

WILD THYME CAFÉ

995 Pearl St. 334-1783.
Serving breakfast, lunch and dinner items. Hot and deli sandwiches on freshly baked baguettes, cheese ravioli with homemade pesto, salads, homemade soups, pan-fried chicken and catfish. Vegetarian specials everyday. Homemade desserts. Some OG/LG. Wheelchair accessible. 10 am-5 pm M-F, 10 am-4 pm Sa, 10 am-2 pm Su. V/MC/Debit/Cash. \$-\$\$.

Chinese

CAFÉ SEOUL

See Korean

CHINA BLUE

879 E. 13th Ave. 343-2832.

Serving lunch, dinner, Sunday Dim Sum Brunch: Northern Chinese, Indonesian; individually prepared dishes. Wine, beer. Reservations for larger parties. Catering for businesses. Take-out. 11 am-9:30 pm M-Th, 11 am-10 pm F, 12-10 pm Sa, 12-3 pm Dim Sum and 3-9:30 pm Su. MC/V. \$-\$\$.

CHINA DELIGHT

453 Willamette St. 345-3239. Fax: 345-2713.

Serving lunch, dinner: Mandarin, Cantonese, Szechwan, American; chef's special chow yuk, Buddha's delight, General Tso's chicken, vegetarian entrees. Wine, beer. Reservations for larger parties. Pony Express delivery, call 485-2090. Take-out. Banquet room available. 11 am-9 pm M-Th, 11 am-9:30 pm F, noon-9:30 pm Sa. All major cards. \$-\$\$.

CHINA SUN

2130 W. 11th Ave. 302-9667.

Serving lunch and dinner, seafood specials, buffet. 11 am-9 pm daily. Some cards. \$-\$\$.

★ Best Buffet, Second Place

FAR MAN RESTAURANT

3111 Gateway Blvd., Springfield. 726-7311.

Serving lunch, dinner: Buffet and full menu; Cantonese, Mandarin, Szechwan, American; vegetarian entrees. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11:30 am-10 pm M-Th, 11:30 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. MC/V. \$-\$\$.

FORTUNE INN

1775 W. Sixth St. 342-2616.

Serving lunch, dinner: Fresh specials every day, traditional Chinese stir fries, fresh Chinese vegetables and tofu and vegetarian entrees. Wide variety Oregon wines, beer (domestic and imported). Reservations for 10+. Take-out. 11 am-9:30 pm Tu-Th, 11 am-10 pm F, noon-10 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

GATEWAY CHINESE BUFFET

3198 Gateway St., Springfield. 726-2828. Lunch, dinner: Chinese buffet with 40 plus hot items: BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Beer, wine, cocktails. Banquet room. Take-out. Children's prices, senior discounts available. Home delivery available 5 pm-11 pm. Minimum \$10 order and \$1.50 delivery charge. 11 am-10 pm Su-Th, 11 am-10:30 pm F & Sa. All major cards. \$-\$\$.

GOLDEN CHINA BUFFET

1525 Franklin Blvd. 343-2828.

All-you-can-eat lunch and dinner buffet with a good selection of Mandarin and Szechwan dishes. Chicken, pork, seafood, beef, fruit bar. Take-out menu also available. \$3.50/lb. for lunch, \$4.50/lb. for dinner. Drinks and ice cream included in dine-in buffet. Wheelchair accessible. 11:30 am-9 pm daily. V/MC/D. \$-\$\$.

GOLDEN ORIENT

2513 W. 11th Ave. 683-5469.

Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties.

