



The crew at Red Agavé  
BEST LATIN AMERICAN/CARIBBEAN

TODD COOPER

Delis

**BARRY'S ESPRESSO BAKERY & DELI**

See Coffeeshouses

**CITYVIEW DELI**

45 E. 8th Ave. 242-3536  
Offering a relaxing ambiance, with sandwiches made on fresh baguettes. Also panini, homemade soups and pastries. Beignets made to order. Wheelchair accessible. 8 am-3 pm M-F, 8 am-3 pm Sa. No cards/MC/V/AE. \$.

**CONTINENTAL DELICATESSEN**

1133 Willamette St. 344-7002.  
Serving breakfast, lunch: Continental breakfast: Scones, breakfast burritos, omelettes, bagels. Lunch: Variety deli and specialty sandwiches, fresh soups and chowders, chili, salads, vegetarian dishes. Fresh-baked bread and pastries. Espresso drinks. Free ice cream with lunch. Neighborhood delivery. Take-out. 7:30 am-5 pm M-F. No cards. \$.

**CORNUCOPIA**

See Cafés

**DAILY BAGEL**

4770 Village Plaza Loop. 431-5700.  
Serving breakfast, brunch and lunch: Bagels, breakfast and deli sandwiches, pastries and desserts. Smoothies, vegetarian entrees, salads, soups, gourmet entrees. Low-carb options. Some LG. Wheelchair accessible. 6 am-3:30 pm M-F, 7 am-4 pm Sa, 8 am-4 pm Su. V/MC. \$.

**FARRELL'S FAMOUS DELI**

740 Willamette St. 343-1340.  
Serving lunch and early dinner: Deli sandwiches, homemade soups and daily specials, salads. Wine, beer, microbrews. Take-out. 10 am-5 pm M-Sa. MC/V/AE. \$.

**FLYING DOGS CAFÉ & DELI**

See Cafés

**GARDEN DELI & CATERING**

450 Country Club Rd, Ste. 140. 485-7500, fax 485-7504. gardendeli.com  
Serving espresso, breakfast and lunch: Soups, sandwiches, pastries, salads and box lunches. Specializing in off-site catering events for weddings, office events or any special occasion. Party trays, hot main entrees, BBQs and more. Ask about our low-carb items. Some OG/LG. Wheelchair accessible. 6 am-4 pm M-F. Catering available as needed. All major cards. \$-\$\$\$.

**INTERNATIONAL DELI**

2805 Oak St. 686-9201, fax: 349-1441.  
Fresh gourmet sandwiches, soups, specialty salads. Daily entrees: Quiche, potpies, lasagne, enchiladas. Specialty food store with domestic/European gourmet ingredients, groceries, candies, cookies, coffee and teas, finest quality meats, cheeses. Select wine and beer. Locally owned and operated. Take-out available. Some OG/LG. Wheelchair accessible. 8:30 am-6 pm M-F, 9:30 am-5:30 pm Sa. MC/V. \$-\$\$.

**JAZZIE'S DELI**

1869 Pioneer Pkwy, East, Springfield. 747-8090.  
Serving lunch and dinner: Deli sandwiches, Umpqua ice cream, espresso, Godzilla sandwiches, lunch boxes and vegetarian entrees. Beer. Take-out. 7 am-11 pm M-F, 8 am-11 pm Sa, 9 am-9 pm Su. MC/V/D. \$.

**JIFFY MARKET WINE & DELI**

3443 Hilyard St. 342-4552.  
Serving breakfast, lunch and dinner: Sandwiches, soups, salads, hamburgers, fish and chips, burritos. Friday night spaghetti special; Saturday night chicken or rib barbecue special. Wine, beer. Self-serve. Take-out. Smoking on the deck. Some OG/LG. Wheelchair accessible. 8 am-9 pm M-F, 9 am-4 pm Sa & Su. MC/V/AE. \$.

