

calendar

OUTDOORS/RECREATION

Altair hike at Mt. Pisgah. 344-6416.

SPIRITUAL Introduction to zen meditation class, 7pm, Eugene Zendo. FREE.

VIGIL Women in Black silent vigil to protest war, 5pm, 7th Avenue across from the Federal Building. FREE.

28

TUESDAY

Sunrise 7:47am; Sunset 4:42pm
Av High 45; Av Low 32

FILM *Life of Brian*, 7pm, Cozmic Pizza. FREE.

KIDS Hands On Rhythm, 2pm-3pm, ages 6-12, percussion drum circle led by teacher Jill Sager of Hands On Rhythm & Drum School, Downtown Library. FREE.

Winter Break Magic Show, 11am and 1pm, with The Invincible Vincent, funny magic, ages kindergarten and up, Springfield Library, 225 5th St. 726-3766. FREE.

MUSIC Garaj Mahal, Reeble Jar, 8pm, \$12 adv., \$15 dos. WOW Hall.

LECTURE Information on healthy eating with Dr. Sunny Kierstyn, 12:30pm-2pm, Willamalane Adult Activity Center, 215 W. C St., Spfld. Call 736-4444 to preregister. FREE.

ON THE AIR Alternative Radio - Alfred McCoy on CIA covert actions and drug trafficking, 6:30pm-7:30pm, KLCC 89.7 FM.

Frontline: The Alternative Fix, 9pm, examining the growth of complementary and alternative medicine and their effectiveness. PBS.

On the Jefferson Exchange - the causes of anxiety and how to control it with Dr. Richard Restak, 8:00am and 8:00pm, KRVM 1280 AM.

OUTDOORS/RECREATION Tai Chi for Health, 7pm, Core Star. 345-4132.

GEAR Show 'n' Go ride, 10am, meet at Alton Baker Park.

Obsidian mystery ski trip, 8 miles. Bill Johnson 689-3850.

SPIRITUAL Zen meditation and satsang, 7pm, Eugene Zendo. FREE.

Silent meditation, 7pm, video Satsang with Gangaji, 7:30pm, 4th Floor, 5th Street Market. 484-6090.

Open Sky Shambhala meditation group meetings, 7 pm, 100 W. Q St., Spfld. 726-1988. FREE.

On-going Women's Sound Healing Circle with Auriel Loux, 7pm-8pm, Body Now, 453 River Ave. \$5. 342-3336.

Grupo Condo with Jessie Marquez play at Cozmic Pizza. See Thursday, Dec. 30 calendar.



29

WEDNESDAY

Sunrise 7:48 am; Sunset 4:43 pm
Av High 45; Av Low 32

CELEBRATION Peace celebrations, 4:30pm Wednesdays, the Federal Building. FREE.

FILM *Akira*, 8pm, Café Paradiso. FREE.

GATHERINGS Save Our Valley, 6:30pm, concerned citizens opposed to proposed power plant in Coburg, 91003 Willamette St.

KIDS Drop in soccer game, middle school ages, 4pm-dark, Roosevelt Middle School field. FREE.

Laugh Out Loud, 2pm-3pm, improv theater for kids aged 6-12, play fun games, led by Lola Broomberg of Playing Mantis, Downtown Library. FREE.

Winter Clearance starts today
New markdowns on all Fall and Winter Clothing

We also have lots of special prices on our sales rack.

Zona

Clothes

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WIDMER BROTHERS

CREATING AN EVEN BETTER BEER
THROUGH FIELD RESEARCH

Kurt listens as Rob records Kurt listening to Rob.

Kurt listens as Rob records Kurt listening to Rob.

Shoulder scans indicate that a shoulder was present.

After several hours of coaxing, the subject allowed us to enter his natural habitat. Subject was observed drinking a Hefeweizen. Records indicate he enjoyed the crisp refreshing flavor. Records also indicate Kurt not enjoying it when subject sat really, really close to him. But most importantly, we discovered that permanent ink should always be used in the field.

— DAY 40 —

TEST SUBJECT: Cliff Nickerson

WIDMER BEER OF CHOICE: Hefeweizen

SWIMWEAR: Trunks or banana hammock