Happening Server

BY PAUL NEEVEL



Ginger Spears

"I like to keep moving, be active," says Ginger Spears, explaining why she always returns to restaurant work. "I don't like to sit down." Spears has been sitting down more than she would care to since knee surgery in March for a volleyball injury. She will be back as waitress and day manager at the Campus Glenwood soon after the restaurant reopens following spring-break remodeling. "I think I'm a servant at heart," says mother-of-two Spears, who began waiting tables at age 15 at Maya's Mexican Restaurant in Santa Barbara. "That's where I feel good - I'm a people pleaser." In 1990, not long after escaping California in favor of Eugene, she spotted the Willamette Street Glenwood from her apartment window. "It was the cutest place - used to have cloth curtains," she recalls. "I got a job. It wasn't my intention to stay forever." After nine years on Willamette, she became manager at the campus location in 1999. "I can't remember a day when I haven't been happy to go to work," she says. "I love the people. The food is good, or people wouldn't wait an hour for a table. Customers say, 'You treat me so special.' But I treat everyone special!"

ties. Take-out. LG. Wheelchair accessible. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-9:30 pm Sa, closed Su. MC/V/AE. \$-\$\$.

GREAT WALL RESTAURANT

862 Main St., Springfield. 726-9133.

Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 11 am-9:30 M-F, 3-10 pm Sa & Su. MC/V. \$-\$\$.

HONG KONG RESTAURANT

1799 Willamette St. 342-7450.

Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrees. Wine, beer. Reservations for parties. Take-out. Some OG/LG. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, 4-10:30 pm Sa. MC/V. \$-\$\$.

HOUSE OF CHEN

1861 Franklin Blvd. 343-8888.

Serving lunch, dinner: Elegant dining. Szechwan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrees. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OG/LG. 11 am-10 pm daily. All major cards. \$\$-\$\$\$.

HOUSE OF NOODLE

See Southeast Asian

JADE PALACE

906 W. 7th Ave. 344-9523.

Serving lunch, dinner: Cantonese, Szechwan; stir-fry cooking using vegetable oil, no MSG; daily vegetarian menu; Thursday night vegetarian buffet; Friday night seafood buffet, lunch and dinner buffet available. Wine, beer. Outdoor waterfall, garden dining. Take-out. 11 am-9 pm Tu-Th, 11 am-9:30 pm F, 5 pm-9:30 pm Sa, noon-9 pm Su. MC/V/D. \$-\$\$.

KAM LOON RESTAURANT

2674 Roosevelt Blvd. 689-4770.

Serving lunch, dinner: Cantonese, vegetarian entrees, no MSG on request. Wine, beer. Reservations for larger parties.

Delivery. Take-out. LG. 11 am-9:30 pm M-Th, 11 am-10 pm F, noon-10 pm Sa. MC/V. \$-\$\$.

KOWLOON RESTAURANT

2222 MLK Blvd. 343-4734.

Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrees. Wine, beer, microbrews, full bar. Delivery. Take-out. Dining room 11:30 am-midnight, daily. Delivery 11:30 am-midnight Su-Th, 11:30 am-2 am F-Sa. MC/V/AE/D. \$\$\$.

LOK YAUN

2360 W. 11th Ave. 345-7448.

Serving lunch, dinner: Cantonese, chicken, beef, teriyaki steak, shrimp, vegetarian dishes; no MSG on request. Wine, beer. Take-out. 11 am-10 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, noon-10 pm Su. V/MC. \$-\$\$.

LOTUS GARDEN VEGETARIAN RESTAURANT

See Vegetarian

LOUIE'S VILLAGE

947 Franklin Blvd. 343-4480.

Serving lunch, dinner: Authentic Chinese cuisine. All fresh ingredients. Take-out. 11 am-10:30 pm M-Th, 11 am-11 pm F, noon-11 pm Sa, 11:30-10 pm Su. \$-\$\$.

MAPLE GARDEN

1275 Alder St. 683-8128.

Serving lunch, dinner: Mandarin, Szechwan, Cantonese: Lunch menu changes daily; Mandarin chicken, shrimp chow fun, variety of Chinese meals. Reservations for large groups. Take-out. 11 am-10 pm M-Th, 11 am-11 pm F, 11 am-10 pm Sa-Su. MC/V/AE/D. \$.

OCEAN SKY

1601 Chambers St. 342-4848.

Serving lunch, dinner: Szechwan, Hunan; extensive menu; vegetarian entrees. Wine, beer. Reservations for 6+. Take-out. 11 am-9:30 pm M-Th (closed Tu), 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V/D. \$-\$\$.