**OKAWAY WINE & DELI**

105 Oakway Center. 343-3088.  
Serving lunch and dinner: Sandwiches, fresh baked goods, soups, deli salads, daily lunch and dinner specials. Full service espresso. Wide selection of wine, beer and cocktails. Indoor and outdoor seating. Wheelchair accessible. 10 am-9 pm M-Sa, 11:30 am-4 pm Su. AE. \$-\$\$.

**OF GRAPE AND GRAIN, THE DELI**

160 Oakway Rd. 344-9463.  
Serving breakfast, lunch: Pastries, espresso, sandwiches, soups, salads. Wine & beer. Catering, take-out and delivery also available. Wheelchair accessible. M-Sa 9 am-5 pm, Noon-4:30 pm Su. MC/V/AE. \$.

**PITA PIT**

1087 Willamette St. 485-5595.  
Serving lunch and dinner: Pitas stuffed with falafel, steak, gyros, turkey, chicken and a variety of other selections. Choose your own toppings and sauce. Delivery. 11 am-3 am M-W, 11 am-4 am Th-Sa, noon-2 am Su. No checks. \$.

**QUIZNOS SUB**

Fifth Street Public Market. 431-0904.  
864 Beltline Rd., Springfield. 744-2998.  
801 E. 13th Ave. 338-7098.  
2155 Olympic St., Spfd. 393-0030.  
Oven toasted subs, like mesquite chicken with bacon and a fabulous veggie, delicious soups like broccoli and cheese, fresh craveable salads like honey mustard chicken. New Mini-meltz starting at \$1.99. Fun kids meals from \$2.99. Catering and take-out available. LG. Wheelchair accessible. Fifth Street: 10:30 am-7 pm M-Sa, 11 am-6 pm Su. Gateway: 11 am-9 pm M-Th, 11 am-10 pm F & Sa. Campus: 10:30 am-11 pm M-Sa, noon-10:30 pm Su. Olympic: 11 am-9 pm daily. All major cards. \$.

**SCHLOTZSKY'S DELI**

3215-A W. 11th Ave. 342-5555.  
3032 Gateway St., Springfield. 726-6636.  
Serving lunch, dinner: Hot deli sandwiches on handmade sourdough, wheat, rye, jalapeno-cheese buns. Pizza, salads, wraps, soups, cookies and brownies. Low-carb options. Drive-through. Take-out. Wheelchair accessible. Eugene: 10:30 am-9 pm M-Sa, 10:30 am-8 pm Su. Springfield: 10:30 am-9 pm daily. V/MC/AE. \$.

**SUNDANCE NATURAL FOODS**

748 E. 24th St. 343-9142.  
Fresh organic salads, cold entrees all day, hot from 11 am. 4.99/lb. Conscientiously packaged grab and go items prepared by Sundance available until 11 pm OG/LG. Wheelchair accessible. 10 am-9 pm daily. All major cards. \$.

**★ Best Eco-Friendly Restaurant, Second Place**

**THE BROADWAY**

See American

**WILD OATS NORTH DELI/SOUTH DELI**

2580 Willakenzie Rd. 334-6382.  
2489 Willamette St. 345-1014.  
Using fresh ingredients and antibiotic-free meats to make a variety of international foods. Hot case. Juice and java bar. Salad bar. Party platters to go. Antibiotic-free meats and organic produce when available. Some OG/LG. Wheelchair accessible. 8 am-10 pm daily. V/MC. \$-\$\$.

**ZOLOTOY PETUSHOK/GOLDEN ROOSTER-EUROPEAN STORE & DELI**

See International

Food Carts

**A LOVING SPOONFUL**  
Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving hemp-fortified, wholesome foods. 10 am-5 pm Sa. \$.

**AFGHANI CUISINE**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving shishkabobs, quabili, pilaf, bolani. 10 am-5 pm Sa. \$.

**ALEXANDER'S GREAT FALAFEL**

13th and Kincaid.  
Serving lunch: Falafel, hummus, tabouli, vegan and kosher entrees. Free lemonade with all food orders. Some OG. 11 am-4 pm M-F. \$.

