■ FREE DELIVERY ■ Open Daily

Indulgent Desserts ■ Entertainment

★ CELEBRATING 35 YEARS OF CULTURE!

Nancy's Organic Yogurt

We are delighted to support family farmers who have made a commitment to sustainable organic farming practices. Our organic yogurts are considered the best in the nation.

Springfield Creamery • Eugene, OR • www.nancysyogurt.com