QUAN'S ORIENTAL RESTAURANT

94 West Broadway. 683-3388.

Serving lunch and dinner: Cantonese, Szechwan, Hunan and Mandarin specialties, including vegetarian entrees. Eugene's healthiest authentic Chinese cuisine. Canola oil only for cooking and no added MSG. Beer and wine. Banquet facilities available. Reservations for parties of more than 8. Take-out. 11 am-9:30 pm M-Th, 11 am-10 pm F, 11:30 am-10 pm Sa-Su. V/MC/DC, no personal checks. \$\$.

SHANGHAI RESTAURANT

1950 B. Echo Hollow Rd. 344-6028.

Serving lunch, dinner: Mandarin, Szechwan, vegetarian entrees. Wine, beer. Reservations for larger parties. Take-out. 11:30 am-9 pm M-Th, 11:30 am-10 pm F, noon-10 pm Sa, noon-9 pm Su. MC/V. \$\$.

SPRING GARDEN

215 Main St., Springfield. 747-0338.

Serving lunch, dinner: Cantonese, Mandarin, American; vegetarian entrees. Service bar. Reservations for 8+. Separate smoking room. Take-out. Some OG/LG. Wheelchair accessible. 11:30 am-10:30 pm M-Th, 11:30 am-11 pm F, 4-11 pm Sa, noon-10:30 pm Su. MC/V/AE. \$-\$\$.

TOM'S TEA HOUSE

788 W. 7th Ave. 343-8805.

Chinese Hunan-Szechwan cooking. Everything made from scratch. Hot and spicy. Vegetarian entrees. Dim Sum. Beer. Take-out. 4:30-8 pm W-Su. \$.

TWIN DRAGONS

919 River Rd. 688-5481.

Serving lunch, dinner: Cantonese, Szechwan, Chinese, American; vegetarian entrees, salads. Reservations for 8+. Take-out. 11 am-9:30 pm M-Th, 11 am-10:30 pm F, noon-10:30 pm Sa, noon-9:30 pm Su. MC/V. \$-\$\$.

YAN GAR YUEN

1945 River Rd. 688-9229.

Serving lunch, dinner: Mandarin, Cantonese. Delivery. Smoking area. Take-out. 11 am-10:30 pm, daily. MC/V. \$-\$\$.

Coffeehouses

ALLANN BROS. BEANERY COFFEEHOUSE

152 W. Fifth Ave. 342-3378.

2465 Hilyard St. 344-0221.

Allann Bros. coffee and espresso drinks, iced coolers, pastries, fresh deli and panini sandwiches, whole bean coffees, and loose leaf teas. Eat in or take-out. Fifth St. hours: 6 am-11 pm M-Sa, 7 am-11 pm Su. Hilyard hours: 6 am-9 pm M-Th, 6 am-10 pm F-Sa, 7 am-9 pm Su. MC/V/D. \$-\$\$.

★ Best Coffee, Second Place

BARRY'S ESPRESSO BAKERY & DELI

57 W. 29th St. 343-6444.

804 E. 12th Ave. 343-1141.

Serving great New York-style pastries, rolls, bialys, knish and quiche, etc. Sandwiches on our bread, soups and Torrefazione coffees. Take-out. Wheelchair accessible. 29th: 6:30 am-7 pm M-F, 6:30 am-7 pm Sa and 7:30 am-5 pm Su. Campus: 6:30 am-8 pm M-F, 9 am-7 pm Sa, 9 am-5 pm Su. No cards; take checks. \$.

★ Best Sandwich, Second Place

★ Best Deli, Second Place

CAFÉ PARADISO

115 W. Broadway. 484-9933.

caféparadiso.com

Gourmet coffee, espresso. Light breakfast menu: Delicious soups, salads, sandwiches, desserts and baked treats. Full bar, microbrews, wireless internet access. All ages. Outdoor seating available. Take-out. Some OG/LG. Wheelchair accessible. 8 am-11 pm M-Th, 8 am-12 am F, 10 am-midnight Sa, 10 am-10 pm Su. MC/V. \$.