**★ Best Food Cart, Second Place**

**ANITA'S TAQUERIA**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving tacos, taco salad, burritos. 10 am-5 pm. \$.

**BANGKOK GRILL**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving pad thai, pork on a stick, vegetarian entrees. 10 am-5 pm Sa. \$.

**BBQ KING**

See Barbecue

**BLAZING CHEFS**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Roll-up sandwiches and root beer. 10 am-5 pm Sa. \$.

**CARTE BLANCHE SOUP CART & CATERERS**

E. 14th and Kincaid, UO campus. 554-9088.  
Specializing in over 80 varieties of homemade soups. Also, baguette sandwiches and fresh salads. Our menu changes daily: Receive it by e-mail cbsoup.com Some OG/LG. Wheelchair accessible. 11 am-3 pm M-F. No cards. \$.

**DANA'S CHEESECAKE BAKERY**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving cheesecake and baked goods, coffee, decaf, tea. 10 am-5 pm Sa. \$.

**EDIBLE IMPROV**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving sweet and savory crepes, cookies, espresso. 10 am-5 pm Sa. \$.

**FAMILY HOMESTEADER**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving fresh-squeezed lemonade, drinks. 10 am-5 pm Sa. \$.

**INDIA HOUSE**

Saturday Market, 8th & Oak. Tuesdays at Farmers' Market through August. 686-8885.  
www.eugen Saturdaymarket.org  
Serving chicken and vegetable curry, chicken and vegetable thriprithi, pan-fried noodles, chai tea. 10 am-5 pm Sa. \$.

**LULU'S SMOOTHIES**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving all-natural, fresh fruit smoothies and coolers. 10 am-5 pm Sa. \$.

**NICE RICE**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Veggie and chicken fried rice, teriyaki chicken sandwiches, fresh orange juice, vegetarian entrees. 10 am-5 pm Sa. \$.

**RENAISSANCE PIZZA**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving handmade pizza by the slice. 10 am-5 pm Sa. \$.

**RIITTA'S BURRITOS**

Saturday Market, 8th & Oak. Tuesdays at Farmers' Market through August. 686-8885.  
www.eugen Saturdaymarket.org  
Serving made-to-order, generously filled burritos. 10 am-5 pm Sa. \$.

**★ Best Food Cart, Third Place**

**RUSTY'S HANDBUILT COOKIES**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
10 am-5 pm Sa. \$.

**SARA'S TAMALES**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving chicken and vegetarian tamales, fruit salad. 10 am-5 pm Sa. \$.

**STIR IT UP**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving kung pao chicken, mu shu, Szechuan hot and sour soup. 10 am-5 pm Sa. \$.

**SUSHI CUBICLE**

Saturday Market, 8th & Oak. Tuesdays at Farmers' Market through August. 686-8885.  
www.eugen Saturdaymarket.org  
Serving sushi rolled on site, gyoza, miso soup. 10 am-5 pm. \$.

**TOFU PALACE**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Tofu Tia, tofu breakfast, Toby's Tofu Plate. OG/LG. 10 am-5 pm Sa. \$.

**WHOLE ENCHILADA**

Saturday Market, 8th & Oak. 686-8885.  
www.eugen Saturdaymarket.org  
Serving enchiladas, rice and beans, nachos. 10 am-5 pm Sa. \$.

Indian

**POPPY'S ANATOLIA**

See Mediterranean

**PRIYA INDIAN CUISINE**

65 Division Ave., Ste. M. 607-1717.  
Southern and Northern Indian cuisine. Variety of vegetarian entrees. Private catering and banquet room available. Some OG. Wheelchair accessible. Daily lunch buffet 11:30 am-2:30 pm; dinner 5 pm-9:30 pm. Cash, check, MC/V. \$-\$\$\$.

**TASTE OF INDIA**

2495 Hilyard St. 485-9698.  
65 Division Ave. 607-3966.  
Authentic Indian cuisine for vegetarian and non-vegetarian palates. Freshly baked and stuffed roti. Buffet lunch and dinner specials. Tandoori chicken, lamb, seafood. Salads. Catering available. Take-out. 11 am-3 pm, 5 pm-10 pm daily. All cards. \$.

