

Café on the Alley

64 W. 8th Alley. 344-7876.
A very cheery little café that's a breakfast lover's dream come true and a perennial favorite downtown lunch spot with delicious homemade soups and fresh salads. Bakery items, gourmet coffees and teas, full espresso bar. Breakfast served weekdays until 11:30 am, all day weekends. Some OG/LG. Wheelchair accessible. 7 am-5 pm M-F, 7 am-3 pm Sa-Su. V/MC. \$.

Café Siena

853 E. 13th Ave. 344-0300.
Serving breakfast, lunch: Huevos rancheros, scrambled eggs, potatoes, chilaquiles, egg and cheese omelettes with your choice of mushrooms, spinach, tomato, ham or onions, espresso. Take-out. 8 am-7 pm M-F, 9 am-4 pm Sa-Su. No cards. \$.

Café Yummi!

1801 Willamette (The Meridian). 431-0204.
130 Oakway Center. 225-0121.
Lunch, dinner. House specialty: Rice and bean bowls with luscious Yummi! sauce, fresh soups, salads, wraps, sandwiches, extensive vegetarian/vegan selections, Tempeh Reuben. Wine, beer, Full City coffee at Meridian and Oakway locations. Fine wines, microbrews, gifts, heirloom beans, exotic rice, original sauces and dressings. Take-out. Some OG/LG. Wheelchair accessible. 5th Street: 11 am-6 pm daily. Meridian: 8 am-6 pm M-F, 10 am-6 pm Sa, 11 am-5 pm Su. Oakway: 8 am-8 pm M-F, 10 am-8 pm Sa, 10 am-5 pm Su. V/MC. \$.

- ★ Best Restaurant for a Solo Meal
- ★ Best Vegetarian, Second Place

Cornucopia

295 West 17th St. 485-2300.
Serving full breakfast, lunch and dinner: Homemade soups and salads, much more. Take-out. Indoor and outdoor seating. Extensive menu. Large selection of beer and wine. Local flavor. Some OG/LG. Wheelchair accessible. 8 am-10 pm daily. MC/V/AE/DC. \$-\$\$.

- ★ Best Happy Hour
- ★ Best Deli
- ★ Best Restaurant for a Solo Meal, Third Place

Cravings Café & Catering

1530 Willamette St. 343-7933.
Lavelle Bistro & Wine Bar by Cravings, Fifth St. Market. 338-9875.
www.cravingsfinefoods.com
Serving continental breakfast, lunch, and evening take-out: Entrees, bakery items, bread. Wine, microbrews, espresso. Sidewalk seating available (Willamette location). Full service catering. Take-out. Lavelle Bistro Wednesdays: Singles Night; Thursdays: BBQ & Jazz; Fridays & Saturdays: Live Jazz. Some OG/LG. Wheelchair accessible. 10 am-6 pm M-F, 10 am-4 pm Sa. MC/V/AE. \$-\$\$.

Flying Dogs Café & Deli

1249 Alder St. 344-1960.
www.flyingdogscfe.com
A blend of homemade café food, east and west comfort foods, fresh and exciting burgers, wraps and salads in a warm and friendly atmosphere. Some OG. Wheelchair accessible. 9 am-9 pm daily. All major cards. \$-\$\$.

Glenwood Restaurants, Inc.

1340 Alder St. 687-0355.
2588 Willamette St. 687-8201.
Serving breakfast, lunch, dinner: Espresso, desserts; soups, pastas, salads, burgers, ethnic foods, some vegetarian. Reservations for private parties. Take-out. Some OG. Alder: 7 am-10 pm daily. Willamette: 6:30 am-9 pm M-F, 7 am-9 pm Sa-Su. Cash, all cards. \$-\$.
★ Best Hangover Breakfast, Third Place
★ Best Sunday Brunch, Second Place
★ Best Cheap Eats, Second Place

Hawthorne's Café & Deli

153 E. Broadway. 683-0738.
Serving custom roasted coffee and espresso, lunch, dinner: Deli items, soups, sandwiches, bagels, daily specials, vegetarian items, baked goods, salads. Beer,

microbrews, wine. Take-out. Wheelchair accessible. 7 am-6 pm M-F, 9 am-5 pm Sa, closed Su. MC/V/MC/V. \$.

High Street Brewery & Café

1243 High St. 345-4905.
Serving lunch, dinner: Hot sandwiches, pastas, salads, hamburgers, fries, vegetarian entrees. Wine, beer, 12 McMenamins' microbrews on tap plus five others. Outdoor seating available. Take-out. Some OG. Wheelchair accessible. 11 am-1 am M-Sa, noon-midnight Su. Minors till 9 pm. MC/V/AE/D. \$-\$\$-\$.
★ Best Burger
★ Best Brewpub

Holy Cow Café

See Vegetarian

Humble Bagel Bakery

See Bakeries

Indigo District

1290 Oak St. 434-6553.
Serving organic lunch and dinner menu, Café Mam coffee. Wireless internet, live music. 8-2:30 am M-F, 12 pm-2:30 am Sa-Su.

