Chinese

BENTO ORIENTAL EXPRESS
1425 NW Monroe Ave. 757-9690.
Serving lunch and dinner. 11 am-9 pm M-Sa, noon-9 pm Su. No cards. $.

BLUE SKY CHINESE RESTAURANT
1195 NW Kings Blvd. 752-7528.
Serving lunch and dinner, lunch specials daily. 11:30 am-9:30 pm M-Th, 11:30 am-10 pm F-Sa, noon-9:30 Su. AE/MC/V/DC. $-$$.

CHINA BLUE RESTAURANT
2307 NW 9th St. 757-8088.
Serving lunch and dinner. 11:30 am-10 pm Su-F. 4-10 pm Sa. V/MC. $-$$.

CHINA DELIGHT
325 NW 2nd St. 753-3753.
Serving lunch and dinner, specializing in Szechwan, Mandarin, traditional Chinese and vegetarian cuisine. Some OG. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. All major cards. $$.

JADE GARDEN
503 SW 3rd St. 752-7455.
Lunch, dinner, orders to go, banquet facilities, lounge. 11 am-9:30 pm Su-Th, 11 am-10:30 pm F & Sa. V/MC. $$.

KIM HOA'S KITCHEN
1875 NW Circle Blvd. 754-9751.
Serving lunch and dinner. 11 am-9 pm M-F. V/MC. $$.

KING TIN
1857 NW 9th St. 752-1722.
Serving lunch and dinner. 11:00 am-9:30 pm daily. V/MC. $$.

PANDA EXPRESS
Oregon State University. 737-6888.
Serving lunch and dinner, Chinese cuisine for students and those on the go. 10 am-8 pm M-F, 11 am-7 pm Sa & Su. No cards. $.

PING'S GARDEN
1209 9th Ave., Albany. 967-7367.
Serving lunch and dinner. 11 am-10 pm daily. V/MC. $-$$.

Coffeehouses

BEANERY, THE
948 NW Circle Blvd. 754-5916.
2541 NW Monroe Ave. 757-0828.
500 SW 2nd. 753-7442.
Allann Bros. coffee and espresso drinks, iced coolers, pastries, fresh deli, panini sandwiches, whole bean coffee and loose leaf teas. Eat in or take-out. Circle Blvd.: 6 am-6 pm M-F, 7 am-6 pm Sa, 8 am-5 pm Su. Monroe St.: 6 am-10 pm M-F, 7 am-10 pm Sa, 8 am-9 pm Su. 2nd St.: 6 am-11 pm M-Th, 6 am-midnight F & SA, 6 am-11 pm Su. V/MC/D. $.

INTERZONE
1563 N.W. Monroe. 754-5965.
Fresh pastries every morning, all-vegetarian soups, casseroles, vegan options. All-natural Monin Syrups, organic coffee and dairy. Serving breakfast weekends, huevos rancheros, tofu scrambles, omelettes and breakfast burritos. OG /LG. 7 am-10 pm M-F, 8 am-10 pm Sa & Su summer hours, open until midnight during the school year. No cards. $.

Continental

CAFÉ CRISTO & CATERING
831 Elm St. SW, Albany. 926-7583.
www.cafécristo.com
Offering a full menu featuring specialty salads, quiche, gourmet burgers, delicious desserts and espresso. Dinner menu changes weekly and may include herbed prime rib, salmon with mango salsa. Breakfast served daily. Also outdoor dining in enclosed patio. Wheelchair accessible. Some OG./LG. 8 am-2 pm Su-Tu, 8 am-8 pm W & Th, 8 am-9 pm F & Sa. V/MC/D/AE. $-$$$.

GABLES, THE
1121 NW 9th. 752-3364.
Traditional favorites. Lounge: 4:30 daily, dinner: 5-9 pm M-F. $$-$$$.

MICHAEL'S LANDING
603 NW 2nd St. 754-6141.
Unique daily speicals, hand cut steaks, prime rib, fresh seafood, chicken and pasta specials, soups made from scratch daily. Overlooking the Willamette River. 11:30 am-9 pm M-Sa, 10 am-8 pm Su. All major cards. $$-$$$.

Delis

FIRST ALTERNATIVE CO-OP
1007 SE 3rd St. 753-3115. (Main store/Feast Alternative Deli)
29th & Grant Ave. 452-3115. (North store)
A full-service deli, our main store offers mostly organic entrees, salads, made-to-order sandwiches, two soups of the day, a salad bar and pizza-by-the-slice. Both stores carry Grab & Go meals made in our kitchen. Wheelchair accessible. OG/LG. Main: 9 am-9 pm daily, North: 7 am-9 pm daily. V/MC. Sold by weight.-$.

