

Individuals Nourishing Community

"The one who understands the art of properly preparing food, and who uses this knowledge, is worthy of higher commendation than those engaged in any other line of work. This talent should be regarded 'as equal in value to TEN TALENTS'; for its right use has much to do with keeping the human organism in health.

Because so inseparably connected with life and health, it is the most valuable of all gifts." E.G. White, *Diet and Foods* p. 251



Organic
Soups,
Chili,
Hot Buffet,
Salads,
Pastries,
Grab 'N Go

Made fresh daily

all vegetarian, mostly vegan, &
many raw options

Sundance
NATURAL FOODS
A Uniquely Eugene Experience
Since 1971

24th & Hilyard
343-9142



Local Merchants,
the heart
of our community

Welcome to

YOUR LOCALLY-OWNED
NEIGHBORHOOD RESTAURANT
SERVING OVER 100 TEQUILAS
ALONG WITH THE
BEST MARGARITAS IN TOWN!
CHECK OUT LOW-CARB OPTIONS
ON OUR NEW MENU.



**Best of
Eugene**
2003-2004



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**Mexican &
Salvadorean
Restaurant**

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