

Gettin' Fresh

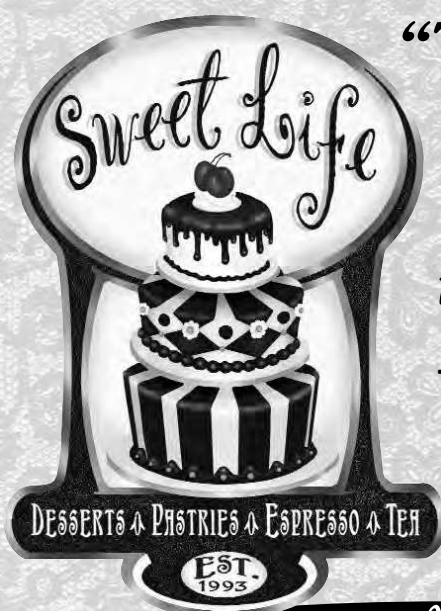
Oh, summer ... The season brings heaps of local, fresh goodies for you to enjoy: Farmers' markets are popping up all over town (the existing Lane County Farmers' Market has expanded its hours of operation to include Thursdays at the fairgrounds). There are plenty of places to get fat berries, sweet tomatoes, homegrown lettuce, organic broccoli.

This issue of Chow! celebrates that freshness of the season: You'll get Lance Sparks' take on the refreshing, sophisticated style of Zalaya (they've changed the spelling of the name), and Aleta Raphael-Brock will show you three eateries serving up activism along with good, organic eats. Mindy Inman reviews *Play With Your Food*, and Chris Ammon explores the world of Oregon's eco-wines. You'll also find out how Aaron Silverman of Greener Pastures Poultry is making better, truly farm-fresh poultry available for the conscientious omnivores out there.

Get out to the farms. Sit outside at your favorite restaurant. Soak up the sun, eat well and enjoy the season. – *Bobbie Willis*

ON THE COVER: EMILY DIETZMAN OF RUBY & AMBER'S ORGANIC OASIS

EDITOR: BOBBIE WILLIS • ART DIRECTOR: KEVIN DOUGHERTY • GRAPHIC ARTISTS: JAMES BATEMAN, TODD COOPER
COVER ART: BOBBIE WILLIS • CONTRIBUTING WRITERS: LANCE SPARKS, ALETA RAPHAEL-BROCK, CHRIS AMMON,
MINDY INMAN, PAUL NEEVEL PHOTOGRAPHY: JAMES BATEMAN, TODD COOPER, PAUL NEEVEL, BOBBIE WILLIS
ACCOUNT REPRESENTATIVE: MARK FRISBEE



*"The only way
to get rid of
a temptation
is to yield to it."*

– OSCAR WILDE

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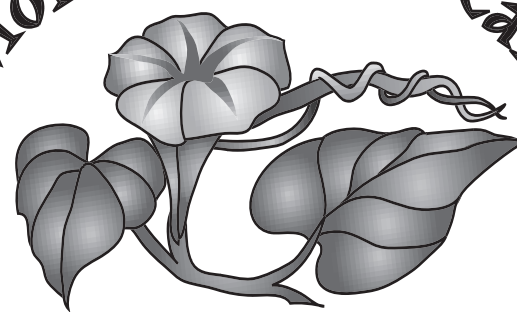
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Voted Best Bar (2nd Place)
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