JOHN HENRY'S DELI & COFFEE BAR
2121 NW Monroe. 738-6003.
Serving breakfast and lunch, espresso and coffee. 7 am-7 pm M-F, closed Sa-Su. Some cards. $-$$.

OLD WORLD DELI
341 SW 2nd St. 752-8549.
Serving breakfast and lunch. 8 am-10 pm M-Sa, 11 am-5 pm Su. No cards. $$.

WINE DEPOT & DELI
300 2nd Ave SW., Albany. 967-9499. Fax 987-9454.
Sandwiches, soups, salads, desserts at the Two Rivers Market. Wine by the glass. 9 am-8 pm M-F, 9 am-5:30 pm Sa, noon-5 pm Su. All major cards. $-$$$.

International

CRYSTAL'S CUISINE & CAFÉ
1425 NW Monroe Ave. #E. 752-6403.
Mediterranean speicalities. Wheelchair accessible. Some OG./LG. 9 am-8:30 pm daily. V/MC. $-$$.

EVERGREEN INDIAN RESTAURANT
136 SW 3rd St. 754-7944.
Serving lunch and dinner, traditional Indian dishes. Lunch: 11:30 am-2:30 pm, dinner 5-9:30 daily. V/MC. $$-$$$.

LE BISTRO COUNTRY FRENCH CUISINE
150 SW Madison Ave. 754-6680.
www.lebistro.com
Hearty fare from the southwest of France. Comfort food in an upscale, casual bistro atmosphere. Specializing in the sauces that make French food famous. LG. 4:30-9:30 pm Tu-Sa. V/MC. $$$.

NOVAK'S HUNGARIAN RESTAURANT
2835 Santiam Hwy. SE. 967-9488.
Rich traditional Hungarian specialties: Spaetzle, extra lean pork, beef and chicken in creamy sauces. Vegetarian entrees. 11 am-9 pm Su-F, 4-9 pm Sa. MC/V/AE/DC/D. $$$-$$$$.

OASIS RESTAURANT
2315 NW Kings Blvd. 754-1850.
Lebanese cuisine. Lunch: 11 am-2 pm Tu-F, dinner 5-8:30 pm Tu-F,
5-8:30 pm dinner only on Sa. $$.

RIVERVIEW MONGOLIAN GRILL
230 NW 1st St. 754-8402.
Pick your own vegetables, sauces, & meats, prepared before your eyes. 11 am-8 pm Su-Th, 11 am-9 pm F & Sa. V/MC. $$.

Italian

FIGARO'S ITALIAN KITCHEN
2025 NW Circle Blvd. 757-3539.
Serving lunch and dinner, Italian specialties. 11 am-9 pm daily. V/MC. $$$.

IOVINO'S RISTORANTE & CATERING
126 SW 1st St. 738-9015
Italian cuisine using the freshest ingredients of the Northwest. Casual dining in an "uptown" atmosphere on the Corvallis river front. Some OG./LG. Serving dinner nightly at 5 pm, late night bar menu after 10 am. V/MC/AE. $$$.

IZZY'S PIZZA BAR & CLASSIC BUFFET
2475 NW 9th. 757-1156
Serving lunch and dinner, family friendly atmosphere. 11 am-9 pm Su-Th, 11 am-10 pm F & Sa. V/MC. $$.

MARZINI'S
922 NW Kings Blvd. 754-2411.
Serving breakfast, lunch and dinner, specializing in pasta and Italian favorites. 8 am-9 pm M-F, 9 am-9 pm Sa & Su. MC/V. $$.

Japanese

AOMATSU JAPANESE RESTAURANT
122 NW 3rd St. 752-1410.
Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner and lots of specials. Noodles, tempura, BBQ, teriyaki and more. Lunch: 11:30 am-2:30 pm M-F, dinner: 5-9 pm M-Sa. V/MC/DC/AE. $$$.

Korean

YOUNG'S KITCHEN
2051 NW Monroe Ave. 757-1626.
Korean and Japanese. Sushi, udon, teriyaki ribs, yakisoba. Take-out. 10:30 am-9 pm M-Sa. $-$$.

Mexican

BOMBS AWAY CAFÉ
2527 NW Monroe Ave. 757-7221.
Traditional recipes, fresh ingredients, all made right here. A family atmosphere in our front room with full wait service in our lounge. We specialize in natural meats and vegetarian fare, seafood and shellfish entrees, homemade desserts and breads. 11 am-midnight M-F, 5 pm-midnight Sa, 5-9 pm Su. V/MC. $-$$.

EL PRESIDENTE MEXICAN RESTAURANT AND CANTINA
1110 NE 2nd St. 752-1360.
Serving lunch and dinner, traditional Mexican food, full bar. 11 am-2 am daily. V/MC/AE. $$.

