



Francie Killian, M.S.
Health Educator

- * Personalized Nutrition
- * Hormone Balance & Testing
- * Weight Management
- * Fitness Assessments
- * Nutritional Supplements

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How Cool!
I've been wanting to
control my weight, balance my
hormones, and boost my
energy!



Construction Blues Sale



Store-wide Clearance
10-70% OFF
(street paving is over)

NEW & USED BOOKS
VIDEO CLOSEOUTS
CD DEMOS
ONE OF A KIND CLEARANCE TABLE
JEWELRY
SPOKEN WORD TAPES CLOSEOUTS

STAR GATE

1374 Willamette ★ 342-8348
11:11am-7:11pm ★ Free Parking

SHIBOSKI
FINE JEWELRY DESIGN

ALISON SHIBOSKI
CUSTOM WORK

343-4972



SHOWING AT:
NEWTW!ST

CIAO, COLIN!



Your Favorite Bartender is Retiring!

STOP BY FOR A LAST DRINK BEFORE SEPT. 30th

and don't miss...

COLIN'S GOING-AWAY PARTY!

Tuesday, October 5th / 5:30-7pm
Ambrosia Banquet Room
Details at ambrosiarestaurant.com



541.342.4141 • 174 E Broadway • ambrosiarestaurant.com



Karen Ehlers
"CORN SERIES" Oil on Canvas

Artist Reception:
First Fridays October 1 and November 5
5:30pm - 8:30pm
Refreshments served

Live Music provided by
Cyndy Overfeldt, vocals
Jim Bourgeois, piano



La Follette
OFF BROADWAY

931 OAK STREET
EUGENE, OR 97401
541.484.1420

art in the galleries

The Art of Everything Works by local artists, ongoing. Noon-6 pm, T-F. 513 Main St., Cottage Grove. Free.

Alder Gallery Work by Jill Atkin, and hand-made drinking glasses by the Eugene Glass School annual drinking glass competition, through Nov. 14. 11 am-5 pm T-SA, 11 am-3 pm SU. Downtown Coburg. Free.

ArtCentric Work by members of ArtCentric affiliated guilds, through Oct. 31. Noon-5 pm T-SA. 700 SW Madison Ave, Corvallis. Free.

Assembly of Good Stuff *Hollywood Stars, TV Visuals and Metal Morphs* by Schleuter, Arp and Sandel, through Sept. 30. 2-6 pm F, noon-4 pm SA. 2nd and Jackson, Albany. Free.

Benton Co. Historical Museum *Dyeing to Quilt* invitational quilt show, through Oct. 16. 10 am-4:30 pm everyday. 1101 Main St., Philomath. Free.

Circle of Hands Work by Owen VanHooser and Kimberly Gladen, from Oct. 1 through Nov. 2. 11:30 am-5:30 pm everyday. 1030 Willamette St. Free.

Cityview Deli Work by Ila Krieger, through Sept. 30. 8 am-3 pm M-Sa. 45 E. 8th Ave. Free.

Criterion Gallery *What Does Family Look Like?* Photography exhibit, from Oct. 1 through Oct. 3. An opening is 5:30 pm, Oct. 1. Noon-4 pm Oct. 2 and 3. 35 W. 8th Ave. Free.

Downtown Lounge Work by Dan Hitchcock, through Oct. 31. An opening is 6 pm Oct. 1. 11 am-2 am M-F, 4 pm-2 am Sa-Su. 959 Pearl St. Free.

Emerald Art Center A show in coordination with the Fiesta Latina, through Oct. 1. 11 am-4 pm T-SA. 500 Main St., Spfd. Free.

Erin Williams Gallery Floral, figure and landscape paintings, ongoing. Noon-6 pm F-Su. 82048 Territorial Rd. 344-3516. Free.

Fenario Gallery Glass art as well as art of Jerry Garcia, through Sept. 30. 507 Willamette St. Free.

Gallery at the Airport *The Magic Carpet Project: A Cultural Collaboration*, carpets collected by Holly Piper, through Oct. 14. Airport hours. Viewable by ticketed passengers only. Free.

Hinman Vineyards Work by Richard Quigley, Jeannine Edelblut, Rick Williams, ongoing. Noon-5 pm daily. 27012 Briggs Hill Rd. 345-1945. Free.

Hoa-Lan Tran Gallery *Country Life*, work by Nguyen Tung Ngoc, through Sept. 30. 11 am to 9 pm M-F. Located in the Saigon Restaurant, 1461 E. 19th Ave. Free.

