

1300 Oregon doctors say,
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Medical Office Assistants:

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- Provide direct care to patients
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Training is available at Lane Community College.
 For information, contact the program coordinator at 463-5621.



an equal opportunity/affirmative action institution

**Eugene's
 Community
 Gardens Program**

A place where people and plants can grow.

The Seeds

Since 1978, Eugene's community gardens have been growing friendships, community involvement and an appreciation of the land by giving residents the opportunity to cultivate their own garden.

The Land

- * Rent a plot at the new community gardens at Alton Baker Park,
- * Sign up on a waiting list for the new community gardens at Skinner Butte Park (Skinner City Farm), or
- * Find out where there are available plots at any of the four other community gardens in Eugene: Amazon, Mathews, Whiteaker, and River House.

Planting the Seeds

There are over 30 plots available at the new Alton Baker community gardens. Rent is \$52 per year for a 20- by 30-foot plot and comes with access to water and leaf mulch. Access to a tool shed is available for an additional \$10 per year.

Register for a plot at the new
Alton Baker Community Gardens Grand Opening...
Wednesday, April 21

10 a.m. - noon

at the end of Day Island Road
 (enter through the main park entrance and travel
 on Day Island Road just past Cuthbert)

For more information, call 682-4800



movies BY LOIS WADSWORTH

**Intelligent
 Entertainment**

A new worldview

WHAT THE BLEEP DO WE KNOW?:

Produced, directed and written by William Arntz, Betsy Chasse and Mark Vicente. Musical composer, Christopher Franke. Starring Marlee Matlin, with Robert Bailey Jr., Barry Newman, Elaine Hendrix, Armin Shimerman. Interviews with Amit Goswami, William Tiller, John Hagelin, Fred Alan Wolf, David Albert, Stuart Hameroff, Jeffrey Satinover, Andrew Newberg, Daniel Monti, Joseph Dispenza, Candace Pert, Ramtha, Khempo Yurmed Tinly and Miceal Ledwith. Captured Light. Lord of the Wind Films, 2004. Not rated. 120 minutes.

The breakthrough film you may have heard the buzz about, *What the Bleep Do We Know?* offers a brand new way of thinking through questions about consciousness, intentionality and the ability to make a difference in the world. But it begins with Amanda (Marlee Matlin) asking herself basic questions, which is where we all must start. *What is reality? Who am I? Who are you? What is the purpose of my life? How can I change my life? How can I affect change in the world?*

The answer to the last two questions: Change the way you think.

But the near impossibility of altering even the simplest habit has shown most of us that mega-changes such as this are way too encompassing to take on. Right, say the experts. Ideas such as this demand a new way of looking at reality. The interviewees in this film point toward developments in quan-

tum physics as reasons to begin to change how we think about ourselves and our world.

The physicists, neurologists, anesthesiologists, physicians, molecular biologists, spiritual teachers, mystics and scholars in *Bleep* make a persuasive case that such a paradigm switch begins with people called the "cultural creatives," a demographic I've been writing for 20 years, the same people who go to see films such as this.

The film follows Amanda as her ordinary life begins to unravel, and she is faced with reality in flux. She is shaken by the experience of playing basketball briefly with a friendly 9-year-old boy, Reggie (Robert Bailey Jr.), who asks her, "How far down the rabbit hole of mysteriousness do you want to go?" He isn't being a smart-aleck. He really wants to know how deeply she intends to investigate other realities existing side-by-side with what we call the real world.

One of the most thought-provoking concepts in the film concerns the observer. We think we share with others the common experience of observing what is around us, that we know what we think and feel about what our senses experience. We may even "know" what we'll remember about the experience. That's an example of the dominant paradigm we currently operate within.

a brand new way of thinking . . . about
 consciousness, intentionality and the ability to
 make a difference in the world



Amanda (Marlee Matlin) feels changes in her life.

But the new science says it can't find the observer anywhere in the human body or brain. The I who observes is a function of consciousness, and the smallest form of consciousness in the body is the cell. Do we experience and communicate at the cellular level? On multiple levels of reality at the same time? And why can we look back in time but not forward? And why can't we change the past if we can change the future by our actions today?

Turns out scientists and spiritual teachers are talking about the same reality or realities. And we might as well go along for the ride, because if it turns out the only reality is the one we choose to make, we better start working on ourselves and changing our world view right away.

This is a fascinating and entertaining film experience. Not a boring minute in it. Highest recommendations. Starts at the Bijou this Friday, April 16.

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