EL SOL DE MEXICO
1597 NW 9th St. 752-9299.
Lunch and dinner, beer, wine and cocktails. Parties up to 30 people, food to go. 11-10 Su-Th, 11 am-11 pm F & Sa. V/MC/DC/AE. $-$$.

EL TAPATIO RESTAURANT
1845 NW Circle Blvd. 758-1735.
Serving lunch daily and dinner on Fridays and Saturdays. 11 am-10 pm Su-Th 11 am-11 pm F & Sa. V/MC/AE/DC. $$.

IGNACIO'S MEXICAN RESTAURANT
550 NW Harrison Blvd. 757-3215.
1727 Hill St., Albany. 926-1943.
Homestyle cooking, vegetarian dishes, specialty margaritas, orders to go. 11 am-10 pm daily. Some cards. $$.

LA CONGA
360 NW 5th St. 752-2422.
Breakfast, lunch and dinner, Mexican and American favorites. Open 24 hours a day, every day. V/MC. $-$$$.

LA ESTRELLITA MEXICAN RESTAURANT
2309 NW Kings Blvd. 754-0514.
Serving lunch and dinner. 11 am-8 pm Sa-Th, 11 am-9 pm F. Some cards. $$.

LOS DOS AMIGOS FAMILY MEXICAN RESTAURANT
1402 Pacific Blvd. SE. 928-5363.
Mexican family restaurant serving lunch and dinner. 11 am-9 pm daily. MC/V. $$-$$$.

SANCHO'S MEXICAN GRILL
1425 NW Monroe, Suite A.752-2500.
Located on campus, specializing in fresh, healthy, authentic Mexican cuisine and cocktails. All poultry, beef, salsa and beans are prepared daily, using only fresh veggies and the finest ingredients. Full bar. Outside dining. 11 am-1 am M-Sa. MC/V/AE. $.

SEÑOR SAM'S MEXICAN GRILL & CANTINA
140 NW 3rd St. 754-7448.
All food prepared fresh daily, with custom built healthy meals. Fresh salsa bar. 11 am-8:30 pm daily. All major cards. $.

TACOS URUAPAN
1813 SE 3rd St. 752-5380.
Authentic Mexican cuisine. 11 am-8 pm M-Th, 11 am-9 pm F-Sa, noon-8 pm Su. V/MC/DC/D. $$.

Microbrew

MCMENAMINS
420 NW 3rd St. 758-6044.
Oregon's favorite brewpub chain. Hearty sandwiches, soups and salads. 11 am-1 am M-Sa, noon-midnight Su. V/MC/AE/D. $-$$.

WYATT'S EATERY & BREWHOUSE
211 1st Ave NW. 917-3727.
Twenty-four beers on tap, full bar. Lunch and dinner menu. Burgers, pasta, seafood, steak and wraps. 11 am-8:30 pm M-Th, 7 am-10:30 pm F & Sa. MC/V/AE/D.

Northwest

BIG RIVER RESTAURANT & BAR
101 NW Jackson. 757-0694.
Eclectic, fresh Northwest cuisine using local organic produce, prime beef, native fish, and Big River breads. The copper-topped bar features regional wines, single malts, martinis and jazz on weekends. Wheelchair accessible. Some OG./LG. Lunch 11-2 pm M-F, dinner from 5 pm M-Sa. DC/MC/V/AE. $$$.

INTABA'S KITCHEN
1115 South Third, 99W. 754-6958.
Innovative organic cuisine, elegant dining ambiance featuring earthen, sculptural wood-fired oven. Grilled seafood, wood-fired pizza, creative vegetarian/vegan entrees, decadent desserts. Fine wines & microbrews. Live music, lectures and special events. See details at www.Intabas.com Wheelchair accessible. OG/LG. 11:30 am-2:30 pm (lunch) & 5 pm-9 pm (dinner) T-Sa, 10 am-2 pm (brunch) Su. V/MC. $-$$$.

Pizza

AMERICAN DREAM PIZZA
2525 NW Monroe Ave. 757-1713.
Outrageous combos and unusual toppings. 11 am-10 pm daily, open till 11 pm F. V/MC. $-$$.

BRAND X PIZZA
1420 NW 9th St. 757-7999.
Delivery and carry-out pizza. Hand-tossed dough made fresh daily. Homemade sauce and 100 percent mozzarella cheese. Topped with high quality ingredients. Also oven-baked sub sandwiches. 4-11 pm daily. V/MC/AE. $$-$$$.

CIRELLO'S PIZZA
919-F NW Circle Blvd. 754-9199.
Serving dinner. Open till 10 pm Su-Th, till 11 pm F & Sa. V/MC. $.

HEADLINE CAFÉ
300 SW Jefferson Ave. 758-1642.
Serving lunch and dinner. 11-close daily. V/MC. $$.