Keystone Café

West Fifth at Lawrence St. 342-2075.
Serving organic lunch and dinner menu, Café Mam coffee. Wireless internet, live music. 8-2:30 am M-F, 12 pm-2:30 am Sa-Su.

- ★ Best Hangover Breakfast, Second Place
- ★ Best Sunday Brunch, Third Place

Latitude Ten Café

2757 Friendly St., Friendly St. Market. 343-3460.
www.latitude10cafe.com
Serving breakfast, lunch and dinner. Build-your-own veggie and vegan options. Latin flair. OG/LG. Wheelchair accessible. 8 am-8 pm M-Th, 8 am-9 pm F-Sa, 9 am-8 pm Su. V/MC. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Marco's Café & Coffeehouse

602 Main St., Springfield. 726-4827.
"Something different over the river:" Marco's serves everything usual, but with a twist. Pastries, scones, muffins, cookies, brownies. Unfussy food that uses fresh ingredients and tastes great. Some OG/LG. Wheelchair accessible. 7 am-9 pm M-Sa. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

McKenzie Café

4265 Main St., Springfield. 747-1517.
Breakfast or lunch all day. Breakfast specials, biscuits & gravy, chicken-fried steak, vegetarian & meat omelettes, opt. egg substitute, teddy bear pancakes for kids. Lunch: International specials, 12 burgers,

seafood, soups, hot and cold sandwiches, salads, desserts (homemade carrot cake, French-fried ice cream). Take-out. Some OG/LG. Wheelchair accessible. 8 am-2 pm W-Su. MC/V/AE. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Milky Way

854 E. 13th St. 683-7855.
Breakfast, lunch, dinner: Freshly boiled and baked bagels baked all day. Breakfast bagels w/ ham, sausage and eggs. Bagel sandwiches with ham, turkey, vegetables, Toby's Tofu, Emerald Valley Hummus spreads. Pizza, whole or by the slice, calzones, Philly steak and cheese. Take-out, campus delivery for pizza and hot sandwiches. 7 am-10 pm M-F, 8 am-10 pm Sa, 9 am-5 pm Su. V/MC. \$.

Morgan's Cellar Café

195 E. 17th Ave. 344-5881.
Real food for real people. All food made fresh. Serving breakfast, lunch and dinner. Homemade pastries, cakes and other bakery delights. Dinner menu includes tasty seafood recipes. Daily breakfast specials and two-for-one dinner specials. Live music. 7 am-5 pm Sa-W, dinner 5 pm-10 pm Th-Sa. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Morning Glory Café

450 Willamette St. 687-0709.
Vegetarian and vegan restaurant: French toast, biscuits and gravy, eggs and Glory potatoes, tempeh sandwiches, stirfries, salads, fresh-squeezed juices, Café Mam organic shadegrown coffee and espresso. Kid friendly, take-out. Weekly organic specials. Some OG/LG. Wheelchair accessible. 7:30 am-3:30 pm daily, breakfast all day, lunch 11 am. Some cards. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Muddy Puddle Café

151 W. 7th Ave., Suite 105. 606-2683.
Specialty and gourmet coffee, pastries, smoothies, sandwiches and fresh fruit. LG. 7 am-4 pm M-F. No cards. \$.

Mystic Chicken & More

19 Valley River Center. 684-0414.
Sandwiches, salads, enchiladas, mac & cheese, soups, all made from scratch. Eclectic one world cuisine, something for everyone. Some OG. 10 am-9 pm M-Sa, 11 am-6 pm Su. All major cards. \$.

New Day Bakery & Café

345 Van Buren Ave. 345-1695.
Serving breakfast, lunch, dinner: Bakery items, 4-6 soups, salads (roasted eggplant, avocado, chef's), sandwiches, vegetarian entrees, seasonal specials. Take-out. Some OG/LG. Wheelchair accessible. 7 am-6 pm M-F, 7 am-5 pm Sa, 7 am-3 pm Su. No cards. \$.

Novella Café

100 W. 10th, inside the library. 683-7070.

Serving Bagel Sphere bagels, pastries, espresso and granitas. Some OG. Wheelchair accessible. 7 am-8 pm M-F, 8 am-6 pm Sa, 10 am-6 pm Su. V. \$.