ESPRESSO ROMA

825 E. 13th Ave. 484-0878.

Muffins, croissants, espresso. Take-out. 6 am-9:30 pm M-F, 7 am-8:30 pm Sa-Su. No cards. \$.

★ Best Coffee, Third Place

FULL CITY COFFEE ROASTERS

295 East 13th Ave. 465-9270

842 Pearl St. 344-0475.

Coffeehouse for adults. Premium coffees by the cup and pound. Wheelchair accessible, 13th St. only. Pearl St.: 5:30 am-6 pm M-F, 6:30 am-6 pm Sa, 7 am-5 pm, Su. 13th Ave.: 6 am-6 pm M-Th, 6 am-9 pm F, 7 am-6 pm Sa, 7 am-5 pm Su. Some cards. \$.

★ Best Coffee

JAMOCHA'S ESPRESSO CAFÉ

1840 Chambers St. 345-3407.

Featuring organic Café Mam coffee, fresh pastries, granitas, desserts, hot and cold drinks. Drive-through service, indoor and outdoor seating. 6 am-7 pm M-F, 7 am-7 pm Sa & Su. All major cards. \$.

LIQUID BEAN ESPRESSO & BAKERY

995 Tyinn #1. 334-5131.

Serving lunch: Espresso drinks, seven kinds of quiche, sandwiches, soup, vegetarian entrees. Take-out. 5 am-5 pm M-F, 9 am-2 pm Sa. \$.

NEW ODYSSEY JUICE & JAVA

1004 Willamette St. 484-7411.

Serving breakfast and lunch: Fresh, made-to-order smoothies, twice-baked potatoes, soups, salads, sandwiches, quiche, summer menu with raw food entrees. Café Mam espresso, all organic coffees and juices. Take out. Some OG/LG. Wheelchair accessible. 7:30 am-6 pm M-F, 9 am-5 pm Sa, 10-5 pm Su. All major cards. \$.

PERUGINO

767 Willamette. 687-9102.

A genuine Italian coffeehouse serving espresso drinks and European pastries. Plus a wine and beer bar specializing in Mediterranean wines and ports and European beers, set against the background of an Italian ceramics gallery. Some OG/LG. Wheelchair accessible. 6:30 am-10 pm M-W, 6:30 am-midnight Th & F, 8 am-midnight Sa, 10 am-10 pm Su. All major cards. \$-\$\$.

SERRANO'S ESPRESSO & COFFEE

1591 Willamette St. 485-4181.

Serving coffee, milkshakes, ice cream, candy, smoothies and granitas. 6:45 am-6:30 pm M-F, 7 am-6 pm Sa, 8 am-2 pm Su. No cards. \$.

THEO'S COFFEEHOUSE AT THE STRAND

199 W. 8th Ave. 344-6491.

Serving Full City coffee and espresso, pastries, chocolates. 6 am-9 pm M-F, 9 am-9 pm Sa. V/MC/D. \$.

Continental

ADAM'S PLACE

30 E. Broadway. 344-6948.

adamspacerestaurant.com

Fresh grilled seafood, meat and poultry, creative salads, vegetarian entrees, daily specials. Northwest, European and Asian influences. Seasonal menu changes. Full bar including wine (Wine Spectator Award of Excellence) and microbrews. Outdoor seating available. Banquet facilities also available. OG/LG. Wheelchair accessible. Mahogany Room open 4:30 pm daily serving drinks and hors d'oeuvres. Dinner 5-10 pm Tu-Sa, 5-1 am F-Sa. Reservations recommended. MC/V/AE. \$-\$\$\$\$.