WOODSTOCK'S PIZZA PARLOR
1045 NW Kings Blvd. 752-5151.
Pizza & salads, beer & wine. Free delivery (most of Corvallis). Wheelchair accessible. 11 am-midnight Su-Th, 11 am-1 am F & Sa. V/MC/D. $$.

Seafood

MCGRATH'S FISH HOUSE
350 Circle Blvd. 752-FISH.
Fresh fish & seafood, serving lunch, dinner, and Sunday brunch. 11 am-10 pm M-Th, 11 am-11 pm F & Sa, 10 am-10 pm Su. V/MC/AE/D. $$-$$$.

Southeast Asian

CHA-DA THAI RESTAURANT
1945 NW 9th. 757-8223.
Cha-Da offers delicious Thai cuisine and an extensive choice of vegetarian and non-vegetarian dishes. The lunch buffet changes daily. Tastefully decorated with original paintings of ancient village life. Wheelchair accessible. Some OG/LG. Lunch: 11:30 am-2:30 pm, dinner: 5-9 pm. Open daily. V/MC/DC/AE. $$.

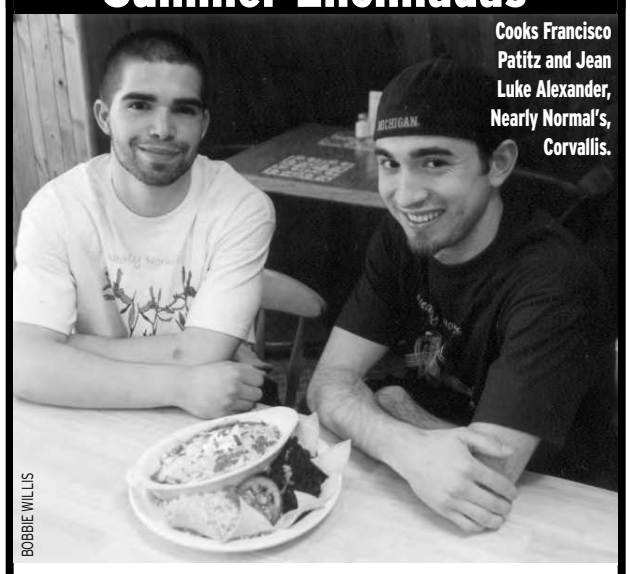
MAGENTA RESTAURANT & CATERING
1425 NW Monroe Ave #A. 758-3494.
Bold, exotic French and Asian infused, delicately balanced dishes in a hip urban environment. Wines selected carefully by chef Kimber Hoang. Superb specialty martinis and bar menu. Wheelchair accessible. Some OG./LG. Lunch 11 am-2 pm M-F, dinner 5-10 pm M-Sa, 5-8 pm Su. V/MC/D/AE. $-$$$$.

TARN TIP THAI CUISINE
2535 NW Monroe Ave. 757-8906.
Serving lunch and diner. LG. Lunch 11 am-3 pm, dinner 5-9 pm M-Sa, 4-9 pm Su. No cards. $.

Vegetarian

NEARLY NORMAL'S GONZO CUISINE
109 NW 15th. 753-0791.
Mexican, Italian, Mediterranean, tofu and tempeh, fresh juice and smoothies, margaritas, beer and wine. Catering, outdoor garden dining. Wheelchair accessible. Some OG./LG. 8 am-8 pm M-W, 8 am-9 pm Th & F, 9 am-9 pm Sa. V/MC. $-$$.

Nearly Normal's Summer Enchiladas


Cooks Francisco Patitz and Jean Luke Alexander, Nearly Normal's, Corvallis.

BOBBIE WILLIS

1 T. oil
1 c. chopped red onion
2-3 cloves chopped red onion
2 1/2 c. corn (1 12-oz. package or 3+ ears fresh corn)
2 t. cumin
1/2 t. salt
1/8 t. cayenne
1 t. chili powder
3 zucchini, 6 to 8 inches each, or crookneck or summer squash
1/2 c. loosely packed chopped cilantro
1 lb. (4 cups) grated cheese
12 small corn tortillas
4 c. your favorite salsa verde (in most grocery stores or make it fresh!)

Preheat oven to 350°.

Over medium heat, sauté onion and garlic in oil until soft. Add corn, zucchini/squash. Cook until tender. Add cilantro. Adjust salt and heat of spice to taste. Place 1/4 c. salsa verde in bottom of 13 x 9 inch baking pan. Moisten tortillas one at a time in remaining salsa. Place 1/3 c. veggie mixture and 2 to 3 T. cheese on one tortilla, roll and place seam side down in baking pan. Repeat with remaining tortillas. Top completed rolls with remaining sauce and cheese. Bake at 350° until cheese is melted and enchiladas are heated through, about 20 minutes.

Serves 6.