Of Grape & Grain Neighborhood Café

49 W. 29th Ave. 686-9463. Fax 485-0692.
Serving traditional and unique breakfast and lunch menu, espresso drinks, beer and wine. Catering, delivery and take-out available. 6:30 am-3 pm daily. MC/V/AE. \$.

Our Daily Bread

8817 Territorial Rd. Veneta.
Full breakfast daily until 11 am (1 pm on weekends). Specialties include quiche, baked omelettes, calzone, fresh soups, bread and pastries. Everything made from scratch. Many vegan and vegetarian options. Some OG/LG. Wheelchair accessible. MC/V. \$.

Park Street Café

776 W. Park St. 485-2089.
Serving breakfast, lunch: Daily Mediterranean specials, lasagne, chicken curry, Mediterranean delight, chicken kabobs, dolmas, beef stroganoff, pasta, vegetarian entrees, salads. Take-out. Some OG/LG. Wheelchair accessible. 9 am-3 pm M-F. MC/V/DC/AE. \$.

Pump Café

710 Main St., Springfield. 726-0622.
Serving breakfast and lunch. Catering available. Standard breakfast and lunch menu featuring fresh baked pastries and homemade desserts. Fresh, homemade soups, salads, hot and cold sandwiches. Specialty breads. Daily specials. Take-out. Outside seating available. LG. Wheelchair accessible. 7 am-4 pm M-F; 8 am-2 pm Sa. MC/V/AE. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Rennie's Landing

1214 Kincaid St. 687-0600.
Across from UO. Serving breakfast, lunch, dinner: Chicken, fish, pasta and vegetarian specialties. Gourmet burgers including Garden burgers and buffalo burgers. Salads and homemade soups. NW micros and full bar. Outdoor deck. Dinner specials daily. Minors welcomed until 3 pm. Wheelchair accessible. Breakfast begins 7:30 am M-F, 9 am Sa-Su. Extended breakfast hours Sa and Su. Food served until last call. MC/V/AE/D. \$.

Sip 'N' Surf CyberCafé

In Atrium Bldg., 10th and Olive. 343-9607.
Full City coffee, pastries from Palace Bakery, Monster Cookies, and lunch special M-F. Computer terminals with Internet access available: First 15 minutes free with any menu purchase of \$1 or more. New Wi-Fi available. Some OG. Wheelchair accessible. 7:30 am-6 pm M-F, 12 pm-5 pm Sa. No cards. \$.

Studio One Café

1473 E. 19th St. 342-8596.
Serving breakfast all day and lunch at 11 am: Pastas, seafood, vegetarian and vegan entrees. Four kinds of eggs Benedict, challah bread French toast and build-your-own omelettes. Specialty salads, two homemade soups, ahi sandwiches and daily specials. Outdoor seating. Some OG/LG. Wheelchair accessible. 7 am-3 pm daily. MC/V/AE/D. \$-\$.
★ Best Sunday Brunch

Terese's Place

650 Main St., Springfield. 747-1897.
Serving breakfast, lunch: Omelettes, sandwiches, vegetarian entrees, 4 soups daily, salads, espresso. Table service for breakfast; order lunch at counter, servers bring. Take-out. Catering. 7 am-4 pm M-F. V/MC. \$.

Wild Thyme Café

995 Pearl St. 334-1783.
Serving breakfast, lunch and dinner items. Hot and deli sandwiches on freshly baked baguettes, cheese ravioli with homemade pesto, salads, homemade soups, pan-fried chicken and catfish. Vegetarian specials everyday. Homemade desserts. Some OG/LG. Wheelchair accessible. 10 am-4 pm M-F, 10 am-4 pm Sa, 10 am-2 pm Su. V/MC/Debit/Cash. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Chinese

Café Seoul

See Korean

China Blue

879 E. 13th Ave. 343-2832.
Serving lunch, dinner, Sunday Dim Sum Brunch: Northern Chinese, Indonesian; individually prepared dishes. Wine, beer. Reservations for larger parties. Catering for businesses. Take-out. 12 pm-9:30 pm M-Th, 12 pm-10 pm F, 4 pm-10 pm Sa, 12-3 pm Dim Sum and 3-9:30 pm Su. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

China Delight

453 Willamette St. 345-3239.
Fax: 345-2713.
Serving lunch, dinner: Mandarin, Cantonese, Szechwan, American; chef's special chow yuk, Buddha's delight, General Tso's chicken, vegetarian entrees. Wine, beer. Reservations for larger parties. Pony Express delivery, call 485-2090. Take-out. Banquet room available. LG. 11 am-9 pm M-Th, 11 am-9:30 pm F, noon-9:30 pm Sa. All major cards. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

China Sun

2130 W. 11th Ave. 302-9667.
Serving lunch and dinner, seafood specials, buffet. Some OG/LG. Wheelchair accessible. 11 am-9 pm daily. V/MC/AE/D. \$.