Horsehead Gallery Horsehead employee art show, through Oct. 30. 4 pm-2:30 am, everyday. 99 W. Broadway Ave. Free.

Jacobs Gallery *The Mayor's Art Show*, through Oct. 21. An awards ceremony is 5:30 pm Oct. 1. Noon-4 pm Tu-F, 11 am-3 pm Sa, during performances and Eugene Celebration hours. Lower level, Hult. Free.

Karin Clarke Gallery *Painted Clay*, work by Faye Nakamura, through Oct. 2. 10 am-5:30 pm, Tu-Sa. 760 Willamette St. Free.

La Follette Gallery & Framing *Italian Reflections*, work by Jani Hoberg, through Sept. 30. 10 am-6 pm M-F, 10 am-5 pm Sa. 931 Oak St. Free.

Lane County Historical Museum *Maude I. Kerns: A Woman Ahead of Her Time*, through Dec. 31. 10 am-4 pm W-F, noon-4 pm Sa, Su. 740 W. 13th Ave. \$2.

Lane Memorial Blood Bank Photography by James Vancek, through Nov. 5. 8 am-5 pm M-F. 2211 Willamette St. Free.

Linn Benton Community College Faculty exhibit, through Oct. 29. 9 am-5

pm M-F. 6500 Pacific Blvd., Salem. Free.

Magic Carpet Cultural Center Motifs, carpets and textiles from the Middle East, through Sept. 30. 10 am-6 pm M-SA. 80 E. Broadway Ave. Free.

Maude Kerns Art Gallery *The Mayor's Show of Teen Art*, through Sept. 30. *Selected Works by Maude I. Kerns*, through Nov. 12. 10 am-5:30 pm M-F, noon-4 pm SA. 1910 E. 15th Ave. Free.

Museum of Unfine Art Work by Jackie Holmstrom and others, through Sept. 30. 11:30 am-8 pm M-F, 1:30-8 pm SA, 11:30 am-7 pm SU. 537 Willamette St. Free.

Oregon Gallery Photography by Ron Keebler, watercolors by Michael Smith, pottery by Carl Smiley and work by many Northwest artists, ongoing. 10 am-6 pm M-F, 11 am-7 pm Sa, noon to 5 pm Su. 199 E. 5th Ave., Suite 5. Free.

PeaceHealth Medical Group Work by Jodi and David Donahue, through Oct. 26. Building, 1162 Willamette St. Free.

Rainbow Optics Work by Rich Klopfer, through Sept. 30. 766 E. 13th Ave. 9 am-5:30 pm M-F, 9 am-5 pm SA. Free.

Sacred Heart Medical Work by Barry West, through Oct. 26. 1255 Hilyard St., Third Floor. Free.

Salon des Refuses Work refused by the Mayor's Art Show, through Oct. 22. Noon-6 pm T-SA, DIVA, 110 W. Broadway Ave. Free.

Sattva Gallery Work by Claire Ribaud, Mitzi Linn, ongoing. 10 am-7 pm M-Sa, 10 am-6 pm Su. 1801 Willamette St. Free.

Shelton-McMurphy-Johnson House *Let's We Forget*, uniforms from World War I and II, through Nov. 15. 10 am-1 pm Tu-F, 1-4 pm Sa-Su. 303 Willamette St. \$3, \$1 youth under 12.

Sweet Home Gallery Work by Maria Avila, Lee Dunning and Adriana Avila, ongoing. 9 am-7 pm daily. 2690 Kalmia St., Sweet Home. Free.

Tamarack Wellness Center Gallery Work by Debbie Barich, Sky Evans, Barry Geller and Kimberly Jarvis, from Oct. 3 through Oct. 28. 9 am-7 pm M-F, 8 am-10 am SA. 3575 Donald St. Free.

White Lotus Gallery Work by Gary Tepfer, through Oct. 30. 10 am-5:30 pm Tu-Sa. 767 Willamette St. Free.

Wild Rose Gallery Work by Fred Hughes, through Sept. 30. 10 am-5 pm Tu-Sa. 1320 Main St., Philomath. Free.

WOW Hall Gallery Photography by James Johnston, through Sept. 30. Work by Jarrett Arnold, from Oct. 1 through Oct. 31. An opening is 5:30 pm Oct. 1. 3-6 pm M-F. 291 W. 8th Ave. Free.

An opening of work by Dan Hitchcock, Friday at Downtown Lounge.