★ Best Steak, Second Place

★ Best Romantic Dinner, Second Place

CAFÉ SHEILAGH

616 E. Main St. Cottage Grove. (541) 942-5510.

Formerly Sheilagh's Gourmet of downtown Eugene (Oregon Country Fair & Saturday Market), Café Sheilagh in Cottage Grove serves gourmet breakfast, lunch and dinner; organic coffee and espresso; fine wine and beer. Wheelchair accessible. 8 am-8 pm T-Th, 8 am-9 pm F-Sa, 8 am-3 pm Su (Brunch). MC/V/DC. \$-\$\$\$.

CHANTERELLE

207 E. Fifth Ave. (Fifth St. Pearl Bldg.).

484-4065.

Serving dinner: Seafood, abalone in season, veal, lamb, beef, poultry and wild game. Wine, beer, full bar. Reservations. Intimate dining, seating 48. Full service bar from 5 pm. Some OG/LG. Wheelchair accessible. 5-10 pm Tu-Sa. MC/V/AE/DC. \$\$\$-\$\$\$\$.

LUNA

See Mediterranean

PACIFIC GRILL

205 Coburg Rd. (in Red Lion Hotel). 342-5201.

Full service restaurant serving continental and American cuisine. LG. Wheelchair accessible. 6 am-2 pm & 5 pm-9 pm M-Th, 6 am-10 pm F-Su. Misty's Lounge open daily. All cards. \$-\$\$.

WILLIE'S ON 7TH STREET

388 W. 7th Ave. 485-0601.

Serving lunch, dinner: Seafood, veal, beef, chicken, lamb, pastas, vegetarian entrees, salad specials for lunch, desserts. Domestic and imported wines, beer, full bar. Take-out. Some OG/LG. Wheelchair accessible. Dinner 5-9 pm M-Th, 5-10 pm F-Sa. All cards. \$\$\$-\$\$\$\$.

Delis

BARRY'S ESPRESSO BAKERY & DELI

See Coffeehouses

CITYVIEW DELI

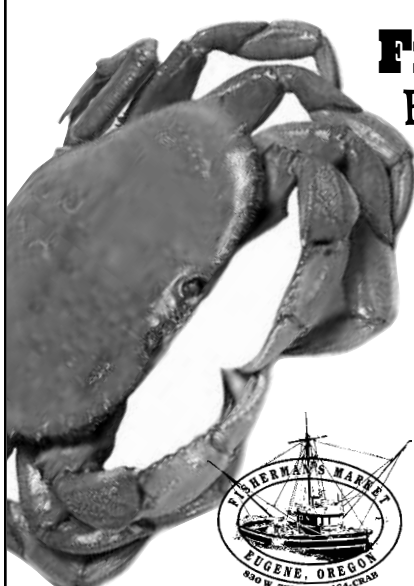
45 E. 8th Ave. 242-3536

Offering a relaxing ambiance, with sandwiches made on fresh baguettes. Also panini, homemade soups and pastries. Beignets made to order. Wheelchair accessible. 8 am-3 pm M-F, 8 am-5 pm Sa. MC/V/AE. \$.

CONTINENTAL DELICATESSEN

1133 Willamette St. 344-7002.

Serving breakfast, lunch: Continental breakfast: Scones, breakfast burritos, omelettes, bagels. Lunch: Variety deli and specialty sandwiches, fresh soups and chowders, chili, salads, vegetarian dishes. Fresh-baked bread and pastries. Espresso drinks. Free ice cream with lunch. Neighborhood delivery. Take-out. 7:30 am-5 pm M-F. No cards. \$.



Fisherman's Market

Fantastic Seafood Entrées

Entrées change weekly.

Fresh U-Bake Seafood

Fresh Crab Dinner \$12.95

Good Inexpensive Wine

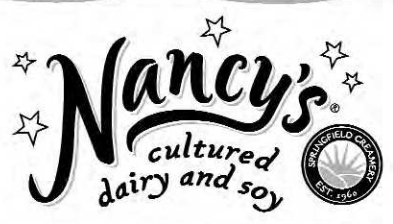
Variety of Microbrews

Orders to go: 484-GRAB

7th & Blair • Open 11-8 Mon.-Sun.



ALWAYS PURE, ALWAYS GENUINE




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