

Ashland, reaches Eugene Saturday, hits Salem Sunday, Corvallis Monday and Portland Tuesday. The tour then heads north through Washington state. Times and locations were not available at press time. Watch *EW* for announcements or visit www.speakersclearinghouse.org

The Eugene appearance is sponsored by Eugene PeaceWorks, Justice Not War Coalition, *Eugene Weekly* and other groups.

ACTIVIST ALERT

• Noted Oregon political commentator Russell Sadler will talk at noon Friday, Sept. 10 at the Eugene City Club luncheon at the Hilton. Admission for those not eating is \$3. Sadler's topic is "Why Elections Are Not Final Anymore," a reference to the mayoral race and the West Eugene Parkway. For more information, visit www.cityclubofeugene.org

• The Eugene Permaculture Guild is holding its eighth annual Northwest Regional Permaculture Gathering in Eugene this weekend with the theme "Advancing Towards an Enduring Bio Region." Keynote speaker at 7 pm Friday, Sept. 10 is Dr. Allen Kapular, land use bike tour is Saturday. Location for most events is Maitreya Eco Village at the corner of Almaden and West Broadway, a block east of Chambers. For more info, call Rob at 344-7196 or e-mail spencerj@efn.org

• Related to the gathering is a non-credit fee course offered this fall at LCC; "Global Trends, Local Choices." The series of evening sessions will look at global trends in

water, agriculture, habitat, resource scarcity and population, followed by an examination of locally based responses: food choices, land use redesign, suburban conversion, perma-

culture, voluntary simplicity, local culture, neighborhood networking and more. See www.efn.org/~spencerj/LCC.htm

• Local wellness/relaxation expert Nancy Hopps will be a featured speaker at the World Wellness Weekend in Ashland Sept. 11-12, along with headliners Deepak Chopra and Dr. Bernie Siegel. Hopps will share excerpts and exercises from her CDs and her upcoming book on how to integrate spiritual principles and self-care practices into day-to-day life. For information, visit www.worldwellness.org or call (541) 552-1782.

CORRECTIONS/CLARIFICATIONS

• In Dan Carol's column last week, he inadvertently called the Oregon Bus Project the Oregon Bush Project. Has anyone else noticed Dan's Bush obsession?

• In Jerry Harris's column last week he mentioned the name "Bobby Bonds." He tells us he intended to write "Barry Bonds." Bobby Bonds was Barry's famous bat-swinging daddy who died last year about this time.

• The folks at Eugene-Springfield Solidarity Network tell us they were mistakenly given credit in both *EW* and the *R-G* for hosting the big Labor Day Picnic at Jasper Park, but the real credit should go to the Lane County Labor Council. "ESSN is merely one supporter of that fabulous picnic," says Hope Marston of ESSN.

Happening people BY PAUL NEEVEL

MICHELE BULGATZ

"In yoga, the body is a tool to develop the heart," says yoga teacher Michele Bulgatz. "Coincidentally, you can get a strong body." A native of Southern California, Bulgatz began her study of yoga shortly after moving to Eugene in 1992. Six years later, newly certified as an instructor and newly pregnant, she began to teach when her own teacher suddenly left town. "'You're going to take over my classes,' she told me," Bulgatz relates. "I was thrown into six classes a week!" After a two-year hiatus while her son River was an infant, she gradually worked her way back, and currently teaches 10 classes weekly at the UO and at the Four Winds Yoga Center. (She ranked second in the 2003 *EW* readers' poll of favorite yoga instructors.) Bulgatz is the principal organizer of the Loving Kindness Yogathon, a 12-hour yoga-practice and meditation event scheduled for 7 am to 7 pm Saturday, Oct. 2, at St Mary's Catholic Church in downtown Eugene. "The first purpose is to increase the level of loving kindness," she says. "The second is to raise money for good causes." Birth To Three and Healing Harvest will benefit from donations. Find details at heliosnetwork.org



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