- ★ Best Buffet

Far Man Restaurant

3111 Gateway Blvd., Springfield. 726-7311.
Serving lunch, dinner: Buffet and full menu; Cantonese, Mandarin, Szechwan, American; vegetarian entrees. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Fortune Inn

1775 W. Sixth St. 342-2616.
Serving lunch, dinner: Fresh specials every day, traditional Chinese stir fries, fresh Chinese vegetables and tofu and vegetarian entrees. Wide variety Oregon wines, beer (domestic and imported). Reservations for 10+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Gateway Chinese Buffet

3198 Gateway St., Springfield. 726-2828.
Lunch, dinner: Chinese buffet with 40 plus hot items: BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Banquet room. Take-out. Children's prices, senior discounts available. LG. Wheelchair accessible. 11 am-10 pm Su-Th, 11 am-10:30 pm F & Sa. All major cards. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Golden China Buffet

1525 Franklin Blvd. 343-2828.
All-you-can-eat lunch and dinner buffet with a good selection of Mandarin and Szechwan dishes. Chicken, pork, seafood, beef, fruit bar. Take-out menu also available. \$3.50/lb. for lunch, \$4.50/lb. for dinner. Drinks and ice cream included in dine-in buffet. Wheelchair accessible. 11:30 am-9 pm daily. V/MC/D. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Golden Orient

2513 W. 11th Ave. 683-5469.
Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties. Take-out. LG. Wheelchair accessible. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-9:30 pm Sa, closed Su. MC/V/AE. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Great Wall Restaurant

862 Main St., Springfield. 726-9133.
Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 11 am-9:30 M-F, 3-10 pm Sa & Su. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Hong Kong Restaurant

1799 Willamette St. 342-7450.
Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrees. Wine, beer. Reservations for parties. Take-out. Some OG/LG. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, 4-10:30 pm Sa. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

House of Chen

1861 Franklin Blvd. 343-8888.
Serving lunch, dinner: Elegant dining. Szechwan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrees. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OG/LG. 11 am-10 pm daily. All major cards. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

House of Noodle

See Southeast Asian

Jade Palace

906 W. 7th Ave. 344-9523.
Serving lunch, dinner: Cantonese, Szechwan; stir-fry cooking using vegetable oil, no MSG; daily vegetarian menu; Thursday night vegetarian buffet; Friday night seafood buffet, lunch and dinner buffet available. Wine, beer. Outdoor waterfall, garden dining. Take-out. 11 am-9 pm Tu-Th, 11 am-9:30 pm F, 5 pm-9:30 pm Sa, noon-9 pm Su. MC/V/D. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Kam Loon Restaurant

2674 Roosevelt Blvd. 689-4770.
Serving lunch, dinner: Cantonese, vegetarian entrees, no MSG on request. Wine, beer. Reservations for larger parties. Delivery. Take-out. LG. 11 am-9:30 pm M-Th, 11 am-10 pm F, noon-10 pm Sa. MC/V. \$-\$.
★ Best Eco-Friendly Food
★ Best Vegetarian, Third Place

Kowloon Restaurant

2222 MLK Blvd. 343-4734.
Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrees. Wine,

Happening Servers

By Paul Neevel

Rebekah Hillebrand & Todd Cooper

Six months ago Rebekah Hillebrand and Todd Cooper opened Latitude 10 Café inside the Friendly Street Market. The café features homemade organic food for breakfast, lunch and dinner. "We make everything from scratch," Cooper emphasizes. "We like to cook that way at home, but there was no place to eat out." Together with Hillebrand's brother Boaz, a trained chef, the couple worked 18-hour days through the summer to get the café up and running.

Now, with eight employees sharing the load, Hillebrand is in school studying interior architecture, while UO grad Cooper has cut his average work day to 10 hours. The menu includes organic meat dishes as well as vegan, wheat-free, and dairy-free options. Tortillas, beans, salsa, guacamole, soups, salad dressings, cookies, and pies are among the items made fresh on the premises. Check the current seasonal menu and prices at www.latitude10.com. "I feel energized after eating there," says musician Paul Prince, a regular customer. "They put so much care into each dish." Prince will play solo African and Hawaiian guitar at the café this Saturday, Jan. 29 at 6pm.



Student Checklist

- ☒ Study for test
- ☒ Do laundry
- ☐ Meet for PIZZA AND A BREW!

Introducing...

Ambrosia's Wednesday Night Student Special

An authentic wood-fired pizza with choice of one topping, and your choice of beer or soft drink - \$9.95!



541.342.4141 • 174 E Broadway • www.ambrosiarestaurant.com

Does not apply to "to-go" orders, student ID required, other restrictions apply.