**★ Best Buffet, Second Place**

able. Wheelchair accessible. Lunch: 11:30 am-4 pm daily, dinner: 5-9 pm Su-Th, 5-10 pm F & Sa. V/MC/D/AE. \$-\$\$.

**LOCOMOTIVE**

See Vegetarian

**THREE SQUARE**

2835 Oak St. 284-2825.  
Serving breakfast, lunch and dinner every day. Specializing in international flavors and eclectic selections. Full bar with West Bros. ale, and wines by the glass and bottle. 8 am-9 pm Su-Th, open till 10 pm F & Sa. MC/V/D. \$-\$\$\$.

**ZOLOTOY PETUSHOK/GOLDEN ROOSTER-EUROPEAN STORE & DELI**

3163 W. 11th Ave., Ste. C-1. 393-0091.  
Serving authentic Russian cuisine. Great variety of meats, fish, cheeses, teas, juices, spices, sweets and dairy products from Europe. Fresh, homemade food (kosher and vegetarian friendly). Catering, take-out. Some OG/LG. Wheelchair accessible. 10:30 am-7 pm M-Th, 10:30 am-8 pm F, 11 am-6 pm Sa, 11 am-4 pm Su. All major cards. \$.

Italian

**AMBROSIA RESTAURANT & BAR**

174 E. Broadway. 342-4141.  
Serving lunch, dinner: Regional Italian cuisine, fish specials, wood-burning pizza oven, calzone, pastas, vegetarian entrees, salads. Extensive wine list, beer, 7 microbrews, full bar. Reservations. Take-out, banquets, warm atmosphere with antique decor. Some OG/LG. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11:00 pm F-Sa, 4:30-10 pm Su. MC/V. \$-\$\$\$.

**★ Best Italian, Third Place**

**★ Best Wine List**

**★ Best Place for a First Date, Third Place**

**BEPPE & GIANNI'S TRATTORIA**

1646 E. 19th Ave. 683-6661.  
Serving dinner: Variety of homemade pastas: Ravioli, lasagna, linguini, spaghetti. Seafood, salads. Wine, microbrews. Take-out. 5-10 pm daily. MC/V. \$-\$\$\$.

**CAFÉ LUCKY NOODLE**

See International

**EXCELSIOR INN, RESTAURANT & LOUNGE**

754 E. 13th Ave. 342-6963.  
Serving breakfast, lunch, dinner, daily: International menu, local ingredients. Fresh seafood, organically grown meat, produce. Wine, beer, microbrews, full bar. Beautiful outdoor patios, private seating available. Reservations appreciated. Some OG/LG. Wheelchair accessible. Breakfast 7-10 am, lunch 11:30 am-2 pm, dinner 5-10 pm daily. Bistro/Lounge open until 11 pm Su-Th, midnight F & Sa. All major cards. \$-\$\$\$.

**IZZY'S PIZZA & BUFFET**

See Pizza

**JO FEDERIGO'S RESTAURANT & JAZZ CLUB**

259 E. Fifth Ave. 343-8488.  
jofeds.com  
Italian, Northwest cuisine, art gallery. Serving lunch, dinner: Daily seafood specials, steaks, spaghetti bar, vegetarian entrees, salads, pastries, espresso. Wine, beer, 9 microbrews, full bar. Reservations accepted. Sidewalk cafe. Take-out. Some OG/LG. 11:30 am-2 pm Tu-Th, 5-10 pm daily. Downstairs jazz club nightly till 1 am. MC/V/AE. \$-\$\$\$.

**JONNIE BELLIZZI'S MAFIA-STYLE PIZZA**

Delivery, 686-9996.  
Homemade pizza, calzones and salads. Now serving daily Bellizzi's full line of pasta dishes, lasagne, baked ziti, garlic



Shiki serves up luscious sushi  
BEST SUSHI

TODD COOPER